

# Idaho Alpine Club Bulletin

Volume 43 - Issue Number 1 - January 2002  
P.O. Box 2885, Idaho Falls, Idaho 83403-2885

web site: [www.idahoalpineclub.org](http://www.idahoalpineclub.org)

e-mail: [info@idahoalpineclub.org](mailto:info@idahoalpineclub.org)

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## 2002 Executive Council

President  
Tim Adkison 542-0786  
Vice-president  
Michelle Fox Benson 525-3238  
Secretary  
Jeff Coward 522-8135  
Treasurer  
Bob Kroupa 524-6273  
Members-at-Large  
Betsy Adkison 542-0786  
John Bissett  
Barbara Brown 522-8977  
George Cole 522-4074

Bulletin Editor  
Rene Miller 542-5126  
Bulletin Assistant  
Donna Whitham 524-6119

Publicity & Community Liaison  
Donna Whitham 524-6119

Historian/Librarian  
Barbara Brown 522-8977

Please mail completed common  
adventure forms to the secretary.

## Coordinators

Program  
Donna Whitham 524-6119  
Backpacking  
George Cole 522-4084  
Mark Whitham 524-6119  
Caving  
Dean Killian 357-7354  
Climbing/mountaineering  
Eric Peterson 529-9538  
Kurt Myers 522-5279  
Conservation  
Tim Adkison 542-0786  
X-Country Skiing  
Mark/Donna Whitham 524-6119  
Bicycling  
Michelle Fox 525-3238  
Jeff Coward 522-8135  
Kayaking  
Rob Mullin 524-3594  
Canoeing  
John Page 356-6486  
Sue Page 356-5118  
Rafting  
Greg Hulet 523-6199  
Trail Maintenance  
Open  
Day Hiking  
Mark/Donna Whitham 524-6119

## General Club Meeting

Held at 8:00 p.m. on the first Wednesday of each month, normally in the large meeting room of the Idaho Falls Public Library. NO GENERAL MEETING IN JULY.

## Membership Fees

	Full Year	July 1 - October 1
Individuals:	\$20	\$15
Family:	\$25	\$20

After October 1, the payment of full year fee applies to the following year. Full-time students (18 or older) and seniors (65 or older): \$5 off the above fee schedule.

## Council Meetings and Bulletin Deadline

Any interested member is invited to attend.

Materials for the bulletin are due by the weekend before the council meetings. Please send material to the bulletin editor at [rener@srv.net](mailto:rener@srv.net)

## Up Coming Programs

**February: Hiking Alaska's Backcountry**

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## IDAHO ALPINE CLUB MEETING

### ANNUAL WINTER BASH AND MEMBERSHIP PARTY

Wednesday, January 8, 2003, 7 PM

St. Marks Soup Kitchen - Corner of 4th & South Boulevard

It is that time of the year again for the IAC Annual Winter Membership Party and to renew your membership in the IAC. If you haven't already renewed your membership or joined the IAC, start off the new year right, so you can enjoy the many benefits of being an IAC member. Finger foods and beverages will be provided by the club. Those who desire may bring munchies to share. A Kodak Carousel style slide projector will be available for showing members' slides. Signup sheets for pending XC Ski and Snowshoe trips will be available. The party is open to the public. All outdoor enthusiasts are invited to attend.

## President Speaks

While ol' St. Nick is recuperating in Cancun, it's time to try out that new gear he brought you for Christmas. As always, when you're out having fun in the winter be sure to know and watch for signs of hypothermia and dehydration in yourself and your companions.

The annual membership party is slated for Jan. 8<sup>th</sup> this year and I do hope that you can attend.

There's always plenty of good things to eat and drink as well as pictures and stories from the prior years events. It's always a good time and a good place to meet and make new friends.

Happy trails,  
Tim

## IAC Council Meeting

December 17, 2002

Attendees: Tim Adkison, Jeff Coward, Bob Kroupa, Betsy Adkison

Note taker: Tim

Reading of last months minutes: approved

### Treasurers report

Income - \$ 257.13

Expenditures - \$ 325.98

Balance - \$ 3,569.89

Members to date: 181

### Old business

- Winter party: (*all*) - Discussed finances of the winter party. Council will contact Donna in regards to any community announcement considerations.

- Stickers: (*Jeff*) - Jeff provided information about options for the material and design of a club window decal. He will provide details of the laser printing option and costs later.

- Gear inventory: (*Tim*) - Updated except for rafting gear. Will make an announcement in the newsletter requesting gear donations of serviceable items for club use.

- Wilderness first aid course: (*Tim*) - Packet of information received from NOLS and given to Donna for coordination of course.

- Library meeting room reservation: (*Bob*) - The IAC has the large meeting room of the library reserved through 2004.

### New business

- Member trip requests: (*all*) - Discussed requirements for IAC members to have trips published in the newsletter, including the return of sign-up sheets/liability waiver forms to the Secretary.

- Membership renewals: (*all*) - Discussed merits of renewing memberships in other organizations. Tim and Jeff will obtain information on groups that are in consideration for renewal and/or new membership.

Next general meeting: St. Mark's church, January 8, 2002 at 7:00 pm

Next council meeting: Tim & Betsy Adkison's, 155 Chatham Dr., January 21, 2003. 542-0786

## **Winter Wolf-Watching Trip - February 15-16, 2003**

Participation in this trip will require a drive up to Bozeman and Livingston, MT, and then down to Gardiner, MT to enter the North gate of Yellowstone Park. The West gate is only open to snowmobiles this time of year, hence the drive around to the North side of the Park. Contact Tim Adkison at 542-0786 if you're interested and for specific information on the trip itinerary.

## **Cross Country Ski / Snowshoe Schedule for 2002 ~ 2003**

**January 1 - South Fork XC-Ski Trip:** Join us on New Years day to celebrate the new year cross skiing at the South Fork Lodge Nordic Center trail system. Over 20k of the trails are groomed for skating as well as traditional diagonal stride. Trail fees were \$12 per day last year but discounts may be available depending on the size of our group or membership in the Idaho Falls Ski Club. Contact Mark or Donna to sign up and for the meeting place and time, [xcski@idahoalpineclub.org](mailto:xcski@idahoalpineclub.org) or 524.6119.

### **January 4 - Kelly Canyon Snowshoe Trip:**

Join us to snowshoe in Kelly Canyon and soak at Heise Hot Springs afterwards. Contact Mark or Donna to sign up and for the meeting place and time, [xcski@idahoalpineclub.org](mailto:xcski@idahoalpineclub.org) or 524.6119.

**January - 10 - 12 - Island Park / West Yellowstone Skiing:** Join us in Island Park and West Yellowstone to explore the Brimstone trails at Ponds Lodge (Park 'N' Ski permit required) and to ski at Rendezvous Ski Trails in West Yellowstone (permits available at Free Heel & Wheel in West Yellowstone). Call Mark or Donna to sign up and for the meeting place and time, 524.6119. Contact Mark or Donna to sign up and

for the meeting place and time, [xcski@idahoalpineclub.org](mailto:xcski@idahoalpineclub.org) or 524.6119.

### **February 22 - Ponds to Harriman:**

Northeast of Idaho Falls in Island Park. Rolling intermediate terrain. Trail is rated as advanced due to the 12+ miles. A shuttle will be needed so those that would rather ski at Ponds or Harriman could drop off the rest of the skiers and shuttle the vehicles. Depending on the amount of interest we may try this in reverse this year to avoid the afternoon winds across the meadows. Park 'N' Ski Permits will be required at either end and are available at Ponds or Harriman. End of the day beverages provided by the club. Potluck style feeding frenzy tailgate party. Contact Mark or Donna to sign up and for the meeting place and time, [xcski@idahoalpineclub.org](mailto:xcski@idahoalpineclub.org) or 524.6119.

### **Feb. 22-Mar. 3, 2003 -Backpacking , Yellowstone NP,**

Strenuous, week long, 32-mile snowshoe from Old Faithful to Bechler Ranger Station in the SW corner of Yellowstone NP. We'll take a snowcoach from West Yellowstone to the Old Faithful lodge. We'll follow the human herd trails to Lone Star geyser then, leaving the day hikers behind, we'll continue up the Firehole River, over Grants Pass to Shoshone geyser basin, grunt while pulling/carrying our sleds/packs over a 600' hill, drop down to Three River junction (and Ferris Fork hot spring), down the Bechler River canyon, across Bechler Meadows to the Bechler Ranger Station, and out via snowmobile shuttle. We'll be breaking trail in deep powder most of the way. Temps could drop to -40°F at night. Storms. Solitude. Big critters. Thermal delights. Frozen waterfalls. Minimum of 3. We'll do a prior shakedown weekend trip. Read the December 2002 "Backpacker" magazine article. Don't procrastinate, as we'll need to make reservations early for shuttles and rooms. For details or to sign up, contact Mike Allen at [madallen@ev1.net](mailto:madallen@ev1.net) or 384-1545 (Boise).

### March 7 - 9 - Yellowstone Rendezvous

**Marathon Race:** Test what a winter of XC-Skiing has done for your fitness level by joining us at the races. Freestyle or Classic 50k, 25k, or 10k XC-ski races can be entered by accessing the website at [www.rendezvouskitrails.com](http://www.rendezvouskitrails.com) Entry fees are \$50 until January 1, 2003, then increase monthly the longer you wait to make up your mind. You get a great long sleeve t-shirt just for entering and there are 3 yummy food stations along the race course. For an additional \$10 you can attend the awards banquet (more yummy food and drawings for great prizes), in the evening after the race. If you don't want to race you can still just go up, cheer the racers on, ski on the course after the races have started, and attend the banquet for \$10. We plan to go stay in West Yellowstone, at the Stagecoach Inn 406.646.7381, on Friday and Saturday night (everyone will have to make their own lodging arrangements). Early reservations will net you a room in the older part of the inn for less than \$40 per night. Contact Mark or Donna for more information at [xcski@idahoalpineclub.org](mailto:xcski@idahoalpineclub.org) or 524.6119.

### March 15 -16 - Huckleberry Hotsprings XC-Ski / Snowshoe Winter Campout:

East of Idaho Falls near Flagg Ranch. Easy 2 mile ski or snowshoe in over mildly rolling terrain. Depending on the trip participants, we may continue on the additional mile to Polecat Hotsprings to camp and soak there. This is great snowshoeing terrain. This is also the annual celebration of Mark's birthday. Contact Mark or Donna to sign up and for the meeting place and time, [xcski@idahoalpineclub.org](mailto:xcski@idahoalpineclub.org) or 524.6119.

## XC SKI MAPS

New cross-country ski trail maps of Harriman State Park and the Kelly Canyon Nordic Area are now available for viewing or printing on the Idaho Falls Ski Club's web site:

<http://www.ifskiclub.com/> (see lower left).

The maps can be viewed with Acrobat Reader 4.0 or later, a free program. The files are fairly large and may take several minutes to download but are

suitable for color printing. Maps of 3 Park 'N' Ski areas will be added shortly to include Fall River Ridge, Mesa Falls, and Buffalo/Brimstone. Please check back.

## Search and Rescue Volunteers

The Idaho Falls Ski Club and the Idaho Falls Nordic Ski Patrol have offered to provide additional manpower to the Bonneville, Madison & Jefferson County Search and Rescue efforts when needed.

We realize that we are not trained in all aspects of search and rescue, but under their guidance we could provide valuable assistance, for example, simply searching where snowmobiles cannot go.

I have volunteered to collect names and phone numbers of Nordic skiers who would be willing to help look for skiers in need. If you are interested, please let me know.

Norm Kramer - 522-8677  
[nak@srv.net](mailto:nak@srv.net)

## Used/New Gear Donation

If you have any unwanted/unneeded gear for outdoor activities (*backpacks, sleeping-bags, tents, etc.*) that you would like to donate to the IAC's "gear list", please contact Tim Adkison (542-0786) or any of the council members.

**What you get:** More room in the garage to put that new pack! Plus, possible tax deduction, but need to verify if IAC has 501 (C) (3) status or not.

**What we get:** items added to our inventory for other members to use if they need it. It's a win-win prospect so give us a call.

***Don't forget to renew your membership!***

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FOR SALE: North Face Expedition 25 1995 model, with attached footprint. In good condition. Packed weight 11#. \$499 new, \$250 FIRM. Mark or Donna for more information. 524.6119 or [programs@idahoalpineclub.org](mailto:programs@idahoalpineclub.org)

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### Club Member Benefits

10 % discount on (non sale) outdoor equipment at the following stores:

Idaho Mountain Trading - Shoup & B  
Idaho Falls - 523-6679

K & R Adventure Gear - 522-5279  
or 877-369-7407  
[www.knradventuregear.com](http://www.knradventuregear.com)

Canyon Whitewater Supply  
450 S Yellowstone Idaho Falls  
522-3932

Free Heel and Wheel,  
40 Yellowstone Ave. West Yellowstone, Montana,  
406-646-7744.

Discounts on Jerry Painter's Hiking and Biking  
guide books

Alpine Club Rental Gear: Gear is available to paid-up members. Call the appropriate coordinator for more information.

North Face VE-24 tent--George Cole  
Climbing helmets-- Kurt Myers  
Ice axes-- Kurt Myers  
Caving helmets-- Dean K.  
Carbide lamps-- Dean K.  
Clinometer & compass for cave mapping  
--Dean K.  
Rafting equipment --Greg Hulet

### Newsletter Advertising

Members: Free space is usually available for members' ads for used or needed equipment. Free space (up to half pages depending on space) is also available to businesses that offer discounts to members.

Nonmembers: Half page ad - \$25

12 half-page ads, purchased at the same time - \$20 each for a total of \$240

Full-page ad - \$40

12 full-page ads purchased at the same time \$33.34 each for a total of \$400.

### Stone Walls Rock Gym

Hours are 3:30 p.m.-9:00p.m. Mon-Fri

1:00 a.m. -9:00 p.m. Saturdays

1:00 p.m. - 5:00 p.m. Sundays.

The gym offers a \$1 discount to Alpine Club members. *[Note: these hours may be out of date--please call to check.]*

### IAC Logo T-Shirts!!

Short sleeves or long sleeves, crew neck, heather grey Dri Release material with embroidered club logo! Short sleeve \$12 each. Long sleeve \$21 each. Sizes Small, Medium, Large, and X-Large. The shirts are available at the monthly meetings, but if you just can't wait until the next meeting, contact Mark or Donna at 524.6119 to get yours sooner.

### IAC Website

Have you visited the Idaho Alpine Club's homepage at [www.idahoalpineclub.org](http://www.idahoalpineclub.org) lately? Have you tried the great interactive features that have recently been added to the site:

\* An IAC CLUB BULLETIN BOARD where you can post information, announcements, ask questions, make comments, whatever you'd like. It's like our own club newsgroup!

A 'SHARE-A-LINK' page where you can link to WWW sites submitted by members. You can even

submit your own favorite links and they'll automatically be added to the list.

\* Looking for specific information on the site? - use the IAC SITE SEARCH feature to locate pages of specific interest

## MEMBER'S RELEASE AND WAIVER OF CLAIMS

### NOTICE; THIS DOCUMENT IS A LEGALLY BINDING CONTRACT LIMITING YOUR RIGHTS TO RECOVER FOR INJURY AND LOSS!

By signing this document, you waive rights to bring any legal claim to recover compensation or obtain any other remedy for injury to or death of yourself, your spouse, your children or others and for loss of or damage to property however caused, arising out of the tortious acts of the officers or agents of Idaho Alpine Club (hereinafter IAC), now or any time in the future, whether caused by negligence or otherwise.

- 1. Definitions.** Herein IAC means Idaho Alpine Club, its officers, agents, activity coordinators and trip coordinators. "I" means the undersigned member, all my heirs and the members of my family, including any minors whether or not accompanying me and my personal representative, executors and administrators.
- 2. Acknowledgement of Risk.** I hereby acknowledge and agree that the activities of the IAC are frequently inherently dangerous and have a high degree of risk. I acknowledge that by execution hereof, **I am waiving and releasing all claims against the IAC for any injury whatsoever.** I agree to participate as a common adventurer, sharing the expenses for the activity and being personally responsible for my own safety and not looking to any others to protect me from harm.
- 3. Release and Waiver of All Claims and Covenant Not to Sue.** In consideration of participation in the activities of the Idaho Alpine Club by me, by my spouse, children or other dependents, I irrevocably waive and release the IAC and the owners of all equipment used in the IAC's common adventures from, and WAIVE MY SUBSTANTIAL RIGHT TO ASSERT ANY CAUSE OF ACTION, CLAIM OR DEMANDS OF ANY NATURE WHATSOEVER, including but not limited to, any claim of negligence, which I may have or acquire in the future against the IAC on account of personal injury, property damage, death, or accident of any kind, arising out of my involvement in the Idaho Alpine Club activities, however the injury or damage is caused, including, but not limited to, the negligence of the IAC. I contractually release the IAC and agree to hold the IAC harmless from any and all liability for any claims demands damages, actions, causes of action or suits of any kind or nature whatsoever, which result or may result in the future from activities sponsored by the IAC or coordinated by the Idaho Alpine Club members. This release applies to all club activities in the future in which I may participate. This release shall be effective and apply to all my heirs and the members of my family, including any minors whether or not accompanying me and my personal representative, executors and administrators. .
- 4. Statement of Capacity and Understanding.** I will not undertake any activity of the Idaho Alpine Club without becoming fully aware of the nature and extent of the risks inherent therein. By participation, I am voluntarily assuming the risks. I will not engage in the activities unless I am in good health and I have no physical limitations which would preclude my safe participation. I understand I am responsible for my own instruction in safety and providing for my own safety. I am of lawful age (18 years or older) and otherwise legally competent to sign this agreement. I understand that the terms of this agreement are legally binding, and I am signing this agreement, after having carefully read it, having full time to carefully consider it, of my own free will.

(RELEASE BACK-02/96

Member's Signature x \_\_\_\_\_

Print Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Home Telephone: \_\_\_\_\_

Work Telephone: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Would you like your newsletter sent via e-mail to you if that capability is available in the future? Yes\_\_ or No\_\_

### IN EMERGENCY NOTIFY:

If the above-named member is under 18 years old: Parent/Guardian Consent: I, as parent or guardian of the above minor under 18 years of age, hereby consent to the terms and conditions set forth in this Release Form.

I authorize his or her signing it, and covenant not to sue.

x  
Parent/Guardian Signature

Print Parent/Guardian Name

x  
Date

Telephone

**Enjoy the outdoors with the IAC -- Join today**

*For more information or free newsletter write to the address below.*

**Idaho Alpine Club**  
**P.O. Box 2885**  
**Idaho Falls, Idaho 83403-2885**  
[WWW.IdahoAlpineClub.Org](http://WWW.IdahoAlpineClub.Org)

\_\_\_\_\_ **Single membership--\$20 per year** \_\_\_\_\_ **Household family--\$25 per year**  
**(\$15 after July 1)** **(\$20 from July 1 to September 30)**

*[Students (full time and 18 or older) and seniors (65 or older): \$5 off above rates. After October 1, full fees apply to the following year.]*

**NOTE:** *Please read and fill out the release form on the reverse of this application - membership is not valid unless the release form is completed.*

**Names(s):** \_\_\_\_\_

**Interests (Check those that apply!):**

A	<input type="checkbox"/>	Backpacking
B	<input type="checkbox"/>	Bicycling
C	<input type="checkbox"/>	Caving
D	<input type="checkbox"/>	Climbing, Ice
E	<input type="checkbox"/>	Climbing, Rock
F	<input type="checkbox"/>	Conservation

G	<input type="checkbox"/>	Cross-Country Skiing
H	<input type="checkbox"/>	Hot Potting
I	<input type="checkbox"/>	Kayaking
J	<input type="checkbox"/>	Mountaineering
K	<input type="checkbox"/>	Rafting
L	<input type="checkbox"/>	Trail Maintenance

M	<input type="checkbox"/>	Winter Camping
N	<input type="checkbox"/>	Canoeing
O	<input type="checkbox"/>	Day Hiking
P	<input type="checkbox"/>	Scuba Diving
	<input type="checkbox"/>	
	<input type="checkbox"/>	

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