

Idaho Alpine Club Bulletin

Volume 49 - Issue Number 2 - February 2009

CLIMBING MOUNTAINEERING BACKPACKING DAYHIKING BICYCLING XCSKIING SNOWSHOEING RAFTING

web site: www.idahoalpineclub.org

e-mail: info@idahoalpineclub.org

2009 Council

| | | |
|----------------|----------------|----------|
| President | Mark Whitham | 520-7232 |
| Vice-president | Teak Cummings | 524-5136 |
| | Jeff Coward | 522-8135 |
| Secretary | Susan McKinley | 529-4583 |
| Treasurer | Donna Whitham | 520-1728 |

Members-at-Large

| | |
|---------------|----------|
| Jim McBride | 529-0586 |
| Sam Pole | 523-4970 |
| Colleen Bohan | 529-0151 |

Council Meetings:

Council Meetings are held on the second Thursday of each month at 7:00 PM

Upcoming Council Meetings:

| | |
|--------------------------|------------------|
| February: McBride's Home | 1935 South Blvd. |
| March: McKinley's Home | 425 Pevero Dr. |

Activity Coordinators:

| | | |
|------------------------------------|---------------|----------|
| Backpacking | Sam Pole | 523-4970 |
| Bicycling | Jeff Coward | 522-8135 |
| Climbing/Mountaineering | Kevin Coble | 529-8142 |
| | Eric Larsen | 522-9354 |
| Conservation | Open | 787-2601 |
| Cross-Country Skiing / Snowshoeing | Whithams | 520-1728 |
| Day Hiking | Sam Pole | 523-4970 |
| Rafting | Greg Hulet | 523-6199 |
| Trail Maintenance | Alan Crockett | 529-5188 |
| Bulletin Editor | Donna Whitham | 520-1728 |
| Bulletin Assistant | Mark Whitham | 520-7232 |
| Publicity | Open | 787-2601 |
| Historian/Librarian | Barbara Brown | 522-8977 |
| WebMaster | George Cole | 716-0024 |
| Program | Bob Tyler | 787-2601 |

General Club Meeting

Held at **7:30 P.M.** on the first WEDNESDAY of each month, normally in the large meeting room of the Idaho Falls Public Library.

NO GENERAL MEETING IN JULY.

MARCH Bulletin Deadline is:

5 PM on FEBRUARY 10

Trip descriptions, reports, and material for inclusion in the next bulletin are due by the 10th of the month due to bulk mailer deadlines.

Please send electronically to the bulletin editor at editor@idahoalpineclub.org

Note: Hand written or hard copy material will be included in the bulletin, time permitting.

IDAHO ALPINE CLUB GENERAL MEETING BRING A FRIEND AND ATTEND "SKI MOUNTAINEERING" WEDNESDAY, FEBRUARY 4, 2009 ~ 7:30 PM IDAHO FALLS LIBRARY

We are fortunate in having as our speaker this month, photographer Chris Figenshau, who specializes in ski and ski mountaineering photography. Chris' clients include Marmot, Patagonia, North Face and Rossignol. Working in the field 100 days a year, Chris has published photos in Skiing, Powder, Outside, Sports Illustrated and Backcountry magazines. Chris' slide show will first feature skiing, free riding and mountaineering in the Tetons and then he'll take us on a tour around the world with photos of ski descents in Morocco, Bolivia, Alaska, Europe and New Zealand. A few years ago Chris spent a month in Greenland experimenting with wind-driven kite-skiing across the glaciers, drinking imported eight-dollar cans of beer (sparingly) and, most importantly, climbing and skiing as many un-named peaks as time and weather would allow. Later, his photos of this expedition appeared in Skiing magazine. In the warmer months, Chris can be found at ground zero of various wildfires around the country documenting fire fighting efforts with his camera for the National Interagency Fire Center in Boise. Be sure to come and enjoy the exciting slides of this nationally published ski photographer.

The meeting is open to the public and all outdoor enthusiasts are invited to attend.

For more information contact programs@idahoalpineclub.org, log onto the club website at www.idahoalpineclub.org, or contact Bob Tyler at 787-2601.

President Speaks

I would like to thank all the members have renewed their memberships and say welcome to all the new members. Remember the March bulletin is the last one that you'll receive if you haven't renewed your membership. So now is a great time to renew.

It's almost the end of January and winter is almost half over, have you been out enjoying the snow? Don't wait to much longer or it might be too late. All you have to do is look in your bulletin for a trip and call the activity coordinator to sign up. If snow sports aren't your bag, you can still hook up with the climbers for some indoor climbing at Stonewalls Rock Gym, or start training for warm weather activities such as hiking and biking. Don't forget to support Nordic Ski Patrol by attending the Banff Mountain Film Festival February 5th. This is also a good time of the year to plan your summer adventures. Camping permits for trips in the National Parks need to be applied for months in advance and the rules are different for each park so check the rules now to get the permits you want. Mark Whitham

PLEASE NOTE: IF YOUR ADDRESS LABEL INDICATES "PLEASE RENEW" THIS MAY BE YOUR LAST ISSUE.

Banff Mountain Film Festival

7pm, Thursday, Feb. 5, 2009

The program will feature 2 - ½ hours of the best international adventure films (winter sports, rock climbing, whitewater, cycling, aerial stunts and adventure trekking).

Support the Nordic Ski Patrol. Proceeds from the benefit are used for first aid equipment, training, supplies, and maintenance of the patrol hut at Harriman State Park.

For information and tickets, contact the Colonial Theater

498 A Street Idaho Falls

Ph: 208-522-0471

E-mail: ifac@idahofallsarts.org

Lobby opens at 6pm, general seating begins 6:30pm

Tickets

\$10 in advance / \$15 Day of Show

Tickets are also available at Idaho Mountain Trading (523-6679), 474 Shoup Ave.; Scott's Ski & Sports (232-1449), 244 N. Main, Pocatello, or from Nordic Ski Patrol Members.

Here is a link to the introductory video: <http://www.banffcentre.ca/mountainculture/tour/>

XCSkiing / Snowshoeing

Contact the Whithams 520.1728 or, xcski@idahoalpineclub.org for trip information, meeting location, and to sign up to go on a scheduled trip, unless otherwise indicated in the trip descriptions. Additional trips to be added over the winter, depending on conditions. If the roads are closed as many times as they were last year, or the weather too severe, the location of a trip may change or the trip may be canceled altogether.

All Trips Bring Your Own:

1. Water
2. Food/snacks
3. Dress in layers. Bring adequate extra Winter appropriate protective clothing-no cotton. Hat and gloves or mittens.
4. Minor first aid items including sun screen, personal medications, as needed during the day.
5. Headlamp (& Batteries)

6. Map & Compass
7. Sunglasses
8. Lightweight shelter / space blanket.
9. Appropriate equipment-skis or snowshoes, boots, poles, skins, shovel and avalanche transceiver depending on activity or terrain.
10. Repair kit for your own equipment including duct tape and wax kit or glide liquid.
11. Mat to sit on

Other personal items of interest

February 7 Snowshoe Mink Creek:

Join us in exploring Mink Creek with a snowshoe trip on the trails near Pocatello. This is a Park 'n' Ski permit required trailhead. Permits are \$7.50/3 Day or \$25.00/Annual and are available at Idaho Mt. Trading, IDPR East Region HQ, Sportsman's Warehouse, East Idaho Visitors Ctr, Scotts Ski, and the Raven's Nest.

February 21 XC Ski Ricks Basin:

Depending on conditions we will classic or skate ski on the groomed Nordic trails at Grand Targhee Resort. There are 10 miles of groomed trails that range from beginner to advanced. Day passes are \$10 for adults and \$5 for seniors or children.

March 7 XC Ski Ricks Basin:

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March 21 Snowshoe Teton Park:

Snowshoeing in Teton Park in the winter is an excellent time to see wildlife and/or signs of wildlife in the snow. Join us on a late winter trip in to Phillips Lake or Bradley Taggart Lakes. Park entrance fees or Park pass will be necessary.

Climbing

For information on winter trips, driving instructions, or to sign up to go, contact Kevin Coble at 529-8142 or Eric Larsen at 522-9354. To find out about late fall and winter climbing locations or about impromptu weekend trips you will need to subscribe to the IAC climbing mailing list by visiting: http://www.macrobotics.com/mailman/listinfo/iac_climbing or, via email, send a message with subject or body 'help' to:

iac_climbing-request@macrobotics.com

The great thing about the e-mail list is that any club member, can plan a trip and let other club members who have subscribed to the list know about it. So speak up if you've got a trip you want to plan.

Bicycling

For spring bicycling information and trips, contact Jeff Coward at 208.522.8135 or by email: bicycling@idahoalpineclub.org

Below is an abbreviated list of available cycling (and other) events for 2009. Not all dates have been announced as yet, so updates will be made later. Also, some events have a lottery registration since applications exceed ride limits, so acceptance is not guaranteed.

NOTES: Dates without '2009' in them are from previous years or are not confirmed!

* - rides I am planning on doing

? - rides I may do

February 28, 2009 (Saturday) 8:30 am - Zion Country Early Spring Century, St. George, Utah. <http://www.bike2bike.org>
info@bike2bike.org

March 14-16, 2009 (Sat-Mon) - Moab Skinny Tire Festival, <http://www.skinnytirefestival.com/>

The SKINNY has moved to a new weekend and shifted from a four day Festival to a three day best-of-the-best road cycling tour. Note March 14-16, 2009 on your calendar and make plans now to join road cyclists from around the country for this tour including Arches National Park, Dead Horse Point State Park and the scenic Colorado River Portal Corridor.

March 28, 2009 - Tour de St. George

<http://www.tourdestgeorge.com/>

April 4, 2009 - Pole, Pedal, Paddle - Jackson Hole, WY -

<http://www.polepedalpaddle.com/>

<http://www.jacksonhole.com> -click Events

* **April 1-15, 2009** - Yellowstone ride (opens for cars on April 20)

<http://www.nps.gov/yell/planyourvisit/springbike.htm> at least once during this time period

* **April 1-30, 2009** - Grand Teton rides (opens for cars April 30 (not before April 20) April 18/19 or 25/26

April 11, 2009 (Saturday) - 13th annual Barking Spider Bash, Melba, Idaho <http://www.wildrockies.com/>

* **April 25-26, 2009** - Cactus Hugger century, St. George, Utah

<http://www.cactushugger.org/>

? May 2, 2009 - Ghost Town Riders Century (Tour of the Burned-Out Trailer Parks) <http://web.bike2bike.biz/>

May 3, 2009 (Sunday) - Lilac Bloomsday, Spokane, WA - <http://www.bloomsdayrun.org>

Note: Idaho Alpine Club members will enter the lottery for the STOKR event. If we are not accepted, we will ride the West Yellowstone Lakeside Ride instead.

? May 9, 2009 - W. Yellowstone Lakeside ride (Henry's, Quake, Hebgen Lake loop). Online Registration at http://www.active.com/event_detail.cfm?event_id=1461775

<http://www.cycleyellowstone.com/> (both tours)

<http://www.westyellowstonechamber.com/> 406-646-7701 • PO Box 458 • West Yellowstone • MT • 59758

? May 9-10, 2009 - STOKR - <http://www.libbymt.com/events/stokr.htm>

<http://www.libby.org/~gregrice/STOKR/>. Registration forms available online from February ??-??, 2009

They will be using a lottery system similar to Ride the Rockies. Up to 10 applications can be sent in one envelope. If that envelope is selected, all riders in that group are in. No duplicate entries allowed, you will NOT get in if you submit more than one application. ALL applications must be received by March ?, 2009.

May 9, 2009 - Sagebrush Scramble <http://www.wildrockies.com/>

? May 16-17, 2009 - 6th Annual Bear Lake Classic-One lap around Bear Lake <http://www.loganraceclub.org/Club+Info/BearLakeClassic/default.aspx>
<http://www.loganraceclub.org/Store/RaceRegistration/default.aspx>
<http://www.bearlake.org/calendar.html>

May 23, 2009 - 15th annual Lava Rama, Lava Hot Springs, Idaho <http://www.wildrockies.com/>

May 30, 2009 - Rigby Lake Triathlon - sprint and Olympic distances <http://www.runwalkjog.com/pbp24/TriathlonRigbyLake.htm>

* May 30-31, 2009 - TOSRV-West - <http://www.missoulabike.org>

Swan Lake again this year? Contact me about lodging recommendations.

June 3, 2008 (Tuesday) 6:30 pm - Idaho Falls ICE time trial #3 Sunnyside Hill, 6 miles

June 6, 2009 - Little Red Riding Hood women's only century (38, 62, 100 mile options) lrhh@bbtc.net

<http://www.bbtc.net/Calendar/annual/lrrhinfo05.htm>

* June 7, 2009(Sunday)- Lake Tahoe ride - <http://www.bikethewest.com>

* June 13, 2009 - West Yellowstone to Warm River (mtn bikes)

June ??, 2009 - Scenic River Classic <http://www.dwinc.org/>

Note:Idaho Alpine Club members will be doing the Double Divide Ride the Rockies is a possibility, depending on the route selected and whether or not a lottery registration is accepted. February is the month for that.

? June 13-14, 2009 - Double Divide Ride, Helena Bicycle Club

<http://www.helenabicycleclub.org/ddr.htm>

? June 13 (Saturday) - 21, 2009 - Ride the Rockies (6 or 7 days of riding, ??? miles)<http://www.ridetherockies.com>

Dates confirmed Dec 31, 2008, Route announced Feb 1, 2009 (Sunday)

June 20-21, 2009 - 12th Annual Idaho City MTB Tour

<http://www.wildrockies.com>

* June 20, 2009 -Tour of Marsh Creek Valley, Pocatello, ID -

<http://www.idahocycling.com>

June 21, 2009 (Sunday) - 20th annual Idaho City Excellent Adventure

<http://www.wildrockies.com/>

* June 27, 2009 - RATPOD - Ride Around the Pioneers in One Day - <http://www.ratpod.org>. Reserved spaces will be offered in advance for the 2009 ride to riders who raised \$1,000 or more at RATPOD 2008. Remaining spaces will then be made available through online registration beginning March ?, 2009 and continue until cap of 500 riders is reached

June 21-27, 2009 - Bicycle Tour of Colorado -Note: There are Idaho Falls riders registered for this event in 2009.

<http://www.bicycletourcolorado.com/>

July 11-12, 2009 - Seattle to Portland Note: There are Idaho Falls riders registered for this event in 2009

<http://www.cascade.org/>

July 11-12, 2009 - 18th annual Brundage Mtn Bike Festival, McCall, Idaho

<http://www.wildrockies.com/>

September 12, 2009 (Saturday) - Logan to Jackson road race, <http://www.lotojaclassic.com> LOTOJA registration opens on Tuesday, April 7, 2009. Register early that morning or you won't get in!

July ??-??, 2009? - North Idaho rail trail rides, boating, etc.

Support the Merchants who Support the IAC

Show your membership card for 10% discounts on regularly priced merchandise:

- ★ Idaho Mountain Trading
523-6679
Shoup & B, Idaho Falls
- ★ Canyon Whitewater Supply
522-3932
450 S Yellowstone, Idaho Falls
- ★ Alpine Schwinn 523-1226
1352 S. Holmes Ave.
- ★ Bill's Bike Shop 522-3341
805 S. Holmes Ave.
- ★ Lynna and Leland Howard offer members of IAC a 10% discount on all of their published books.
357-1917 or 357-3166;
lynna.howard@mac.com
leland@wildernessbooks.com
- ★ Stone Walls Rock Gym. \$1 off of Daily Rate. Call 528.8610 for information.
Winter hours are:
4-9 PM Monday - Thursday
4-10 PM Friday
12 - 10 PM Saturdays
- ★ Discounts on Jerry Painter's Hiking & Biking guide books

Trip Reports

January 1 Kelly Canyon Nordic Area: Four of us spent part of New Year's Day snowshoeing to the Kelly Canyon Hut, then stopping for a lovely soak at Heise Hot Springs.

January 10: Brimstone: Ten of us joined up with the annual Eagle count with the Audubon Society on Free Park 'n' Ski Day. Four bald eagles, one moose, and freshly groomed trails were highlights of the trip.

January 11 Harriman State Park: Three inches of new snow overnight, made for an extra blue day. Six of us enjoyed fabulous conditions skiing on Harriman's trails.

Dates to Remember:

FEBRUARY 4: IAC GENERAL MEETING
SKI MOUNTAINEERING

February 7: Snowshoe / Mink Creek

February 21: XCSki / Ricks Basin

March 7: XCSki / Ricks Basin

March 21: Snowshoe / Teton Park

Climbing: Subscribe to find out the
weekly climbing location.

Bicycling: Club, local, regional
events through mid July
listed on pages 2-3.

FEBRUARY 15: RENEW MEMBERSHIP
IF HAVEN'T ALREADY

Get out there and experience it!

**Enjoy the outdoors with the
IAC
Join today**

*For more information write to the
address below or visit our web site
to download a free newsletter and
application:*

**Idaho Alpine Club
P.O. Box 2883
Idaho Falls, Idaho 83403-2883**

www.IdahoAlpineClub.org

Membership Fees

| | | |
|--------------|-----------------------|------|
| | Full Year 7/1 to 10/1 | |
| Individuals: | \$20 | \$15 |
| Family: | \$25 | \$20 |

After October 1, the payment of full
year fee applies to the following
year.

Full-time students (18 or older) and
seniors (65 or older): \$5 off the
above fee schedule.

IAC Council Meeting Monthly
minutes are available at
www.idahoalpineclub.org

IAC Logo T-Shirts & Patches!

Short sleeves or long sleeves, crew
neck, heather grey Dri Release material
with embroidered IAC Logo! Short
sleeve \$14 each. Long sleeve \$21
each. Sizes Small, Medium, Large, and
X-Large.

A limited number of embroidered Color
IAC Logo Patches are available for \$10
each.

The shirts and patches are available at
the monthly meetings, but if you just
can't wait until the next meeting,
contact the club Treasurer to get yours
sooner.

Grey Sale!!!!

All long sleeve grey silk screened IAC
logo T-shirts are now \$14 instead of
the normal \$21. All short sleeve grey
silk screened IAC logo T-shirts are now
\$10 instead of the normal \$14. These
would make a great gift for the hiker
that has everything. We will not be
ordering any more silk screened logo T-
shirts; this is your last chance. Contact
the club Treasurer for size availability
and to buy now.

*Idaho Alpine Club
P.O. Box 2883
Idaho Falls, Idaho 83403-2883*