

Idaho Alpine Club Bulletin

Volume 51 - Issue Number 2 - February 2011

CLIMBING•MOUNTAINEERING•BACKPACKING•DAYHIKING•BICYCLING•XCSKIING•SNOWSHOEING•RAFTING

web site: www.idahoalpineclub.org

e-mail: info@idahoalpineclub.org

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2011 Council

President	Sam Pole	523-4970
Vice-president	Al Jantz	525-8510
Secretary	Susan McKinley	529-4583
Treasurer	Donna Whitham	520-1728

Members-at-Large

Colleen Bohan		529-0151
Karl Bohan		529-0151
Jesi Sweetser	850-819-4231	
Mark Whitham		520-7232

Council Meetings:

Council Meetings are held on the second Thursday of each month at 7:00 PM

Upcoming Council Meetings:

February: Whitham's Home 706 Laurelwood Ave.

March: McKinley's Home 425 Pevero

Activity Coordinators:

Backpacking	Sam Pole	523-4970
Bicycling	Jeff Coward	522-8135
Climbing/Mountaineering	Kevin Coble	201-1840
Conservation	Open	
Cross-Country Skiing / Snowshoeing	Whithams	520-1728
Day Hiking	Sam Pole	523-4970
Rafting	Greg Hulet	523-6199
Trail Maintenance	Alan Crockett	529-5188
Bulletin Editor	Donna Whitham	520-1728
Bulletin Assistant	Mark Whitham	520-7232
Publicity	Open	
Historian/Librarian	Barbara Brown	522-8977
WebMaster	George Cole	716-0024
Program	Bob Tyler	787-2601

General Club Meeting

Held at **7:00 P.M.** on the first WEDNESDAY of each month, normally in the large meeting room of the Idaho Falls Public Library.

NO GENERAL MEETING IN JULY.

March Bulletin Deadline is:

5 PM on FEBRUARY 5

Trip descriptions, reports, and material for inclusion in the next bulletin are due by the 5TH of the month due to bulk mailer deadlines.

Please send electronically to the bulletin editor at editor@idahoalpineclub.org

Note: Hand written or hard copy material will be included in the bulletin, time permitting.

IDAHO ALPINE CLUB GENERAL MEETING

"RIDE THE DIVIDE:

2700 MILES FROM CANADA TO MEXICO"

WEDNESDAY, FEBRUARY 2, 2011 @ 7:00 P.M.

IDAHO FALLS PUBLIC LIBRARY

Every June, mountain bikers gather in Banff, Alberta to begin one of the longest, most difficult bike races in the world called the Tour Divide. Covering 2700 miles from Banff, Alberta to Antelope Wells, NM, the route roughly follows the Continental Divide as it cumulatively climbs 200,000 feet over its punishing course. This month's program consists of a viewing of a documentary made of the 2008 race called "Ride the Divide". In 2008, the race began with 16 competitors but only 8 finished. This film follows three of those riders as they battle snow, heat, physical ailments, boredom and loneliness as they struggle to complete a race in which the rider who can ride the hardest and longest and sleep the least usually wins. Riders have no aid stations or support vehicles. They must be completely self-sufficient, carry their own food and navigate the course by themselves. They call in once a day to report their condition. The race route passes through our backyard as it follows the railroad right of way from West Yellowstone to Warm River and then continues over the Reclamation Road to Flagg Ranch. By way of an aside, in the 2007 race, Jackson cyclist Jay Petervary set a course record of 15 days, 4 hours and 18 minutes. In 2009, he returned with his wife Tracy to ride the race on a tandem mountain bike and the couple finished in third place.

Mike Dion of Starz Entertainment and the Hallmark Channel directed the film which won the Best Adventure Film prize at the Vail Film Festival last year. Whereas a lot of adventure films have a solemn narrator or a self-congratulatory participant making sure the viewer knows how hard, dangerous, difficult or epic a certain feat is, this film is short on rhetoric and places the viewer right amongst the racers so that the viewer experiences the frustration, tears, fatigue, elation and disappointment that the riders feel as they tax themselves to the breaking point over the course of this immensely difficult race.

The meeting is open to the public and all outdoor enthusiasts are invited to attend. For more information contact programs@idahoalpineclub.org, log onto the club website at www.idahoalpineclub.org.

President (Secretary) Speaks

What a great winter season the New Year is turning out to be. The early snowfall has been exciting for this ski bum. I hope all you members who love outdoor snow events get out and enjoy it while you can. The Idaho Alpine Club has many outdoor snow-shoeing and cross-country trips planned at various places: Rick's Basin, Harriman Park, Teton Valley, Island Park, and many other exciting places. Just watch for the notices in the IAC monthly bulletin. On these trips we keep a watchful eye for various birds, moose, deer, and other wildlife. It is so beautiful and peaceful. The after-ski dinners are also great, as well as the companionship.

My husband Kirk and I have been doing a lot of downhill skiing at Big Sky. This last week we celebrated our 30th anniversary skiing there and staying at the Summit Hotel. We had a blast. Our new "rocker" skis made the skiing much easier on our old knees and I definitely skied better in deep powder and crud. Anyone wanting to down-hill ski or snowmobile with others ought to seek out members with similar interests. Just email me at ksmckinley@msn.com if you'd like to organize an outdoor winter event.

Here's to a wonderful New Year for everyone. Susan McKinley

Participation on Club Activities

Common Adventures / Trips:

With the exception of rafting trips or trips limited to club members: Non-members may attend a maximum of two club trips or activities, then must be members in good standing to continue participating.

Participants on rafting or limited to club member trips or rafting rentals must be members in good standing. Participants on a club trip must pay any established trip fee, abide by club rules and activity guidelines, and must follow instructions of the activity coordinator.

An individual may not participate in any common adventure/trip of the club unless that individual has read and signed the common adventure form for that specific activity prior to embarking on that adventure / trip / activity.

XCSkiing / Snowshoeing

Contact the Whithams 520.1728 or, xcski@idahoalpineclub.org for trip information, meeting location, and to sign up to go on a scheduled trip, unless otherwise indicated in the trip descriptions. If the roads are closed, or the weather too severe, the location of a trip may change or the trip may be canceled at the last minute. Check with us on weekends that are not scheduled in advance. Even on domestic weekends we usually will go over to one of the parks to skate or classic ski or snowshoe with the dogs.

All Trips Carry or Bring Your Own:

1. Water
 2. Food/snacks
 3. Dress in layers. Hat and gloves or mittens. Do NOT show up in cotton clothing to XC-ski or Snowshoe. Wear wool or synthetics with the final layer being a wind and or a waterproof barrier. Bring adequate extra Winter appropriate protective clothing-no cotton.
 4. Minor first aid items including sun screen, personal medications, as needed during the day.
 5. Headlamp (& Batteries)
 6. Map & Compass
 7. Sunglasses
 8. Lightweight shelter / space blanket.
 9. Appropriate equipment-skis or snowshoes, boots, poles, skins, shovel and avalanche transceiver depending on activity or terrain.
 - 10 Repair kit for your own equipment including duct tape and wax kit or glide liquid.
 - 11 Mat to sit on
- Other personal items of interest.

February 12 XC Ski Craters of the Moon:

Join us in cross-country skiing the Loop Drive. The groomed track is nearly 5-miles in length with mostly level terrain or gentle hills. There is one steep hill on the southwest flank of Inferno Cone. There is no charge for skiing at Craters of the Moon. This trip is weather and snow condition dependent.

February 26 Snowshoe Mink Creek:

Join us in exploring Mink Creek with a snowshoe trip on the trails near Pocatello. This is a Park 'n' Ski permit required trailhead. Permits are \$7.50/3 Day or \$25.00/Annual and are available at Idaho Mt. Trading, IDPR East Region HQ, Sportsman's Warehouse, East Idaho Visitors Ctr, Scotts Ski, and the Raven's Nest.

March 12 XCSki Ricks Basin: Depending on conditions we will skate or XC ski on the groomed Nordic trails at Grand Targhee Resort. There are 10 miles of groomed trails that range from beginner to advanced. Last year day passes were \$10 for adults and \$5 for seniors or children.

March 26 Snowshoe Teton Park:

Snowshoeing in Teton Park is an excellent time to see wildlife and/or signs of wildlife in the snow. Join us on an early spring trip in to Phillips Lake or Bradley Taggart Lakes. Park entrance fees or a Park pass will be necessary.

Weekday Nordic Trips

For those of you that can recreate during the week, there are a couple of non-club activities you might be interested in. The Tuesday Group goes on a cross country ski trip every Tuesday to places such as Harriman, Fall River Ridge, Teton Valley, Kelly Canyon, etc. The organizer, Ken Katsma for this year, sends an email out every Sunday announcing the coming Tuesday's destination, time of departure and meeting location for car pooling. This is a group going skiing--not a led outing. You are responsible for yourself. To get on the Tuesday ski list, send your email address to: rkatsma@cablone.net.

Later in the week, Alan Crockett frequently announces via email, a group snowshoe trip, usually to Kelly Canyon. Participants need to be in good shape--the Kelly Canyon snowshoe trails are steep. This is a great way to learn about the 17 miles of snowshoe trails at Kelly. To get on the snowshoe trip list, send your email address to abcrock.fu73573@msn.com.

AVALANCHE INTERNET SITES

Cyberspace Snow & Avalanche Center This one stop site provides links to just about everywhere, plus tons of information about avalanche safety in the back-country:

<http://www.csac.org/>

North America: <http://www.avalanche.org/>

Jackson Area: <http://javalanche.org/>

Avalanche Safety Instruction:

<http://www.avalanchecourse.com/>

http://www.exumguides.com/?page_id=6&progId=15&subProgId=42

Caribou-Targhee Maps on Line

From the Caribou-Targhee NF home page, click on Maps & Publications. This will take you to: "Motorized Vehicle Use Maps" (which don't show non-motorized trails), new official "Forest Maps" covering the whole forest (without topography), and "Other Maps". The "Other Maps" are full color printable maps with topography and are available for the Palisades, Teton Basin, Dubois and Westside ranger districts at a scale of 1:112,500. Hiking scale (1:50,000) maps of popular areas are also available. Other detailed forest and non-forest maps of popular hiking and mountain biking areas (new) are available on the Idaho Alpine Club website under Local Maps.

Banff Mountain Film Festival World Tour

7pm, Thursday, Feb. 10, 2011

The Banff Mountain Film Festival World Tour, brought to you by the Idaho Falls Nordic Ski Patrol, will be presented 7 pm to 10 pm Thursday, February 10, 2011 at the Colonial Theater in Idaho Falls. The evening program presents 2 ½ hours of adventure films plus door prizes. The films vary in length (5 to 45 minutes) featuring big mountain skiing, extreme rock climbing, water sports, adventure trekking in exotic cultures, and selected Banff Festival award winners.

General admission is \$10 in advance and \$15 at the door. The lobby opens at 6pm, general seating begins at 6:30pm. Tickets are on sale at Idaho Mountain Trading (523-6679), 474 Shoup Ave and the Colonial Theater Box Office (522-0471), 498 A St., credit cards accepted. Support the Nordic Ski Patrol. Proceeds from the benefit are used for first aid equipment, training, supplies, and maintenance of the patrol hut at Harriman State Park.

Rafting

June 24 - July 4, 2011 (Tentative) Canoe/Kayak Lake Powell Trip. This a flat water trip on the lake, so no downstream current to help. Page (Wahweep) to Bullfrog is approximately 100 miles. We will paddle about 10 miles per day. This is probably not a beginner trip, unless the beginner can paddle that far daily and is appropriately equipped. We are looking at ways to resupply along the way. We will try to put together some practice runs in the spring. Contact Greg Hulet if interested - 523-6199.

Climbing

For information on club climbing trips contact Kevin Coble at 201-1840. Otherwise to find out about climbing locations or impromptu weekend trips you will need to subscribe to the IAC climbing mailing list by visiting:

http://www.macrobotics.com/mailman/listinfo/iac_climbing or, via email, send a message with subject or body 'help' to: iac_climbing-request@macrobotics.com

The weekly climbing location for the winter is generally Stone Walls Climbing Gym on Monday or Wednesday night depending on what is going on at the gym. Subscribe to the IAC climbing mailing list for the day and time each week.

Stone Walls Rock Gym

Call 528.8610 for information.

Winter hours are:

4-9 PM Monday - Friday

12-9 PM Saturday

Idaho Alpine Club members may show their membership card to receive \$1 off of the daily admission price.

Happening Hounds Pet Services

IAC Member: Liz Downing (208) 757-0108
happeninghounds@gmail.com

Areas covered: Greater Idaho Falls Area
Services: Home visits (minimum half hour), overnights, pet transport, exercise & social interaction for pets, general grooming (no clipping, etc). As a member of a professional pet sitters network, Liz offers reasonably priced, reputable, and insured pet services. For those of us with backyard bird feeders, Liz is a bird watcher too, she will keep them full for you if needed.

Trip Reports

January 8 & 9 - XCSki Brimstone & Harriman: Thirteen IAC members participated in the Audubon Bald Eagle winter count at Brimstone with 4 Bald Eagles spotted, plus Scaups, Common Golden Eyes, Trumpeter Swans, Canada Geese, Mt. Chickadees, and a Kingfisher was seen. Four of us skied on Sunday at Harriman. The snow was fabulous, the sky was blue, and it was ice cream headache cold with the wind.

Become an Idaho Master Naturalist



The Idaho Master Naturalist Program, set up by the Idaho Department of Fish & Game and the University of Idaho Extension Service, aims to develop a corps of well-informed volunteers to actively work toward stewardship of Idaho's natural environment.

An Idaho Master Naturalist completes 48 hours of hands-on, experiential training about Idaho's ecology, plants, animals and natural systems, and 40 hours of volunteer service. The next training program for the Upper Snake Chapter begins on March 8. Training includes both classroom work and field trips.

Applications are available NOW at: Idaho Dept of Fish & Game office, 4279 Commerce Circle. For more information, visit <http://www.idahomasternaturalist.org> or call 523.3189. The cost of the course is \$85 / person or \$100 / couple sharing a curriculum notebook.

50th Anniversary IAC Logo T-Shirts Retro IAC Patches!

Short sleeves or long sleeves, crew neck, heather grey, some black and some white. Dri Release material with embroidered 50th Anniversary IAC Logo! Short sleeve \$20 each. Long sleeve \$25 each. Sizes Small, Medium, Large, and X-Large.

A women's style short sleeve shirt is available for \$20 on a prepaid special order basis. It is fitted with shorter sleeves in a wicking material.

A limited number of embroidered Color IAC Logo Patches are available for \$10 each.

The shirts and patches are available at the monthly meetings or contact the club Treasurer to get yours sooner.

**RENEW YOUR MEMBERSHIP NOW IF YOU HAVEN'T
ALREADY**

Dates to Remember:

Feb 2: IAC General Meeting:
RIDE THE DIVIDE

Feb 12: XCSki / Craters of the Moon

Feb 26: Snowshoe / Mink Creek

Mar 12: XCSki / Rick's Basin

Mar 26: Snowshoe / Teton Park

Climbing: Subscribe to find out updates to the weekly climbing plans. See page 2 for information on how to subscribe.

Become a Fan

Find us on Facebook. Last minute trips can be posted on the wall. Additionally, photos from club trips you have gone on can be posted on the wall singly or as an album.

RENEW YOUR MEMBERSHIP NOW IF YOU HAVEN'T ALREADY

Enjoy the outdoors with the IAC

Join today

For more information write to the address below or visit our web site to download a free newsletter and application:

Idaho Alpine Club
P.O. Box 2883
Idaho Falls, Idaho 83403-2883
www.IdahoAlpineClub.org

Membership Fees

	Full Year	7/1 - 10/1
Individuals:	\$20	\$15
Family:	\$25	\$20

After October 1, the payment of full year fee applies to the following year.

Full-time students (18 or older) and seniors (65 or older): \$5 off the above fee schedule.

IAC Council Meeting Monthly minutes are available on line.

Support the Merchants who Support the IAC

Show your membership card for 10% discounts on regularly priced merchandise:

- ★ Happening Hounds Pet Services
Liz Downing (208) 757-0108
happeninghounds@yahoo.com
- ★ Idaho Mountain Trading 523-6679
Shoup & B (Non-Sale Items Only)
- ★ Alpine Schwinn 523-1226
1352 S. Holmes Ave. (Excludes bicycles)
- ★ Bill's Bike Shop 522-3341
805 S. Holmes Ave. (Excludes bicycles)
- ★ Canyon Whitewater Supply
522-3932 (Accessories Only)
450 S Yellowstone, Idaho Falls
- ★ 3 Peaks 523-PEAK
910 E. Lincoln Rd. (Non-Sale Items Only)
- ★ Lynna and Leland Howard offer a 10% discount on all of their published books. 357-1917 or 357-3166; lynna.howard@mac.com
leland@wildernessbooks.com
- ★ Discounts on Jerry Painter's Hiking & Biking guide books

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