

# Idaho Alpine Club Bulletin

Volume 46 - Issue Number 7 - August 2006

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BACKPACK DAYHIKE BIKE CLIMB MOUNTAINEER XC-SKI SNOWSHOE AND RAFT  
WITH US

web site: [www.idahoalpineclub.org](http://www.idahoalpineclub.org)

e-mail: [info@idahoalpineclub.org](mailto:info@idahoalpineclub.org)

## 2006 Council

President	Bob Tyler	523-5560
Vice-president	Alan Crockett	529-5188
Secretary	Jeff Coward	522-8135
Treasurer	Ken Krivanek	528-8224

## Members-at-Large

George Cole	522-4084
Sandra Pew	524-6442
Judy Williams	523-3814

## Council Meetings:

Council Meetings are held on the third Tuesday of each month at 7:30 PM

August Council Meeting Will Be At:

Call Bob Tyler for Location

## Activity Coordinators:

Backpacking	Mark Whitham	520-7232
Bicycling	Jeff Coward	522-8135
Climbing/Mountaineering		
	Kevin Coble	529-8142
	Eric Larsen	522-9354
Conservation	Tim Adkison	542-0786
Cross-Country Skiing / Snowshoeing		
	Whithams	520-1728
Day Hiking	Whithams	520-1728
Rafting	Greg Hulet	523-6199
Trail Maintenance	Alan Crockett	529-5188
Bulletin Editor	Donna Whitham	520-1728
Bulletin Assistant	Mark Whitham	520-7232
Publicity	Donna Whitham	520-1728
Historian/Librarian	Barbara Brown	522-8977
WebMaster	George Cole	522-4064
Program	Donna Whitham	520-1728

## General Club Meeting

Held at **7:30 P.M.** on the first Wednesday of each month, normally in the large meeting room of the Idaho Falls Public Library.

NO GENERAL MEETING IN JULY.

## SEPTEMBER Bulletin Deadline is:

### Midnight August 15

Materials for inclusion in the next bulletin are due by the weekend before the council meetings.

Please send electronically to the bulletin editor at [editor@idahoalpineclub.org](mailto:editor@idahoalpineclub.org)

Note: Hand written or hard copy material will be included in the bulletin time permitting.

## Annual IAC Potluck Picnic

### Wednesday, August 3<sup>rd</sup>, 2005 - 6:00 pm

### Sealander Park

### 65<sup>th</sup> West (Cinder Butte Road) & 65<sup>th</sup> South (York Road / St. John Road)

From I15 take Exit 113 West, veer to left onto 65<sup>th</sup> South to 65<sup>th</sup> West. Do not turn onto 45<sup>th</sup> (New Sweden road).

At 65<sup>th</sup> West continue straight at the pink mailboxes & Drive Slow 10mph sign. (See map on page 2)

### Club will provide:

Hamburgers, hot dogs, buns, beverages, plates, utensils

### What to bring:

A side dish or dessert to share.

Chairs or a blanket to sit on.

Insect repellent.

### President Speaks

Well, it's time for our annual club picnic again. I hope as many of you as possible can make it. It's hard for me to believe but I've been a member of the club for around 25 years now and

I've been to a fair number of our picnics in that time. I have some fond memories of picnics past but for the life of me, over those 25 years, I can only remember attending picnics in a handful of places. Barb Brown's home stands out as the most frequent site for our summer picnics. Sealander Park has also hosted a number of our picnics. I recall being at Alan and Alice

Crockett's home on at least one occasion and also in the backyard of former member Kurt Myers once. I can also visualize the backyards of a couple of other homes where we gathered but I just can't remember the owners' names. At any rate, come to this year's picnic, have a good time and maybe some years hence, with a better memory than mine, you can reminisce about happy times at picnics past.

Bob Tyler



## Rafting

For information on rafting trips, or contact Greg Hulet at 523-6199 or [rafting@idahoalpineclub.org](mailto:rafting@idahoalpineclub.org), or contact the trip leader indicated in the trip description.

## Day Hiking / Backpacking

For information on current trips or to sign up to go, contact Mark or Donna Whitham, 520.1728 or [dayhikes@idahoalpineclub.org](mailto:dayhikes@idahoalpineclub.org), unless otherwise indicated in the trip descriptions.

### August 12 Dayhike:

Taylor Creek located in the Centennial Mountains, class 2, approx 3264 ft elevation gain, approx 14 miles round trip. Leashed dogs welcome. (Whithams).

### August 19 Dayhike:

Upper Palisades Lake. This will be an easy hike that is made more difficult by its length (16 miles round trip). This is arguably one of the best trails on the Snake River. We will meet at the McDonalds on Yellowstone

Highway at 8 AM and drive to the trailhead in a car pool. The hike will follow the Palisades Creek and will offer splendid scenery; lots of moose, deer, and some Mountain Goats roaming the high rugged cliffs along the trail. After 4 miles we will come to the Lower Palisades Lake where many people fish and camp. After a short break we will continue to the upper Palisades Lake (another 2 miles). Here you can swim out to an island and soak up some sun after a cold & invigorating swim, paddle, or float. We will return down the canyon and reach the trail head by 7 PM. We will enjoy dinner at the Angus Cafe in Swan Valley, and return to IF by 9PM. Call Ken Krivanek for more information: 528-8224.

### August 26th Dayhike:

Table Mountain. This will be an intermediate hike that is made difficult by the steepness of the first 4 miles. This again is one of the most popular hikes in southeastern Idaho/western Wyoming. We will

meet at the McDonalds on Yellowstone at 7 AM and drive to the trailhead in a car pool. The hike will ascend to the top along the steep face for 4 miles.

This is a steep climb but doable for anyone in reasonable condition. (If you can do the previous weeks trip to Upper Palisades, this is doable). We will reach the top by 1 PM and enjoy the scenery and have a long, well deserved lunch while being held in the arms of the Teton range. We will then hike down the back side of Table Mountain for 6.5 miles and reach the trailhead by 6 PM. We will head into Victor and enjoy dinner at the Knotty Pine, and return to IF by 9 PM. Call Ken Krivanek for more information: 528-8224.

### September 16-17 Backpack:

Green Lakes located on the west slope of the Tetons, class 2, 2040 elevation gain, 13 miles round trip. Leashed dogs welcome. (Whithams).

## Climbing

For information or driving directions contact Kevin Coble at 529-8142 or Eric Larsen 522-9354.

2006 Wednesday Evening schedule:  
Aug 2nd Blackfoot (or free food at the club picnic at Sealander Park)  
Aug 9th Ross Park  
Aug 16th Paramount  
Aug 23rd Blackfoot  
Aug 30th Ross Park

## Bicycling

For biking information, contact Jeff Coward at 522-8135 or send an e-mail to [bicycling@idahoalpineclub.org](mailto:bicycling@idahoalpineclub.org)  
Fast training rides during Daylight Saving Time start every Mon. & Wed. at 6 pm from Alpine Cyclery.

**August 26, 2006** - Cycling Association of Star Valley, 20,38,45,65,85,100 mile ride & BBQ. Location: Though the Lincoln county fairgrounds were pretty good, we ve made arrangements for an even better location. This year we ll be starting the ride from Canyon View Park. This park is located about 1/2 mile north of the fairgrounds and East of Route 89. It is a bit more secluded than the fairgrounds and has a big shelter house, lots of trees, a stream and a large paved parking lot. We ll put out some big signs so that everybody will be able to find it in the morning.

Routes: Generally, we re going to use the same routes as 2005. However, we reversed the North loop on the century to eliminate that killer climb at mile 75.

Day after: We re going to have a breakfast ride on Sunday morning, the 27th. Any of the ride participants that are interested can join the CASV club for a 25 to 30 mile jaunt. We will meet at a local restaurant for breakfast will leave from there.

Remember, if you participated in CASVAR last year, we're going to give you \$5.00 off your registration for every rider you refer this year. That means if you bring 5 other riders with you, you get \$25 off your 2006 registration. If you bring 100, well, we'd really be surprised and we would have to work out some thing really nice for you.

Online Registration. Go on line at [www.casv.org/casvar.htm](http://www.casv.org/casvar.htm) to register,

order extra T shirts and extra BBQ tickets

October 7, 2006 - Old Faithful ride - [www.cycleyellowstone.com/](http://www.cycleyellowstone.com/)

## Knobby Tire Series

mountain bike races  
[www.knobbytireseries.com](http://www.knobbytireseries.com):

August 5-Intermountain Orthopaedics White Knob Challenge  
August 19-20-Tamarack Twister NORBA State Championships

## Idaho Cycling Enthusiasts (ICE)

time trial series and other ICE rides:  
[www.idahocycling.com](http://www.idahocycling.com)

You do not need to be a racer to test yourself on this series. There are four flat time trials, and four hill climbs.

You can ride two of them without being an ICE member if you are the guest of a member. To ride more than two time trials, you need to be an ICE member

ICE Schedule:

August 13, 2006 (Sunday) - Fish Creek training ride – ICE

August 15, 2006 (Tuesday) 6:30 pm - Idaho Falls ICE time trial #8 West River Road, < 10 miles

More rides will be listed later as dates are finalized.

## Trail Work Opportunies:

**Saturday, August 19<sup>th</sup>:** Teton Basin Ranger District / Teton Valley Trails and Pathways trail work day at Long Ridge of the Mount Manning Trail.

For details & to sign-up: <http://www.tvtap.org/TrailsDays2006/TrailsDaysDetails06.html>

**Friday, September 22<sup>nd</sup> to Saturday September 23<sup>rd</sup>:**

Chicken Springs (Palisades Creek) The plan is to hike (5.4 miles) to the Chicken Springs trail on Friday afternoon, spend the night, work Saturday and come out that evening. The work will be trail marking (putting up signs and blazing trees) and tread work on both Chicken Springs Creek and Chicken Springs Ridge trails. Some of the area was burned over and route finding is now difficult. Palisades Ranger District will take in some mules and carry whatever gear we want hauled in (food, tent, sleeping bags, etc.) but we are to provide all our own food and camping gear. The district will

provide the signs, trail implements, etc. For details and to sign up contact Alan Crockett at 208.529.5188 or [alan@crockett.myrf.net](mailto:alan@crockett.myrf.net)

## Chocks and Nuts:

### IAC Council Meeting Minutes

**NOTE:** Monthly minutes will be published at [www.idahoalpineclub.org](http://www.idahoalpineclub.org).

## Support merchants who support the IAC

- ★ Idaho Mountain Trading 523-6679  
Shoup & B, Idaho Falls
- ★ Canyon Whitewater Supply 522-3932  
450 S Yellowstone, Idaho Falls
- ★ Stone Walls Rock Gym: Call 528.8610 for summer hours.
- ★ Discounts on Jerry Painter's Hiking & Biking guide books

## IAC Member Discount Month of August: Guided Fly Fishing

Robert Hines, is a fly-fishing outfitter living in Island Park, Idaho. He is licenced to guide fishermen in Montana and does so on the Madison and Yellowstone rivers. His trips are usually one or two persons to a boat with the occasional third person. This year he is experiencing a slower year of reservations in the month of August, possibly due to gas prices. To attempt to get more local clients he would like to offer a 10% discount to any of our club members who reserves a fishing float trip during the month of August. Subject to availability.

Mention this email promotion when making a reservation. The discount can not be used in combination with any other discount or promotion.

Please refer to our web site for pricing and info. Email him if you have any questions:

[www.MontanaFishingCo.com](http://www.MontanaFishingCo.com)  
[bob@MontanaFishingCo.com](mailto:bob@MontanaFishingCo.com)

## For Sale:

Sears propane 2 burner camp stove, never used, \$25. Two pairs metal snowshoes (pointy backs) without straps \$15, one pair Cabela wood snowshoes with straps \$30. Call Rik Thomas 745-5001 or Garney Hardy 522-6128.

### **IAC Stickers**

Two styles: 4.25" high x 3.5" wide with the IAC logo, web address, and list of club activities. 1.5" high x 11" wide "Idaho Alpine Club" sticker. The stickers are white graphics on a transparent background with adhesive on the face so they can be applied to the inside of a window on a vehicle. 50 cents per sticker or \$1 if you want one mailed to you. Contact the club Treasurer to obtain stickers.

### **Enjoy the outdoors with the**

### **IAC**

### **Join today**

*For more information write to the address below or visit our web site to download a free newsletter and application:*

**Idaho Alpine Club**

**P.O. Box 2883**

**Idaho Falls, Idaho 83403-2883**

[www.IdahoAlpineClub.org](http://www.IdahoAlpineClub.org)

Membership Fees

Full Year 7/1 to 10/1

Individuals:     \$20           \$15

Family:           \$25           \$20

After October 1, the payment of full year fee applies to the following year. Full-time students (18 or older) and seniors (65 or older): \$5 off the above fee schedule.

### **IAC Logo T-Shirts!!**

Short sleeves or long sleeves, crew neck, heather grey Dri Release material with club logo! Short sleeve \$12 each. Long sleeve \$21 each. Sizes Small, Medium, Large, and X-Large. The shirts are available at the monthly meetings, but if you just can't wait until the next meeting, contact the club Treasurer to get yours sooner.

*Idaho Alpine Club  
P.O. Box 2883  
Idaho Falls, Idaho 83403-2883*