

Idaho Alpine Club Bulletin

Volume 42 - Issue Number 12 - December 2002

P.O. Box 2885, Idaho Falls, Idaho 83403-2885

web site: www.idahoalpineclub.org

e-mail: info@idahoalpineclub.org.

2002 Executive Council

President
 Tim Adkison 542-0786

Vice-president
 Michelle Fox Benson 525-3238

Secretary
 Jeff Coward 522-8135

Treasurer
 Bob Kroupa 524-6273

Members-at-Large
 Betsy Adkison 542-0786
 John Bissett
 Barbara Brown 522-8977
 George Cole 522-4074

Bulletin Editor
 Rene Miller 542-5126

Bulletin Assistant
 Donna Whitham 524-6119

Publicity & Community Liaison
 Donna Whitham 524-6119

Historian/Librarian
 Barbara Brown 522-8977

Please mail completed common
 adventure forms to the secretary.

Coordinators

Program
 Donna Whitham 524-6119

Backpacking
 George Cole 522-4084
 Mark Whitham 524-6119

Caving
 Dean Killian 357-7354

Climbing/mountaineering
 Eric Peterson 529-9538
 Kurt Myers 522-5279

Conservation
 Bob Tyler 523-5560

X-Country Skiing
 Mark/Donna Whitham 524-6119

Bicycling
 Michelle Fox Benson 525-3238
 Jeff Coward 522-8135

Kayaking
 Rob Mullin 524-3594

Canoeing
 John Page 356-6486
 Sue Page 356-5118

Rafting
 Greg Hulet 523-6199

Trail Maintenance
 Open

Day Hiking
 Mark/Donna Whitham 524-6119

General Club Meeting

Held at 8:00 p.m. on the first Wednesday of each month, normally in the large meeting room of the Idaho Falls Public Library. NO GENERAL MEETING IN JULY.

Membership Fees

	Full Year	July 1 - October 1
Individuals:	\$20	\$15
Family:	\$25	\$20

After October 1, the payment of full year fee applies to the following year. Full-time students (18 or older) and seniors (65 or older): \$5 off the above fee schedule.

Council Meetings and Bulletin Deadline

Any interested member is invited to attend.

Materials for the bulletin are due by the weekend before the council meetings. Please send material to the bulletin editor at rener@srv.net

Up Coming Programs

January: Annual Winter Bash and Membership Drive

February: Hiking Alaska's Backcountry

IDAHO ALPINE CLUB MEETING

Ice Climbing with Dean Lords

Wednesday, December 4, 2002

Idaho Falls Library - Large Meeting Room

The Idaho Alpine Club will be presenting an enjoyable slide program by Dean Lords on Ice Climbing in and around Idaho. Even nonclimbers will enjoy Dean's fantastic slides and narrative. Dean, who is an avid climber and kayaker, is from Idaho Falls. The presentation is open to the public and all outdoor enthusiasts are invited to attend.

President Speaks

The 2003 Council members are Tim Adkison, Michelle Fox Benson, Jeff Coward, Bob Kroupa, Betsy Adkison, Barbara Brown, John Bissett, and George Cole. Please give them your support and cooperation during the upcoming year. Merry Christmas and let it snow!
Tim

IAC Council Meeting

No November council meeting minutes available by press time.

Cross Country Ski / Snowshoe Schedule for 2002 ~ 2003

December 7 - Targhee Rick's Basin XC Ski Trip: Join us for some early season XC Skiing at Targhee's Ricks Basin. This will be snow coverage dependent. The almanac says this will be a heavy snow year. The Idaho Falls Ski Club's Targhee Instructional is this weekend too. Contact Mark or Donna to sign up and for the meeting place and time,
xcski@idahoalpineclub.org - 524.6119.

December 14 - Snowshoe Chick Trip: Women's Snowshoe in Kelly Canyon and soak at Heise Hot Springs afterwards. Contact Donna to sign up and for the meeting place and time,
xcski@idahoalpineclub.org or 524.6119.

January 1 - South Fork XC-Ski Trip: Join us on New Years day to celebrate the new year cross skiing at the South Fork Lodge Nordic Center trail system. Over 20k of the trails are groomed for skating as well as traditional diagonal stride. Trail fees were \$12 per day last year but discounts may be available depending on the size of our group or membership in the

Idaho Falls Ski Club. Contact Mark or Donna to sign up and for the meeting place and time,
xcski@idahoalpineclub.org or 524.6119.

*IT IS TIME TO RENEW
YOUR
IAC MEMBERSHIP!!!*

January 18 - Kelly Canyon Snowshoe Trip:

Join us to snowshoe in Kelly Canyon and soak at Heise Hot Springs afterwards. Contact Mark or Donna to sign up and for the meeting place and time,
xcski@idahoalpineclub.org or 524.6119.

January - 10 - 12 - Island Park / West Yellowstone Skiing: Join us in Island Park and West Yellowstone to explore the Brimstone trails at Ponds Lodge (Park N' Ski permit required) and to ski at Rendezvous Ski Trails in West Yellowstone (permits available at Free Heel & Wheel in West Yellowstone). Call Mark or Donna to sign up and for the meeting place and time, 524.6119. Contact Mark or Donna to sign up and for the meeting place and time,
xcski@idahoalpineclub.org or 524.6119.

February 22 - Ponds to Harriman: Northeast of Idaho Falls in Island Park. Rolling intermediate terrain. Trail is rated as advanced due to the 12+ miles. A shuttle will be needed so those that would rather ski at Ponds or Harriman could drop off the rest of the skiers and shuttle the vehicles. Depending on the amount of interest we may try this in reverse this year to avoid the afternoon winds across the meadows. Park N' Ski Permits will be required at either end and are available at Ponds or Harriman. End of the day beverages and feeding frenzy tailgate

party. This is a joint trip with the Idaho Falls Ski Club. IFSC members will need to provide their IFSC member number. Contact Mark or Donna to sign up and for **March 7 - 9 - Yellowstone Rendezvous Marathon Race:** Test what a winter of XC-Skiing has done for your fitness level by joining us at the races. Freestyle or Classic 50k, 25k, or 10k XC-ski races can be entered by accessing the website at www.rendezvouskitrails.com Entry fees are \$50 until January 1, 2003, then increase monthly the longer you wait to make up your mind. You get a great long sleeve t-shirt just for entering and there are 3 yummy food stations along the race course. For an additional \$10 you can attend the awards banquet (more yummy food and drawings for great prizes), in the evening after the race. If you don't want to race you can still just go up, cheer the racers on, ski on the course after the races have started, and attend the banquet for \$10. We plan to go stay in West Yellowstone, at the Stagecoach Inn 406.646.7381, on Friday and Saturday night (everyone will have to make their own lodging arrangements). Early reservations will net you a room in the older part of the inn for less than \$40 per night. Contact Mark or Donna for more information at xcski@idahoalpineclub.org or 524.6119.

March 15 -16 - Huckleberry Hot Springs XC-Ski / Snowshoe Winter Campout: East of Idaho Falls near Flagg Ranch. Easy 2 mile ski or snowshoe in over mildly rolling terrain. Depending on the trip participants, we may continue on the additional mile to Polecat Hot Springs to camp and soak there. This is great snowshoeing terrain. This is also the annual celebration of Mark's birthday. Contact Mark or Donna to sign up and for the meeting place and time, xcski@idahoalpineclub.org or 524.6119.

Trail Notes & Safety Items

the meeting place and time, xcski@idahoalpineclub.org or 524.6119.

Don't walk or snowshoe on mechanically set classic ski tracks.

If you stop while skiing step out of the tracks.

Yield to descending skiers or snowshoers.

Keep to your right when meeting an oncoming skier or snowshoer.

Don't litter or leave human waste near the trail or near water sources.

If your dog is with you, **help** keep that privilege: Be a responsible owner and keep your dog on a leash or lead. Use areas that are not mechanically groomed. Pick up the brown klisters that no one wants on the bottom of their skis or snowshoes

If skiing or snowshoeing in a group, be aware of the whereabouts of the slower members of the group.

Always be prepared for an emergency, even if going out on a short trip.

Always, take the 10 Essentials, including plenty of water, food, extra clothes, hat, and mittens.

Always let someone know where you plan to go and when you expect to return.

Trip Reports

Highway Clean-up - November 2:

Twelve IAC members participated in our snowiest highway clean-up yet. Normally we have had wonderful weather for the fall clean-up. Not this year. Snow up to 6 inches deep didn't keep us from filling 5 bags of trash. Afterwards, Bob and Marie

Tyler invited the participants to a hearty chili feed at their home in Victor. Many thanks to all who participated.

Goldbug Hotsprings - November 3:

Saturday's snowy weather cleared up enough for a great hike up to the hotsprings. Shady sections of the trail had a skiff of snow on them. Clear blue sky, crisp air temperatures, and warm water made for a pleasant and relaxing soak for Nicolas, Jeff, Eric, Bruce, Donna, and Mark. Before hiking back to the trailhead we all helped Nicolas lighten his load by eating part of a yummy sweet cake he had made. Dinner at the Ram's Horn in

Club Member Benefits

10 % discount on (non sale) outdoor equipment at the following stores:

Idaho Mountain Trading - Shoup & B
Idaho Falls - 523-6679

K & R Adventure Gear - 522-5279
or 877-369-7407
www.knradventuregear.com

Canyon Whitewater Supply
450 S Yellowstone Idaho Falls
522-3932

Free Heel and Wheel, 40 Yellowstone Ave. West
Yellowstone, Montana,
406-646-7744.

Discounts on Jerry Painter's Hiking and Biking
guide books

Alpine Club Rental Gear: Gear is available to paid-up
members. Call the appropriate coordinator for more
information.

North Face VE-24 tent--George Cole
Climbing helmets-- Kurt Myers
Ice axes-- Kurt Myers
Caving helmets-- Dean K.
Carbide lamps-- Dean K.

Darlington completed an excellent day
with friends.

Snowshoe Trail Work - November 10:

John Bissett and Tom Dolan helped
Donna and Mark Whitham hang
snowshoe trail signs and to yellow flag the
regular snowshoe trails in Kelly Canyon.
It snowed quite heavily for the most part
of the morning, which made for great
snowshoeing conditions. Nearly a foot of
snow covered the newly cleared snowshoe
trail along Buckskin Morgan Ridge.
Thank-you to all who helped and also to
Mt. Trading and Atlas Snowshoes for
providing the IAC with trail signs.
Clinometer & compass for cave mapping
--Dean K.

Rafting equipment --Greg Hulet

Newsletter Advertising

Members: Free space is usually available for
members' ads for used or needed equipment. Free
space (up to half pages depending on space) is also
available to businesses that offer discounts to
members.

Nonmembers: Half page ad - \$25
12 half-page ads, purchased at the same time - \$20
each for a total of \$240

Full-page ad - \$40
12 full-page ads purchased at the same time
\$33.34 each for a total of \$400.

Stone Walls Rock Gym

Hours are 3:30 p.m.-9:00p.m. Mon-Fri
1:00 p.m. -9:00 p.m. Saturdays
1:00 p.m. - 5:00 p.m. Sundays.
The gym offers a \$1 discount to Alpine Club
members. *[Note: these hours may be out of date--
please call to check.]*

IAC Logo T-Shirts!!

Short sleeves or long sleeves, crew neck, heather
grey Dri Release material with embroidered club

logo! Short sleeve \$12 each. Long sleeve \$21 each.

Sizes Small, Medium, Large, and X-Large. The shirts are available at the monthly meetings, but if you just can't wait until the next meeting, contact Mark or Donna at 524.6119 to get yours sooner.

IAC Website

Have you visited the Idaho Alpine Club's homepage at www.idahoalpineclub.org lately?

Have you tried the great interactive features that have recently been added to the site:

* An IAC CLUB BULLETIN BOARD where you can post information, announcements, ask questions, make comments, whatever you'd like. It's like our own club newsgroup!

A 'SHARE-A-LINK' page where you can link to WWW sites submitted by members. You can even submit your own favorite links and they'll automatically be added to the list.

* Looking for specific information on the site? - use the IAC SITE SEARCH feature to locate pages of specific interest

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MEMBERSHIP!!!*

MEMBER'S RELEASE AND WAIVER OF CLAIMS

NOTICE; THIS DOCUMENT IS A LEGALLY BINDING CONTRACT LIMITING YOUR RIGHTS TO RECOVER FOR INJURY AND LOSS!

By signing this document, you waive rights to bring any legal claim to recover compensation or obtain any other remedy for injury to or death of yourself, your spouse, your children or others and for loss of or damage to property however caused, arising out of the tortious acts of the officers or agents of Idaho Alpine Club (hereinafter IAC), now or any time in the future, whether caused by negligence or otherwise.

- 1. Definitions.** Herein IAC means Idaho Alpine Club, its officers, agents, activity coordinators and trip coordinators. "I" means the undersigned member, all my heirs and the members of my family, including any minors whether or not accompanying me and my personal representative, executors and administrators.
- 2. Acknowledgement of Risk.** I hereby acknowledge and agree that the activities of the IAC are frequently inherently dangerous and have a high degree of risk. I acknowledge that by execution hereof, **I am waiving and releasing all claims against the IAC for any injury whatsoever.** I agree to participate as a common adventurer, sharing the expenses for the activity and being personally responsible for my own safety and not looking to any others to protect me from harm.
- 3. Release and Waiver of All Claims and Covenant Not to Sue.** In consideration of participation in the activities of the Idaho Alpine Club by me, by my spouse, children or other dependents, I irrevocably waive and release the IAC and the owners of all equipment used in the IAC's common adventures from, and WAIVE MY SUBSTANTIAL RIGHT TO ASSERT ANY CAUSE OF ACTION, CLAIM OR DEMANDS OF ANY NATURE WHATSOEVER, including but not limited to, any claim of negligence, which I may have or acquire in the future against the IAC on account of personal injury, property damage, death, or accident of any kind, arising out of my involvement in the Idaho Alpine Club activities, however the injury or damage is caused, including, but not limited to, the negligence of the IAC. I contractually release the IAC and agree to hold the IAC harmless from any and all liability for any claims demands damages, actions, causes of action or suits of any kind or nature whatsoever, which result or may result in the future from activities sponsored by the IAC or coordinated by the Idaho Alpine Club members. This release applies to all club activities in the future in which I may participate. This release shall be effective and apply to all my heirs and the members of my family, including any minors whether or not accompanying me and my personal representative, executors and administrators. .
- 4. Statement of Capacity and Understanding.** I will not undertake any activity of the Idaho Alpine Club without becoming fully aware of the nature and extent of the risks inherent therein. By participation, I am voluntarily assuming the risks. I will not engage in the activities unless I am in good health and I have no physical limitations which would preclude my safe participation. I understand I am responsible for my own instruction in safety and providing for my own safety. I am of lawful age (18 years or older) and otherwise legally competent to sign this agreement. I understand that the terms of this agreement are legally binding, and I am signing this agreement, after having carefully read it, having full time to carefully consider it, of my own free will.

(RELEASE BACK-02/96

Member's Signature x _____

Print Name _____

Address _____

City, State, Zip _____

Home Telephone:

Work Telephone:

E-mail Address: _____

Would you like your newsletter sent via e-mail to you if that capability is available in the future? Yes___ or No___

IN EMERGENCY NOTIFY:

I authorize his or her signing it, and covenant not to sue.	
<u>x</u>	Parent/Guardian Signature
Print Parent/Guardian Name	
<u>x</u>	Date
	Telephone

Enjoy the outdoors with the IAC – Join today

For more information or free newsletter write to the address below.

**Idaho Alpine Club
P.O. Box 2885
Idaho Falls, Idaho 83403-2885
WWW.IdahoAlpineClub.Org**

_____ **Single membership--\$20 per year** _____ **Household family--\$25 per year**
(\$15 after July 1) (\$20 from July 1 to September 30)

[Students (full time and 18 or older) and seniors (65 or older): \$5 off above rates. After October 1, full fees apply to the following year.]

NOTE: *Please read and fill out the release form on the reverse of this application - membership is not valid unless the release form is completed.*

Names(s): _____

Interests (Check those that apply!):

A	<input type="checkbox"/>	Backpacking
B	<input type="checkbox"/>	Bicycling
C	<input type="checkbox"/>	Caving
D	<input type="checkbox"/>	Climbing, Ice
E	<input type="checkbox"/>	Climbing, Rock
F	<input type="checkbox"/>	Conservation

G	<input type="checkbox"/>	Cross-Country Skiing
H	<input type="checkbox"/>	Hot Potting
I	<input type="checkbox"/>	Kayaking
J	<input type="checkbox"/>	Mountaineering
K	<input type="checkbox"/>	Rafting
L	<input type="checkbox"/>	Trail Maintenance

M	<input type="checkbox"/>	Winter Camping
N	<input type="checkbox"/>	Canoeing
O	<input type="checkbox"/>	Day Hiking
P	<input type="checkbox"/>	Scuba Diving
	<input type="checkbox"/>	
	<input type="checkbox"/>	

**Idaho Alpine Club
P.O. Box 2885
Idaho Falls, Idaho 83403-2885**

TIME TO RENEW