

# Idaho Alpine Club Bulletin

Volume 53 - Issue Number 2 - February 2013

CLIMBING•MOUNTAINEERING•BACKPACKING•DAYHIKING•BICYCLING•XCSKIING•SNOWSHOEING•RAFTING

web site: [www.idahoalpineclub.org](http://www.idahoalpineclub.org)

e-mail: [info@idahoalpineclub.org](mailto:info@idahoalpineclub.org)

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## 2013 Council

President	Sam Pole	523-4970
Vice-president	Sue Braastad	881-4354
Secretary	Susan McKinley	529-4583
Treasurer	Donna Whitham	520-1728

## Members-at-Large

Colleen Bohan	529-0151
Karl Bohan	529-0151
Ken Durstine	524.3505
Sheila Kappel	528.8788
Joyce Storey	521-2572
Mark Whitham	520-7232

## Council Meetings:

Council Meetings are generally held on the second Thursday of each month at 7:00 PM. IAC Council Meeting Monthly minutes are available on line.

## Upcoming Council Meetings:

Feb 13: Durstine's Home	896 Linden Dr.
Mar 21: Pole's Home	1710 Del Mar Dr.

## Activity Coordinators:

Backpacking	Sam Pole	523-4970
Bicycling	Jeff Coward	522-8135
Climbing/Mountaineering	Kevin Coble	201-1840
Conservation	Open	
Cross-Country Skiing / Snowshoeing	Whithams	520-1728
Day Hiking	Sam Pole	523-4970
Rafting	Greg Hulet	523-6199
Trail Maintenance	Alan Crockett	529-5188
Bulletin Editor	Donna Whitham	520-1728
Publicity	Open	
Historian/Librarian	Barbara Brown	522-8977
WebMaster	George Cole	716-0024
Program	Bob Tyler	787-2601

## General Club Meeting

Held at **7:00 P.M.** on the first WEDNESDAY of each month, normally in the Beaverhead meeting room at the Idaho Fish and Game office.

NO GENERAL MEETING IN JULY.

## **MARCH Bulletin Deadline is:**

### **5 PM on FEBRUARY 5**

Trip descriptions, reports, and material for inclusion in the next bulletin are due by the **5<sup>TH</sup>** of the month due to bulk mailer deadlines.

Please send electronically to the bulletin editor at [editor@idahoalpineclub.org](mailto:editor@idahoalpineclub.org)

NOTE: Hand written or hard copy material will be included in the bulletin, time permitting.

## IDAHO ALPINE CLUB GENERAL MEETING

WEDNESDAY, FEBRUARY 6, 2013 @ 7:00 PM

## IDAHO FALLS TO ALASKA BY BIKE

### >>>NOTE: NEW MEETING LOCATION<<< DEVELOPMENT WORKSHOP

### 555 WEST 25TH ST, IDAHO FALLS

From 17<sup>th</sup> Street & Rollendet, go south to 25<sup>th</sup> Street. Turn right (west). IDW is on the left side of street. Park in the parking lot to the east of the building.

Enter via front door, then follow hallway around to the right to the meeting room.

Ken Simpson will give a presentation this month about his 2257-mile bike ride this past summer from Idaho Falls to Skagway, Alaska. Ken started his ambitious trip early in the summer but encountered snow or freezing rain from Island Park all the way to Helena, MT. By the time he reached Edmonton, Alberta the weather forecast was still pretty grim and beyond Edmonton, he was facing long stretches of wilderness with few towns and motels. Faced with the prospect of camping in inclement weather, Ken decided to return to Idaho Falls where he bided his time until the weather improved and he resumed his trip in mid-August. He finally rode over White Pass and finished his 33-day journey in Skagway on September 8th just as colder weather and snow were closing in on him. Northern British Columbia and the Yukon are very remote with few services and biking through them requires a lot of self-reliance and mental fortitude. Come and hear Ken's take on the challenges and rewards of biking in the far North.

For more information contact [programs@idahoalpineclub.org](mailto:programs@idahoalpineclub.org), log onto the club website at [www.idahoalpineclub.org](http://www.idahoalpineclub.org).

## **President Speaks**

So far, embracing winter with the record cold weather, has been chilly for our members, to say the least. The New Years Day snowshoe went as planned, albeit a bit later in the morning when it had warmed up a bit. Postings in FaceBook indicate that members are getting out despite sub zero temps. The city will be grooming Taufphas and Freeman parks for skate and nordic skiing as soon as there is enough snow to do so. Also the 7N Ranch near Heise has some XC-Ski trails marked for close to home trips, when time does not allow traveling farther.

This is the time of year to put in for permits: rafting permits on the popular rivers like the Salmon and San Juan, and backcountry permits for Grand Teton and Yellowstone National Parks, or some of the other national parks.

## Banff Mountain Film Festival World Tour

7pm, Friday, Feb. 8, 2013

The Idaho Falls Nordic Ski Patrol is pleased to host a local showing of the 2012 / 2013 Banff Mountain Film Festival World Tour. Our Banff show (our 16th) is set for 7pm Friday February 8, 2013 at the Colonial.

All seating for the main floor (637) and balcony (326) is RESERVED (\$15). There is no general seating or discount. The previous 4 shows were sold out two weeks in advance.

Beginning Monday November 26, 2012, all tickets are reserved and will be sold through the Colonial Theater Box office (498 A street, 522-0471). On-line ticketing with an updated seating chart is also available at <http://www.idahofallsarts.org>.

Please note that tickets will not be sold at stores or by ski patrollers.

Support the Nordic Ski Patrol. Proceeds from the benefit are used for first aid equipment, training, supplies, and maintenance of the patrol hut at Harriman State Park.

### Participation on Club Activities

#### Common Adventures / Trips:

With the exception of rafting trips, trips which require the use of any club equipment, or trips limited to club members: non-members may attend a maximum of ONE club trip or activity, then must be members in good standing to continue participating.

Participants must be members in good standing to go on rafting trips, trips which require the use of any club equipment, or trips limited to club members only, or needing rafting rentals. Participants on a club trip must pay any established trip fee, abide by club rules and activity guidelines, and must follow instructions of the activity coordinator.

An individual may not participate in any common adventure/trip of the club unless that individual has read and signed the common adventure form for that specific activity prior to embarking on that adventure / trip / activity.

#### XCSkiing / Snowshoeing

Contact the Whithams 520.1728 or, [xcski@idahopalpineclub.org](mailto:xcski@idahopalpineclub.org) for trip information, meeting location, and to sign up to go on a scheduled trip, unless otherwise indicated in the trip descriptions. Additional trips to be added over the winter, depending on conditions. If the roads are closed, or the weather too severe, the location of a trip may change or the trip may be canceled at the last minute.

Check with us on weekends that are not scheduled in advance. Even on domestic weekends we usually will go over to one of the parks to skate or classic ski or snowshoe for a few hours.

### Carry or Bring Your Own:

1. Water
2. Food/snacks
3. Dress in layers. Bring adequate extra Winter appropriate protective clothing-no cotton. Hat and gloves or mittens.
4. Minor first aid items including sun screen, personal medications, as needed during the day.
5. Headlamp (& Batteries)
6. Map & Compass
7. Sunglasses
8. Lightweight shelter / space blanket.
9. Appropriate equipment-skis or snowshoes, boots, poles, skins, shovel and avalanche transceiver depending on activity or terrain.
- 10 Repair kit for your own equipment including duct tape and wax kit or glide liquid.
- 11 Mat to sit on

Plus, any other items of personal interest.

**February 2 XCSki / Ricks Basin:** Depending on conditions we will XC ski on the groomed Nordic trails at Grand Targhee Resort. There are 10 miles of groomed trails that range from beginner to advanced. Day passes are \$10 for adults and \$6 for children.

**February 9 XCSki / 7N Ranch:** We plan to ski the loops at the 7N Ranch located near Heise Hot Springs, then take in a nice soak at the hot springs, before getting a pizza at Heise Pizza. We will be back in Idaho Falls in time to get ready for the symphony in the evening.

**March 2 Snowshoe / Kelly Canyon:** Join us on a snowshoe trip close to home. The trails are adjacent to the Kelly Canyon Ski Resort about 30 - 45 minutes NE of town.

### Climbing

For information on club climbing trips contact Kevin Coble at 201-1840. To find out about Fall weekly climbing locations or impromptu weekend trips, subscribe to the IAC climbing mailing list by visiting:

[http://www.macrobotics.com/mailman/listinfo.cgi/iac\\_climbing](http://www.macrobotics.com/mailman/listinfo.cgi/iac_climbing)

or, via email, send a message with subject or body 'help' to: [iac\\_climbing-request@macrobotics.com](mailto:iac_climbing-request@macrobotics.com).

#### YMCA Rock Climbing Gym

Call 528.8610 for information.

SUMMER HOURS:

TUESDAY 4PM - 9PM & SATURDAY NOON - 9PM

WINTER HOURS

(Effective October 1):

MONDAY - FRIDAY 4PM - 9PM

SATURDAY NOON - 9PM SUNDAY CLOSED

Idaho Alpine Club members may show their membership card to receive 10% off of daily rates or the 10 punch card.

## Bicycling

Even though winter has just begun, it is already time to start planning for the 2013 bicycling season. As with rafting permits, there are several rides that you will need to think about signing up for now, if you want to participate in them. These rides include STOKR, AMBBR (Lake Tahoe ride), and Ride the Rockies. The rides will probably fill fairly quickly, so don't count on getting in if you apply later than early March. Ride information and web sites for them are below. As information on other rides of interest is emailed to the bulletin editor, it will be included, unless submitted too late for applying for the ride.

If anyone has any questions about these or ideas for some local club rides this year, please contact the Idaho Alpine Club Bicycling coordinator: Jeff Coward at 208.522.8135.

**STOKR – Scenic Tour of the Kootenai River: May 11-12, 2013.** This is an excellent spring 2 day ride with very little traffic and excellent support. The ride starts and ends in Libby, Montana each day.

Route information and dates will be available at: <http://www.libbymt.com/events/stokr.htm>

**AMBBR – America's Most Beautiful Bike Ride, June 2, 2013,** 1 day, 100, 65, 35 mile options. This is a very scenic ride around Lake Tahoe, starting from South Lake Tahoe. The route goes clockwise around the lake, with an out and back to Truckee for the 100 mile option, and a boat cruise to Crystal Bay for the 35 mile option. Support is excellent as are the views. <http://www.bikethewest.com/>

**Ride the Rockies: June 8 -15, 2013,** 6 days, about 65 miles per day, This is an 8 day (for 2013) tour through the Colorado Rockies sponsored by the Denver Post. Support is excellent, and includes busses to transport you in the overnight towns and a daily cycling seminar. The route will be announced February 2, 2013 at: <http://ridetherockies.com/>

**TOSRV-West: May 18-29, 2013,** 2 days, 226 miles. The route goes from Missoula, Montana to Potamac and then through Seeley Lake to Swan Lake, then to Bigfork, Polson, Ronan, St. Ignatius, Ravalli, Arlee, and back to Missoula. More details available at: <http://www.missoulabike.org/tosrvwest>

## TRIP REPORTS

**New Years Day Snowshoe in Kelly Canyon** was incredibly cold and breathtakingly beautiful. A herd of deer kept a wary eye on us from the hillsides above us. Northern Flickers darted here and there and a subadult Bald Eagle flew over head. We snowshoed up Little Kelly Canyon round trip about 6.5 miles. Attendees: Abbie Z. and the Whithams.

## AVALANCHE INTERNET SITES

Cyberspace Snow & Avalanche Center This one stop site provides links to just about everywhere, plus tons of information about avalanche safety in the back-country: <http://www.csac.org>

North America: <http://www.avalanche.org>

Jackson Area: <http://jhalanche.org>

Bozeman Area: <http://www.mtavalanche.com>

Avalanche Safety Instruction:

<http://americanavalancheinstitute.com/aii/Home.html>

## XC Ski Trail Conditions

### Lone Mountain Resort

[http://www.lmranch.com/lmr\\_content/winter/ski\\_cond.shtml](http://www.lmranch.com/lmr_content/winter/ski_cond.shtml)

### Bohart Ski Ranch

<http://www.bohartranchxcski.com/trail-conditions/>

### Chief Joseph Ski Trail Conditions

<http://bitterrootxcskiclub.net/trail%20reports.htm>

### West Yellowstone

<http://www.rendezvouskitrails.com/grooming-report/>

### Rick's Basin (Grand Targhee)

<http://www.grandtarghee.com/the-mountain/grooming-map.php>

### Teton Valley (Driggs, Victor, Alta)

<http://tvtap.org/nordic-grooming>

**Harriman State Park** (sign up for their Facebook page for current conditions) or call: Phone: 208-558-7368

### Mink Creek Nordic Grooming Report

<http://www.pokyxc.org/7128.html>

Island Park Ranger District for Brimstone/Buffalo

Phone: 208-558-7301

Ashton Ranger District for Bear Gulch/Mesa Falls and Fall River Ridge Phone: 208-652-7442

## IAC Logo T-Shirts & Patches!

Dri Release material with embroidered IAC Logo! Small, Medium, Large, and X-Large Short sleeve \$20 each. Long sleeve \$25 each. A women's style short sleeve shirt is available for \$20 on a prepaid special order basis. It is fitted with shorter sleeves in a wicking material.

A limited number of embroidered Color IAC Logo Patches are available for \$10 each.

## MEMBERSHIP RENEWALS ARE DUE NOW

Membership renewals are now due. Updated member lists will be provided to the activity coordinators. If you have renewed or joined the IAC since October 1, you should have a red membership card. Memberships are for one calendar year only. Please support the club and join or renew for 2013. Membership is required to participate in activities using club gear, i.e.; climbing and rafting (water) activities or after participating in one of any other activities.

Idaho Alpine Club  
P.O. Box 2883  
Idaho Falls, Idaho 83403-2883

Dates to Remember:

Feb 6: IAC GENERAL MEETING  
IF to Alaska by Bike

Feb 2: XC-Ski / Rick's Basin

Feb 8: Banff Mountain Film Festival

Feb 9: XC-Ski / 7N Ranch Loops

Mar 2: Snowshoe / Kelly Canyon

Climbing: Subscribe to find out updates to the weekly winter climbing plans. See page 2 for information on how to subscribe.

**Become a Fan**

Find us on Facebook. Last minute trips can be posted on the wall. Additionally, photos from club trips you have gone on can be easily posted on the wall singly or as an album if you took a lot of photos. To do this, the photos do need to be your photos & shared with the public.

**Enjoy the outdoors with the IAC Join today**

*For more information write to the address below or visit our web site to download a free newsletter and application:*

**Idaho Alpine Club**  
**P.O. Box 2883**  
**Idaho Falls, Idaho 83403-2883**  
[www.IdahoAlpineClub.org](http://www.IdahoAlpineClub.org)

Membership Fees

	Full Year	
	10/1	7/1-12/31
Individuals:	\$25	\$20
Family:	\$30	\$25

After October 1, the payment of full year fee applies to the following year. Full-time students (18 or older) and seniors (65 or older): \$5 off the above fee schedule.

IAC Council Meeting Monthly minutes are available on line.

**Support the Merchants who Support the IAC**

Show your membership card for 10% discounts on regularly priced merchandise:

- Idaho Mountain Trading 523-6679 Shoup & B (Non-Sale Items Only)
- Bill's Bike Shop 522-3341 805 S. Holmes Ave. (Excludes bicycles)
- Canyon Whitewater Supply 522-3932 (Accessories Only) 450 S Yellowstone, Idaho Falls
- The Preparedness Store & Bosch Kitchen Center 120 Northgate Mile Idaho Falls, ID 524-8300 10% off backpacking, dehydrated & freeze-dried foods 10% off any outdoor accessories
- YMCA Climbing Gym 528-8610 755 South Capital Avenue
- Lynna and Leland Howard offer a 10% discount on all of their published books. 357-1917 or 357-3166; [lynna.howard@mac.com](mailto:lynna.howard@mac.com) [leland@wildernessbooks.com](mailto:leland@wildernessbooks.com)
- Discounts on Jerry Painter's Hiking & Biking guide books