

# Idaho Alpine Club Bulletin

Volume 50 - Issue Number 12 - December 2010

♫ FIFTY YEARS 1960 - 2010 ☺

CLIMBING•MOUNTAINEERING•BACKPACKING•DAYHIKING•BICYCLING•XCSKIING•SNOWSHOEING•RAFTING

web site: [www.idahoalpineclub.org](http://www.idahoalpineclub.org) e-mail: [info@idahoalpineclub.org](mailto:info@idahoalpineclub.org) Become a Fan on FB

## 2010 Council

President	Sam Pole	523-4970
Vice-president	Al Jantz	525-8510
Secretary	Susan McKinley	529-4583
Treasurer	Donna Whitham	520-1728

## Members-at-Large

Colleen Bohan	529-0151
Jeff Coward	522-8135
Matt Sweetser	569-9857
Mark Whitham	520-7232

## Council Meetings:

Council Meetings are held on the second Thursday of each month at 7:00 PM

Upcoming Council Meetings:

December: Pole's Home	1710 Del Mar Dr.
January: Whitham's Home	706 Laurelwood Ave.

## Activity Coordinators:

Backpacking	Sam Pole	523-4970
Bicycling	Jeff Coward	522-8135
Climbing/Mountaineering	Kevin Coble	201-1840
Conservation	Open	
Cross-Country Skiing / Snowshoeing	Whithams	520-1728
Day Hiking	Sam Pole	523-4970
Rafting	Greg Hulet	523-6199
Trail Maintenance	Alan Crockett	529-5188
Bulletin Editor	Donna Whitham	520-1728
Bulletin Assistant	Mark Whitham	520-7232
Publicity	Open	
Historian/Librarian	Barbara Brown	522-8977
WebMaster	George Cole	716-0024
Program	Bob Tyler	787-2601

## General Club Meeting

Held at **7:00 P.M.** on the first WEDNESDAY of each month, normally in the large meeting room of the Idaho Falls Public Library.

NO GENERAL MEETING IN JULY.

JANUARY Bulletin Deadline is:

**5 PM on DECEMBER 5**

Trip descriptions, reports, and material for inclusion in the next bulletin are due by the 5<sup>TH</sup> of the month due to bulk mailer deadlines.

Please send electronically to the bulletin editor at [editor@idahoalpineclub.org](mailto:editor@idahoalpineclub.org)

Note: Hand written or hard copy material will be included in the bulletin, time permitting.

## IDAHO ALPINE CLUB

### GENERAL MEETING

### "TREKKING TO MOUNT EVEREST BASE CAMP"

**WEDNESDAY, DECEMBER 1, 2010 @ 7:00 P.M.**

### IDAHO FALLS LIBRARY

At this month's meeting, Kelly Circle will show slides of his trek to Mount Everest Base Camp in spring of 2009 at the beginning of the climbing season. Kelly's Nepali-guided group of 15 people flew from Kathmandu to Lukla (named by the History Channel as the most dangerous airport in the world) where they began their 23 day trek to Mt. Everest and back. Kelly's group included Driggs-based physician Eric Johnson who remained at base camp for the duration of the climbing season to treat injured and ill climbers. Dr. Johnson is an expert in wilderness medicine and his experiences at base camp were featured in Discovery Channel's "Everest ER" series.

Not all members of Kelly's group made it to base camp and Kelly will discuss the various challenges the group members encountered, including a personal illness prior to the trip that Kelly himself had to overcome. Kelly is an advanced EMT and is the current commander of the Teton County Idaho Search and Rescue group of which he has been a volunteer for 13 years. Come and enjoy this exciting slide show featuring plenty of Himalayan scenery.

The meeting is open to the public and all outdoor enthusiasts are invited to attend.

For more information contact [programs@idahoalpineclub.org](mailto:programs@idahoalpineclub.org), log onto the club website at [www.idahoalpineclub.org](http://www.idahoalpineclub.org).

## President Speaks

The 2010 club season is closing and 2011 is fast approaching. Often this is the time to reflect on the past and the future, sort of critic what one ( In this case, the Idaho Alpine Club) has done and hopes to do in the future. With that in mind I encourage club members to send me emails at [sbpole@cableone.net](mailto:sbpole@cableone.net) with your thoughts about what we might have missed in 2010 and what you might like/wish to do in the future.

IAC has lasted 50 years with a membership averaging around 100 members yearly. This seems to be a number that allows for continued and active participation in club activities and management. Therefore, to maintain a healthy club it seems this number is a necessity, so do your part in encouraging membership in IAC. To this end, more family members with children would be greatly appreciated.

Club elections were held at the October meeting/party. Those elected/re-elected were Sam Pole, Susan McKinley, Colleen Bohan and Karl Bohan. Al Jantz, Mark Whitham and Donna Whitham continue on the council, with Jessica Sweetser subbing for Matt Sweetser. Council members will vote on officers for 2011.

## Participation on Club Activities Common Adventures / Trips:

With the exception of rafting trips or trips limited to club members: Non-members may attend a maximum of two club trips or activities, then must be members in good standing to continue participating.

Participants on rafting or limited to club member trips or rafting rentals must be members in good standing. Participants on a club trip must pay any established trip fee, abide by club rules and activity guidelines, and must follow instructions of the activity coordinator.

An individual may not participate in any common adventure/trip of the club unless that individual has read and signed the common adventure form for that specific activity prior to embarking on that adventure / trip / activity.

### Climbing

For information on club climbing trips contact Kevin Coble at 201-1840. Otherwise to find out about climbing locations or impromptu weekend trips you will need to subscribe to the IAC climbing mailing list by visiting:

[http://www.macrobotics.com/mailman/listinfo/iac\\_climbing](http://www.macrobotics.com/mailman/listinfo/iac_climbing)

or,  
via email, send a message with subject or body 'help' to: [iac\\_climbing-request@macrobotics.com](mailto:iac_climbing-request@macrobotics.com)

The weekly climbing location for the winter is generally Stone Walls Climbing Gym on Monday or Wednesday night depending on what is going on at the gym. Subscribe to the IAC climbing mailing list for the day and time each week.

#### Stone Walls Rock Gym

Call 528.8610 for information.

Winter hours are:

4-9 PM Monday - Friday

12-9 PM Saturday

Idaho Alpine Club members may show their membership card to receive \$1 off of the daily admission price.

### XCSkiing / Snowshoeing

Contact the Whithams 520.1728 or, [xcski@idahopalpineclub.org](mailto:xcski@idahopalpineclub.org) for trip information, meeting location, and to sign up to go on a scheduled trip, unless otherwise indicated in the trip descriptions. If the roads are closed, or the weather too severe, the location of a trip may change or the trip may be canceled at the last minute.

Check with us on weekends that are not scheduled in advance. Even on domestic weekends we usually will go over to one of the parks to skate or classic ski or snowshoe with the dogs.

RENEW YOUR MEMBERSHIP NOW IF YOU HAVEN'T  
ALREADY

### Happening Hounds Pet Services

IAC Member: Liz Downing (208) 757-0108

[happeninghounds@gmail.com](mailto:happeninghounds@gmail.com)

Areas covered: Greater Idaho Falls Area

Services: Home visits (minimum half hour), overnights, pet transport, exercise & social interaction for pets, general grooming (no clipping, etc). As a member of a professional pet sitters network, Liz offers reasonably priced, reputable, and insured pet services. For those of us with backyard bird feeders, Liz is a bird watcher too, she will keep them full for you if needed.

### All Trips Carry or Bring Your Own:

1. Water
  2. Food/snacks
  3. Dress in layers. Hat and gloves or mittens. Do NOT show up in cotton clothing to XC-ski or Snowshoe. Wear wool or synthetics with the final layer being a wind and or a waterproof barrier. Bring adequate extra Winter appropriate protective clothing-no cotton.
  4. Minor first aid items including sun screen, personal medications, as needed during the day.
  5. Headlamp (& Batteries)
  6. Map & Compass
  7. Sunglasses
  8. Lightweight shelter / space blanket.
  9. Appropriate equipment-skis or snowshoes, boots, poles, skins, shovel and avalanche transceiver depending on activity or terrain.
  - 10 Repair kit for your own equipment including duct tape and wax kit or glide liquid.
  - 11 Mat to sit on
- Other personal items of interest.

**December 4 Snowshoe/XCSki/ Annual Christmas Tree Hunt:** We plan to search for the perfect tree in the Big Holes. Tree hunting tag required. Tags may be obtained at the Eastern Idaho Visitors Center or the Forest Service or if they have any left, at the Swan Valley Commissary. Last year the tags were \$10 for up to a 12 foot tree.

**December 11 Snowshoe / Kelly Canyon:** Explore the snowshoe trails in Kelly Canyon. If there isn't enough snow, we'll hike. Distance: 6 - 8 miles Plan to soak at Heise afterwards and be back to town in time for the Idaho Falls Symphony, or season parties.

### E. Idaho XC-Ski Guides & Maps

Black and white Kelly Canyon Nordic area map brochure will be available locally and at the trailhead. A full color version of the current map can be downloaded from the IF Ski Club's web site, [www.ifskiclub.com](http://ifskiclub.com).

These and additional area maps are available on the Idaho Falls Ski Club Website:

<http://ifskiclub.com>

[www.Delorme.com](http://www.Delorme.com) kindly allows the ski club to use these maps.

The IFSC Nordic Ski Schedule is also available at the same web site.

## **AVALANCHE INTERNET SITES**

**Cyberspace Snow & Avalanche Center** This one stop site provides links to just about everywhere, plus tons of information about avalanche safety in the back-country: <http://www.csac.org/>

**North America:** <http://www.avalanche.org/>

**Jackson Area:** <http://jhalavalanche.org/>

**Bozeman Area:**

<http://www.mtavalanche.com/current/index.shtml>

**Island Park Area:** <http://islandparksnow.net/>

### **Avalanche Safety Instruction:**

<http://www.avalanchecourse.com/>

### **XC Ski Trail Conditions**

Lone Mountain Resort

[http://www.lmranch.com/lmr\\_content/winter/ski\\_cond.shtml](http://www.lmranch.com/lmr_content/winter/ski_cond.shtml)

Bohart Ski Ranch

<http://www.bohartranchxcski.com/weather.php>

Chief Joseph Ski Trail Conditions

<http://bitterrootxcskiclub.net/trail%20reports.htm>

West Yellowstone

<http://www.rendezvouskitrails.com/report.html>

Rick's Basin (Grand Targhee)

<http://www.grandtarghee.com/winter/snowrpt.php>

Teton Valley (Driggs, Victor, Alta)

<http://www.tvtap.org/>

Harriman State Park

Phone: 208-558-7368

A web cam at Rainbow Reality gives you an idea of the snow on the ground conditions:

<http://www.rainbw.com/>

Island Park Ranger District for Brimstone/Buffalo

Phone: 208-558-7301

Ashton Ranger District for Bear Gulch/Mesa Falls and Fall River Ridge

Phone: 208-652-7442

Mink Creek Nordic Grooming Report

<http://www.pokyxc.org/7128.html>

### **Caribou-Targhee Maps on Line**

Most of the Palisades and Teton Ranger District color topographic maps on the Caribou-Targhee National Forest web site have been revised to reflect trail number, trail route and trail use changes. Many of the Palisades district trails have been recently GPSed and so the maps are now considerably more accurate. There are 11 maps at a scale of 1:112,500 covering both ranger districts and 13 more detailed maps (hiking scale, 1:50,000) covering popular trails. All maps are Acrobat format and can be printed at home.

## **Trip Reports**

**November 6, 2010 Big Elk Creek Day Hike:** We started up the trail on a frosty morning with the temperature in the mid-thirties but ended the day in shirt sleeve weather. The warm afternoon, however, was not quite warm enough to dry out the muddy trail. We made it through Elk Creek Narrows and on to the Wyoming state line before turning around. Total distance for the day was 9.4 miles. Participants were: Sam Pole, Behrooz Jalalahmadi, Chris Satterwhite, Judy Williams, Susan McKinley and Bob and Marie Tyler.

**October 22-24, 2010 City of Rocks Camp-out:** A great howl at the moon, was had by Susan & Kirk McKinley, Sam Pole, Barbara Brown, Lisa & Jonathan Hamilton, Chris Satterwhite, Mark & Donna Whitham, Jim McBride, and Garney Hardy, while camping at the Breadloaves group campsite. On Friday we didn't have to get our rope out, a fellow Idaho Master Naturalist, had ropes on most of Upper Breadloaves, for the BYU ID climbing program. We also bouldered a bit on the rocks above the campsite. Most of us had a fabulous dinner at the Outpost on Friday evening then chatted around the campfire while waiting for the moon rise and for late arrivals. The two who wanted to climb Saturday, had their own rope and did a couple routes while the rest of us hiked the 5 mile Inner City Loop or went sight seeing. The weather began to deteriorate on Saturday afternoon. Chris and Garney enjoyed a nice soak at Durfee Hot Springs before following the rest of us home. Photos from the trip are posted on Facebook. Please add yours if you went.

**October 16, 2010, Highway Cleanup:** A warm fall day, with the color in the canyon peaked, made it enjoyable cleaning up our short 2 mile section of Highway 31, near the old Pine Basin Ski area. Afterwards we enjoyed a fabulous hamburger fry hosted by Bob and Marie Tyler at their home in Victor. Many thanks to all who helped and especially to the Tylers. Participants were: Alan Maskal, Jessica Sweetser, Phyllis King, Michael Main, Colleen, Karl, & Craig Bohan, Mark & Donna Whitham, Jeff Coward, Bob & Marie Tyler, and Sam Pole.

### **50th Anniversary IAC Logo T-Shirts Retro IAC Patches!**

Short sleeves or long sleeves, crew neck, heather grey, some black and some white. Dri Release material with embroidered 50<sup>th</sup> Anniversary IAC Logo! Short sleeve \$20 each. Long sleeve \$25 each. Sizes Small, Medium, Large, and X-Large.

A women's style short sleeve shirt is available for \$20 on a prepaid special order basis. It is fitted with shorter sleeves in a wicking material.

A limited number of embroidered Color IAC Logo Patches are available for \$10 each.

The shirts and patches are available at the monthly meetings or contact the club Treasurer to get yours sooner.

### **Become a Fan**

Find us on Facebook. Last minute trips can be posted on the wall. Additionally, photos from club trips you have gone on can be posted on the wall singly or as an album.

Dates to Remember:

Dec. 1: IAC General Meeting: TREKKING TO MOUNT EVEREST BASE CAMP

Dec. 4: Snowshoe / XCSki /Annual Christmas Tree Hunt

Dec 11: Snowshoe / Kelly Canyon

Climbing: Subscribe to find out updates to the weekly climbing plans. See page 2 for information on how to subscribe.

**RENEW YOUR MEMBERSHIP NOW IF YOU HAVEN'T ALREADY**

Winter - Snow - Fun  
Come play in the snow with us!!!!

**Enjoy the outdoors with the IAC**

Join today

For more information write to the address below or visit our web site to download a free newsletter and application:

**Idaho Alpine Club**  
**P.O. Box 2883**  
**Idaho Falls, Idaho 83403-2883**  
[www.IdahoAlpineClub.org](http://www.IdahoAlpineClub.org)

Membership Fees

	Full Year	7/1 - 10/1
Individuals:	\$20	\$15
Family:	\$25	\$20

After October 1, the payment of full year fee applies to the following year.

Full-time students (18 or older) and seniors (65 or older): \$5 off the above fee schedule.

IAC Council Meeting Monthly minutes are available on line.

**Support the Merchants who Support the IAC**

Show your membership card for 10% discounts on regularly priced merchandise:

- ★ Happening Hounds Pet Services  
Liz Downing (208) 757-0108  
[happeninghounds@yahoo.com](mailto:happeninghounds@yahoo.com)
- ★ Idaho Mountain Trading 523-6679  
Shoup & B (Non-Sale Items Only)
- ★ Alpine Schwinn 523-1226  
1352 S. Holmes Ave. (Excludes bicycles)
- ★ Bill's Bike Shop 522-3341  
805 S. Holmes Ave. (Excludes bicycles)
- ★ Canyon Whitewater Supply  
522-3932 (Accessories Only)  
450 S Yellowstone, Idaho Falls
- ★ 3 Peaks 523-PEAK  
910 E. Lincoln Rd. (Non-Sale Items Only)
- ★ Lynna and Leland Howard offer a 10% discount on all of their published books. 357-1917 or 357-3166; [lynna.howard@mac.com](mailto:lynna.howard@mac.com) [leland@wildernessbooks.com](mailto:leland@wildernessbooks.com)
- ★ Discounts on Jerry Painter's Hiking & Biking guide books

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