Idaho Alpine Club Bulletin

Volume 49 - Issue Number 8 - August 2009

CLIMBING MOUNTAINEERING BACKPACKING DAYHIKING BICYCLING XCSKIING SNOWSHOEING RAFTING web site: www.idahoalpineclub.org e-mail: info@idahoalpineclub.org

2009 Council				
President	Mark Whitham	520-7232		
Vice-president	Teak Cummings	524-5136		
	Jeff Coward	522-8135		
Secretary	Susan McKinley	529-4583		
Treasurer	Donna Whitham	520-1728		
Members-at-Large				
Colleen Bohan		529-0151		
Jim McBride		529-0586		
Sam Pole		523-4970		

Council Meetings:

Council Meetings are held on the second TUESDAY of each month at 7:00 PM until further notice

1935 S. Boulevard

787-2601

Upcoming Council Meetings:

August: McBride's Home

Conservation

September: Bohan's Home		748 Adell	
Activity Coordinators:			
Backpacking	Sam Pole	523-4970	
Bicycling	Jeff Coward	522-8135	
Climbing/Mountaineering			
	Kevin Coble	201-1840	
	Eric Larsen	522-9354	

Cross-Country Skiing / Snowshoeing

Open

	Whithams	520-1728
Day Hiking	Sam Pole	523-4970
Rafting	Greg Hulet	523-6199
Trail Maintenance Alan Crockett		529-5188
Bulletin Editor	Donna Whitham	520-1728
Bulletin Assistant	Mark Whitham	520-7232
Publicity	Open	787-2601
Historian/Librarian Barbara Brown		522-8977
WebMaster	George Cole	716-0024
Program	Bob Tyler	787-2601

General Club Meeting

Held at <u>7:30 P.M.</u> on the first WEDNESDAY of each month, normally in the large meeting room of the Idaho Falls Public Library.

NO GENERAL MEETING IN JULY.

<u>SEPTEMBER Bulletin Deadline is:</u> 5 PM on AUGUST 10

Trip descriptions, reports, and material for inclusion in the next bulletin are due by the 10th of the month due to bulk mailer deadlines.

Please send electronically to the bulletin editor at editor@idahoalpineclub.org

Note: Hand written or hard copy material will be included in the bulletin, time permitting.

Annual IAC Potluck Picnic

Wednesday, August 12th, 2008 - 6:30 pm Sealander Park

65th West (Cinder Butte Road) & 65th South (York Road / St. John Road)

Attend the picnic to meet other club members, for a chance to win prizes or gift certificates for Idaho Mountain Trading, Canyon Whitewater, Bill's Bike Shop, and Stonewalls Climbing Gym, and to generally eat, drink, and be merry.

From I15 take Exit 113 West, veer to left onto 65th South to 65th West. Do not turn onto 45th (New Sweden road). At 65th West continue straight at the pink mailboxes & Drive Slow 10mph sign. (See map on page 2)

Club will provide:

Hamburgers, hot dogs, buns, beverages, plates, utensils

What to bring:

Insect repellent
A side dish or dessert to share.
Chairs or a blanket to sit on.
Extra insect repellent

President Speaks

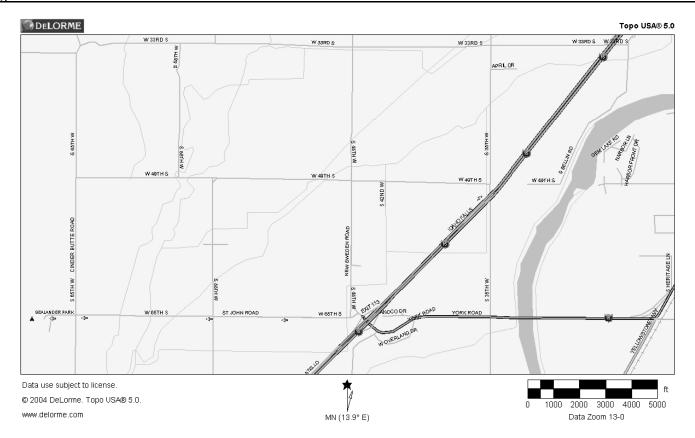
Hey everyone the summer is more then half way over and that means a couple of things.

First, that the annual summer picnic is coming up on August 12 so mark your calendars and plan on showing up. The Alpine Club will supply the meat and the club members will bring their favorite side dishes, don't miss out its loads of fun.

Second, if you haven't already done so, sign up for a club trip or go out on one of the weekly climbs. Participation is what makes the club work. Don't wait until the summer's gone give the activity coordinator a call and get signed up for a trip or if you don't like the trips that are already planned try leading a trip yourself. Just call the coordinator and they can tell you the details. And don't forget to allow enough time to get the trip into the news letter so others will know about it. You can also call the coordinators to check for last minute trips that don't make it into the news letter.

Now get signed up and go have fun, that's what the summer is for.

Mark Whitham



Participation on Club Activities Common Adventure

/ **Trips**: With the exception of rafting, Non-members may attend a maximum of two club trips or activities, then must be members in good standing to continue participating.

Participants on rafting trips or rafting rentals must be members in good standing.

Participants on a club trip must pay any established trip fee, abide by club rules and activity guidelines, and must follow instructions of the activity coordinator.

An individual may not participate in any common adventure/trip of the club unless that individual has read and signed the common adventure form for that specific activity prior to embarking on that adventure / trip / activity.

All Trips Bring Your Own:

- 1. Water
- Food/snacks
- Dress in layers. Bring adequate extra appropriate protective clothing - no cotton. Hat and gloves or mittens.
- 4. Minor first aid items including sun screen, personal medications, as needed during the day.
- 5. Headlamp (& Batteries)
- 6. Map & Compass
- 7. Sunglasses
- Lightweight shelter/space blanket.
- Appropriate equipment- depending on activity or terrain.
- 10. Repair kit for your own equipment including duct tape.
- 11. Mat to sit on

Other personal items of interest

Day Hiking / Backpacking

Unless otherwise indicated in the trip descriptions contact Sam Pole: Home-523-4970, cell-520-3630, or email sbpole@cableone.net for trip information and to sign up to go on a scheduled trip.

For the previous seasons I have had the uncanny ability to pick a fairly high number of week-ends with bad weather (Rain, snow, freezing temps, and high winds). I'll try to pick better weather days for the 2009 hiking season. In addition, I intend to include one over-night hike each month. Some multi-night hikes are also planned. So, check your club bulletin to see scheduled activities and mark your calendars for some hiking in 2009. Sam Pole, Hiking Coordinator.

August 14 - 16: Backpack / Alaska Basin

Hike approximately 7+ miles on Friday August 14 into Alaska Basin in Teton Canyon on the west side of the Tetons (Through Driggs). Camp overnight and day-hike Hurricane Pass and Buck Mtn. Pass. Overnight Saturday. Hike out Sunday via Teton Canyon shelf/Devil's Stairs. The hike is moderate to strenuous depending on one's conditioning. Trip leader, Sam Pole. Please contact Sam 1-2 days prior to departure via cell, 520-3630, or home phone 523-4970. Meet in the parking-lot out in front of the Ammon Wal-Mart garden center. Depart 11:00 am.

August 29: Dayhike / Table Mt. east of Driggs

Hike approximately 12 miles round-trip to Table Mtn. above Teton Canyon on the west side of the Tetons and east of Driggs, Idaho. The hike can be strenuous depending on one's conditioning. Trip leader, Sam Pole. Please contact Sam 1-2 days prior to departure via cell, 520-3630, or home phone 523-4970. Meet in the parking-lot out in front of the Ammon Wal-Mart garden center. Depart 7:00 am.

Climbing

For information on club climbing trips contact Kevin Coble at 201-1840 or Eric Larsen at 522-9354. Otherwise to find out about climbing locations or impromptu weekend trips you will need to subscribe to the IAC climbing mailing list by visiting:

http://www.macrobotics.com/mailman/listinfo/iac_climbing or, via email, send a message with subject or body 'help' to: iac_climbing-request@macrobotics.com

Wednesday Night Climbing Schedule

For the climbs south of IF (Blackfoot, Ross Park), we'll meet at the climbing gym. For climbs east of IF (Ririe, Paramount, Heise) we'll meet at the McDonald's by Fred Meyer. Meeting time is 5:30. Sign up for the mailing list for the schedule to learn of any last minute changes.

August 5 - Heise

August 12 - Ross Park

August 19 - Paramount

August 26 - Blackfoot

Stone Walls Rock Gym.

Call 528.8610 for information.

Summer hours are:

4-9 PM Monday - Thursday

4-10 PM Friday

12 - 10 PM Saturdays

Bicycling

For spring bicycling information and trips, contact Jeff Coward at 208.522.8135 or by email: bicycling@idahoalpineclub.org

Below is an abbreviated list of available cycling (and a few other) events for 2009.

* - rides I am planning on doing

? - rides I may do

August 1, 2009 - Alan Butler Criterium - Idaho Falls ICE race, http://www.idahocycling.com

August 22, 2009 (Saturday) - Cycling Association of Star Valley, 20,38,45,65,85,100 mile ride & BBQ

http://www.casv.org/casvar.htm

September 12, 2009 (Saturday) - Logan to Jackson LOTOJA road race.

September 26, 2009 - Old Faithful ride

There is no "day of" registration for the FallCycle Tour.

All participants must register in advance. The ride is limited to the first 300 riders registered by YNP.

There will be no refunds on registration for any reason, including tour cancellation.

Online registration available at:

http://www.cycleyellowstone.com/falltour.html

Fall riding in Grand Teton and Yellowstone National Parks is great. Less traffic and cooler temps, till the snow flies!!

Rafting

For information on renting club rafting gear (IAC club members only) contact Greg Hulet At 523-6199 or rafting@idahoalpineclub.org.

For trip information contact the trip leader indicated in the trip description. You MUST be an IAC member to participate in IAC raft trips.

Rafting: April - November:

Call to arrange Alpine Canyon (class II-III) float trips. Preferred trips would be with participants providing their own boats and equipment (15 max total).

I can sometimes accommodate 1-4 people needing equipment. Note: Saturday's are very busy. Week day afternoons or Sundays work best. (Jim Lee 208 569-5573)Note: Saturday's are very busy. Week day afternoons or Sundays work best.

Alpine Canyon Group Size Limits:

For those planning to take a group to Alpine Canyon the following rules apply. You will be ticketed if you are caught breaking them:

- 1. Maximum party size with no permit is 15. If your party is 15 people or less, no other limits apply, including the four boat limit.
- 2. Organizational trips only apply to groups with a paid leader (Some outdoor programs, Youth Minister, etc.).

Rafting Gear Available to Rent to IAC Members Only:

16-ft Ryken self-bailer

15-ft Aire self-bailer

13.5-ft Maravia self-bailer

14-ft Ryken conventional floor

14-ft Udisco conventional floor

Inflatable kayaks - 2

Rafts can be checked out by those who have demonstrated ability to handle a boat on the type of water to be run. Life jackets are included with each boat. Boats must be returned dry and clean. Damage to boat must be repaired and if extensive, paid for. Checkout fees are for days on the water. All fees go to the rafting fund to buy new equipment.

Self bailers - \$60/day

Conventional floor - \$20/day

Inflatable kayaks - \$20/day

IAC Logo T-Shirts & Patches!

Short sleeves or long sleeves, crew neck, heather grey Dri Release material with embroidered IAC Logo!

Short sleeve \$14 each.

Long sleeve \$21 each.

Sizes Small, Medium, Large, and X-Large.

A limited number of embroidered Color IAC Logo Patches are available for \$10 each.

The shirts and patches are available at the monthly meetings or contact the club Treasurer to get yours sooner.

Dates to Remember:

August 12: IAC Annual Picnic /

Sealander Park

August 14 - 16: Backpack / Alaska Basin

August 29: Dayhike / Table Mountain

east of Driggs

Climbing: Subscribe to find out any

updates on the weekly climbing location. See

page 2.

August 5: Heise August 12: Ross Park August 19: Paramount August 26: Blackfoot

Rafting & Bicycling:

Club & local events listed on pages 2-3

Get out there and experience it!

Enjoy the outdoors with the IAC

Join today

For more information write to the address below or visit our web site to download a free newsletter and application:

Idaho Alpine Club P.O. Box 2883 Idaho Falls, Idaho 83403-2883

www.IdahoAlpineClub.org

Membership Fees

Full Year 7/1 to 10/1

 Individuals:
 \$20
 \$15

 Family:
 \$25
 \$20

After October 1, the payment of full year fee applies to the following year.

Full-time students (18 or older) and seniors (65 or older): \$5 off the above fee schedule.

IAC Council Meeting Monthly minutes are available on line.

Support the Merchants who Support the IAC

Show your membership card for 10% discounts on regularly priced merchandise:

- ★ Idaho Mountain Trading 523-6679 Shoup & B, Idaho Falls
- ★ Alpine Schwinn 523-1226
 1352 S. Holmes Ave. (Excluding bicycles)
- ★ Bill's Bike Shop 522-3341 805 S. Holmes Ave. (Excluding bicycles)
- ★ Lynna and Leland Howard offer members of IAC a 10% discount on all of their published books. 357-1917 or 357-3166; lynna.howard@mac.com leland@wildernessbooks.com
- ★ Discounts on Jerry Painter's Hiking & Biking guide books

Idaho Alpine Club P.O. Box 2883

Idaho Falls, Idaho 83403-2883