

# Idaho Alpine Club Bulletin

Volume 49 - Issue Number 7 - July 2009

CLIMBING MOUNTAINEERING BACKPACKING DAYHIKING BICYCLING XCSKIING SNOWSHOEING RAFTING

web site: [www.idahoalpineclub.org](http://www.idahoalpineclub.org)

e-mail: [info@idahoalpineclub.org](mailto:info@idahoalpineclub.org)

## 2009 Council

President	Mark Whitham	520-7232
Vice-president	Teak Cummings	524-5136
	Jeff Coward	522-8135
Secretary	Susan McKinley	529-4583
Treasurer	Donna Whitham	520-1728

## Members-at-Large

Colleen Bohan	529-0151
Jim McBride	529-0586
Sam Pole	523-4970

## Council Meetings:

Council Meetings are held on the second TUESDAY of each month at 7:00 PM until further notice

Upcoming Council Meetings:

July: Cumming's Home 1860 Whitney

August: McBride's Home 1935 S. Boulevard

## Activity Coordinators:

Backpacking	Sam Pole	523-4970
Bicycling	Jeff Coward	522-8135
Climbing/Mountaineering		
	Kevin Coble	529-8142
	Eric Larsen	522-9354
Conservation	Open	787-2601
Cross-Country Skiing / Snowshoeing		
	Whithams	520-1728
Day Hiking	Sam Pole	523-4970
Rafting	Greg Hulet	523-6199
Trail Maintenance	Alan Crockett	529-5188
Bulletin Editor	Donna Whitham	520-1728
Bulletin Assistant	Mark Whitham	520-7232
Publicity	Open	787-2601
Historian/Librarian	Barbara Brown	522-8977
WebMaster	George Cole	716-0024
Program	Bob Tyler	787-2601

## General Club Meeting

Held at **7:30 P.M.** on the first WEDNESDAY of each month, normally in the large meeting room of the Idaho Falls Public Library.

NO GENERAL MEETING IN JULY.

### **AUGUST Bulletin Deadline is:**

**5 PM on JULY 10**

Trip descriptions, reports, and material for inclusion in the next bulletin are due by the 10th of the month due to bulk mailer deadlines.

Please send electronically to the bulletin editor at [editor@idahoalpineclub.org](mailto:editor@idahoalpineclub.org)

Note: Hand written or hard copy material will be included in the bulletin, time permitting.

## IDAHO ALPINE CLUB

### "Must Get Out and Have Fun"

### No Regular Meeting in July

## MARK YOUR CALENDARS FOR THE

## ANNUAL IAC PICNIC

### AUGUST 12<sup>th</sup>

### Details in the Next Bulletin

### President Speaks

Hey everyone; with rainfall running 300% of normal in June, it's put a damper on more than one trip this spring. When you do get out remember to check the weather forecast for the area you are headed to and plan accordingly.

Lightning is a real danger especially in the high country. I've been chased off many ridges and mountain tops by seemingly small clouds that were full of static electricity.

So be safe this summer and remember that there is no meeting in July and the summer picnic is August 12, a week later than usual.

Now get out, and have fun that's what summer was made for.

Mark

### **Participation on Club Activities Common Adventure / Trips:**

With the exception of rafting, Non-members may attend a maximum of two club trips or activities, then must be members in good standing to continue participating.

Participants on rafting trips or rafting rentals must be members in good standing.

Participants on a club trip must pay any established trip fee, abide by club rules and activity guidelines, and must follow instructions of the activity coordinator.

An individual may not participate in any common adventure/trip of the club unless that individual has read and signed the common adventure form for that specific activity prior to embarking on that adventure / trip / activity.

### **Day Hiking / Backpacking**

Unless otherwise indicated in the trip descriptions contact Sam Pole: Home-523-4970, cell-520-3630, or email sbpole@cableone.net for trip information and to sign up to go on a scheduled trip.

Well, we are into the new year and I hope all of you are looking forward to hiking, biking, rafting, climbing, etc. following your winter activities. For the previous seasons I have had the uncanny ability to pick a fairly high number of week-ends with bad weather (Rain, snow, freezing temps, and high winds). I'll try to pick better weather days for the 2009 hiking season. I will also continue to schedule Thursday hikes. In addition, I intend to include one over-night hike each month. Some multi-night hikes are also planned. So, check your club bulletin to see scheduled activities and mark your calendars for some hiking in 2009. Sam Pole, Hiking Coordinator.

### **All Trips Bring Your Own:**

1. Water
  2. Food/snacks
  3. Dress in layers. Bring adequate extra appropriate protective clothing - no cotton. Hat and gloves or mittens.
  4. Minor first aid items including sun screen, personal medications, as needed during the day.
  5. Headlamp (& Batteries)
  6. Map & Compass
  7. Sunglasses
  8. Lightweight shelter/space blanket.
  9. Appropriate equipment- depending on activity or terrain.
  10. Repair kit for your own equipment including duct tape.
  11. Mat to sit on
- Other personal items of interest

### **July 11: Dayhike / Little Elk Creek**

Hike approx. 9 miles round trip. The hike is moderate to strenuous with an elevation gain of approximately 4,000 feet. Trip leader, Sam Pole. Please contact Sam prior to departure via cell, 520-3630. Meet at the East-side Wal-Mart parking lot at the garden end. Depart 8:00 am.

### **July 25: Dayhike / Spring Creek Overlook east of Driggs**

Hike round-trip approx. 8 miles. The hike is moderate climbing to the north rim of Darby Canyon. Trip leader, Sam Pole. Please contact Sam prior to departure via cell, 520-3630. Meet at the East-side Wal-Mart parking-lot at the garden end. Depart 8:00 am.

### **Climbing**

For information on club climbing trips contact Kevin Coble at 529-8142 or Eric Larsen at 522-9354. Otherwise to find out about climbing locations or impromptu weekend trips you will

need to subscribe to the IAC climbing mailing list by visiting: [http://www.macrobotics.com/mailman/listinfo/iac\\_climbing](http://www.macrobotics.com/mailman/listinfo/iac_climbing) or, via email, send a message with subject or body 'help' to: [iac\\_climbing-request@macrobotics.com](mailto:iac_climbing-request@macrobotics.com)

### **Wednesday Night Climbing Schedule**

For the climbs south of IF (Blackfoot, Ross Park), we'll meet at the climbing gym. For climbs east of IF (Ririe, Paramount, Heise) we'll meet at the McDonald's by Fred Meyer. Meeting time is 5:30. Sign up for the mailing list for the schedule to learn of any last minute changes.

- July 1 - Blackfoot
- July 8 - Heise
- July 15 - Ross Park
- July 22 - Paramount
- July 29 - Blackfoot
- August 5 - Heise
- August 12 - Ross Park
- August 19 - Paramount
- August 26 - Blackfoot

### **Stone Walls Rock Gym.**

Call 528.8610 for information. Summer hours are:  
4-9 PM Monday - Thursday  
4-10 PM Friday  
12 - 10 PM Saturdays

### **Bicycling**

For spring bicycling information and trips, contact Jeff Coward at 208.522.8135 or by email: [bicycling@idahoalpineclub.org](mailto:bicycling@idahoalpineclub.org) Below is an abbreviated list of available cycling (and a few other) events for 2009.

- \* - rides I am planning on doing
- ? - rides I may do

**July ??-??, 2009?** - North Idaho rail trail rides, boating, etc. Let me know which dates are good to go.

**July 14, 2008** (Tuesday) 6:30 pm - Idaho Falls ICE time trial #6 Sunnyside Hill, 6 miles

July ? and/or August ? - Rigby Lake ride(s)

**August 1, 2009** - Alan Butler Criterium - Idaho Falls ICE race, <http://www.idahocycling.com>

**August 22, 2009** (Saturday) - Cycling Association of Star Valley, 20,38,45,65,85,100 mile ride & BBQ  
<http://www.casv.org/casvar.htm>

**September 12, 2009** (Saturday) - Logan to Jackson LOTOJA road race.

**Sept/Oct ?, 2009 - Old Faithful ride** -  
<http://www.cycleyellowstone.com/> (both tours) Online registration available at:  
[http://www.active.com/event\\_detail.cfm?event\\_id=1492044](http://www.active.com/event_detail.cfm?event_id=1492044)

## Rafting

For information on renting club rafting gear (IAC club members only) contact Greg Hulet At 5 2 3 - 6 1 9 9 o r [rafting@idahoalpineclub.org](mailto:rafting@idahoalpineclub.org).

For trip information contact the trip leader indicated in the trip description. You MUST be an IAC member to participate in IAC raft trips.

## Rafting: April - November:

Call to arrange Alpine Canyon (class II-III) float trips. Preferred trips would be with participants providing their own boats and equipment (15 max total).

I can sometimes accommodate 1-4 people needing equipment. Note: Saturday's are very busy. Week day afternoons or Sundays work best. (Jim Lee 208 569-5573) Note: Saturday's are very busy. Week day afternoons or Sundays work best.

## Alpine Canyon Group Size Limits:

For those planning to take a group to Alpine Canyon the following rules apply. You will be ticketed if you are caught breaking them:

1. Maximum party size with no permit is 15. If your party is 15 people or less, no other limits apply, including the four boat limit.
2. Organizational trips only apply to groups with a paid leader (Some outdoor programs, Youth Minister, etc.).

## Rafting Gear Available to Rent to IAC Members Only:

- 16-ft Ryken self-bailer
- 15-ft Aire self-bailer
- 13.5-ft Maravia self-bailer
- 14-ft Ryken conventional floor
- 14-ft Udisco conventional floor
- Inflatable kayaks - 2

Rafts can be checked out by those who have demonstrated ability to handle a boat on the type of water to be run. Life jackets are included with each boat. Boats must be returned dry and clean. Damage to boat must be repaired and if extensive, paid for. Checkout fees are for days on the water. All fees go to the rafting fund to buy new equipment.

- Self bailers - \$60/day
- Conventional floor - \$20/day
- Inflatable kayaks - \$20/day

## Invasive Species Prevention

NOTE: There is a new bill that passed legislation in Idaho. All craft..motorized and non-motorized (except inflatable non-motorized craft under 10 feet) is required to have a sticker. The web site: <http://parksandrecreation.idaho.gov/idahoinvasivespeciesfund.aspx> At the bottom of the page is a link to purchase a sticker, and you can purchase multiple stickers. When in full enforcement, the fine will be \$57. The sticker is \$5.00 per person plus \$1.30 for online purchase.

The money will go to the Idaho Invasive Species Fund.

## Caribou-Targhee Maps on Line

Most of the Palisades and Teton Ranger District color topographic maps on the Caribou-Targhee National Forest web site have been revised to reflect trail number, trail route and trail use changes. Many of the Palisades district trails have been recently GPSed and so the maps are now considerably more accurate. There are 11 maps at a scale of 1:112,500 covering both ranger districts and 13 more detailed maps (hiking scale, 1:50,000) covering popular trails. All maps are Acrobat format and can be printed at home.

## For Sale:

1. Marmot Screech 2-3 person backpacking tent, excellent condition. Asking \$100.00
2. Two Kelty external frame packs. One medium/large and one small(teen or woman-sized). Good/very good condition. Asking \$25 apiece.
3. North Face woman's 20 degree Cat's Meow synthetic sleeping bag. Good/very good condition. Asking \$60.00.

Contact Sam Pole: Home-523-4970, cell-520-3630, or email [sbpole@cableone.net](mailto:sbpole@cableone.net) for further information.

## IAC Logo T-Shirts & Patches!

Short sleeves or long sleeves, crew neck, heather grey Dri Release material with embroidered IAC Logo! Short sleeve \$14 each. Long sleeve \$21 each. Sizes Small, Medium, Large, and X-Large.

A limited number of embroidered Color IAC Logo Patches are available for \$10 each.

The shirts and patches are available at the monthly meetings or contact the club Treasurer to get yours sooner.

Dates to Remember:

REMEMBER: NO JULY MEETING...  
GET OUT AND PLAY!!!

July 11: Dayhike / Little Elk Creek

July 25: Dayhike / Spring Creek  
Overlook east of Driggs

Climbing: Subscribe to find out any  
updates on the weekly  
climbing location. See  
page 2.

July 1: Blackfoot

July 8: Heise

July 15: Ross Park

July 22: Paramount

July 29: Blackfoot

August 5: Heise

August 12: Ross Park

August 19: Paramount

August 26: Blackfoot

Rafting & Bicycling:  
Club & local events listed on pages 2-3

Get out there and experience it!

**Enjoy the outdoors with the  
IAC**

**Join today**

*For more information write to the  
address below or visit our web site  
to download a free newsletter and  
application:*

**Idaho Alpine Club  
P.O. Box 2883  
Idaho Falls, Idaho 83403-2883**

[www.IdahoAlpineClub.org](http://www.IdahoAlpineClub.org)

Membership Fees

Full Year 7/1 to 10/1

Individuals: \$20 \$15

Family: \$25 \$20

After October 1, the payment of full  
year fee applies to the following  
year.

Full-time students (18 or older) and  
seniors (65 or older): \$5 off the  
above fee schedule.

IAC Council Meeting Monthly  
minutes are available on line.

**Support the Merchants who  
Support the IAC**

Show your membership card for 10%  
discounts on regularly priced  
merchandise:

- ★ Idaho Mountain Trading  
523-6679  
Shoup & B, Idaho Falls
- ★ Alpine Schwinn 523-1226  
1352 S. Holmes Ave.
- ★ Bill's Bike Shop 522-3341  
805 S. Holmes Ave.
- ★ Lynna and Leland Howard offer  
members of IAC a 10%  
discount on all of their  
published books. 357-1917 or  
357-3166;  
[lynna.howard@mac.com](mailto:lynna.howard@mac.com)  
[leland@wildernessbooks.com](mailto:leland@wildernessbooks.com)
- ★ Discounts on Jerry Painter's  
Hiking & Biking guide books

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