

Idaho Alpine Club Bulletin

Volume 51 - Issue Number 1 - January 2011

CLIMBING•MOUNTAINEERING•BACKPACKING•DAYHIKING•BICYCLING•XCSKIING•SNOWSHOEING•RAFTING

web site: www.idahoalpineclub.org

e-mail: info@idahoalpineclub.org

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2011 Council

President	Sam Pole	523-4970
Vice-president	Al Jantz	525-8510
Secretary	Susan McKinley	529-4583
Treasurer	Donna Whitham	520-1728

Members-at-Large

Colleen Bohan		529-0151
Karl Bohan		529-0151
Jesi Sweetser	850-819-4231	
Mark Whitham		520-7232

Council Meetings:

Council Meetings are held on the second Thursday of each month at 7:00 PM

Upcoming Council Meetings:

January: Sweetser's Home 12030 Sunrise Circle

February: Whitham's Home 706 Laurelwood Ave.

Activity Coordinators:

Backpacking	Sam Pole	523-4970
Bicycling	Jeff Coward	522-8135
Climbing/Mountaineering	Kevin Coble	201-1840
Conservation	Open	
Cross-Country Skiing / Snowshoeing	Whithams	520-1728
Day Hiking	Sam Pole	523-4970
Rafting	Greg Hulet	523-6199
Trail Maintenance	Alan Crockett	529-5188
Bulletin Editor	Donna Whitham	520-1728
Bulletin Assistant	Mark Whitham	520-7232
Publicity	Open	
Historian/Librarian	Barbara Brown	522-8977
WebMaster	George Cole	716-0024
Program	Bob Tyler	787-2601

General Club Meeting

Held at **7:00 P.M.** on the first WEDNESDAY of each month, normally in the large meeting room of the Idaho Falls Public Library.

NO GENERAL MEETING IN JULY.

JANUARY Bulletin Deadline is:

5 PM on DECEMBER 5

Trip descriptions, reports, and material for inclusion in the next bulletin are due by the 5TH of the month due to bulk mailer deadlines.

Please send electronically to the bulletin editor at editor@idahoalpineclub.org

Note: Hand written or hard copy material will be included in the bulletin, time permitting.

IDAHO ALPINE CLUB

GENERAL MEETING

"CLIMBING AT REDROCK CANYON"

WEDNESDAY, JANUARY 5, 2011 @ 7:00 P.M.

IDAHO FALLS LIBRARY

Every Thanksgiving weekend for each of the last three or four years, the Club has had a climbing trip to Red Rock Canyon National Conservation Area near Las Vegas. This 195,819 acre BLM-managed natural area in the Mojave desert just 17 miles west of Las Vegas has hundreds of named climbing routes ranging in difficulty from 5.00 to 5.14 and Grades I through VI. The red sandstone escarpment has up to 3,000 feet of relief and it's high point, La Madre Mountain, is 8,154 feet. In spite of its close proximity to Las Vegas, technical climbing at Red Rocks made a relatively recent appearance, beginning only around 1968. Now, it is a well known destination in the climbing community, attracting many climbers in the winter months with its moderate temperatures. In late November when the club visits, day time highs average in the low 60's-although this past Thanksgiving saw chilly highs only in the 40's. In addition to the climbing opportunities, hiking, mountain biking, petroglyphs, desert bighorn sheep, peregrine falcons and wild burros serve as draws for visitors to the Red Rock Canyon NCA.

Come and listen as Club members Teak Cummings, Matt Leonard, Ross Allen, Steve Mandela, Tami Sherwood, Julie Geng, and Jerry Painter combine forces at this month's meeting to present a shared slide program showing off some of the interesting and varied climbing routes offered by this beautiful area.

The meeting is open to the public and all outdoor enthusiasts are invited to attend.

For more information contact programs@idahoalpineclub.org, log onto the club website at www.idahoalpineclub.org.

President Speaks

The vagaries of winter are upon us, but good snow has come early and grooming has already begun in the Kelly area, Harriman Park, and Teton County. Cross-country skiing and snowshoeing in these and other areas of the state look like they will be good for much of the season, so keep an eye on announcements in the club newsletter for outing dates. These and other activities, club or otherwise, are great ways to get exercise and enjoy a distinctly different time of the year. Don't hide inside and get the winter blues. A sunny day skiing, snow-shoeing, etc. can make a world of difference to one's mental attitude and sense of life.

With the close of 2010, we start a new club year. This means it is time to renew memberships and promote the club. Members are what make the club and support its recreational activities so please do not delay in your renewals.

Participation on Club Activities

Common Adventures / Trips:

With the exception of rafting trips or trips limited to club members: Non-members may attend a maximum of two club trips or activities, then must be members in good standing to continue participating.

Participants on rafting or limited to club member trips or rafting rentals must be members in good standing. Participants on a club trip must pay any established trip fee, abide by club rules and activity guidelines, and must follow instructions of the activity coordinator.

An individual may not participate in any common adventure/trip of the club unless that individual has read and signed the common adventure form for that specific activity prior to embarking on that adventure / trip / activity.

XCSkiing / Snowshoeing

Contact the Withams 520.1728 or, xcski@idahoalpineclub.org for trip information, meeting location, and to sign up to go on a scheduled trip, unless otherwise indicated in the trip descriptions. If the roads are closed, or the weather too severe, the location of a trip may change or the trip may be canceled at the last minute. Check with us on weekends that are not scheduled in advance. Even on domestic weekends we usually will go over to one of the parks to skate or classic ski or snowshoe with the dogs.

All Trips Carry or Bring Your Own:

1. Water
 2. Food/snacks
 3. Dress in layers. Hat and gloves or mittens. Do NOT show up in cotton clothing to XC-ski or Snowshoe. Wear wool or synthetics with the final layer being a wind and or a waterproof barrier. Bring adequate extra Winter appropriate protective clothing-no cotton.
 4. Minor first aid items including sun screen, personal medications, as needed during the day.
 5. Headlamp (& Batteries)
 6. Map & Compass
 7. Sunglasses
 8. Lightweight shelter / space blanket.
 9. Appropriate equipment-skis or snowshoes, boots, poles, skins, shovel and avalanche transceiver depending on activity or terrain.
 10. Repair kit for your own equipment including duct tape and wax kit or glide liquid.
 11. Mat to sit on
- Other personal items of interest.

January 8 XCSki: Brimstone: The trailhead is a Park-n-Ski area and is located ¼ mile north of the Island Park Ranger Station near Ponds Lodge Resort. There are four large loops classified as beginner to intermediate. The terrain varies from gentle grades to downhill runs through tree groves. There are nine miles of trail in this area. Bring binoculars. We'll meet at Pond's Lodge for breakfast and then XCSki with the Idaho Falls Audubon Society to participate in the Winter Eagle Count after breakfast. Dress warmly as we will be stopping to spot birds, be sure to bring binoculars, and learn a what other birds are wintering

in the area, in addition to counting the eagles. There will be plenty of opportunities to learn from experienced birders about the birds. This is also Idaho State Parks and Recreation's Free Ski day at all the Park-n-Ski lots.

January 9 XCSki or Snowshoe at Harriman State Park: Meet at the park to classic or skate ski or snowshoe the over 10 miles of groomed trails at Harriman State Park. Effective January 1, 2011, Harriman's Day pass is \$4 per skier, plus parking fee is \$5.

January 22 XCSki Ricks Basin: Depending on conditions we will skate or XC ski on the groomed Nordic trails at Grand Targhee Resort. There are 10 miles of groomed trails that range from beginner to advanced. Last year day passes were \$10 for adults and \$5 for seniors or children. The nordic day rates are not posted for 2011 yet.

January 29 Snowshoe / Kelly Canyon: Celebrate a special day! We plan to explore one of the new snowshoe trails in Kelly Canyon and will need a shuttle for this one. Distance: 6 - 8 miles. We plan to be back to town in time go to the Idaho Falls Symphony.

E. Idaho XC-Ski Guides & Maps

Black and white Kelly Canyon Nordic area map brochure will be available locally and at the trailhead. A full color version of the current map can be downloaded from the IF Ski Club's web site, www.ifskiclub.com.

These and additional area maps are available on the Idaho Falls Ski Club Website:

<http://ifskiclub.com>

www.Delorme.com kindly allows the ski club to use these maps.

The IFSC Nordic Ski Schedule is also available at the same web site.

AVALANCHE INTERNET SITES

Cyberspace Snow & Avalanche Center This one stop site provides links to just about everywhere, plus tons of information about avalanche safety in the back-country:

<http://www.csac.org/>

North America: <http://www.avalanche.org/>

Jackson Area: <http://jhavalanche.org/>

Bozeman Area:

<http://www.mtavalanche.com/current/index.shtml>

Island Park Area: <http://islandparksnow.net/>

Avalanche Safety Instruction:

<http://www.avalanchecourse.com/>

http://www.exumguides.com/?page_id=6&progId=15&subProgId=42

XC Ski Trail Conditions

Lone Mountain Resort

http://www.lmranch.com/lmr_content/winter/ski_cond.shtml

Bohart Ski Ranch

<http://www.bohartranchxcski.com/weather.php>

Chief Joseph Ski Trail Conditions

<http://bitterrootxcskiclub.net/trail%20reports.htm>

West Yellowstone

<http://www.rendezvouskitrails.com/report.html>

Rick's Basin (Grand Targhee)

<http://www.grandtarghee.com/winter/snowrpt.php>

Teton Valley (Driggs, Victor, Alta)

<http://www.tvtap.org/>

Harriman State Park

Phone: 208-558-7368

A web cam at Rainbow Reality gives you an idea of the snow on the ground conditions: <http://www.rainbw.com/>

Island Park Ranger District for Brimstone/Bufalo

Phone: 208-558-7301

Ashton Ranger District: Bear Gulch/Mesa Falls/Fall River

Phone: 208-652-7442

Mink Creek Nordic Grooming Report

<http://www.pokyxc.org/7128.html>

Caribou-Targhee Maps on Line

Most of the Palisades and Teton Ranger District color topographic maps on the Caribou-Targhee National Forest web site have been revised to reflect trail number, trail route and trail use changes. Many of the Palisades district trails have been recently GPSed and so the maps are now considerably more accurate. There are 11 maps at a scale of 1:112,500 covering both ranger districts and 13 more detailed maps (hiking scale, 1:50,000) covering popular trails. All maps are Acrobat format and can be printed at home.

Rafting

June 24 - July 4, 2011 (Tentative) Canoe/Kayak Lake Powell Trip. This a flat water trip on the lake, so no downstream current to help. Page (Wahweep) to Bullfrog is approximately 100 miles. We will paddle about 10 miles per day. This is probably not a beginner trip, unless the beginner can paddle that far daily and is appropriately equipped. We are looking at ways to resupply along the way. We will try to put together some practice runs in the spring. Contact Greg Hulet if interested - 523-6199.

Climbing

For information on club climbing trips contact Kevin Coble at 201-1840. Otherwise to find out about climbing locations or impromptu weekend trips you will need to subscribe to the IAC climbing mailing list by visiting:

http://www.macrobotics.com/mailman/listinfo/iac_climbing or, via email, send a message with subject or body 'help' to: iac_climbing-request@macrobotics.com

The weekly climbing location for the winter is generally Stone Walls Climbing Gym on Monday or Wednesday night depending on what is going on at the gym. Subscribe to the IAC climbing mailing list for the day and time each week.

Happening Hounds Pet Services

IAC Member: Liz Downing (208) 757-0108

happeninghounds@gmail.com

Areas covered: Greater Idaho Falls Area

Services: Home visits (minimum half hour), overnights, pet transport, exercise & social interaction for pets, general grooming (no clipping, etc). As a member of a professional pet sitters network, Liz offers reasonably priced, reputable, and insured pet services. For those of us with backyard bird feeders, Liz is a bird watcher too, she will keep them full for you if needed.

Stone Walls Rock Gym

Call 528.8610 for information.

Winter hours are:

4-9 PM Monday - Friday

12-9 PM Saturday

Idaho Alpine Club members may show their membership card to receive \$1 off of the daily admission price.

Trip Reports

Dec. 4: Snowshoe / XCSki / Annual Christmas Tree

Hunt: Karl & Craig Bohan, Garney Hardy, Paul Worth, Behrooz Jalalahmadi, and Mark & Donna Whitham set off in search of the perfect trees to fill our tags with. It was frosty at the trailhead, but by the time we all hiked up Tie Canyon a ways, just about everyone had removed their jackets. Deep snow made it really easy to drag the trees out this year.

Dec 11: Snowshoe / Kelly Canyon: Roger Couch, Mike Cole, Lisa Hamilton, Pete Miller, and Mark & Donna Whitham snowshoed up the Kelly Canyon road in the sunshine, on a frosty and foggy morning in Idaho Falls. The Connector, Slot, Snowshoer's Delight, and Corkscrew loop was quite delightful and kept us plenty warm. We could see for miles and miles from the top of the ridge. A nice soak at Heise Hot Springs finished the day.

50th Anniversary IAC Logo T-Shirts Retro IAC Patches!

Short sleeves or long sleeves, crew neck, heather grey, some black and some white. Dri Release material with embroidered 50th Anniversary IAC Logo! Short sleeve \$20 each. Long sleeve \$25 each. Sizes Small, Medium, Large, and X-Large.

A women's style short sleeve shirt is available for \$20 on a prepaid special order basis. It is fitted with shorter sleeves in a wicking material.

A limited number of embroidered Color IAC Logo Patches are available for \$10 each.

The shirts and patches are available at the monthly meetings or contact the club Treasurer to get yours sooner.

RENEW YOUR MEMBERSHIP NOW IF YOU HAVEN'T
ALREADY

Dates to Remember:

- Jan 5: IAC General Meeting:
CLIMBING AT RED ROCK
CANYON
- Jan 8: XCSki / Brimstone
- Jan 9: XCSki or Snowshoe / Harriman
- Jan 22: XCSki / Rick's Basin
- Jan 29: Snowshoe / Kelly Canyon

Climbing: Subscribe to find out updates to the weekly climbing plans. See page 2 for information on how to subscribe.

Become a Fan

Find us on Facebook. Last minute trips can be posted on the wall. Additionally, photos from club trips you have gone on can be posted on the wall singly or as an album.

RENEW YOUR MEMBERSHIP NOW IF YOU HAVEN'T ALREADY

Enjoy the outdoors with the IAC

Join today

For more information write to the address below or visit our web site to download a free newsletter and application:

Idaho Alpine Club
P.O. Box 2883
Idaho Falls, Idaho 83403-2883
www.IdahoAlpineClub.org

Membership Fees

	Full Year	7/1 - 10/1
Individuals:	\$20	\$15
Family:	\$25	\$20

After October 1, the payment of full year fee applies to the following year.

Full-time students (18 or older) and seniors (65 or older): \$5 off the above fee schedule.

IAC Council Meeting Monthly minutes are available on line.

Support the Merchants who Support the IAC

Show your membership card for 10% discounts on regularly priced merchandise:

- ★ Happening Hounds Pet Services
Liz Downing (208) 757-0108
happeninghounds@yahoo.com
- ★ Idaho Mountain Trading 523-6679
Shoup & B (Non-Sale Items Only)
- ★ Alpine Schwinn 523-1226
1352 S. Holmes Ave. (Excludes bicycles)
- ★ Bill's Bike Shop 522-3341
805 S. Holmes Ave. (Excludes bicycles)
- ★ Canyon Whitewater Supply
522-3932 (Accessories Only)
450 S Yellowstone, Idaho Falls
- ★ 3 Peaks 523-PEAK
910 E. Lincoln Rd. (Non-Sale Items Only)
- ★ Lynna and Leland Howard offer a 10% discount on all of their published books. 357-1917 or 357-3166; lynna.howard@mac.com
leland@wildernessbooks.com
- ★ Discounts on Jerry Painter's Hiking & Biking guide books

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