

# Idaho Alpine Club Bulletin

Volume 53 - Issue Number 8 - August 2013

CLIMBING•MOUNTAINEERING•BACKPACKING•DAYHIKING•BICYCLING•XCSKIING•SNOWSHOEING•RAFTING

web site: [www.idahoalpineclub.org](http://www.idahoalpineclub.org)

e-mail: [info@idahoalpineclub.org](mailto:info@idahoalpineclub.org)

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## 2013 Council

President	Sam Pole	520-3630
Vice-president	Sue Braastad	881-4354
Secretary	Susan McKinley	529-4583
Treasurer	Donna Whitham	520-1728

## Members-at-Large

Colleen Bohan	529-0151
Karl Bohan	529-0151
Ken Durstine	524-3505
Sheila Kappel	528.8788
Joyce Storey	521-2572
Mark Whitham	520-7232

## Council Meetings:

Council Meetings are generally held on the second Thursday of each month at 7:00 PM. IAC Council Meeting Monthly minutes are available on line.

Upcoming Council Meetings:

July 9 @6:30: Storey's Home 2750 Romrell Lane

## Activity Coordinators:

Backpacking	Sam Pole	520-3630
Bicycling	Jeff Coward	522-8135
Climbing/Mountaineering		
	Kevin Coble	201-1840
Conservation	Open	
Cross-Country Skiing / Snowshoeing		
	Whithams	520-1728
Day Hiking	Sam Pole	520-3630
Rafting	Greg Hulet	523-6199
Trail Maintenance	Alan Crockett	529-5188
Bulletin Editor	Donna Whitham	520-1728
Publicity	Open	
Historian/Librarian	Barbara Brown	522-8977
WebMaster	George Cole	716-0024
Program	Bob Tyler	787-2601

## General Club Meeting

Held at **7:00 P.M.** on the first WEDNESDAY of each month, normally in the Beaverhead meeting room at the Idaho Fish and Game office.

NO GENERAL MEETING IN JULY.

## **AUGUST Bulletin Deadline is:**

**5 PM on JULY 5**

Trip descriptions, reports, and material for inclusion in the next bulletin are due by the **5<sup>TH</sup>** of the month due to bulk mailer deadlines.

Please send electronically to the bulletin editor at [editor@idahoalpineclub.org](mailto:editor@idahoalpineclub.org)

NOTE: Hand written or hard copy material will be included in the bulletin, time permitting.

## **Idaho Alpine Club**

### **Annual Summer Potluck**

**Wednesday, August 7th, 2013 - 6:30 pm**

### **Braastad's Home 1610 Blue Camas Ct.**

From Pancheri Drive, turn south on Grizzly Avenue, follow around till it turns into West 17<sup>th</sup> South, turn north on Blue Ridge Drive, then west (left) on Blue Camas Way, north (right) on Blue Camas Court, and your destination will be on the left.

Attend the picnic to meet other club members, swap stories about this years adventures, a chance to win prizes and to generally eat, drink, and be merry.

### **What to bring:**

A side dish or dessert to share.

Chairs or a blanket to sit on.

### **Club will provide:**

Hamburgers, hot dogs, buns, beverages, plates, utensils

### **President Speaks**

Summer is my absolute favorite season of the year. It's a great time to enjoy the Alpine Club activities. Biking, hiking, climbing, and rafting are wonderful activities for discovering Idaho. Groups of friends enjoying each other's company and sharing common interests, is what the IAC is all about.

We all learn about the geology of the land, names of flora and fauna, and various facts and trivia from each other. It's been fun meeting new members in the club over the years. Please feel free to organize an event of your choice any time. Just call a council member to make a request. Now that I've retired (sorry to those who aren't old enough yet) my summer will last much longer, yeah! I'll be able to attend more activities with the club. I'm looking forward to the summer picnic, meeting new and old members, and hopefully winning one of the great prizes. See you all there.

Susan McKinley

## Participation on Club Activities Common Adventures / Trips:

With the exception of rafting trips, trips which require the use of any club equipment, or trips limited to club members: non-members may attend a maximum of ONE club trip or activity, then must be members in good standing to continue participating.

Participants must be members in good standing to go on rafting trips, trips which require the use of any club equipment, or trips limited to club members only, or needing rafting rentals. Participants on a club trip must pay any established trip fee, abide by club rules and activity guidelines, and must follow instructions of the activity coordinator.

An individual may not participate in any common adventure/trip of the club unless that individual has read and signed the common adventure form for that specific activity prior to embarking on that adventure / trip / activity.

### All Trips Bring Your Own:

1. Water
2. Food/snacks
3. Dress in layers. Bring adequate extra appropriate protective clothing - no cotton. Hat and gloves or mittens.
4. Minor first aid items including sun screen, personal medications, as needed during the day.
5. Headlamp (& Batteries)
6. Map & Compass
7. Sunglasses
8. Lightweight shelter/space blanket.
9. Appropriate equipment- depending on activity or terrain.
10. Repair kit for your own equipment including duct tape.
11. Mat to sit on
12. Other personal items of interest

### Non-technical Hiking / Mountaineering

Unless otherwise indicated in the trip descriptions contact Sam Pole: 520-3630, or email [sbpole@cablone.net](mailto:sbpole@cablone.net) for trip information and to sign up to go on a scheduled trip, 24 hours prior to any trip.

Hiking and non-technical mountaineering is serious business...even "small" mountains. Inclement weather, exposure, traveling on snow can change an "easy" trip to a "difficult" trip in a matter of minutes. These alpine trips are not guided. These are self-supported, group adventure outings. Each trip has a leader who serves as a resource to the group and provides some basic trip structure. Participants are expected to evaluate their own physical and mental abilities prior to participating, assist with transportation, cooperate with others, participate in decision-making, identify and reduce risk to themselves and the group, and be self-reliant in preparations. The IAC has no mountaineering gear to loan. For all outings, participants are expected to bring water (few hikes or climbs have access to water); food, clothing, and appropriate mountaineering gear (and be knowledgeable and experienced in its use). Trip lengths are indicated for an approximate round trip distance. Contact leaders with questions if you are new to mountaineering or new to the area. Trips may be cancelled at the last minute due to weather or conditions outside of the leader's control.

**August 10 / Day Hike -Mount Jefferson:** This hike will take off from the Sawtell Mountain road in Island Park into the Centennial Range of the Idaho-Montana boundary area. It is moderate to strenuous due to the 10,000+ feet elevation of Mount Jefferson. Round trip is approx. 7 miles. Elevation gain is about 1500 feet. There is a designated trail for the first half of the outward hike and then open bushwhacking thereafter. Please contact Sam Pole prior to the hike at 520-3630. Depart 8:00 a.m. from the parking lot between Fred Meyers/McDonalds.

**August 24 / Day Hike - Garns Mountain:** This is a moderate+ hike of approx. 7.2 miles roundtrip. The hike begins at the North Mahogany trailhead on the west side of the Big Hole Mountains (West side of Teton valley Idaho); follows a ridgeline to Elk Flat and then to Garns Mountain. Contact Sam Pole at 520-3630 prior to the hike. Depart 8 a.m. from the parking lot between Fred Meyers/McDonalds.

### Climbing

For information on club climbing trips contact Kevin Coble at 201-1840. To find out about Spring weekly climbing locations or impromptu weekend trips, subscribe to the IAC climbing mailing list by visiting:

[http://www.macrobotics.com/mailman/listinfo.cgi/iac\\_climbing](http://www.macrobotics.com/mailman/listinfo.cgi/iac_climbing)

or, via email, send a message with subject or body 'help' to: [iac\\_climbing-request@macrobotics.com](mailto:iac_climbing-request@macrobotics.com).

### Wednesday night climbing schedule for 2013:

July 31 Pocatello

Aug 7 Heise

Aug 14 Blackfoot

Aug 21 Paramount

Aug 28 Pocatello

Sept 4 Pointless

### YMCA Rock Climbing Gym

Call 528.8610 for information.

SUMMER HOURS (June 1-September 30):

TUESDAY 4PM - 9PM SATURDAY NOON - 9PM

WINTER HOURS (Effective October 1):

MONDAY - FRIDAY 4PM - 9PM

SATURDAY NOON - 9PM SUNDAY CLOSED

Idaho Alpine Club members may show their membership card to receive 10% off daily rates or 10 punch card.

### Bicycling

**Local Bicycling Maps:** Mapman Alan Crockett has revised the set of 29 (and growing) local road biking routes. The latest maps are available on the IAC website under club archives, road biking maps.

IAC bike rides are self-supported, group adventure outings. Each trip will have a coordinator who serves as a resource to the group and provides some basic trip structure. However participants are expected to evaluate their own physical and mental abilities prior to participating, assist with transportation, cooperate with others, participate in decision-making, identify and reduce risk to themselves and the group, and be self-reliant in preparations. The IAC has no biking gear to loan. For all outings, participants are expected to bring their own water; food, clothing, and appropriate bike maintenance gear (and to be knowledgeable and experienced in its use).

Contact leaders with questions if you are new to biking or new to the area. Trips may be cancelled or rescheduled at the last minute due to weather or conditions outside of the leader's control.

## Idaho road biking laws are at:

[http://itd.idaho.gov/bike\\_ped/Idaho%20Code%20Related%20to%20Bicyclists.pdf](http://itd.idaho.gov/bike_ped/Idaho%20Code%20Related%20to%20Bicyclists.pdf).

**Mountain Bike Rides** Depending on the technical riding skills and physical conditioning of those interested, there will be some beginner rides and the rest intermediate or better rides. For those new to mountain bike riding in the woods, be aware that you need how and when to shift gears and use your brakes on a unpaved surface such as a dirt road or level field before you come on the ride. Email me, [kdurstine@gmail.com](mailto:kdurstine@gmail.com), if you want to be on the riding list or watch the IAC facebook page for dates and times. You will need to provide your own bike and transportation to participate.

## August Mountain Bike Ride to be Posted on Facebook

### Rafting

For information on renting club rafting gear (IAC club members only) contact Greg Hulet at 523-6199 or [rafting@idahoalpineclub.org](mailto:rafting@idahoalpineclub.org).

For trip information contact the trip leader indicated in the trip description. You MUST be an IAC member to participate in IAC raft trips or to rent IAC gear.

### Club Gear available:

Rafts can be checked out by those who have demonstrated ability to handle a boat on the type of water to be run. Life jackets are included with each boat. Boats must be returned dry and clean. Damage to boat must be repaired and if extensive, paid for. Checkout fees are for days on the water. All fees go to the rafting fund to buy new equipment:

- 16-ft Ryken self-bailer - \$60/day
- 15-ft Aire self-bailer - \$60/day
- 13.5-ft Maravia self-bailer - \$60/day
- 14-ft Ryken conventional floor - \$20/day
- 14-ft Udisco conventional floor - \$20/day
- 2 - Inflatable kayaks - \$20/day each

**Note:** For those planning to take a group to Alpine Canyon the following rules apply. You will be ticketed if you are caught breaking them:

1. Maximum party size with no permit is 15. If your party is 15 people or less, no other limits apply, including the four boat limit.
2. Organizational trips only apply to groups with a paid leader (Some outdoor programs, Youth Minister, etc.).

## TRIP REPORTS

### July 6 Mountain Bike Ride-West side of Pine Creek:



What is normally about a three hour ride with some technical downhill single track and 3 sections of whoopies to reward the climb, turned into a epic five hour ride in some wild weather. The climb up Corral Creek through the flowers was tough



and the black flies were vicious, John got bit through his riding gloves. Fortunately they disappeared after climbing out of the Corral Creek drainage. We were barreling down the singletrack towards Red Creek, when a thunderstorm quickly rolled in with downpour rain and



hail. The nice dry trail was now slick wet rocks and mud that varied from nicely tacky to goose grease. Numerous falls were taken and gracefully absorbed. Turning up the sheep driveway, the first section of whoopies was still fun for those willing to push the boundaries a bit. The second batch was treacherous, landing in a greasy mud puddle is not recommended, and wisdom dictated the final set was just ridden. The lower portion of the final climb out was slick enough that it was impossible to climb on foot and the track was abandoned in favor of the short undergrowth next to the trail that offered firm footing. We had a good group, not a snivel was heard, even when the weather had deteriorated and everyone opined that it was a pretty good time.

### July 13 / Day Hike-Harriman State Park:



The park was green and lush with color from the blooming flowers for this nearly six mile hike. The photo is at the top of Heart Attack Ridge with Sam and Joyce Pole, their grandson Sam, and Kirk and Susan McKinley. Picture taken by new IAC member, Dan Lauer. Beautiful views (we had to "pay" young Sam for pretend tickets, for the views).

### July 14 / Mountaineering-Diamond Peak, Idaho:



The trip was good. Steep climb. Excellent weather. Everyone reached the top. Climbers were: John Hamann, John, Sue, and Casey Braastad, Al Jantz, Bill Beach, and Gary Rillema.

### IAC Logo T-Shirts & Patches!

Dri Release material with embroidered IAC Logo! Small, Medium, Large, and X-Large Short sleeve \$20 each. Long sleeve \$25 each. A women's style short sleeve shirt is available for \$20 on a prepaid special order basis. It is fitted with shorter sleeves in a wicking material.

A limited number of embroidered Color IAC Logo Patches are available for \$10 each.

**See you at the summer picnic!!**

Dates to Remember:

- Aug 7: IAC Summer Picnic
- Aug 10: Day Hike -Mount Jefferson
- Aug 24: Day Hike -Garns Mountain

Climbing: Subscribe to find out updates to the weekly climbing plans. See page 2 for information on how to subscribe.

- July 31 Pocatello
- Aug 7 Heise
- Aug 14 Blackfoot
- Aug 21 Paramount
- Aug 28 Pocatello
- Sept 4 Pointless

**Become a Fan**

Find us on Facebook. Last minute trips can be posted on the wall. Additionally, photos from club trips you have gone on can be easily posted on the wall singly or as an album if you took a lot of photos. To do this, the photos do need to be your photos & shared with the public.

What good is the warmth of summer, without the cold of winter to give it sweetness. ~John Steinbeck

**Enjoy the outdoors with the IAC  
Join today**

*For more information write to the address below or visit our web site to download a free newsletter and application:*

**Idaho Alpine Club  
P.O. Box 2883  
Idaho Falls, Idaho 83403-2883  
[www.IdahoAlpineClub.org](http://www.IdahoAlpineClub.org)**

**Membership Fees**

	Full Year	
	10/1	7/1-12/31
Individuals:	\$25	\$20
Family:	\$30	\$25

After October 1, the payment of full year fee applies to the following year.

Full-time students (18 or older) and seniors (65 or older): \$5 off the above fee schedule.

IAC Council Meeting Monthly minutes are available on line.

**Support the Merchants who  
Support the IAC**

Show your membership card for 10% discounts on regularly priced merchandise:

- Idaho Mountain Trading 523-6679 Shoup & B (Non-Sale Items Only)
- Bill's Bike Shop 522-3341 Snake River Crossing (Excludes bicycles)
- Canyon Whitewater Supply 522-3932 (Accessories Only) 450 S Yellowstone, Idaho Falls
- The Preparedness Store & Bosch Kitchen Center 120 Northgate Mile Idaho Falls, ID 524-8300 10% off backpacking, dehydrated & freeze-dried foods 10% off any outdoor accessories
- YMCA Climbing Gym 528-8610 755 South Capital Avenue
- Lynna and Leland Howard offer a 10% discount on all of their published books. 357-1917 or 357-3166; [lyнна.howard@mac.com](mailto:lyнна.howard@mac.com) [leland@wildernessbooks.com](mailto:leland@wildernessbooks.com)
- Discounts on Jerry Painter's Hiking & Biking guide books