

# Idaho Alpine Club Bulletin

Volume 53 - Issue Number 12 - December 2013

CLIMBING•MOUNTAINEERING•BACKPACKING•DAYHIKING•BICYCLING•XCSKIING•SNOWSHOEING•RAFTING

web site: [www.idahoalpineclub.org](http://www.idahoalpineclub.org)

e-mail: [info@idahoalpineclub.org](mailto:info@idahoalpineclub.org)

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## 2013 Council

President	Sam Pole	520-3630
Vice-president	Sue Braastad	881-4354
Secretary	Susan McKinley	529-4583
Treasurer	Donna Whitham	520-1728

## Members-at-Large

Colleen Bohan	529-0151
Karl Bohan	529-0151
Ken Durstine	524-3505
Sheila Kappel	528.8788
Joyce Storey	521-2572
Mark Whitham	520-7232

## Council Meetings:

Council Meetings are generally held on the second Thursday of each month at 7:00 PM. IAC Council Meeting Monthly minutes are available on line.

Upcoming Council Meetings:

Dec 12: Bohan's Home	748 Adell
Jan 14: Whitham's Home	706 Laurelwood

## Activity Coordinators:

Backpacking	Sam Pole	520-3630
Bicycling	Ken Durstine	524-3505
Climbing/Mountaineering	Kevin Coble	201-1840
Conservation	Open	
Cross-Country Skiing / Snowshoeing	Whithams	520-1728
Day Hiking	Sam Pole	520-3630
Rafting	Greg Hulet	523-6199
Trail Maintenance	Alan Crockett	529-5188
Bulletin Editor	Donna Whitham	520-1728
Publicity	Open	
Historian/Librarian	Barbara Brown	522-8977
WebMaster	George Cole	716-0024
Program	Bob Tyler	787-2601

## General Club Meeting

Held at **7:00 P.M.** on the first WEDNESDAY of each month, in the meeting location indicated in the program description.

NO GENERAL MEETING IN JULY.

**JANUARY Bulletin Deadline is:**

**5 PM on DECEMBER 5**

Trip descriptions, reports, and material for inclusion in the next bulletin are due by the **5<sup>TH</sup>** of the month due to bulk mailer deadlines.

Please send electronically to the bulletin editor at [editor@idahoalpineclub.org](mailto:editor@idahoalpineclub.org)

NOTE: Hand written or hard copy material will be included in the bulletin, time permitting.

## IDAHO ALPINE CLUB GENERAL MEETING

JO DEURBROUCK

### REFLECTIONS OF THE ROLE OF ADVENTURE IN A LIFE WELL LIVED

WEDNESDAY, DECEMBER 4, 2013@ 7:00 PM

DEVELOPMENT WORKSHOP

555 WEST 25TH ST

From 17<sup>th</sup> Street & Rollendet, go south to 25<sup>th</sup> Street. Turn right (west). IDW is on the left side of street. Park in the parking lot to the east of the building. Enter via front door, then follow hallway around to the right to the meeting room.

Join outdoor author and former river guide Jo Deurbrouck for a slideshow of river and wilderness images and a definition of adventure that may change your life. Deurbrouck weaves the tale of her own river transformation together with a true drama whose characters will break your heart with their dreams, courage, vulnerability and absolute determination to live life on their own terms no matter the cost. Her book, *Anything Worth Doing*, is about the lives and adventures of two maverick Salmon River boatmen and won the 2012 National Outdoor Book Award. Jo's work has also appeared in *Paddler Magazine*, the *Christian Science Monitor* and the *Washington Post*. As a guide on the Lochsa River in northern Idaho, Jo embraced a life of adventure and her presentation will reinvigorate and recommit you to the necessity of adventure in your own life.

The meeting is open to the public and all outdoor enthusiasts are invited to attend. For more information contact [programs@idahoalpineclub.org](mailto:programs@idahoalpineclub.org), log onto the club website at [www.idahoalpineclub.org](http://www.idahoalpineclub.org)

### President Speaks

Good pizza was had by everyone who attended the IAC general meeting at Lucy's Pizza Nov. 13. The number of current and new members-to-be was in excess of 50. A slate of council candidates was presented consisting of Sam Pole, Susan, Mckinley, Mark Whitham, Donna Whitham, and Richard Scheerer. A request for candidates from the floor was made, but no additional volunteer candidates were forthcoming. Voting was by a show hands with all candidates approved. Thus, the council members for 2014 are: Sam Pole, Mark and Donna Whitham, Susan McKinley, Karl and Colleen Bohan, Sue Braastad, Richard Scheerer, Sheila Kappel, and Ken Durstine.



## Participation on Club Activities Common Adventures / Trips:

With the exception of rafting trips, trips which require the use of any club equipment, or trips limited to club members: non-members may attend a maximum of ONE club trip or activity, then must be members in good standing to continue participating.

Participants must be members in good standing to go on rafting trips, trips which require the use of any club equipment, or trips limited to club members only, or needing rafting rentals. Participants on a club trip must pay any established trip fee, abide by club rules and activity guidelines, and must follow instructions of the activity coordinator.

An individual may not participate in any common adventure/trip of the club unless that individual has read and signed the common adventure form for that specific activity prior to embarking on that adventure / trip / activity.

## XCSkiing / Snowshoeing

Contact the Whithams 520.1728 or, [xcski@idahoalpineclub.org](mailto:xcski@idahoalpineclub.org) 24 hours prior to a trip, for trip information, meeting location, and to sign up to go on a scheduled trip, unless otherwise indicated in the trip descriptions. Inclement weather, exposure, traveling on snow can change an "easy" trip to a "difficult" trip in a matter of minutes. These trips are not guided. These are self-supported, group adventure outings. Each trip has a leader who serves as a resource to the group and provides some basic trip structure. Participants are expected to evaluate their own physical and mental abilities prior to participating, assist with transportation, cooperate with others, participate in decision-making, identify and reduce risk to themselves and the group, and be self-reliant in preparations. The IAC has no Snowshoeing or XC-Ski gear to loan. For all outings, participants are expected to bring the appropriate gear (and be knowledgeable and experienced in its use). Trip lengths are indicated for an approximate round trip distance. Contact leaders with questions if you are new to Snowshoeing, XC-Skiing, or new to the area. Watch the FaceBook page and also the Climbing List for early season and back country trips, depending on conditions. If the roads are closed, or the weather too severe, the location of a trip may change or the trip may be canceled at the last minute.

## Carry or Bring Your Own:

1. Water
  2. Food/snacks
  3. Dress in layers. Bring adequate extra Winter appropriate protective clothing no cotton. Hat and gloves or mittens.
  4. Minor first aid items including sun screen, personal medications, as needed during the day.
  5. Headlamp (& Batteries)
  6. Map & Compass
  7. Sunglasses
  8. Lightweight shelter / space blanket.
  9. Appropriate equipment-skis or snowshoes, boots, poles, skins, shovel and avalanche transceiver depending on activity or terrain.
  - 10 Repair kit for your own equipment including duct tape and wax kit or glide liquid.
  - 11 Mat to sit on
- Other personal items of interest.

**December 7 Snowshoe or XCSki/ Annual Christmas Tree Hunt:** We plan to search for the perfect tree in the Big Holes. Tree hunting tag required. Tags may be obtained at the Eastern Idaho Visitors Center or the Forest Service or if they have any left, at the Swan Valley Commissary. Last year the tags were \$10 for up to a 12 foot tree. This is a fun trip to get in the Christmas spirit, even if you don't plan to get a tree.

**January 1 Hike or Snowshoe / Cress Creek Trail:** Join us in welcoming in the new year with a snowshoe trip to celebrate the new year and an optional soak at Heise Hot Springs afterwards. The trail is near the Kelly Canyon Ski Resort about 30 - 45 minutes NE of town. Approximately 3 miles.

## Banff Mountain Film Festival World Tour 7pm, Friday, Feb. 7, 2014

Join the Idaho Falls Nordic Ski Patrol when the Banff Mountain Film Festival World Tour brings the spirit of outdoor adventure to Idaho Falls, at the Colonial Theater at 7pm on Friday February 7, 2014.

The Idaho Falls show will feature over 2 ½ hours of films with extreme skiing, climbing, water sports, exotic cultures and high adventures. The program content is family oriented. There is a drawing for door prizes. The gallery will host displays from local organizations.

All tickets are reserved seating (\$15). For information contact Colonial Theater Ticketing Office (522-0471, 498 A Street) or go to the Idaho Falls Arts website (<http://www.idahofallsarts.org/>). The tickets go on sale Monday December 2, 2014. The previous 5 shows were sold out weeks in advance.

Please note that tickets will not be sold at stores or by ski patrollers.

Support the Nordic Ski Patrol. Proceeds from the benefit are used for first aid equipment, training, supplies, and maintenance of the patrol hut at Harriman State Park.

## AVALANCHE INTERNET SITES

Cyberspace Snow & Avalanche Center This one stop site provides links to just about everywhere, plus tons of information about avalanche safety in the back-country: <http://www.csac.org>

North America: <http://www.avalanche.org>

Jackson Area: <http://jhalavalanche.org>

Bozeman Area: <http://www.mtavalanche.com>

Avalanche Safety Instruction:

<http://americanavalancheinstitute.com/aai/Home.html>

## XC Ski Trail Conditions

### Lone Mountain Resort

[http://www.lmranch.com/lmr\\_content/winter/ski\\_cond.shtml](http://www.lmranch.com/lmr_content/winter/ski_cond.shtml)

### Bohart Ski Ranch

<http://www.bohartranchxcski.com/trail-conditions/>

### Chief Joseph Ski Trail Conditions

<http://bitterrootxcskiclub.net/trail%20reports.htm>

### West Yellowstone

<http://www.rendezvouskitrails.com/grooming-report/>

### Rick's Basin (Grand Targhee)

<http://www.grandtarghee.com/the-mountain/grooming-map.php>

### Teton Valley (Driggs, Victor, Alta)

<http://tvtap.org/nordic-grooming>

**Harriman State Park** (sign up for their Facebook page for current conditions) or call: Phone: 208-558-7368

## Climbing

For information on club climbing trips contact Kevin Coble at 201-1840. To find out about Fall weekly climbing locations or impromptu weekend trips, subscribe to the IAC climbing mailing list by visiting:

[http://www.macrobotics.com/mailman/listinfo.cgi/iac\\_climbing](http://www.macrobotics.com/mailman/listinfo.cgi/iac_climbing) or, via email, send a message with subject or body 'help' to: [iac\\_climbing-request@macrobotics.com](mailto:iac_climbing-request@macrobotics.com).

### YMCA Rock Climbing Gym

Call 528.8610 for information.

SUMMER HOURS (June 1-September 30):  
TUESDAY 4PM - 9PM SATURDAY NOON - 9PM

WINTER HOURS (Effective October 1):

MONDAY - FRIDAY 4PM - 9PM

SATURDAY NOON - 9PM SUNDAY CLOSED

Idaho Alpine Club members may show their membership card to receive 10% off daily rates or 10 punch card.

## TRIP REPORTS



### Last hike of the season, Red Butte

Left-right: Sam Pole, Joyce and Chris Storey, Joyce Pole, Vicki Krogstrand, Bill Beach, Abbie Zaladonis, John Braastad and Sue Braastad. Sue McKinley took the picture.

**Hiking 2013:** Hikes were scheduled for May through October 2013 for a total of 12. Two hikes were prevented due to weather or interest. Ten hikes were completed ranging in length of 3-4 miles to 16 miles. There were 52 participants with approximately 50% repeat individuals.

**Bicycling 2013:** The IAC coordinated 4 mountain bike rides this season with a total of 18 riders. An introductory ride on the "waterfall" route north of Kelly Canyon, a ride of the proposed bike park area near Noise Park, followed by a ride on the west side of Pine Creek Pass on the Spooky trail-Red Creek loop and finally, a cross country meander through the woods above the Warm Springs campground along the seldom traveled FS trail 125. Check the archived monthly newsletters for ride reports and pictures. Next year, I'm planning on a Teton Park ride before the road opens, a ride in May along the Ashton Tetonia bike path, and more mountain bike rides when the high country opens up a bit in early June. If there are bike rides you would like the club to coordinate, send your ideas to me [kdurstine@gmail.com](mailto:kdurstine@gmail.com).

## XCSkiing & Snowshoeing

**2013:** Nine trips were scheduled between December 2012 and March 2013, with 3-12 participants on each trip. Check the archived bulletins and Facebook for trip reports and photos.



**Climbing 2013:** The climbing group started 2013 off with snow school taught by Kevin Coble. A group of approx 20 learned knots, snow bollards, self arrest with ice axes, roped glacier travel and crevasse rescue.

We also made two weekend trips to Castle Rocks/City of Rocks. Smaller groups splintered off to climb whatever routes they fancied.

The outdoor local weeknight climbing started in May and continued until late September. Our group climbs at Paramount, Pointless, Blackfoot Canyon and Ross Park. This past season saw a increase in new people.

We are heading to southern Utah late November to do canyoneering, bike riding, and then on to Red Rocks, Nevada for some sandstone climbing.

Throughout the colder months we climb on Wednesday nights at YMCA's Stonewall Gym.

Smaller groups did impromptu climbing and biking trips on weekends organized via the climbing list serve.

The climbing group will probably do some ice climbing and ski trips this winter. Sign up for the listserv to get information about possible upcoming outings.

**2013 Fiscal Report:** The club finished the year on September 30th in the black mainly because the new monthly meeting location at the Development Workshop was a nice bonus created by the lengthy remodel at the Library. Rafting fund was at \$3948 and General fund was at \$1131. Expenses included repairs to one of the rafts, room rental, speaker per diem, post office box rental, postage and printing of the bulletin, and two great parties.

**Rafting 2013:** The annual Memorial Day trip did not get snowed out this year. Rental of the equipment by club members also increased. One planned trip was cancelled late season due to low interest and water. An impromptu Big Springs float and Henry's Fork paddle with members providing their own boats, was well attended.

## IAC Logo T-Shirts & Patches!

Dri Release material with embroidered IAC Logo! Small, Medium, Large, and X-Large Short sleeve \$20 each. Long sleeve \$25 each. A women's style short sleeve shirt is available for \$20 on a prepaid special order basis. It is fitted with shorter sleeves in a wicking material. A limited number of embroidered Color IAC Logo Patches are available for \$10 each.

## MEMBERSHIP RENEWALS

It is time to start renewing memberships. Memberships are for one year only. They are not life memberships. If you intend to participate or continue participating in club activities, please join or rejoin for 2014. Membership is required to participate in activities using club gear, i.e.; climbing and rafting (or water) activities or after participating in one of any other activities.



Dates to Remember:

Dec 4: IAC GENERAL MEETING "JO DEURBROUCK REFLECTIONS OF THE ROLE OF ADVENTURE IN A LIFE WELL LIVED"

Nov 26-30: Yellowstone Ski Fest  
Thanksgiving Weekend

Dec 7: Snowshoe / Christmas Tree  
Hunt Tie Canyon

Jan 1: Hike Snowshoe / Cress Creek  
Trail

Feb 7: Banff Mountain Film Festival

Climbing: Subscribe to find out updates to the weekly winter climbing plans. See page 3 for information on how to subscribe.

**Become a Fan**

Find us on Facebook. Last minute trips can be posted on the wall. Additionally, photos from club trips you have gone on can be easily posted on the wall singly or as an album if you took a lot of photos.

**Enjoy the outdoors with the IAC  
Join today**

*For more information write to the address below or visit our web site to download a free newsletter and application:*

**Idaho Alpine Club  
P.O. Box 2883  
Idaho Falls, Idaho 83403-2883  
[www.IdahoAlpineClub.org](http://www.IdahoAlpineClub.org)**

**Membership Fees**

	Full Year	
	10/1	7/1-12/31
Individuals:	\$25	\$20
Family:	\$30	\$25

After October 1, the payment of full year fee applies to the following year.

Full-time students (18 or older) and seniors (65 or older): \$5 off the above fee schedule.

IAC Council Meeting Monthly minutes are available on line.

**Support the Merchants who Support the IAC**

Show your membership card for 10% discounts on regularly priced merchandise:

- Idaho Mountain Trading 523-6679 Shoup & B (Non-Sale Items Only)
- Bill's Bike Shop 522-3341 Snake River Crossing (Excludes bicycles)
- Canyon Whitewater Supply 522-3932 (Accessories Only) 450 S Yellowstone, Idaho Falls
- The Preparedness Store & Bosch Kitchen Center 120 Northgate Mile Idaho Falls, ID 524-8300 10% off backpacking, dehydrated & freeze-dried foods 10% off any outdoor accessories
- YMCA Climbing Gym 528-8610 755 South Capital Avenue
- Lynna and Leland Howard offer a 10% discount on all of their published books. 357-1917 or 357-3166; [lynna.howard@mac.com](mailto:lynna.howard@mac.com) [leland@wildernessbooks.com](mailto:leland@wildernessbooks.com)
- Discounts on Jerry Painter's Hiking & Biking guide books