

# Idaho Alpine Club Bulletin

Volume 43 - Issue Number 2 - February 2003

P.O. Box 2885, Idaho Falls, Idaho 83403-2885

web site: [www.idahoalpineclub.org](http://www.idahoalpineclub.org)

e-mail: [info@idahoalpineclub.org](mailto:info@idahoalpineclub.org)

## 2002 Executive Council

President  
Tim Adkison 542-0786  
Vice-president  
Michelle Fox Benson 525-3238  
Secretary  
Jeff Coward 522-8135  
Treasurer  
Bob Kroupa 524-6273  
Members-at-Large  
Betsy Adkison 542-0786  
John Bissett  
Barbara Brown 522-8977  
George Cole 522-4074

Bulletin Editor  
Rene Miller 542-5126  
Bulletin Assistant  
Donna Whitham 524-6119

Publicity & Community Liaison  
Donna Whitham 524-6119

Historian/Librarian  
Barbara Brown 522-8977

Please mail completed common  
adventure forms to the secretary.

## Coordinators

Program  
Donna Whitham 524-6119  
Backpacking  
George Cole 522-4084  
Mark Whitham 524-6119  
Caving  
Dean Killian 357-7354  
Climbing/mountaineering  
Eric Peterson 529-9538  
Kurt Myers 522-5279  
Conservation  
Tim Adkison 542-0786  
X-Country Skiing  
Mark/Donna Whitham 524-6119  
Bicycling  
Michelle Fox 525-3238  
Jeff Coward 522-8135  
Kayaking  
Rob Mullin 524-3594  
Canoeing  
John Page 356-6486  
Sue Page 356-5118  
Rafting  
Greg Hulet 523-6199  
Trail Maintenance  
Open  
Day Hiking  
Mark/Donna Whitham 524-6119

## General Club Meeting

Held at 8:00 p.m. on the first Wednesday of each month, normally in the large meeting room of the Idaho Falls Public Library. NO GENERAL MEETING IN JULY.

## Membership Fees

	Full Year	July 1 - October 1
Individuals:	\$20	\$15
Family:	\$25	\$20

After October 1, the payment of full year fee applies to the following year. Full-time students (18 or older) and seniors (65 or older): \$5 off the above fee schedule.

## Council Meetings and Bulletin Deadline

Any interested member is invited to attend.

Materials for the bulletin are due by the weekend before the council meetings. Please send material to the bulletin editor at [rener@srv.net](mailto:rener@srv.net)

## Up Coming Programs

## **EUROPE ON A DIRTBAGGER'S BUDGET**

February 5, 2003 @ 8PM

Idaho Falls Library Large Meeting Room

Jerry and Julie Painter will present a program on bicycle touring in Europe. Jerry and Julie plan to bring a fully decked out bicycle with all the gear needed for a bicycle camping trip and to show slides to give folks a taste of what to expect when touring civilized land on a dirtbagger's budget.

Jerry is the coauthor of "Trails of Eastern Idaho" and the author of "Great Trails for Family Hiking The Tetons," "Hiking and Biking Trails in the Idaho Falls Area," "Hiking and Biking Near Idaho Falls, Vol. II," and "10 Peaks in 10 Weeks." He draws maps for guide books published by the Mountaineers-Books in Seattle, WA, The Post Company Books in Idaho Falls, ID, and for Pruett Publishing in Boulder, CO. He also writes a weekly outdoor column for three newspapers and works for the Post Register. Jerry and Julie live in Idaho Falls and are members of the Idaho Alpine Club. The presentation is open to the public and all outdoor enthusiasts are invited to attend.

## President Speaks

February is here but the snowfall this year has neglected to stick around here in the valley for us to play in. At this rate we'll be backpacking in April! Don't let the lack of snow here fool you though, there is still plenty of snow in the mountains to play in. And since the temperatures haven't been as "arctic" as they usually are this time of year, now may be a good time to try a winter sport without having to contend with the weather as well.

My thanks to everyone who helped put on, and to those who attended, the annual membership party last month. It was a great time to meet new members and share stories of past trips.

Happy trails

Tim

## Stand Up For Yellowstone February 15, 2003

Join Winter Wildlands Alliance, cross-country skiers, and snowshoers from around the country to Stand Up for Yellowstone. Take this opportunity to join fellow human-powered recreationists to tell the Bush administration, Congress, the National Park Service, and the media that visitors like you want to experience the silence and solitude of America's first national park.

Winter Wildlands Alliance will host the rally at an easy-access area inside the park on the morning of **Saturday, Feb. 15, 2003.**

Hotel rooms are reserved at a special group rate. Rooms are still available, but going fast! **Register today!** Check our website at:

[www.winterwildlands.org](http://www.winterwildlands.org)

for more information, or contact the Winter Wildlands Alliance at (208)344-2968.

## Winter Wolf-Watching Trip - February 15-16, 2003

Participation in this trip will require a drive up to Bozeman and Livingston, MT, and then down to Gardiner, MT to enter the North gate of Yellowstone Park. The West gate is only open to snowmobiles this time of year, hence the drive around to the North side of the Park. Contact Tim Adkison at 542-0786 if you're interested and for specific information on the trip itinerary.

## Cross Country Ski / Snowshoe Schedule for 2002 ~ 2003

### February 22 - Ponds to Harriman:

Northeast of Idaho Falls in Island Park. Rolling intermediate terrain. Trail is rated as advanced due to the 12+ miles. A shuttle will be needed so those that would rather ski at Ponds or Harriman could drop off the rest of the skiers and shuttle the vehicles. Depending on the amount of interest we may try this in reverse this year to avoid the afternoon winds across the meadows. Park 'N' Ski Permits will be required at either end and are available at Ponds or Harriman. End of the day beverages provided by the club. Potluck style feeding frenzy tailgate party. Contact Mark or Donna to sign up and for the meeting place and time, [xcski@idahoalpineclub.org](mailto:xcski@idahoalpineclub.org) or 524.6119.

### Feb. 22-Mar. 3, 2003 -Backpacking , Yellowstone NP,

Strenuous, week long, 32-mile snowshoe from Old Faithful to Bechler Ranger Station in the SW corner of Yellowstone NP. We'll take a snowcoach from West Yellowstone to the Old Faithful lodge. We'll follow the human herd trails to Lone Star geyser then, leaving the day hikers behind, we'll continue up the Firehole River, over Grants Pass to Shoshone geyser basin, grunt while pulling/carrying our sleds/packs over a 600' hill, drop down to Three River junction (and Ferris Fork hot spring), down the Bechler River canyon,

### **Yellowston Backpacking Continued....**

across Bechler Meadows to the Bechler Ranger Station, and out via snowmobile shuttle. We'll be breaking trail in deep powder most of the way. Temps could drop to -40°F at night. Storms. Solitude. Big critters. Thermal delights. Frozen waterfalls. Minimum of 3. We'll do a prior shakedown weekend trip. Read the December 2002 "Backpacker" magazine article. Don't procrastinate, as we'll need to make reservations early for shuttles and rooms. For details or to sign up, contact Mike Allen at [madallen@evl.net](mailto:madallen@evl.net) or 384-1545 (Boise).

### **March 7 - 9 - Yellowstone Rendezvous**

**Marathon Race:** Test what a winter of XC-Skiing has done for your fitness level by joining us at the races. Freestyle or Classic 50k, 25k, or 10k XC-ski races can be entered by accessing the website at [www.rendezvouskitrails.com](http://www.rendezvouskitrails.com) Entry fees are \$50 until January 1, 2003, then increase monthly the longer you wait to make up your mind. You get a great long sleeve t-shirt just for entering and there are 3 yummy food stations along the race course. For an additional \$10 you can attend the awards banquet (more yummy food and drawings for great prizes), in the evening after the race. If you don't want to race you can still just go up, cheer the racers on, ski on the course after the races have started, and attend the banquet for \$10. We plan to go stay in West Yellowstone, at the Stagecoach Inn 406.646.7381, on Friday and Saturday night (everyone will have to make their own lodging arrangements). Early reservations will net you a room in the older part of the inn for less than \$40 per night. Contact Mark or Donna for more information at [xcski@idahoalpineclub.org](mailto:xcski@idahoalpineclub.org) or 524.6119.

### **March 15 -16 - Huckleberry Hotsprings XC-Ski**

**- Snowshoe Winter Campout:** East of Idaho Falls near Flagg Ranch. Easy 2 mile ski or snowshoe in over mildly rolling terrain. Depending on the trip participants, we may continue on the additional mile to Polecat Hotsprings to camp and

soak there. This is great snowshoeing terrain. This is also the annual celebration of Mark's birthday. Contact Mark or Donna to sign up and for the meeting place and time, [xcski@idahoalpineclub.org](mailto:xcski@idahoalpineclub.org) or 524.6119.

### **Trip Report: January 1**

#### **New Year's Day XC Ski Trip**

The Southfork was not groomed by New Year's Day, so Mark and I decided to ski the new Pine Loop trail added to the cross country ski system of trails at Kelly Canyon. It had not been groomed either, but another couple broke trail through about a foot of new fallen snow, till we caught up with them. They quite willingly gave the lead through the heavy wet snow to Mark and I. The trail is well marked and appropriately indicated on the ski club map as intermediate. It rolls up and down through the trees and begins and ends just off of Morgan Summit.

### **Trip Report: January 10 - 12**

#### **Bill's Island**

Friday evening, after stopping for a burger at Big Judd's in Ashton, Nicolas Valette, and Mark and Donna Whitham headed to Bill's Island to spend the weekend XC skiing on the Rendezvous trails at West Yellowstone and the Brimstone trails by Pond's Lodge. On the road leading to Bill's Island we came across a family who had managed to get their SUV very high centered and very stuck off the road. We tried to dig them out but it was apparent that it would be an all night effort with the one shovel we had with us. Fortunately the Bill's Island rotary plow operator lived nearby and was willing to help out. The next morning we drove up to West Yellowstone where Mark and Nicolas wore each other out skate skiing and I toured on classic skis under cloudy skies. The snow was in great condition considering it was about a foot deep. Sunday morning, after breakfast, we met Bruce Wickham at the park and ski trail head for the Brimstone trails. Light snow fell throughout the extra purple day as we toured all the loops and dodged a cow moose on the trails.

**Trip Report: January 18****Snowshoe and Soak**

Michelle Fox Benson, Betsy Adkison, John Bisset, Nicolas Valette, and Mark and Donna Whitham explored the marked snowshoe trails up at Kelly Canyon. A new layer of snow during the week made the trails delightful to shoe on. We dropped down to the new warming shelter at Morgan Summit for lunch. Eric Larson and Jerry, Julie, and Samuel Painter joined us in the shelter while we ate. As we arrived back at the vehicles, the sun began to break through the foggy skies. All but Betsy enjoyed a soak at Heise Hot Springs on the way home.

**Wilderness First Aid / Wilderness First Responder Refresher May 3 - 4, 2003**

Mark your calendars for this intense hands on, two day, First Aid course like not other first aid course you have ever taken. Lance Taysom will be teaching the course for Wilderness Medicine Institute this time around. His hands on scenarios are fantastic. Watch the bulletin for more details on cost and location. To sign up contact the Whithams at [programs@idahoalpineclub.org](mailto:programs@idahoalpineclub.org) or call 524-6119.

***Don't forget to renew your membership!***

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FOR SALE: North Face Expedition 25 1995 model, with attached footprint. In good condition. Packed weight 11#. \$499 new, \$250 FIRM. Mark or Donna for more information. 524.6119 or [programs@idahoalpineclub.org](mailto:programs@idahoalpineclub.org)

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**Web Site News**

If you haven't noticed, the IAC web site ([www.IdahoAlpineClub.org](http://www.IdahoAlpineClub.org)) has recently been redesigned. For your convenience, the most recent club bulletins are included as well as all the posted club activities. Additionally, you can:

- Download membership applications and Common Adventure Release forms
- Look up contact information for club officers and activity coordinators
- Read the club By-Laws
- Search the club classified ads or post you own ad
- View pictures from recent club activities
- Find out about Donna's 10 E's (what are the 10 E's anyway?)
- Get a blank IAC Common Adventure Release Form by sending an email to [CommonReleaseForm@IdahoAlpineClub.org](mailto:CommonReleaseForm@IdahoAlpineClub.org)
- Check out club members' Restaurant Reviews or submit your own review
- and . . . find lot's of other stuff of interest to IAC members!

The web site currently receives over 60 visitors on any given day with most visitors viewing the club activity listings (trip and meeting announcements), demonstrating that the web is a great way for activity coordinators to publicize their upcoming trips. More people than ever before are turning to the web for their information and are relying less and less on other more traditional forms of communication. Activity coordinators and officers wishing to publish information on the web site can contact the IAC Webmaster (George Cole) at 522-4084 or [Webmaster@IdahoAlpineClub.org](mailto:Webmaster@IdahoAlpineClub.org). If you so desire, George will set up an account which will allow you easily publish and manage club-related information on the web through a easy-to-use

browser interface. Account holders will also be able to track hits and viewers of their information. Club email addresses can be provided for club-related purposes. Email accounts are accessible through your normal mail reader or your browser.

Any and all suggestions and comments regarding the club website are always greatly appreciated. Compliments and criticisms are also welcomed (although the former are welcomed more than the latter).

George Cole - IAC Webmaster

### **Club Member Benefits**

10 % discount on (non sale) outdoor equipment at the following stores:

Idaho Mountain Trading - Shoup & B  
Idaho Falls - 523-6679

K & R Adventure Gear - 522-5279  
or 877-369-7407  
[www.knradventuregear.com](http://www.knradventuregear.com)

Canyon Whitewater Supply  
450 S Yellowstone Idaho Falls  
522-3932

Free Heel and Wheel,  
40 Yellowstone Ave. West Yellowstone, Montana,  
406-646-7744.

Discounts on Jerry Painter's Hiking and Biking  
guide books

Alpine Club Rental Gear: Gear is available to paid-up members. Call the appropriate coordinator for more information.

North Face VE-24 tent--George Cole  
Climbing helmets-- Kurt Myers  
Ice axes-- Kurt Myers  
Caving helmets-- Dean K.  
Carbide lamps-- Dean K.  
Clinometer & compass for cave mapping

--Dean K.  
Rafting equipment --Greg Hulet

### **Newsletter Advertising**

Members: Free space is usually available for members' ads for used or needed equipment. Free space (up to half pages depending on space) is also available to businesses that offer discounts to members.

Nonmembers: Half page ad - \$25  
12 half-page ads, purchased at the same time - \$20 each for a total of \$240  
Full-page ad - \$40  
12 full-page ads purchased at the same time \$33.34 each for a total of \$400.

### **Stone Walls Rock Gym**

Hours are 3:30 p.m.-9:00p.m. Mon-Fri  
1:00 a.m. -9:00 p.m. Saturdays  
1:00 p.m. - 5:00 p.m. Sundays.  
The gym offers a \$1 discount to Alpine Club members. *[Note: these hours may be out of date-please call to check.]*

### **IAC Logo T-Shirts!!**

Short sleeves or long sleeves, crew neck, heather grey Dri Release material with embroidered club logo! Short sleeve \$12 each. Long sleeve \$21 each. Sizes Small, Medium, Large, and X-Large. The shirts are available at the monthly meetings, but if you just can't wait until the next meeting, contact Mark or Donna at 524.6119 to get yours sooner.

**IAC Website**

Have you visited the Idaho Alpine Club's homepage at [www.idahoalpineclub.org](http://www.idahoalpineclub.org) lately? Have you tried the great interactive features that have recently been added to the site:

\* An IAC CLUB BULLETIN BOARD where you can post information, announcements, ask questions, make comments, whatever you'd like. It's like our own club newsgroup!

A 'SHARE-A-LINK' page where you can link to WWW sites submitted by members. You can even submit your own favorite links and they'll automatically be added to the list.

\* Looking for specific information on the site? - use the IAC SITE SEARCH feature to locate pages of specific interest

## MEMBER'S RELEASE AND WAIVER OF CLAIMS

**NOTICE; THIS DOCUMENT IS A LEGALLY BINDING CONTRACT LIMITING YOUR RIGHTS TO RECOVER FOR INJURY AND LOSS!**

By signing this document, you waive rights to bring any legal claim to recover compensation or obtain any other remedy for injury to or death of yourself, your spouse, your children or others and for loss of or damage to property however caused, arising out of the tortious acts of the officers or agents of Idaho Alpine Club (hereinafter IAC), now or any time in the future, whether caused by negligence or otherwise.

- 1. Definitions.** Herein IAC means Idaho Alpine Club, its officers, agents, activity coordinators and trip coordinators. "I" means the undersigned member, all my heirs and the members of my family, including any minors whether or not accompanying me and my personal representative, executors and administrators.
- 2. Acknowledgement of Risk.** I hereby acknowledge and agree that the activities of the IAC are frequently inherently dangerous and have a high degree of risk. I acknowledge that by execution hereof, **I am waiving and releasing all claims against the IAC for any injury whatsoever.** I agree to participate as a common adventurer, sharing the expenses for the activity and being personally responsible for my own safety and not looking to any others to protect me from harm.
- 3. Release and Waiver of All Claims and Covenant Not to Sue.** In consideration of participation in the activities of the Idaho Alpine Club by me, by my spouse, children or other dependents, I irrevocably waive and release the IAC and the owners of all equipment used in the IAC's common adventures from, and WAIVE MY SUBSTANTIAL RIGHT TO ASSERT ANY CAUSE OF ACTION, CLAIM OR DEMANDS OF ANY NATURE WHATSOEVER, including but not limited to, any claim of negligence, which I may have or acquire in the future against the IAC on account of personal injury, property damage, death, or accident of any kind, arising out of my involvement in the Idaho Alpine Club activities, however the injury or damage is caused, including, but not limited to, the negligence of the IAC. I contractually release the IAC and agree to hold the IAC harmless from any and all liability for any claims demands damages, actions, causes of action or suits of any kind or nature whatsoever, which result or may result in the future from activities sponsored by the IAC or coordinated by the Idaho Alpine Club members. This release applies to all club activities in the future in which I may participate. This release shall be effective and apply to all my heirs and the members of my family, including any minors whether or not accompanying me and my personal representative, executors and administrators. .
- 4. Statement of Capacity and Understanding.** I will not undertake any activity of the Idaho Alpine Club without becoming fully aware of the nature and extent of the risks inherent therein. By participation, I am voluntarily assuming the risks. I will not engage in the activities unless I am in good health and I have no physical limitations which would preclude my safe participation. I understand I am responsible for my own instruction in safety and providing for my own safety. I am of lawful age (18 years or older) and otherwise legally competent to sign this agreement. I understand that the terms of this agreement are legally binding, and I am signing this agreement, after having carefully read it, having full time to carefully consider it, of my own free will.

(RELEASE BACK-02/96

Member's Signature x \_\_\_\_\_

Print Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Home Telephone: \_\_\_\_\_

Work Telephone: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Would you like your newsletter sent via e-mail to you if that capability is available in the future? Yes\_\_ or No\_\_

**IN EMERGENCY NOTIFY:**

If the above-named member is under 18 years old: Parent/Guardian Consent: I, as parent or guardian of the above minor under 18 years of age, hereby consent to the terms and conditions set forth in this Release Form.

I authorize his or her signing it, and covenant not to sue.

x  
Parent/Guardian Signature

Print Parent/Guardian Name

x  
Date

Telephone

**Enjoy the outdoors with the IAC -- Join today**

*For more information or free newsletter write to the address below.*

**Idaho Alpine Club  
P.O. Box 2885  
Idaho Falls, Idaho 83403-2885  
WWW.IdahoAlpineClub.Org**

\_\_\_\_\_ **Single membership--\$20 per year** \_\_\_\_\_ **Household family--\$25 per year**  
**(\$15 after July 1)** **(\$20 from July 1 to September 30)**

*[Students (full time and 18 or older) and seniors (65 or older): \$5 off above rates. After October 1, full fees apply to the following year.]*

**NOTE:** *Please read and fill out the release form on the reverse of this application - membership is not valid unless the release form is completed.*

**Names(s):** \_\_\_\_\_

**Interests (Check those that apply!):**

A	<input type="checkbox"/>	Backpacking
B	<input type="checkbox"/>	Bicycling
C	<input type="checkbox"/>	Caving
D	<input type="checkbox"/>	Climbing, Ice
E	<input type="checkbox"/>	Climbing, Rock
F	<input type="checkbox"/>	Conservation

G	<input type="checkbox"/>	Cross-Country Skiing
H	<input type="checkbox"/>	Hot Potting
I	<input type="checkbox"/>	Kayaking
J	<input type="checkbox"/>	Mountaineering
K	<input type="checkbox"/>	Rafting
L	<input type="checkbox"/>	Trail Maintenance

M	<input type="checkbox"/>	Winter Camping
N	<input type="checkbox"/>	Canoeing
O	<input type="checkbox"/>	Day Hiking
P	<input type="checkbox"/>	Scuba Diving
	<input type="checkbox"/>	
	<input type="checkbox"/>	

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