

Idaho Alpine Club Bulletin

Volume 53 - Issue Number 1 - January 2013

CLIMBING•MOUNTAINEERING•BACKPACKING•DAYHIKING•BICYCLING•XCSKIING•SNOWSHOEING•RAFTING

web site: www.idahoalpineclub.org

e-mail: info@idahoalpineclub.org

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2013 Council

President	Sam Pole	523-4970
Vice-president	Sue Braastad	881-4354
Secretary	Susan McKinley	529-4583
Treasurer	Donna Whitham	520-1728

Members-at-Large

Colleen Bohan	529-0151
Karl Bohan	529-0151
Ken Durstine	524.3505
Sheila Kappel	528.8788
Joyce Storey	521-2572
Mark Whitham	520-7232

Council Meetings:

Council Meetings are generally held on the second Thursday of each month at 7:00 PM. IAC Council Meeting Monthly minutes are available on line.

Upcoming Council Meetings:

Jan 17: Whitham's Home 706 Laurelwood Ave

Activity Coordinators:

Backpacking	Sam Pole	523-4970
Bicycling	Jeff Coward	522-8135
Climbing/Mountaineering		
	Kevin Coble	201-1840
Conservation	Open	
Cross-Country Skiing / Snowshoeing		
	Whithams	520-1728
Day Hiking	Sam Pole	523-4970
Rafting	Greg Hulet	523-6199
Trail Maintenance	Alan Crockett	529-5188
Bulletin Editor	Donna Whitham	520-1728
Bulletin Assistant	Mark Whitham	520-7232
Publicity	Open	
Historian/Librarian	Barbara Brown	522-8977
WebMaster	George Cole	716-0024
Program	Bob Tyler	787-2601

General Club Meeting

Held at **7:00 P.M.** on the first WEDNESDAY of each month, normally in the Beaverhead meeting room at the Idaho Fish and Game office.

NO GENERAL MEETING IN JULY.

FEBRUARY Bulletin Deadline is:

5 PM on JANUARY 5

Trip descriptions, reports, and material for inclusion in the next bulletin are due by the **5TH** of the month due to bulk mailer deadlines.

Please send electronically to the bulletin editor at editor@idahoalpineclub.org

Note: Hand written or hard copy material will be included in the bulletin, time permitting.

IDAHO ALPINE CLUB GENERAL MEETING

TREKKING TO ANNAPURNA BASE CAMP

WEDNESDAY, JANUARY 9, 2013 @ 7:00 PM

>>> MEETING LOCATION <<<

**IDAHO DEPARTMENT OF FISH AND GAME
4279 COMMERCE CIRCLE, IDAHO FALLS
THE BEAVERHEAD ROOM (UPSTAIRS)**

From Highway 20 and St Leon road, go south to Commerce Cir. Turn right (west) and follow around to IDF&G / IDPR building. Door is on South side of building.

Alan Crockett will share slides of his October-November 2011 trek to Annapurna Base Camp at our meeting this month. Alan did the 11 day trek with friends John Buzzell, Bob Schaeffer and Ken Katsma. They joined seven other trekkers on a tour organized by Intrepid Travel using porters to carry their gear and staying in teahouses at night.

The trek began and ended at the ancient trade route city of Pokhara and covered 75 miles climbing to a maximum elevation of about 13,700 feet. After initially climbing through subtropical forests of magnolia, bamboo and rhododendron, Alan's trek eventually ascended into the Annapurna Sanctuary, a basin surrounded by views of Annapurna South, Annapurna I and III, Gangapurna, Fang and Machapuchare. Come and enjoy Alan's account of his trek into one of the world's most beautiful alpine regions.

For more information contact programs@idahoalpineclub.org, log onto the club website at www.idahoalpineclub.org.

President Speaks

A year closes and another begins. From talking with club members I gather 2012 was a fun and interesting 12 months. Club outdoor activities continue to be enjoyed by our membership and get members out to try different venues. Thus with the start of 2013 members have a chance to expand on their recreational pursuits, beginning with cross-country skiing and snowshoeing (provided we get some snow). In any case, make getting out more one of your new year's resolutions.

Also, beginning with January, we have new council members, Ken Durstine, Sheila Kappel, and Joyce Storey. Leaving the council was Lisa Hamilton. Thanks for your time and energy. See you on the trails.

Anyone interested in getting out should post on the Facebook page a day or so ahead in so someone else can make plans to pick up a trip with them.

Happy New Year!!! Sam Pole

Banff Mountain Film Festival World Tour

7pm, Friday, Feb. 8, 2013

The Idaho Falls Nordic Ski Patrol is pleased to host a local showing of the 2012 / 2013 Banff Mountain Film Festival World Tour. Our Banff show (our 16th) is set for 7pm Friday February 8, 2013 at the Colonial.

All seating for the main floor (637) and balcony (326) is RESERVED (\$15). There is no general seating or discount. The previous 4 shows were sold out two weeks in advance.

Beginning Monday November 26, 2012, all tickets are reserved and will be sold through the Colonial Theater Box office (498 A street, 522-0471). On-line ticketing with an updated seating chart is also available at <http://www.idahofallsarts.org>.

Please note that tickets will not be sold at stores or by ski patrollers.

Support the Nordic Ski Patrol. Proceeds from the benefit are used for first aid equipment, training, supplies, and maintenance of the patrol hut at Harriman State Park.

Participation on Club Activities

Common Adventures / Trips:

With the exception of rafting trips, trips which require the use of any club equipment, or trips limited to club members: non-members may attend a maximum of ONE club trip or activity, then must be members in good standing to continue participating.

Participants must be members in good standing to go on rafting trips, trips which require the use of any club equipment, or trips limited to club members only, or needing rafting rentals. Participants on a club trip must pay any established trip fee, abide by club

rules and activity guidelines, and must follow instructions of the activity coordinator.

An individual may not participate in any common adventure/trip of the club unless that individual has read and signed the common adventure form for that specific activity prior to embarking on that adventure / trip / activity.

XCSkiing / Snowshoeing

Contact the Whithams 520.1728 or, xcski@idahoalpineclub.org for trip information, meeting location, and to sign up to go on a scheduled trip, unless otherwise indicated in the trip descriptions. Additional trips to be added over the winter, depending on conditions. If the roads are closed, or the weather too severe, the location of a trip may change or the trip may be canceled at the last minute.

Check with us on weekends that are not scheduled in advance. Even on domestic weekends we usually will go over to one of the parks to skate or classic ski or snowshoe for a few hours with the dogs.

Carry or Bring Your Own:

1. Water
 2. Food/snacks
 3. Dress in layers. Bring adequate extra Winter appropriate protective clothing-no cotton. Hat and gloves or mittens.
 4. Minor first aid items including sun screen, personal medications, as needed during the day.
 5. Headlamp (& Batteries)
 6. Map & Compass
 7. Sunglasses
 8. Lightweight shelter / space blanket.
 9. Appropriate equipment-skis or snowshoes, boots, poles, skins, shovel and avalanche transceiver depending on activity or terrain.
 - 10 Repair kit for your own equipment including duct tape and wax kit or glide liquid.
 - 11 Mat to sit on
- Other personal items of interest.

January 1 Snowshoe/Kelly Canyon Nordic Area:

Join us in welcoming in the new year with a snowshoe trip and an optional soak at Heise Hot Springs afterwards. The trails are adjacent to the Kelly Canyon Ski Resort about 30 - 45 minutes NE of town.

January 26 XCSki / Harriman State Park:

Celebrate the New Year. Meet at the park to classic or skate ski the over 10 miles of groomed trails at Harriman State Park. Harriman's day pass is \$4 per skier, plus parking fee is \$5.

Climbing

For information on club climbing trips contact Kevin Coble at 201-1840. To find out about Fall weekly climbing locations or impromptu weekend trips, subscribe to the IAC climbing mailing list by visiting:

http://www.macrobotics.com/mailman/listinfo.cgi/iac_climbing
or, via email, send a message with subject or body 'help' to: iac_climbing-request@macrobotics.com.

YMCA Rock Climbing Gym

Call 528.8610 for information.

SUMMER HOURS:

TUESDAY 4PM - 9PM & SATURDAY NOON - 9PM

WINTER HOURS

(Effective October 1):

MONDAY - FRIDAY 4PM - 9PM

SATURDAY NOON - 9PM SUNDAY CLOSED

Idaho Alpine Club members may show their membership card to receive 10% off of daily rates or the 10 punch card.

TRIP REPORTS

Annual Christmas Tree Hunt: We had planned to go on December 1. With rain washing the snow off and making mud in the higher elevations, the trip was rescheduled on December 8. Blue sky and cold temps in the teens made it seem more Christmasy as four of us arrived at the trail head. The Butler family from Shelley was busy setting up their stove and pulling on extra clothing when we arrived. After exchanging pleasantries, everyone plunged into the depths of the forest for the task at hand: Finding the perfect Christmas tree. It was very cold, but we found the perfect tree. It was slayed, then we dragged its carcass through the 2" of snow, up and down the ridge, until we found the car (and the Butlers serving yummy hot potato soup, hot chocolate, and cookies). Next year we are planning a tailgate party with the Butlers. Attendees were Susan McKinley, Abbie Zaladonis, and the Whithams.

Cress Creek Trail: What a fun, scenic, hike and so close to town, we will do this one again this winter, spring solstice maybe? The panorama, from the Tetons to the Lemhis, at the high point on the loop, is spectacular. Leaving the trail we hiked up the ridge, where a Bald Eagle flew overhead while we again enjoyed the view of the Snake River Plain. After completing the loop, we dropped down a set of stairs to access the river and hike its banks, spotting a Belted Kingfisher along the way. Attendees: Sue McKinley, Sheila Kappel, Steve Dahms, and the Whithams.

AVALANCHE INTERNET SITES

Cyberspace Snow & Avalanche Center This one stop site provides links to just about everywhere, plus tons of information about avalanche safety in the back-country: <http://www.csac.org>

North America: <http://www.avalanche.org>

Jackson Area: <http://jhalanche.org>

Bozeman Area: <http://www.mtavalanche.com>

Avalanche Safety Instruction:

<http://americanavalancheinstitute.com/aii/Home.html>

XC Ski Trail Conditions

Lone Mountain Resort

http://www.lmranch.com/lmr_content/winter/ski_cond.shtml

Bohart Ski Ranch

<http://www.bohartranchxcski.com/trail-conditions/>

Chief Joseph Ski Trail Conditions

<http://bitterrootxcskiclub.net/trail%20reports.htm>

West Yellowstone

<http://www.rendezvouskitrails.com/grooming-report/>

Rick's Basin (Grand Targhee)

<http://www.grandtarghee.com/the-mountain/grooming-map.php>

Teton Valley (Driggs, Victor, Alta)

<http://tvtap.org/nordic-grooming>

Harriman State Park (sign up for their Facebook page for current conditions) or call: Phone: 208-558-7368

Mink Creek Nordic Grooming Report

<http://www.pokyxc.org/7128.html>

Island Park Ranger District for Brimstone/Buffalo

Phone: 208-558-7301

Ashton Ranger District for Bear Gulch/Mesa Falls and Fall River Ridge Phone: 208-652-7442

IAC Logo T-Shirts & Patches!

Dri Release material with embroidered IAC Logo! Small, Medium, Large, and X-Large Short sleeve \$20 each. Long sleeve \$25 each. A women's style short sleeve shirt is available for \$20 on a prepaid special order basis. It is fitted with shorter sleeves in a wicking material.

A limited number of embroidered Color IAC Logo Patches are available for \$10 each.

MEMBERSHIP RENEWALS

Membership renewals are now due. Updated member lists will be provided to the activity coordinators in January. If you have renewed or joined the IAC since October 1, you should have a red membership card. Memberships are for one calendar year only. Please support the club and join or renew for 2013. Membership is required to participate in activities using club gear, i.e.; climbing and rafting (water) activities or after participating in one of any other activities.

Dates to Remember:

Jan 9: IAC GENERAL MEETING
TREKKING TO ANNAPURNA
BASE CAMP

Jan 1: Snowshoe / Kelly Canyon

Jan 26: XC-Ski / Harriman State Park

Climbing: Subscribe to find out updates to the weekly winter climbing plans. See page 2 for information on how to subscribe.

Become a Fan

Find us on Facebook. Last minute trips can be posted on the wall. Additionally, photos from club trips you have gone on can be easily posted on the wall singly or as an album if you took a lot of photos.

Enjoy the outdoors with the IAC Join today

For more information write to the address below or visit our web site to download a free newsletter and application:

Idaho Alpine Club
P.O. Box 2883
Idaho Falls, Idaho 83403-2883
www.IdahoAlpineClub.org

Membership Fees

	Full Year	
	10/1	7/1-12/31
Individuals:	\$25	\$20
Family:	\$30	\$25

After October 1, the payment of full year fee applies to the following year. Full-time students (18 or older) and seniors (65 or older): \$5 off the above fee schedule.

IAC Council Meeting Monthly minutes are available on line.

Support the Merchants who Support the IAC

Show your membership card for 10% discounts on regularly priced merchandise:

- Idaho Mountain Trading 523-6679 Shoup & B (Non-Sale Items Only)
- Bill's Bike Shop 522-3341 805 S. Holmes Ave. (Excludes bicycles)
- Canyon Whitewater Supply 522-3932 (Accessories Only) 450 S Yellowstone, Idaho Falls
- The Preparedness Store & Bosch Kitchen Center 120 Northgate Mile Idaho Falls, ID 524-8300 10% off backpacking, dehydrated & freeze-dried foods 10% off any outdoor accessories
- YMCA Climbing Gym 528-8610 755 South Capital Avenue
- Lynna and Leland Howard offer a 10% discount on all of their published books. 357-1917 or 357-3166; lynna.howard@mac.com leland@wildernessbooks.com
- Discounts on Jerry Painter's Hiking & Biking guide books