

# Idaho Alpine Club Bulletin

Volume 55 - Issue Number 2 - February 2015

CLIMBING•MOUNTAINEERING•BACKPACKING•DAYHIKING•BICYCLING•XCSKIING•SNOWSHOEING•RAFTING

web site: [www.idahoalpineclub.org](http://www.idahoalpineclub.org)

e-mail: [info@idahoalpineclub.org](mailto:info@idahoalpineclub.org)

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## 2015 Council

President	Sue Braastad	881-4354
Vice-president	Karl Bohan	529-0151
Secretary	Susan McKinley	529-4583
Treasurer	Donna Whitham	520-1728

## Members-at-Large

Bill Beach	520-4905
Colleen Bohan	529-0151
Sheila Kappel	528-8788
Sam Pole	520-3630
Richard Scheerer	881-6331
Mark Whitham	520-7232

## Council Meetings:

Council Meetings are generally held on the second Thursday of each month at 7:00 PM. IAC Council Meeting Monthly minutes are available on line.

### Upcoming Council Meetings:

Feb 11: McKinley's Home	425 Pervero Dr
Mar 11: Bohan's home	748 Adell Dr

## Activity Coordinators:

Backpacking	Sam Pole	520-3630
Bicycling	Ken Durstine	524-3505
Climbing/Mountaineering	Kevin Coble	201-1840
Conservation	Open	
Cross-Country Skiing / Snowshoeing	Whithams	520-1728
Day Hiking	Sam Pole	520-3630
Rafting	Greg Hulet	523-6199
Trail Maintenance	Bill Beach	520-4905
Bulletin Editor	Donna Whitham	520-1728
Publicity	Open	
Historian/Librarian	Barbara Brown	522-8977
WebMaster	George Cole	716-0024
Program	Bob Tyler	787-2601

## General Club Meeting

Held at **7:00 P.M.** on the first WEDNESDAY of each month, in the meeting location indicated in the program description.

NO GENERAL MEETING IN JULY.

### **MARCH Bulletin Deadline is:**

**5 PM on February 5**

Trip descriptions, reports, and material for inclusion in the next bulletin are due by the **5<sup>TH</sup>** of the month due to bulk mailer deadlines.

Please send electronically to the bulletin editor at [editor@idahoalpineclub.org](mailto:editor@idahoalpineclub.org)

NOTE: Hand written or hard copy material will be included in the bulletin, time permitting.

## Idaho Alpine Club

**WEDNESDAY, FEBRUARY 4, 2015 @ 7:00 PM**

**"SKI MOUNTAINEERING WITH A LOCAL"**

**DEVELOPMENT WORKSHOP**

**555 WEST 25TH ST**

From 17<sup>th</sup> Street & Rollendet, go south to 25<sup>th</sup> Street. Turn right (west). IDW is on the left side of street. Park in the parking lot to the east of the building. Enter via front door, then follow hallway around to the right to the meeting room.



Lynne Wolfe is a 34-year resident of the Greater Yellowstone area. After taking a NOLS semester course where she learned how to lead climb, she has been climbing ever since. She has worked as a guide in the Tetons (17 years at Jackson Hole Mountain Guides and 8 years for Exum). In addition to the Tetons, she has climbed and guided all over the world, from the Sierra to the Alaska Range to the Himalaya. In recent years, she has become more focused on snow and avalanche-related work. Currently she works in the winter as an avalanche

instructor for the American Avalanche Institute of Victor and for Yostmark in Driggs and as a ski guide for Teton Back country Guides. She also serves as the editor of The Avalanche Review, professional publication of the American Avalanche Association.

At this month's meeting, Lynne will be presenting images and stories from varied ski mountaineering adventures in the last 10 years in the Lost River Range, the mountains of British Columbia and Alberta and from selected trips around the Alps.

The meeting is open to the public and all outdoor enthusiasts are invited to attend. For more information contact [programs@idahoalpineclub.org](mailto:programs@idahoalpineclub.org), log onto the club website at [www.idahoalpineclub.org](http://www.idahoalpineclub.org)

## **President Speaks**

Cheating Darwin: A friend I climb with is a member of a search and a rescue crew. His favorite tee shirt reads: "BLACK HILLS SEARCH AND RESCUE: WE INTERFERE WITH THE COURSE OF NATURAL SELECTION". When I came out here from Nebraska in 2000, I was a prime candidate for mention in one of those "thinning the herd" entries in the Post Register. I had no experience or training. I climbed alone. I went places the game wasn't stupid enough to go and I was not familiar with the concept of perhaps being able to climb down something you couldn't climb back up after you discovered a cliff in front of you. I bought an old white -water kayak and put it on the Snake for a test run. When I went to get out I discovered that the Teva sandals I wore hung up on the thigh restraints and I couldn't get out without reaching into the kayak and unclipping the sandal straps. Minutes before that, I had almost rolled the thing.

In spite of myself I survived and discovered that I had a great big need to climb the Grand Teton. I had figured out I needed some instruction and assistance and I found the Idaho Alpine Club. I went to a rock climbing night at the Pump and was blown away by the warmth and willingness of the group to help a newcomer. I'm not a joiner but I joined this outfit immediately and will always be a member. Bill Beach

## Participation on Club Activities Common Adventures / Trips:

With the exception of rafting trips, or activities which require the use of any club equipment, or trips limited to club members: non-members may attend a maximum of ONE club trip or activity, then must be members in good standing to continue participating.

Participants must be members in good standing to go on rafting trips, trips which require the use of any club equipment, or trips limited to club members only, or needing rafting rentals. Participants on a club trip must pay any established trip fee, abide by club rules and activity guidelines, and must follow instructions of the activity coordinator.

An individual may not participate in any common adventure/trip of the club unless that individual has read and signed the common adventure form for that specific activity prior to embarking on that adventure / trip / activity.

Additionally, be sure to ask the trip leader if your dog is welcome on a trip. Some locations prohibit our best friend or require they be leashed.

The following list of items is a general list that applies to many activities. If you are not sure if there is a specific item that is needed on a trip, be sure to ask the trip leader when signing up for the trip:

### All Trips Bring Your Own:

1. Water
2. Food/snacks
3. Dress in layers. Bring adequate extra appropriate protective clothing - no cotton. Hat and gloves or mittens.
4. Minor first aid items including sun screen, bug repellent, personal medications, as needed during the day.
5. Headlamp (& Batteries)
6. Map & Compass
7. Sunglasses
8. Lightweight shelter/space blanket.
9. Appropriate equipment- depending on activity or terrain.
10. Repair kit for your own equipment including duct tape.
11. Mat to sit on
12. Other personal items of interest (Bear Spray comes to mind)

### XCSkiing / Snowshoeing

Contact the Whithams 520.1728 or, [xcski@idahoalpineclub.org](mailto:xcski@idahoalpineclub.org) 24 hours prior to a trip, for trip information, meeting location, and to sign up to go on a scheduled trip, unless otherwise indicated in the trip descriptions. Inclement weather, exposure, traveling on snow can change an "easy" trip to a "difficult" trip in a matter of minutes. These trips are not guided. These are self-supported, group adventure outings. Each trip has a leader who serves as a resource to the group and provides some basic trip structure. Participants are expected to evaluate their own physical and mental abilities prior to participating, assist with transportation, cooperate with others, participate in decision-making, identify and reduce risk to themselves

and the group, and be self-reliant in preparations. The IAC does not have Snowshoeing or XC-Ski gear to loan. For all outings, participants are expected to bring the appropriate gear (and be knowledgeable and experienced in its use). Trip lengths are usually indicated for an approximate round trip distance. Contact leaders with questions if you are new to Snowshoeing, XC-Skiing, or new to the area. Watch the FaceBook page for early season trips, depending on conditions. If the roads are closed, or the weather too severe, the location of a trip may change or the trip may be canceled at the last minute.

**February 7 XC Ski / Craters of the Moon:** Join us in cross-country skiing the Loop Drive. The groomed track is nearly 5-miles in length with mostly level terrain or gentle hills. There is one steep hill on the southwest flank of Inferno Cone. There is no charge for skiing at Craters of the Moon. This trip is weather and snow condition dependent.

**February 21 Snowshoe / Caldera Rim:** We plan to explore this snowshoe trail at the top of Ashton Hill. The trail map can be found on the IF Ski Club's web site under Trail Maps and Guides.

**March 7 Snowshoe / Fall Creek:** Join us in exploring Fall Creek with a snowshoe trip on the trails near Ashton. This is a Park 'n' Ski permit required trailhead.

Park and Ski Permits are \$7.50/3 Day or \$25.00/Annual and are available at Idaho Mt. Trading, IDPR East Region HQ, Sportsman's Warehouse, East Idaho Visitors Ctr, Scotts Ski, and the Raven's Nest.

### Kelly Canyon Cross Country Skiers & Snowshoers

The groomed trails and warming huts on National Forest in the Kelly Canyon Area are provided under permit and special use agreement with Kelly Canyon and with the Idaho Falls Ski Club.

Kelly Canyon is providing parking on private land and the use of other facilities (restrooms or lodge) for a charge payable at the resort lift ticket office:

Season Rate: \$99.00 Adults  
\$49.00 Children/Seniors

Daily Rate: \$8.00 Adults  
\$5.00 Children/Seniors

½ Day Rate: \$5.00

Be aware the charge is to park on and use facilities on private property, not for access to public lands. On Sundays, the resort does not operate and they plan to leave the small lower lot open for free parking. Apparently, it is legal to park on the road up the canyon if you dare. Access must be maintained for emergency vehicles. Have Fun and Be Safe! Please don't shoot the messenger!

## Banff Mountain Film Festival World Tour Feb 5&6

The Idaho Falls Nordic Ski Patrol is pleased to host two nights of the 2014 / 2015 Banff Mountain Film Festival World Tour. Our Banff shows are set for 7pm on Thursday February 5, 2014 and Friday February 6, 2015 at the Colonial Theater.

All tickets are reserved (\$15 per show) through the Colonial Theater Box office (498 A street, 522-0471). On-line ticketing with an updated seating chart is available at <http://www.idahofallsarts.org/>.

The Idaho Falls show feature over 2 ½ hours of films with extreme skiing, climbing, water sports, exotic cultures and high adventures. The program content is family oriented. There is a drawing for door prizes. The gallery will host displays from local organizations.

Please note that tickets will not be sold at stores or by ski patrollers. Support the Nordic Ski Patrol. Proceeds from the benefit are used for first aid equipment, training, supplies, and maintenance of the patrol hut at Harriman State Park.

## AVALANCHE INTERNET SITES

Cyberspace Snow & Avalanche Center This one stop site provides links to just about everywhere, plus tons of information about avalanche safety in the back-country: <http://www.csac.org>

North America: <http://www.avalanche.org>

Jackson Area: <http://jhalanche.org>

Bozeman Area: <http://www.mtavalanche.com>

Avalanche Safety Instruction:

<http://americanavalancheinstitute.com/aai/Home.html>

## XC Ski Trail Conditions

### Lone Mountain Resort

[http://www.lmranch.com/lmr\\_content/winter/ski\\_cond.shtml](http://www.lmranch.com/lmr_content/winter/ski_cond.shtml)

### Bohart Ski Ranch

<http://www.bohartranchxcski.com/trail-conditions/>

### Chief Joseph Ski Trail Conditions

<http://bitterrootxcskiclub.net/trail%20reports.htm>

### West Yellowstone

<http://www.rendezvouskitrails.com/grooming-report/>

### Rick's Basin (Grand Targhee)

<http://www.grandtarghee.com/the-mountain/grooming-map.php>

### Teton Valley (Driggs, Victor, Alta)

<http://tvtap.org/nordic-grooming>

**Harriman State Park** (sign up for their Facebook page for current conditions) or call: Phone: 208-558-7368

## Climbing

For information on club climbing trips contact Kevin Coble at 201-1840. To find out about weekly climbing locations or impromptu weekend trips, subscribe to the IAC climbing mailing list by visiting:

[http://www.macrobotics.com/mailman/listinfo.cgi/iac\\_climbing](http://www.macrobotics.com/mailman/listinfo.cgi/iac_climbing) or, via email, send a message with subject or body 'help' to: [iac\\_climbing-request@macrobotics.com](mailto:iac_climbing-request@macrobotics.com).

## YMCA Rock Climbing Gym

Call 528.8610 for information.

OR FOR CURRENT HOURS AND RATES:

[WWW.IFYMCA.ORG/PROGRAMS/YMCA-CLIMBING-GYM/](http://WWW.IFYMCA.ORG/PROGRAMS/YMCA-CLIMBING-GYM/)

Idaho Alpine Club members may show their membership card to receive 10% off daily rates or 10 punch card.

## MEMBERSHIP RENEWALS

It is time to start renewing memberships. There are some folks who participate in club activities, yet have not become members or renewed their memberships.

Memberships are for one year only. They are not life memberships. So, if you intend to continue participating in club activities, please join or rejoin for 2015.

Membership is required to participate in the climbing and rafting (or water) activities or after participating in one of any other activities.

## Trip Reports

**January 1 Snowshoe / Cress Creek:** Seven club members enjoyed a cold breathtaking snowshoe trip to celebrate the New Year. Attendees were the Braastads, the Whithams, Abbie Zaladonis and Jessica Zeil.



## January 10 XCSki/Snowshoe / Eagle

### Count at Brimstone & Buffalo River:

5-8 Bald Eagles were sighted on this joint trip with the Audubon Society. After a great breakfast at the Trout Hunter, everyone skied or snowshoed with binoculars in hand. IAC Attendees: Aaron Adams, Karl Bohan, the Braastads, Garney Hardy, Marc Desimarais, the Whithams, and Paul Worth.

## IAC Logo T-Shirts & Patches!

Dri Release material with embroidered IAC Logo! Small, Medium, Large, and X-Large Short sleeve \$20 each. Long sleeve \$25 each.

A women's style short sleeve shirt is available for \$20 on a prepaid special order basis. It is fitted with shorter sleeves in a wicking material.

A limited number of embroidered Color IAC Logo Patches are available for \$10 each.



We now have 3.5" X 2.45" vinyl IAC stickers available. Renewing members will receive 1 per single or 2 per family upon renewal. Additional stickers will be 50 cents each.

Idaho Alpine Club

P.O. Box 2883

Idaho Falls, Idaho 83403-2883

**Dates to Remember:**

Feb 4: IAC MEETING: "SKI MOUNTAINEERING WITH A LOCAL"

Feb 5 & 6: Banff Mountain Film Festival

Feb 7: XC Ski / Craters of the Moon

Feb 21: Snowshoe / Caldera Rim

Mar 7: Snowshoe / Fall Creek

Climbing: Subscribe to find out updates to the weekly winter climbing plans. See page 3 for information on how to subscribe.

**Become a Fan**

Find us on Facebook. Last minute trips can be posted on the wall. Additionally, photos from club trips you have gone on can be easily posted on the wall singly or as an album if you took a lot of photos.

**Enjoy the outdoors with the IAC**

**Join today**

For more information write to the address below or visit our web site to download a free newsletter and application:

**Idaho Alpine Club**

**P.O. Box 2883**

**Idaho Falls, Idaho 83403-2883**

[www.IdahoAlpineClub.org](http://www.IdahoAlpineClub.org)

**Membership Fees**

	Full Year	Part Year 7/1 - 9/30
Individuals:	\$25	\$20
Families:	\$30	\$25

After October 1, the payment of full year fee applies to the following year. Otherwise the normal Membership year is January 1-December 1.

Full-time students (18 or older) and seniors (65 or older): \$5 off the above fee schedule.

IAC Council Meeting Monthly minutes are available on line.

**Support the Merchants who**

**Support the IAC**

Show your membership card for 10% discounts on regularly priced merchandise:

- Idaho Mountain Trading 523-6679 Shoup & B (Non-Sale Items Only)
- Bill's Bike Shop 522-3341 Snake River Crossing (Excludes bicycles)
- Canyon Whitewater Supply 522-3932 (Accessories Only) 450 S Yellowstone, Idaho Falls
- The Preparedness Store & Bosch Kitchen Center 120 Northgate Mile Idaho Falls, ID 524-8300 10% off backpacking, dehydrated & freeze-dried foods 10% off any outdoor accessories
- YMCA Climbing Gym 528-8610 755 South Capital Avenue
- Lynna and Leland Howard offer a 10% discount on their published books. 357-1917 or 357-3166; [Lynna.howard@mac.com](mailto:Lynna.howard@mac.com) [leland@wildernessbooks.com](mailto:leland@wildernessbooks.com)
- Discounts on Jerry Painter's Hiking & Biking guide books