

Idaho Alpine Club Bulletin

Volume 55 - Issue Number 4 - April 2015

CLIMBING•MOUNTAINEERING•BACKPACKING•DAYHIKING•BICYCLING•XCSKIING•SNOWSHOEING•RAFTING

web site: www.idahoalpineclub.org

e-mail: info@idahoalpineclub.org

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2015 Council

President	Sue Braastad	881-4354
Vice-president	Karl Bohan	529-0151
Secretary	Susan McKinley	529-4583
Treasurer	Donna Whitham	520-1728

Members-at-Large

Bill Beach	520-4905
Colleen Bohan	529-0151
Sheila Kappel	528-8788
Sam Pole	520-3630
Richard Scheerer	881-6331
Mark Whitham	520-7232

Council Meetings:

Council Meetings are generally held on the second Thursday of each month at 7:00 PM. IAC Council Meeting Monthly minutes are available on line.

Upcoming Council Meetings:

Apr 11: Scheerer's Home	3575 Springfield Cir
May 13: Whitham's Home	706 Laurelwood Ave

Activity Coordinators:

Backpacking	Sam Pole	520-3630
Bicycling	Ken Durstine	524-3505
Climbing/Mountaineering	Kevin Coble	201-1840
Conservation	Open	
Cross-Country Skiing / Snowshoeing	Whithams	520-1728
Day Hiking	Sam Pole	520-3630
Rafting	Greg Hulet	523-6199
Trail Maintenance	Bill Beach	520-4905
Bulletin Editor	Donna Whitham	520-1728
Publicity	Open	
Historian/Librarian	Barbara Brown	522-8977
WebMaster	George Cole	716-0024
Program	Bob Tyler	787-2601

General Club Meeting

Held at **7:00 P.M.** on the first WEDNESDAY of each month, in the meeting location indicated in the program description.

NO GENERAL MEETING IN JULY.

APRIL Bulletin Deadline is:

5 PM on March 5

Trip descriptions, reports, and material for inclusion in the next bulletin are due by the **5TH** of the month due to bulk mailer deadlines.

Please send electronically to the bulletin editor at editor@idahoalpineclub.org

NOTE: Hand written or hard copy material will be included in the bulletin, time permitting.

Idaho Alpine Club

WEDNESDAY, APRIL 1, 2015 @ 7:00 PM

"SPITSBERGEN: LAND OF THE MIDNIGHT SUN"

DEVELOPMENT WORKSHOP

555 WEST 25TH ST

From 17th Street & Rollendet, go south to 25th Street. Turn right (west). IDW is on the left side of street. Park in the parking lot to the east of the building. Enter via front door, then follow hallway around to the right to the meeting room.

Mike Adler likes to take "two trips of a lifetime" every year and his website displays the evidence of his journeys with photographs from bucket list destinations like Antarctica, Annapurna Base Camp, Mt. McKinley, the Windward Islands and more. At this month's meeting, Mike will share images of a visit he, his wife and daughter made to the Norwegian island of Spitsbergen, situated halfway between the Arctic Circle and the North Pole. Spitsbergen, meaning "pointed mountains", is a land of tundra and permafrost harboring arctic foxes, reindeer and polar bears. The surrounding seas host whales, dolphins, seals and walrus and support many seabirds, most notably, guillemots and puffins. Mike and his family spent eight days on the island camping, hiking and climbing peaks, while at night, members of his tour group had to take turns pulling two-hour shifts on polar bear watch.

Mike, a retired electrical engineer, splits his time between Jackson, WY and the Adirondacks. His interest in photography is not confined to just this world. He is also an avid amateur astronomer and his colorful photographs of deep space objects were recently exhibited at the Teton County Library.

The meeting is open to the public and all outdoor enthusiasts are invited to attend. For more information contact programs@idahoalpineclub.org, log onto the club website at www.idahoalpineclub.org

President Speaks

Over the past two years I have traveled across a good portion of our country with the opportunity to see many interesting sights and to do some serious exploring. Most of the areas I explored were National Parks, National Monuments, National Historical Sites, etcetera. All these areas are unique and have a lot to offer. However, while doing my "exploring" I was reminded of all the exceptional and beautiful areas within easy driving distance of Idaho Falls. Some can be "explored" by car while others require a more primitive form of travel; hiking, kayaking, climbing. I particularly enjoy hiking the surrounding mountains. At the right time of the year the wildflowers are breathtaking and the views from many parts of the high country are exceptional. We are now well into spring with summer quickly approaching. It is time to get ready for the strenuous summer activities that our club is known for.

The Idaho Alpine Club does little to no advertising, except on our website, FaceBook page, supporting vendors, the Post Register Outdoor Calendar, and through "word of mouth". As a result, there are people in our community that do not know that the Idaho Alpine Club even exists. It is up to you and the rest of the club members to spread the word. Invite a friend or acquaintance to accompany you to the next club meeting or club activity that you plan to participate in. ~ Richard Scheerer

Participation on Club Activities Common Adventures / Trips:

With the exception of rafting trips, or activities which require the use of any club equipment, or trips limited to club members: non-members may attend a maximum of ONE club trip or activity, then must be members in good standing to continue participating.

Participants must be members in good standing to go on rafting trips, trips which require the use of any club equipment, or trips limited to club members only, or needing rafting rentals. Participants on a club trip must pay any established trip fee, abide by club rules and activity guidelines, and must follow instructions of the activity coordinator.

An individual may not participate in any common adventure/trip of the club unless that individual has read and signed the common adventure form for that specific activity prior to embarking on that adventure / trip / activity.

Additionally, be sure to ask the trip leader if your dog is welcome on a trip. Some locations prohibit our best friend or require they be leashed.

The following list of items is a general list that applies to many activities. If you are not sure if there is a specific item that is needed on a trip, be sure to ask the trip leader when signing up for the trip:

All Trips Bring Your Own (aka The 10 Essentials +):

1. Water
 2. Food/snacks
 3. Dress in layers. Bring adequate extra appropriate protective clothing - no cotton. Hat and gloves or mittens.
 4. Minor first aid items including sun screen, bug repellent, personal medications, as needed during the day.
 5. Headlamp (& Batteries)
 6. Map & Compass
 7. Sunglasses
 8. Lightweight shelter/space blanket.
 9. Appropriate equipment- depending on activity or terrain.
 10. Repair kit for your own equipment including duct tape.
- + . Mat to sit on
+ . Other personal items of interest (Bear Spray etc.)

Climbing

For information on club climbing trips contact Kevin Coble at 201-1840. To find out about weekly climbing locations or impromptu weekend trips, subscribe to the IAC climbing mailing list by visiting:

http://www.macrobotics.com/mailman/listinfo.cgi/iac_climbing or, via email, send a message with subject or body 'help' to: iac_climbing-request@macrobotics.com.

YMCA Rock Climbing Gym

Call 528.8610 for information.

OR FOR CURRENT HOURS AND RATES:

WWW.IFYMCA.ORG/PROGRAMS/YMCA-CLIMBING-GYM/

Idaho Alpine Club members may show their membership card to receive 10% off daily rates or 10 punch card.

Non-technical Hiking / Mountaineering

Unless otherwise indicated in the trip descriptions contact Sam Pole: 520-3630, or email sbpole@cableone.net for trip information and to sign up to go on a scheduled trip, 24 hours prior to any trip.

Hiking and non-technical mountaineering is serious business...even "small" mountains. Inclement weather, exposure, traveling on snow can change an "easy" trip to a "difficult" trip in a matter of minutes. These alpine trips are not guided. These are self-supported, group adventure outings. Each trip has a leader who serves as a resource to the group and provides some basic trip structure. Participants are expected to evaluate their own physical and mental abilities prior to participating, assist with transportation, cooperate with others, participate in decision-making, identify and reduce risk to themselves and the group, and be self-reliant in preparations. The IAC has no mountaineering gear to loan. For all outings, participants are expected to bring water (few hikes or climbs have access to water); food, clothing, and appropriate mountaineering gear (and be knowledgeable and experienced in its use). Trip lengths are indicated for an approximate round trip distance. Contact leaders with questions if you are new to mountaineering or new to the area. Trips may be cancelled at the last minute due to weather or conditions outside of the leader's control.

April 18 / Day Hike Craters of the Moon: This starts the hiking season earlier than past years and will depend on the weather. Depending on what the group wants to do, we can hike out to Echo Crater (Round trip of about 7 miles) or we may explore the lava tube caves (Bring lighting). Also on our return we may stop to view the Box Canyon of the Lost River. Please contact Sam Pole at 520-3630 prior to the hike. Depart Walmart West in front of the garden center at 8 am.

August Date TBD Hike and Climb/Mount Cleveland in Montana: Cleveland is the highest peak in Glacier National Park. The trip is planned for mid-August, and will be a 3-day backpack. We will start at the Goat Haunt Ranger Station at the south end of Waterton Lake. We will then hike on a trail to Stony Indian Lake, where we will camp both nights. Summit day will be about 10-12 hours, and will involve some Class 3 rock scrambling and a lot of Class 2 ledge walking on a goat trail. Total elevation gain is 6,500'. Round trip distance is 20 miles. No technical climbing gear is needed under normal conditions. We will meet at the St Mary Ranger Station the day before the hike to pick up our camping permits. We will then drive over into Canada and camp at the northern end of Waterton Lake. The next day we take the boat to Goat Haunt and start the hike. *Contact me by May 1 if you're interested in going.* john.hamann@us.af.mil, 575-437-6303.

July Date TBD Hike and Climb/Tweedy Mountain in Montana: This mountain is 11,154' high, and is the highest point in the Pioneer Mountains. Tweedy has an impressive isolation of 75 miles, making it one of the highest mountains in western Montana. This will be a Class 2 climb, 10 miles round trip with 3,800' of elevation gain. The first half of the hike will be on a trail, then we will leave the trail and go up the NE Ramp. The summitpost link is below. Since this is a remote area, we should have a minimum group size of four people. Call John Hamann at 575-437-6303, or e-mail at john.hamann@us.af.mil. *If you're interested in going, contact me by June 1.* I might also include Mount Jefferson in our itinerary if there is enough interest. <http://www.summitpost.org/tweedy-mountain/220408>

July Date TBD Backpack and Climb/Big Horn Crag-Mount McGuire: This mountain is 10,082' high, and is the highest point in the Frank Church River of No Return Wilderness. This will be a Class 2 climb, 22 miles round trip with 5,600' of total elevation gain. The trip will be a 2-day overnight backpack. We'll camp one night at Birdbill Lake. Most of the hike will be on a trail. We will follow the GPS route posted by Ken Jones on [peakbagger.com](http://www.peakbagger.com). The link is below. The trailhead is at Crag Campground. Since this is a remote area, we should have a minimum group size of four people. Call John Hamann at 575-437-6303, or e-mail at john.hamann@us.af.mil. *If you're interested in going, contact me by June 1.* <http://www.peakbagger.com/climber/ascent.aspx?aid=274192>

Editors Note: Take Deet, Lots of Deet! And a mosquito net. The mosquitoes are horrendous this time of year in the Crag. We spent a week wearing our rain gear because we didn't take enough Deet.

Bicycling

The IAC bike rides are self-supported, group adventure outings. Each trip will have a leader who serves as a resource to the group and provides some basic trip structure. However participants are expected to evaluate their own physical and mental abilities prior to participating, assist with transportation, cooperate with others, participate in decision-making, identify and reduce risk to themselves and the group, and be self-reliant in preparations. The IAC has no biking gear to loan. For all outings, participants are expected to bring their own water; food, clothing, and appropriate bike maintenance gear (and to be knowledgeable and experienced in its use).

Trip lengths are indicated for a round trip distance. Contact leaders with questions if you are new to biking or new to the area. Trips may be cancelled or rescheduled at the last minute due to weather or conditions outside of the leader's control.

April 18 / Bicycle Ride Teton Park: start the IAC biking season with a ride in Teton Park before the roads open to motorized traffic, weather permitting. Meet at the Starbucks coffee shop in Fred Meyers at 9 AM for possible car pooling an estimated ride start at 11 AM at the Moose visitors center. Round trip to Jackson lake is a mostly flat 40 miles with the exception of the moderate climbing between the visitor's center and Taggart Lake trail head. http://www.nps.gov/grte/planyourvisit/upload/Bike_12.pdf With luck, we will have sun warmed pavement, temperatures in the upper 40s, bring your sun screen, water, and some lunch. Road bikes normally work fine although sometimes a mountain bike is better to slug it up the signal mountain road to the look out. Figure an additional 10 miles round trip with 900 feet elevation gain, assuming the road is plowed all the way to top. There are lots of options for this ride, some people park at the Taggart lake trail head and just ride the short distance to Jenny lake and back. Bring a buddy or two and pick your own ride, there are lots of scenic spots for lunch. The club is providing no SAG support for the ride and there is no motorized access on the route past Taggart lake trail head until the Jackson Lake dam. Be prepared. Contact me at kdurstine@gmail.com or 208-524-3505 prior to the ride.

IAC Logo T-Shirts & Patches!

Dri Release material with embroidered IAC Logo! Small, Medium, Large, and X-Large Short sleeve \$20 each. Long sleeve \$25 each. A women's style short sleeve shirt is available for \$20 on a prepaid special order basis. It is fitted with shorter sleeves in a wicking material.

A limited number of embroidered Color IAC Logo Patches are available for \$10 each.



We now have 3.5" X 2.45" vinyl IAC stickers available. Renewing members will receive 1 per single or 2 per family upon renewal. Additional stickers are 50 cents each.

TRIP REPORTS

March 7 Snowshoe / Fall River Ridge: Eight of us enjoyed a warm sunny day snowshoeing 5.5 miles of trails and old roads on this ridge. The snow was hard and icy in the morning and beginning to get a bit slushy in the afternoon as we returned to the trailhead. Attendees: Susan Braastad, Rene Miller, Richard Scheerer, Sheila Kappel, Susan McKinley, and Mark, Donna, and Tonnerre Whitham.



Idaho Alpine Club

P.O. Box 2883

Idaho Falls, Idaho 83403-2883

Dates to Remember:

- Apr 1: IAC MEETING: "SPITSBERGEN: LAND OF THE MIDNIGHT SUN"
- Apr 18: Day Hike / Craters of the Moon
- Apr 18: Bicycle Ride / Grand Teton NP
- Jul (?): Date TBD Hike and Climb/Tweedy Mountain in Montana
- Jul (?): Date TBD Backpack and Climb/Big Horn Crags-Mount McGuire
- Aug(?): Date TBD Hike and Climb/Mount Cleveland in Montana

Climbing: Subscribe to find out updates to the weekly winter climbing plans. See page 3 for information on how to subscribe.

Become a Fan

Find us on Facebook. Last minute trips can be posted on the wall. Additionally, photos from club trips you have gone on can be easily posted on the wall singly or as an album if you took a lot of photos.

Enjoy the outdoors with the IAC

Join today

For more information write to the address below or visit our web site to download a free newsletter and application:

Idaho Alpine Club

P.O. Box 2883

Idaho Falls, Idaho 83403-2883

www.IdahoAlpineClub.org

Membership Fees

	Full Year	Part Year 7/1 - 9/30
Individuals:	\$25	\$20
Families:	\$30	\$25

After October 1, the payment of full year fee applies to the following year. Otherwise the normal Membership year is January 1-December 1.

Full-time students (18 or older) and seniors (65 or older): \$5 off the above fee schedule. IAC Council Meeting Monthly minutes are available on line.

Support the Merchants who Support the IAC

Show your membership card for 10% discounts on regularly priced merchandise:

- Idaho Mountain Trading 523-6679
Shoup & B (Non-Sale Items Only)
- Bill's Bike Shop 522-3341
Snake River Crossing (Excludes bicycles)
- Canyon Whitewater Supply
522-3932 (Accessories Only)
450 S Yellowstone, Idaho Falls
- The Preparedness Store & Bosch Kitchen Center 120 Northgate Mile Idaho Falls, ID 524-8300
10% off backpacking, dehydrated & freeze-dried foods 10% off any outdoor accessories
- YMCA Climbing Gym 528-8610
755 South Capital Avenue
- Lynna and Leland Howard offer a 10% discount on their published books. 357-1917 or 357-3166; lynna.howard@mac.com leland@wildernessbooks.com
- Discounts on Jerry Painter's Hiking & Biking guide books.