

Idaho Alpine Club Bulletin

Volume 51 - Issue Number 8 - August 2011

CLIMBING•MOUNTAINEERING•BACKPACKING•DAYHIKING•BICYCLING•XCSKIING•SNOWSHOEING•RAFTING

web site: www.idahoalpineclub.org

e-mail: info@idahoalpineclub.org

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2011 Council

President	Sam Pole	523-4970
Vice-president	Al Jantz	525-8510
Secretary	Susan McKinley	529-4583
Treasurer	Donna Whitham	520-1728

Members-at-Large

Colleen Bohan		529-0151
Karl Bohan		529-0151
Jesi Sweetser	850-819-4231	
Mark Whitham		520-7232

Council Meetings:

Council Meetings are generally held on the second Thursday of each month at 7:00 PM

Upcoming Council Meetings:

August: McKinley's Home 425 Pevero

Activity Coordinators:

Backpacking	Sam Pole	523-4970
Bicycling	Jeff Coward	522-8135
Climbing/Mountaineering	Kevin Coble	201-1840
Conservation	Open	
Cross-Country Skiing / Snowshoeing	Whithams	520-1728
Day Hiking	Sam Pole	523-4970
Rafting	Greg Hulet	523-6199
Trail Maintenance	Alan Crockett	529-5188
Bulletin Editor	Donna Whitham	520-1728
Bulletin Assistant	Mark Whitham	520-7232
Publicity	Open	
Historian/Librarian	Barbara Brown	522-8977
WebMaster	George Cole	716-0024
Program	Bob Tyler	787-2601

General Club Meeting

Held at **7:00 P.M.** on the first WEDNESDAY of each month, normally in the large meeting room of the Idaho Falls Public Library.

NO GENERAL MEETING IN JULY.

SEPTEMBER Bulletin Deadline is:

5 PM on AUGUST 5

Trip descriptions, reports, and material for inclusion in the next bulletin are due by the **5TH** of the month due to bulk mailer deadlines.

Please send electronically to the bulletin editor at editor@idahoalpineclub.org

Note: Hand written or hard copy material will be included in the bulletin, time permitting.

Annual IAC Potluck Picnic

Wednesday, August 3rd, 2011 - 6:30 pm

Sealander Park

N43.43788 W112.16719

65th West (Cinder Butte Road) &

65th South (York Road / St. John Road)

Attend the picnic to meet other club members, for a chance to win prizes or gift certificates for local vendors and to generally eat, drink, and be merry.

From I15 drive south. Take Exit 113 West, veer to left onto 65th South to 65th West. Do not turn onto 45th (New Sweden road). At 65th West continue straight at the mailboxes & Drive Slow 10mph sign. (See map on page 2)

Club will provide:

Hamburgers, hot dogs, buns, beverages, plates, utensils

What to bring:

Insect repellent

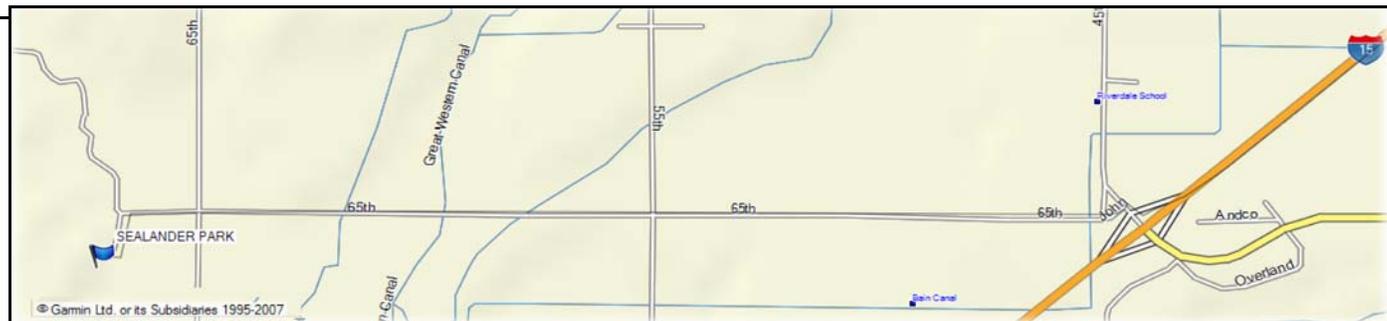
A side dish or dessert to share.

Chairs or a blanket to sit on.

President Speaks

Of Bugs and Birds - Contributed by Karl Bohan

Have you wondered why there has been an increase in the number of Western Tanagers and Evening Grosbeaks in SE Idaho in the last few years, starting in 2008? Interested in all things avian, I sure was. While they have always been on the Targhee N.F., I don't recall seeing any tanagers in town during my previous 17 years in Idaho Falls. Now I see tanagers every spring. At the incredible lunch put together for IAC members following this spring's roadside clean-up, there were dozens of Evening Grosbeaks on feeders off Bob and Marie Tyler's deck. My first "close encounter" (no, I wasn't abducted) with tanagers and grosbeaks came in the summer of 1980 while researching avian predation on the western spruce budworm. While working a summer job for the University of Idaho, in cooperation with the U.S.F.S, we (I was just a small part) determined that tanagers and grosbeaks were the most voracious predators of budworm in Washington's Cascade Range. We banded these birds, observed feeding behaviors, and occasionally collected stomach samples to confirm our suspicions. Tanagers seemed more effective in searching out budworm in lower densities, while the grosbeaks flew in to trees in big flocks, shaking the branches, and then scarfing up larval budworm as they bailed out on fine silk threads. Well, the mystery of the tanager/grosbeak irruption in SE Idaho was solved, for me anyway, last week while attending the Idaho Forest Product Council's Sustainable Forestry Tour in Post Falls, ID. A forest pathologist was giving a presentation on white pine blister rust, root rots etc., when suddenly he put up a graph of budworm populations in Idaho over the last 40 years. The light bulb immediately went on over my head. The budworm irruption I worked on while in college ended in about 1981. But... ready for this? The population of budworm in southern Idaho started growing exponentially again in 2008. They even had pictures of cars in a Challis car dealer's lot that were literally covered with budworm moths that had apparently met their demise in the bright lights overhead. That had to be it! Our fine feathered friends were following and thriving on a major food source that was, for better or worse, making it back into our neck of the woods. At last, I can sleep again.



Participation on Club Activities

Common Adventures / Trips:

With the exception of rafting trips or trips limited to club members: Non-members may attend a maximum of two club trips or activities, then must be members in good standing to continue participating.

Participants on rafting or limited to club member trips or rafting rentals must be members in good standing. Participants on a club trip must pay any established trip fee, abide by club rules and activity guidelines, and must follow instructions of the activity coordinator.

An individual may not participate in any common adventure/trip of the club unless that individual has read and signed the common adventure form for that specific activity prior to embarking on that adventure / trip / activity.

Caribou-Targhee Maps on Line

From the Caribou-Targhee NF home page, click on Maps & Publications. This will take you to: "Motorized Vehicle Use Maps" (which don't show non-motorized trails), new official "Forest Maps" covering the whole forest (without topography), and "Other Maps". The "Other Maps" are full color printable maps with topography and are available for the Palisades, Teton Basin, Dubois and Westside ranger districts at a scale of 1:112,500. Hiking scale (1:50,000) maps of popular areas are also available. Other detailed forest and non-forest maps of popular hiking and mountain biking areas (new) are available on the Idaho Alpine Club website under Local Maps.

Day Hiking / Backpacking

Unless otherwise indicated in the trip descriptions contact Sam Pole: Home-523-4970, cell-520-3630, or email sbpole@cableone.net for trip information and to sign up to go on a scheduled trip.

All Trips Bring Your Own:

1. Water
2. Food/snacks
3. Dress in layers. Bring adequate extra appropriate protective clothing - no cotton. Hat and gloves or mittens.
4. Minor first aid items including sun screen, personal medications, as needed during the day.
5. Headlamp (& Batteries)
6. Map & Compass
7. Sunglasses
8. Lightweight shelter/space blanket.
9. Appropriate equipment- depending on activity or terrain.
10. Repair kit for your own equipment including duct tape.
11. Mat to sit on
12. Other personal items of interest

July 30: Day Hike/Iron Bog -Iron bog is NW of Arco up Antelope Canyon. The hike may be 6+/- miles. There is a short (1+ mile) moderate+ hike up to Iron Bog Lake. From there we can hike to a pass overlooking Muldoon Canyon and Copper Basin, then circle around and descend to Fish Lake on a return route to Iron Bog Lake. This may require a little cross country bush-whacking. Please contact Sam Pole via cell **520-3630** prior to the hike. Meet at the **west-side Wal-Mart** in front of the garden center at 7:30 am.

August 20: Day Hike/Meadow Lake - Hike approximately 2.7 miles round-trip. The hike is from the picturesque Meadow Lake camp ground and climbs to approximately 10, 200 feet. The upper part of the climb is steep and may require traversing some scree. This is a good picnic opportunity next to the lake if the full climb is not of interest. Please contact Sam Pole via cell **520-3630** prior to the hike. Meet at the **west-side Wal-Mart** in front of the garden center at 7:30 am.

July 30: Trail Work Hike / Wind Cave Trail - Come hike with us up this beautiful 6.6 mile (round trip) trail and help with some brush trimming. Due to the extra long winter season, we will be working as we hike. There will be plenty of flora and possibly fauna to point out as we make our way up the canyon. Most of the snow should be gone and the creek will hopefully have subsided by this date. Bring hedge trimmers or loppers and work gloves. We will have an extra Pulaski or two in the car. Bear spray is not a bad idea if you know how to use it. Grizzlies have been spotted in the canyon. Leashed dogs will be welcome. We plan eat in Driggs afterwards, in order to attend Shake in the Park that evening (Much Ado About Nothing). Please contact MaD Whitham at 520.1728 prior to the hike for details and to sign up to go.

Bicycling

For bicycling information, evening or weekend club rides. contact Jeff Coward at 208.522.8135 or by email: bicycling@idahoalpineclub.org. Jeff has provided information on the club website, with dates and entry links, for some of the bicycle tours or races in the west. Look for the listing Bicycling 2011.

Tuesday Cycling - Possibly of interest to retirees, housewives or house husbands, shift workers, etc., is this year's continuation of the Tuesday morning "cycling events." These leaderless rides are usually 20-35 miles with shorter and longer variations. The rides are NOT sponsored by Alpine Club and are essentially self-supported. If you are not already on the bike e-list and would like to be, e-mail me at barbara.bike@gmail.com. I'll send you this year's tentative schedule and put you on the mailing list for weekly notifications.

Thursday Night Mountain Biking - The Snake River Mountain Bike Club wants to invite all riders, of all skill levels, to explore our areas wide range of trails. From the expert rider, to the beginner, Idaho mountains have something for everyone. Every Thursday night is group ride night. Danny Kelly has been doing this for years and has a great trail system for riders of all skill levels. Bikes must be in working condition, ready to ride. Each rider must have a helmet, water, storage and extra tubes for their bike. The location of the rides will be updated on this page and unless we have bad weather you can count on the ride taking place. Locations and meeting points vary so check in regularly to find out where and when. SRMBC updates its website on Tuesday for Thursday rides:

ATTENTION RIDERS: These rides are NOT sponsored by Idaho Alpine Club and are essentially self-supported. The SRMBC founders, or their sponsors are not responsible for injuries on rides or other group and private events. They are not responsible for bikes and or repairs of bikes. It is your responsibility to get to the rides and events and to come prepared for each event. (water, jells, spare tubes, hand pump, multi tool, etc.) You are responsible for yourself and those you bring.

Kelly Canyon Area Mountain Biking - As you hopefully know, cross-country mtn. bike riding has been prohibited in the Big Holes since 2008 which closed trails such as Buckskin Morgan Ridge and Pine Loop to biking. Biking is now only allowed on Forest Service designated trails and roads so in the Kelly area this means Hawley Gulch, Wolverine Creek and Lookout Mtn. ATV trails. To solve the lack of local biking trails, a group of retirees investigated, mapped, and cleared a whole series of trails on State lands just north of Kelly Canyon with the closest trailhead being 1 mile north of Morgan Summit. The State land is open to cross-country motorized travel but the trails don't seem heavily used, are relatively gentle in terms of grade, not rocky not sandy and more of a pleasure to ride than a challenge. However, the trails go everywhere; they are unmarked but for some flagging and it is very easy to get lost. Maps of the trails are now available on the Club web site (see Local Trail Maps) including one overview map and 3 maps showing suggested routes. Finding your way will be a challenge, even with a map and some flagging, so take a GPS or go with someone who knows the trails. Enjoy!

Rafting

For information on renting club rafting gear (IAC club members only) contact Greg Hulet at 523-6199 or rafting@idahoalpineclub.org.

For trip information contact the trip leader indicated in the trip description. You MUST be an IAC member to participate in IAC raft trips or to rent IAC gear.

Club Gear available:

Rafts can be checked out by those who have demonstrated ability to handle a boat on the type of water to be run. Life jackets are included with each boat. Boats must be returned dry and clean. Damage to boat must be repaired and if extensive, paid for. Checkout fees are for days on

the water. All fees go to the rafting fund to buy new equipment:

- 16-ft Ryken self-bailer - \$60/day
- 15-ft Aire self-bailer - \$60/day
- 13.5-ft Maravia self-bailer - \$60/day
- 14-ft Ryken conventional floor - \$20/day
- 14-ft Udisco conventional floor - \$20/day
- 2 - Inflatable kayaks - \$20/day each

August 27: Canoe/Kayak Teton River We'll do a four-hour float from Bates Road west of Driggs to the Packsaddle Road. This is a leisurely float on flat water but the river has many bends in it so basic canoe/kayak turning and steering skills are required. Participants must also wear life jackets. Contact Bob Tyler at 787-2601.

Invasive Species Prevention

All craft..motorized and non-motorized (except inflatable non-motorized craft under 10 feet) is required to have a sticker. The sticker is \$7.00 per boat plus \$1.30 for online purchase. The money will go to the Idaho Invasive Species Fund. The IDPR web site has a link to purchase a sticker, and you can purchase multiple stickers: <http://parksandrecreation.idaho.gov/idahoinvasivespeciesfund.aspx>.

Climbing

For information on club climbing trips contact Kevin Coble at 201-1840. Otherwise to find out about weekly climbing locations or impromptu weekend trips you will need to subscribe to the IAC climbing mailing list by visiting:

http://www.macrobotics.com/mailman/listinfo.cgi/iac_climbing or, via email, send a message with subject or body 'help' to: iac_climbing-request@macrobotics.com

2011 Wednesday Night Climbing Schedule:

- July 27 Pocatello
- Aug. 4 Paramount (Weds is the IAC Picnic)
- Aug. 10 Pocatello
- Aug. 17 Heise
- Aug. 24 Blackfoot
- Aug. 31 Paramount

Stone Walls Rock Gym

Call 528.8610 for information. Hours currently are:

4-9 PM Monday - Friday & 12-9 PM Saturday

Idaho Alpine Club members may show their membership card to receive \$1 off of the daily admission price.

**50th Anniversary IAC Logo T-Shirts
Retro IAC Patches!**

Short sleeves or long sleeves, crew neck, heather grey, some black and some white. Dri Release material with embroidered 50th Anniversary IAC Logo! Short sleeve \$20 each. Long sleeve \$25 each. Sizes Small, Medium, Large, and X-Large.

A women's style short sleeve shirt is available for \$20 on a prepaid special order basis. It is fitted with shorter sleeves in a wicking material.

A limited number of embroidered Color IAC Logo Patches are available for \$10 each.

The shirts and patches are available at the monthly meetings or contact the club Treasurer to get yours sooner.

The Idaho Coupon Nana
 For all your coupon needs
 IAC Member: Denise Miller 208.709.2809
idahocouponnana@gmail.com or www.IdahoCouponNana.com

Dates to Remember:

August: IAC Annual Picnic / Sealander Park

July 30: Trail Work/Wind Cave Trail
July 30: Day Hike/ Iron Bog Lake
Aug 20: Day Hike/ Meadow Lake

Aug 27: Canoe or Sea Kayak/Teton River

Climbing: July 27 Pocatello
Aug. 4 Paramount (Weds is the IAC Picnic)
Aug. 10 Pocatello
Aug. 17 Heise
Aug. 24 Blackfoot
Aug. 31 Paramount
Subscribe to find out updates to the weekly climbing plans. See page 3 for information on how to subscribe.

Become a Fan

Find us on Facebook. Last minute trips can be posted on the wall. Additionally, photos from club trips you have gone on can be easily posted on the wall singly or as an album if you took a lot of photos.

GET OUTSIDE & HAVE FUN!!!
WINTER WILL BE HERE TOO SOON

Enjoy the outdoors with the IAC
Join today

For more information write to the address below or visit our web site to download a free newsletter and application:

Idaho Alpine Club
P.O. Box 2883
Idaho Falls, Idaho 83403-2883
www.IdahoAlpineClub.org

Membership Fees

	Full Year	
	10/1	7/1-12/31
Individuals:	\$20	\$15
Family:	\$25	\$20

After October 1, the payment of full year fee applies to the following year. Full-time students (18 or older) and seniors (65 or older): \$5 off the above fee schedule.

IAC Council Meeting Monthly minutes are available on line.

Support the Merchants who Support the IAC

Show your membership card for 10% discounts on regularly priced merchandise:

- ★ Idaho Mountain Trading 523-6679 Shoup & B (Non-Sale Items Only)
- ★ Alpine Schwinn 523-1226 1352 S. Holmes Ave. (Excludes bicycles)
- ★ Bill's Bike Shop 522-3341 805 S. Holmes Ave. (Excludes bicycles)
- ★ Canyon Whitewater Supply 522-3932 (Accessories Only) 450 S Yellowstone, Idaho Falls
- ★ 3 Peaks 523-PEAK 910 E. Lincoln Rd. (Non-Sale Items Only)
- ★ Lynna and Leland Howard offer a 10% discount on all of their published books. 357-1917 or 357-3166; lynna.howard@mac.com leland@wildernessbooks.com
- ★ Discounts on Jerry Painter's Hiking & Biking guide books

Idaho Alpine Club
P.O. Box 2883
Idaho Falls, Idaho 83403-2883