

# Idaho Alpine Club Bulletin

Volume 50 - Issue Number 8 - August 2010

FIFTY YEARS 1960 - 2010 ©

CLIMBING•MOUNTAINEERING•BACKPACKING•DAYHIKING•BICYCLING•XCSKIING•SNOWSHOEING•RAFTING

web site: [www.idahoalpineclub.org](http://www.idahoalpineclub.org) e-mail: [info@idahoalpineclub.org](mailto:info@idahoalpineclub.org) Become a Fan

## 2010 Council

|                |                |          |
|----------------|----------------|----------|
| President      | Sam Pole       | 523-4970 |
| Vice-president | Al Jantz       | 525-8510 |
| Secretary      | Susan McKinley | 529-4583 |
| Treasurer      | Donna Whitham  | 520-1728 |

## Members-at-Large

|               |  |          |
|---------------|--|----------|
| Colleen Bohan |  | 529-0151 |
| Jeff Coward   |  | 522-8135 |
| Matt Sweetser |  | 569-9857 |
| Mark Whitham  |  | 520-7232 |

## Council Meetings:

Council Meetings are held on the second Thursday of each month at 7:00 PM

Upcoming Council Meetings:

|                         |                  |
|-------------------------|------------------|
| August: Pole's Home     | 1710 Del Mar Dr. |
| September: Bohan's Home | 748 Adell        |

## Activity Coordinators:

|                                    |               |          |
|------------------------------------|---------------|----------|
| Backpacking                        | Sam Pole      | 523-4970 |
| Bicycling                          | Jeff Coward   | 522-8135 |
| Climbing/Mountaineering            | Kevin Coble   | 201-1840 |
| Conservation                       | Open          |          |
| Cross-Country Skiing / Snowshoeing | Whithams      | 520-1728 |
| Day Hiking                         | Sam Pole      | 523-4970 |
| Rafting                            | Greg Hulet    | 523-6199 |
| Trail Maintenance                  | Alan Crockett | 529-5188 |
| Bulletin Editor                    | Donna Whitham | 520-1728 |
| Bulletin Assistant                 | Mark Whitham  | 520-7232 |
| Publicity                          | Open          |          |
| Historian/Librarian                | Barbara Brown | 522-8977 |
| WebMaster                          | George Cole   | 716-0024 |
| Program                            | Bob Tyler     | 787-2601 |

## General Club Meeting

Held at **7:00 P.M.** on the first WEDNESDAY of each month, normally in the large meeting room of the Idaho Falls Public Library.

NO GENERAL MEETING IN JULY.

## SEPTEMBER Bulletin Deadline is:

**5 PM on August 10**

Trip descriptions, reports, and material for inclusion in the next bulletin are due by the 10th of the month due to bulk mailer deadlines.

Please send electronically to the bulletin editor at [editor@idahoalpineclub.org](mailto:editor@idahoalpineclub.org)

Note: Hand written or hard copy material will be included in the bulletin, time permitting.

## Annual IAC Potluck Picnic

Wednesday, August 4<sup>th</sup>, 2010 - 6:30 pm  
Sealander Park

65<sup>th</sup> West (Cinder Butte Road) &  
65<sup>th</sup> South (York Road / St. John Road)

Attend the picnic to meet other club members, for a chance to win prizes or gift certificates for Idaho Mountain Trading, Canyon Whitewater, Bill's Bike Shop, and Stonewalls Climbing Gym, and to generally eat, drink, and be merry.

From I15 take Exit 113 West, veer to left onto 65<sup>th</sup> South to 65<sup>th</sup> West. Do not turn onto 45<sup>th</sup> (New Sweden road). At 65<sup>th</sup> West continue straight at the pink mailboxes & Drive Slow 10mph sign. (See map on page 2)

## Club will provide:

Hamburgers, hot dogs, buns, beverages, plates, utensils

## What to bring:

Insect repellent

A side dish or dessert to share.

Chairs or a blanket to sit on.

Extra insect repellent

## President Speaks

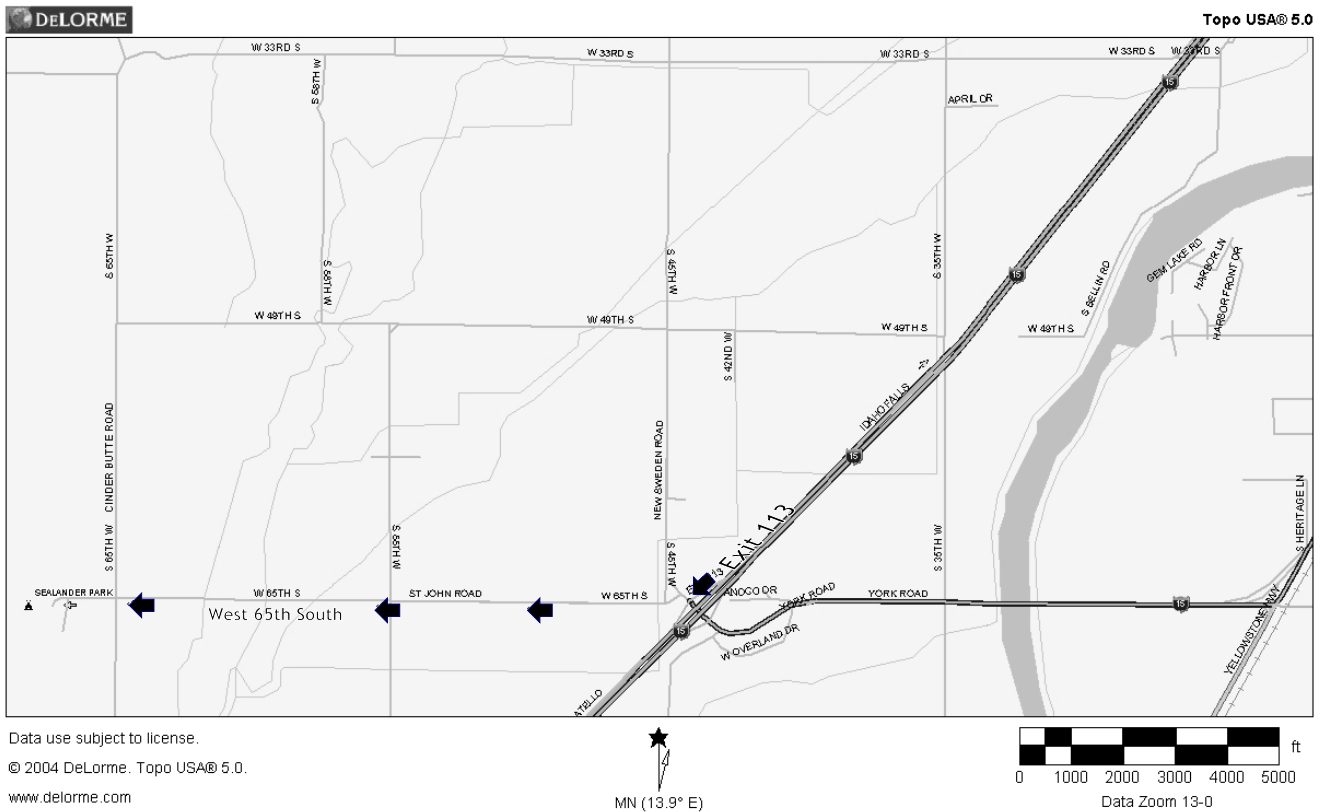
Summer is more than half way over and that means that the annual summer picnic is coming up on August 4<sup>th</sup>, so mark your calendars to come on out and enjoy burgers, dogs and refreshments.

There will be drawings for prizes also. Re-live days of old and tell tall tales while celebrating Idaho Alpine Club's 50th year.

Don't miss out, its loads of fun.

If you haven't already done so, sign up for a club trip or go out on one of the weekly climbs. Participation is what makes the club work.

Sam Pole



**Participation on Club Activities Common Adventure / Trips:** With the exception of rafting, Non-members may attend a maximum of two club trips or activities, then must be members in good standing to continue participating.

Participants on rafting trips or rafting rentals must be members in good standing.

Participants on a club trip must pay any established trip fee, abide by club rules and activity guidelines, and must follow instructions of the activity coordinator.

An individual may not participate in any common adventure/trip of the club unless that individual has read and signed the common adventure form for that specific activity prior to embarking on that adventure / trip / activity.

### Day Hiking / Backpacking

Unless otherwise indicated in the trip descriptions contact Sam Pole: Home-523-4970, cell-520-3630, or email sbpole@cableone.net for trip information and to sign up to go on a scheduled trip.

### All Trips Bring Your Own:

1. Water
2. Food/snacks
3. Dress in layers. Bring adequate extra appropriate protective clothing - no cotton. Hat and gloves or mittens.
4. Minor first aid items including sun screen, personal medications, as needed during the day.

5. Headlamp (& Batteries)
6. Map & Compass
7. Sunglasses
8. Lightweight shelter/space blanket.
9. Appropriate equipment- depending on activity or terrain.
10. Repair kit for your own equipment including duct tape.
11. Mat to sit on
12. Other personal items of interest

### August 7, 2010: Day Hike / Sheep Creek

Sheep Creek is in the Snake River Range near Palisades Reservoir dam. Round trip is approximately 8.3 miles and is considered steep, gaining 1000' per mile. Total elevation gain is about 3750 feet. We will top-out above Waterfall Canyon. Please contact Sam Pole via telephone, 523-4970, prior to the hike. Meet at the Ammon Wal-Mart in front of the garden center at 8:00am.

### August 28, 2010: Day Hike / Teton Canyon/Devil's Stairs/Teton Canyon Shelf

Teton Canyon on the west side of the Teton Mountains just east of Driggs, Idaho. Hiking in and above the canyon provides beautiful scenery and grand views. Round trip is 8-10 miles depending on what the group wants to do. The hike is generally moderate with the Devil's Stairs being the only strenuous part. Please contact Sam Pole via telephone, 523-4970, prior to the hike. Meet at the Ammon Wal-Mart in front of the garden center at 7:30 am.

## Climbing

For information on club climbing trips contact Kevin Coble at 201-1840. Otherwise to find out about climbing locations or impromptu weekend trips you will need to subscribe to the IAC climbing mailing list by visiting:

[http://www.macrobotics.com/mailman/listinfo/iac\\_climbing](http://www.macrobotics.com/mailman/listinfo/iac_climbing) or,

via email, send a message with subject or body 'help' to: [iac\\_climbing-request@macrobotics.com](mailto:iac_climbing-request@macrobotics.com)

### 2010 Wednesday Night Climbing Schedule:

Aug. 4 Paramount  
Aug. 11 Heise  
Aug. 18 Pocatello  
Aug. 25 Paramount  
Sep. 1 Blackfoot

On Wednesday night I (Kevin Coble, and anyone who wants to help) will head out early to set ropes at the specified location at about 4:30 p.m.

The rest of the group usually leaves at 5:45 from the north side McDonalds parking lot (if climbing at Ririe, Heise, or Paramount), or the climbing gym (if climbing at Blackfoot or Pocatello). If anyone can't make the meeting times and needs directions to get to the climbing location on their own, give me a call and I'll be happy to provide them.

### Stone Walls Rock Gym

Call 528.8610 for information.

Winter hours are:

4-9 PM Monday - Friday

12-9 PM Saturday

Idaho Alpine Club members may show their membership card to receive \$1 off of the daily admission price.

## Bicycling

For spring bicycling information and trips, contact Jeff Coward at 208.522.8135 or by email: [bicycling@idahoalpineclub.org](mailto:bicycling@idahoalpineclub.org)

Please check the IAC website for a calendar of organized rides and races throughout the northwest, including links to the websites to register or download applications. Check with Jeff to coordinate ride sharing in case he or other club members are planning to attend any or all of the events.

### Benefit for the Art Museum of Eastern Idaho:

August 21 - HeArt of Idaho Century Ride, Idaho Falls, ID, 25, 62, and 100 mile options. Entry fees are \$40.00 and \$65.00 that will cover entry, t-shirts, fully stocked rest stops, and post ride BBQ. \$5 early bird discounts. Route is flat to rolling, easy to moderate difficulty. Miyai Griggs, 208-529-6666 [mabe@theartmuseum.org](mailto:mabe@theartmuseum.org), [www.theartmuseum.com](http://www.theartmuseum.com)

### Happening Hounds Pet Services

IAC Member: Liz Downing (208) 757-0108

[happeninghounds@gmail.com](mailto:happeninghounds@gmail.com)

Areas covered: Greater Idaho Falls Area

Services: Home visits (minimum half hour), overnights, pet transport, exercise & social interaction for pets, general grooming (no clipping, etc). As a member of a professional pet sitters network, Liz offers reasonably priced, reputable, and insured pet services. For those of us with backyard bird feeders, Liz is a bird watcher too, she will keep them full for you if needed.

## Rafting

For information on renting club rafting gear (IAC club members only) contact Greg Hulet at 523-6199 or [rafting@idahoalpineclub.org](mailto:rafting@idahoalpineclub.org).

For trip information contact the trip leader indicated in the trip description. You MUST be an IAC member to participate in IAC raft trips or to check out club equipment.

### Gear Available:

Rafts can be checked out by those who have demonstrated ability to handle a boat on the type of water to be run. Life jackets are included with each boat. Boats must be returned dry and clean. Damage to boat must be repaired and if extensive, paid for. Checkout fees are for days on the water. All fees go to the rafting fund to buy new equipment:

16-ft Ryken self-bailer - \$60/day

15-ft Aire self-bailer - \$60/day

13.5-ft Maravia self-bailer - \$60/day

14-ft Ryken conventional floor - \$20/day

14-ft Udisco conventional floor - \$20/day

2 - Inflatable kayaks - \$20/day each

**Rafting/ Alpine Canyon Multiple trips over summer** (class II-III) 8 mile float. (Jim Lee 208 569-5573)

**Main Salmon (Corn Creek) TBD** - No permits were drawn. Those interested in a late August trip contact Greg Hulet to help in a call-in campaign to get a turned back permit. Greg Hulet, 523-6199

### 50th Anniversary IAC Logo T-Shirts Retro IAC Patches!

Short sleeves or long sleeves, crew neck, heather grey Dri Release material with embroidered 50<sup>th</sup> Anniversary IAC Logo! Short sleeve \$20 each. Long sleeve \$25 each. A women's style short sleeve shirt is available for \$20 on a prepaid special order basis. It is fitted with shorter sleeves in a wicking material. Sizes Small, Medium, Large, and X-Large.

A limited number of embroidered Color IAC Logo Patches are available for \$10 each.

The shirts and patches are available at the monthly meetings or contact the club Treasurer to get yours sooner.

Dates to Remember:

August 4: IAC Annual Picnic / Sealander Park

August 7: Day Hike / Sheep Creek

August 28: DayHike/Teton Canyon/Devil's Stairs/Teton Canyon Shelf

Aug. 4: Climbing / Paramount

Aug. 11: Climbing / Heise

Aug. 18: Climbing / Pocatello

Aug. 25: Climbing / Paramount

Sep. 1: Climbing / Blackfoot  
Subscribe to find out any updates on the weekly climbing plans. See page 2 for information on how to subscribe.

Aug 21: Bicycling / HeArt of Idaho Century Ride

**Enjoy the outdoors with the IAC**

Join today

*For more information write to the address below or visit our web site to download a free newsletter and application:*

**Idaho Alpine Club**

**P.O. Box 2883**

**Idaho Falls, Idaho 83403-2883**

[www.IdahoAlpineClub.org](http://www.IdahoAlpineClub.org)

Membership Fees

|              | Full Year | 7/1 - 10/1 |
|--------------|-----------|------------|
| Individuals: | \$20      | \$15       |
| Family:      | \$25      | \$20       |

After October 1, the payment of full year fee applies to the following year.

Full-time students (18 or older) and seniors (65 or older): \$5 off the above fee schedule.

IAC Council Meeting Monthly minutes are available on line.

**Support the Merchants who Support the IAC**

Show your membership card for 10% discounts on regularly priced merchandise:

- ★ Happening Hounds Pet Services  
Liz Downing (208) 757-0108  
happeninghounds@yahoo.com
- ★ Idaho Mountain Trading 523-6679  
Shoup & B (Non-Sale Items Only)
- ★ Alpine Schwinn 523-1226  
1352 S. Holmes Ave. (Excludes bicycles)
- ★ Bill's Bike Shop 522-3341  
805 S. Holmes Ave. (Excludes bicycles)
- ★ Canyon Whitewater Supply  
522-3932 (Accessories Only)  
450 S Yellowstone, Idaho Falls
- ★ Lynna and Leland Howard offer members of IAC a 10% discount on all of their published books.  
357-1917 or 357-3166;  
[lynna.howard@mac.com](mailto:lynna.howard@mac.com)  
[leland@wildernessbooks.com](http://leland@wildernessbooks.com)
- ★ Discounts on Jerry Painter's Hiking & Biking guide books

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