

Idaho Alpine Club Bulletin

Volume 54 - Issue Number 1 - January 2014

CLIMBING•MOUNTAINEERING•BACKPACKING•DAYHIKING•BICYCLING•XCSKIING•SNOWSHOEING•RAFTING

web site: www.idahoalpineclub.org

e-mail: info@idahoalpineclub.org

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2014 Council

President	Sue Braastad	881-4354
Vice-president	Karl Bohan	529-0151
Secretary	Susan McKinley	529-4583
Treasurer	Donna Whitham	520-1728

Members-at-Large

Colleen Bohan	529-0151
Ken Durstine	524-3505
Sheila Kappel	528.8788
Sam Pole	520-3630
Richard Scheerer	881-6331
Mark Whitham	520-7232

Council Meetings:

Council Meetings are generally held on the second Thursday of each month at 7:00 PM. IAC Council Meeting Monthly minutes are available on line.

Upcoming Council Meetings:

Jan 14: Whitham's Home	706 Laurelwood
Feb 11: McKinley's Home	425 Pervero

Activity Coordinators:

Backpacking	Sam Pole	520-3630
Bicycling	Ken Durstine	524-3505
Climbing/Mountaineering	Kevin Coble	201-1840
Conservation	Open	
Cross-Country Skiing / Snowshoeing	Whithams	520-1728
Day Hiking	Sam Pole	520-3630
Rafting	Greg Hulet	523-6199
Trail Maintenance	Alan Crockett	529-5188
Bulletin Editor	Donna Whitham	520-1728
Publicity	Open	
Historian/Librarian	Barbara Brown	522-8977
WebMaster	George Cole	716-0024
Program	Bob Tyler	787-2601

General Club Meeting

Held at **7:00 P.M.** on the first WEDNESDAY of each month, in the meeting location indicated in the program description.

NO GENERAL MEETING IN JULY.

February Bulletin Deadline is:

5 PM on JANUARY 5

Trip descriptions, reports, and material for inclusion in the next bulletin are due by the **5TH** of the month due to bulk mailer deadlines.

Please send electronically to the bulletin editor at editor@idahoalpineclub.org

NOTE: Hand written or hard copy material will be included in the bulletin, time permitting.

IDAHO ALPINE CLUB GENERAL MEETING

'TREKKING THE SOUTHERN PATAGONIAN ANDES'

WEDNESDAY, JANUARY 8, 2014 @ 7:00 PM

DEVELOPMENT WORKSHOP

555 WEST 25TH ST

From 17th Street & Rollendet, go south to 25th Street. Turn right (west). IDW is on the left side of street. Park in the parking lot to the east of the building. Enter via front door, then follow hallway around to the right to the meeting room.

The second largest ice sheet outside of Antarctica is one of the forces that created some of the most impressive alpine scenery in the world. Bob Schaefer and his son got a taste of this phenomenon last January on their intense, two-week-long, do-it-yourself trip to the Andes region of southern Patagonia. Half that time was spent traveling by plane, bus or boat, which turned out to offer some insight into local culture and politics, and afforded great views of wildlife and scenery. The other half consisted of long day hikes in Argentina's Parque Nacional Los Glaciares-viewing Cerro Torre and Monte Fitz Roy-and a backpacking trek in Chile's Parque Nacional Torres del Paine on the so-called "W" route. They threw in a six-hour-long day hike through the streets of Buenos Aires at the end. Bob will present photos and movie clips taken on their trip. See calving glaciers, white-water ducks, granite spires, wind-swept lakes, wildflowers, and some street art.

The meeting is open to the public and all outdoor enthusiasts are invited to attend. For more information contact programs@idahoalpineclub.org, log onto the club website at www.idahoalpineclub.org



President Speaks

I hope everyone enjoyed the below average temperatures in December 2013. Snow was also a little below normal but still good for cross-country skiing and snowshoeing. Let's hope the season will improve through the remainder of this winter because we need a good snow pack to fill our reservoirs. Having read The Long Summer and its documentation of population vulnerabilities to climate, I more than ever recognize our regional sensitivity to capricious weather. So snow dancing is in order.

With the start of 2014 the club has new leaders: President, Sue Braastad and Vice-President, Karl Bohan. They have been on the council for a number of years and will do a fine job of leading the club going forward. Thanks for stepping up to the plate, I enjoyed it. As also noted in the December general meeting, Richard Scheerer is the newest member of the council. All else remains the same.

Sam Pole, outgoing President

Participation on Club Activities Common Adventures / Trips:

With the exception of rafting trips, trips which require the use of any club equipment, or trips limited to club members: non-members may attend a maximum of ONE club trip or activity, then must be members in good standing to continue participating.

Participants must be members in good standing to go on rafting trips, trips which require the use of any club equipment, or trips limited to club members only, or needing rafting rentals. Participants on a club trip must pay any established trip fee, abide by club rules and activity guidelines, and must follow instructions of the activity coordinator.

An individual may not participate in any common adventure/trip of the club unless that individual has read and signed the common adventure form for that specific activity prior to embarking on that adventure / trip / activity.

XCSkiing / Snowshoeing

Contact the Whithams 520.1728 or, xcski@idahoalpineclub.org 24 hours prior to a trip, for trip information, meeting location, and to sign up to go on a scheduled trip, unless otherwise indicated in the trip descriptions. Inclement weather, exposure, traveling on snow can change an "easy" trip to a "difficult" trip in a matter of minutes. These trips are not guided. These are self-supported, group adventure outings. Each trip has a leader who serves as a resource to the group and provides some basic trip structure. Participants are expected to evaluate their own physical and mental abilities prior to participating, assist with transportation, cooperate with others, participate in decision-making, identify and reduce risk to themselves and the group, and be self-reliant in preparations. The IAC has no Snowshoeing or XC-Ski gear to loan. For all outings, participants are expected to bring the appropriate gear (and be knowledgeable and experienced in its use). Trip lengths are indicated for an approximate round trip distance. Contact leaders with questions if you are new to Snowshoeing, XC-Skiing, or new to the area. Watch the FaceBook page and also the Climbing List for early season and back country trips, depending on conditions. If the roads are closed, or the weather too severe, the location of a trip may change or the trip may be canceled at the last minute.

Carry or Bring Your Own:

1. Water
 2. Food/snacks
 3. Dress in layers. Bring adequate extra Winter appropriate protective clothing-no cotton. Hat and gloves or mittens.
 4. Minor first aid items including sun screen, personal medications, as needed during the day.
 5. Headlamp (& Batteries)
 6. Map & Compass
 7. Sunglasses
 8. Lightweight shelter / space blanket.
 9. Appropriate equipment-skis or snowshoes, boots, poles, skins, shovel and avalanche transceiver depending on activity or terrain.
 - 10 Repair kit for your own equipment including duct tape and wax kit or glide liquid.
 - 11 Mat to sit on
- Other personal items of interest.

January 1 Hike or Snowshoe / Cress Creek Trail: Join us in welcoming in the new year with a snowshoe trip to celebrate the new year and an optional soak at Heise Hot Springs afterwards. The trail is near the Kelly Canyon Ski Resort about 30 - 45 minutes NE of town. Approximately 3 miles.

January 4 XCSki / Harriman State Park: Celebrate the New Year. Meet at the park to classic or skate ski the over 10 miles of groomed trails at Harriman State Park. Harriman's day pass is \$4 per skier, plus parking fee is \$5.

January 25 XC Ski / Craters of the Moon: Join us in cross-country skiing the Loop Drive. The groomed track is nearly 5-miles in length with mostly level terrain or gentle hills. There is one steep hill on the southwest flank of Inferno Cone. There is no charge for skiing at Craters of the Moon. This trip is weather and snow condition dependent.

February 1 Snowshoe / Mink Creek: Join us in exploring Mink Creek with a snowshoe trip on the trails near Pocatello. This is a Park 'n' Ski permit required trailhead. Permits are \$7.50/3 Day or \$25.00/Annual and are available at Idaho Mt. Trading, IDPR East Region HQ, Sportsman's Warehouse, East Idaho Visitors Ctr, Scotts Ski, and the Raven's Nest.

Park N' Ski in Idaho

Strap on the skis or snowshoes and enjoy the snow at any of 17 Park N' Ski areas across Idaho. Over 180 miles of groomed and un-groomed trails are marked in some of the most scenic areas in Idaho. Revenues from the sale of permits go toward plowing parking lots and improving Nordic ski and snowshoe opportunities. Upon purchasing, skiers and snowshoers can designate which area they would like to have receive their fee. This gives permit purchasers an opportunity to help make improvements to an area of their choice. Additionally, annual permits are good at Park N' Ski areas in Oregon due to a reciprocity agreement. You must purchase and display your permit in the proper location on your vehicle in order to avoid citations.

The Park N' Ski program is managed primarily by Idaho Department of Parks and Recreation, with cooperation and support from U.S. Forest Service, the Idaho Department of Lands, the Idaho Department of Transportation, and many local recreation user groups who provide volunteer trail-enhancement work to make it all possible.

The US Forest Service Ashton/Island Park District plans to continue grooming all the ski trails at Buffalo/Brimstone, Bear Gulch/Mesa Falls and Fall River Ridge on a weekly basis depending on snow conditions.

Parking at Park N' Ski areas requires a \$25 annual permit or a \$7.50 three day permit that is available from several locations including Forest Service offices, the IF Chamber of Commerce and Idaho Mountain Trading Company. Please note that Harriman State Park is not a Park N' Ski permit area and requires separate parking and grooming fees

Banff Mountain Film Festival World Tour

7pm, Friday, Feb. 7, 2014

Join the Idaho Falls Nordic Ski Patrol when the Banff Mountain Film Festival World Tour brings the spirit of outdoor adventure to Idaho Falls, at the Colonial Theater at 7pm on Friday February 7, 2014.

The Idaho Falls show will feature over 2 ½ hours of films with extreme skiing, climbing, water sports, exotic cultures and high adventures. The program content is family oriented. There is a drawing for door prizes. The gallery will host displays from local organizations.

All tickets are reserved seating (\$15). For information contact Colonial Theater Ticketing Office (522-0471, 498 A Street) or go the Idaho Falls Arts website (<http://www.idahofallsarts.org/>). The tickets go on sale Monday December 2, 2014. The previous 5 shows were sold out weeks in advance.

Please note that tickets will not be sold at stores or by ski patrollers.

Support the Nordic Ski Patrol. Proceeds from the benefit are used for first aid equipment, training, supplies, and maintenance of the patrol hut at Harriman State Park.

AVALANCHE INTERNET SITES

Cyberspace Snow & Avalanche Center This one stop site provides links to just about everywhere, plus tons of information about avalanche safety in the back-country: <http://www.csac.org>

North America: <http://www.avalanche.org>

Jackson Area: <http://jhalavalanche.org>

Bozeman Area: <http://www.mtavalanche.com>

Avalanche Safety Instruction:

<http://americanavalancheinstitute.com/aai/Home.html>

XC Ski Trail Conditions

Lone Mountain Resort

http://www.lmranch.com/lmr_content/winter/ski_cond.shtml

Bohart Ski Ranch

<http://www.bohartranchxcski.com/trail-conditions/>

Chief Joseph Ski Trail Conditions

<http://bitterrootxcskiclub.net/trail%20reports.htm>

West Yellowstone

<http://www.rendezvouskitrails.com/grooming-report/>

Rick's Basin (Grand Targhee)

<http://www.grandtarghee.com/the-mountain/grooming-map.php>

Teton Valley (Driggs, Victor, Alta)

<http://tvtap.org/nordic-grooming>

Harriman State Park (sign up for their Facebook page for current conditions) or call: Phone: 208-558-7368

Climbing

For information on club climbing trips contact Kevin Coble at 201-1840. To find out about Fall weekly climbing locations or impromptu weekend trips, subscribe to the IAC climbing mailing list by visiting:

http://www.macrobotics.com/mailman/listinfo.cgi/iac_climbing or, via email, send a message with subject or body 'help' to: iac_climbing-request@macrobotics.com.

YMCA Rock Climbing Gym

Call 528.8610 for information.

SUMMER HOURS (June 1-September 30):

TUESDAY 4PM - 9PM SATURDAY NOON - 9PM

WINTER HOURS (Effective October 1):

MONDAY - FRIDAY 4PM - 9PM

SATURDAY NOON - 9PM SUNDAY CLOSED

Idaho Alpine Club members may show their membership card to receive 10% off daily rates or 10 punch card.

TRIP REPORTS

2013 Christmas Tree Hunt & Tailgate Party

A magical snowy Christmas tree hunt, tailgate party, and hot spring soak! It was about 10 degrees warmer in the mountains when the nine of us arrived at the trail head. The Butler family from Shelley was busy setting up their stove and pulling on extra clothing when we arrived. After exchanging pleasantries, everyone plunged into the depths of the forest to find the perfect Christmas tree. Hot Chili, Turkey Soup, hot chocolate, sandwiches, and an assortment of treats were a welcome repast after the trees were slain. Heise was nearly deserted but the soak was worth every minute we spent in the cold. Attendees were Susan McKinley, Karl and Colleen Bohan, John Braastad, Sheila Kappel, Garney Hardy, Paul Worth, Linda and Bob Butler family of 14, and the Whithams.

IAC Logo T-Shirts & Patches!

Dri Release material with embroidered IAC Logo! Small, Medium, Large, and X-Large Short sleeve \$20 each. Long sleeve \$25 each. A women's style short sleeve shirt is available for \$20 on a prepaid special order basis. It is fitted with shorter sleeves in a wicking material. A limited number of embroidered Color IAC Logo Patches are available for \$10 each.

MEMBERSHIP RENEWALS

It is time to start renewing memberships. Memberships are for one year only. They are not life memberships. If you intend to participate or continue participating in club activities, please join or rejoin for 2014. Membership is required to participate in activities using club gear, i.e.; climbing and rafting (or water) activities or after participating in one of any other activities.

Dates to Remember:

Jan 8: IAC GENERAL MEETING
“TREKKING IN THE SOUTHERN
PATAGONIAN ANDES”

Jan 1: Hike Snowshoe / Cress Creek
Trail

Jan 4: XCSki / Harriman State Park

Jan 25: XC Ski / Craters of the Moon

Feb 1: Snowshoe / Mink Creek

Feb 7: Banff Mountain Film Festival

Climbing: Subscribe to find out
updates to the weekly
winter climbing plans. See
page 3 for information on
how to subscribe.

Become a Fan

Find us on Facebook. Last minute
trips can be posted on the wall.
Additionally, photos from club trips
you have gone on can be easily posted
on the wall singly or as an album if
you took a lot of photos.

**Enjoy the outdoors with the
IAC**

Join today

*For more information write to the
address below or visit our web site to
download a free newsletter and
application:*

Idaho Alpine Club
P.O. Box 2883
Idaho Falls, Idaho 83403-2883
www.IdahoAlpineClub.org

Membership Fees

	Full Year	
	10/1	7/1-12/31
Individuals:	\$25	\$20
Family:	\$30	\$25

After October 1, the payment of full
year fee applies to the following year.
Full-time students (18 or older) and
seniors (65 or older): \$5 off the
above fee schedule.

IAC Council Meeting Monthly minutes
are available on line.

**Support the Merchants who
Support the IAC**

Show your membership card for
10% discounts on regularly priced
merchandise:

- Idaho Mountain Trading 523-6679
Shoup & B (Non-Sale Items Only)
- Bill's Bike Shop 522-3341
Snake River Crossing (Excludes
bicycles)
- Canyon Whitewater Supply
522-3932 (Accessories Only)
450 S Yellowstone, Idaho Falls
- The Preparedness Store & Bosch
Kitchen Center 120 Northgate Mile
Idaho Falls, ID 524-8300
10% off backpacking, dehydrated
& freeze-dried foods 10% off any
outdoor accessories
- YMCA Climbing Gym 528-8610
755 South Capital Avenue
- Lynna and Leland Howard offer a
10% discount on all of their
published books. 357-1917 or
357-3166; lynna.howard@mac.com
leland@wildernessbooks.com
- Discounts on Jerry Painter's Hiking
& Biking guide books