

Idaho Alpine Club Bulletin

Volume 52 - Issue Number 7/8 - July/August 2012

CLIMBING•MOUNTAINEERING•BACKPACKING•DAYHIKING•BICYCLING•XCSKIING•SNOWSHOEING•RAFTING

web site: www.idahoalpineclub.org

e-mail: info@idahoalpineclub.org

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2012 Council

President	Sam Pole	523-4970
Vice-president	Lisa Hamilton	251-4893
Secretary	Susan McKinley	529-4583
Treasurer	Donna Whitham	520-1728

Members-at-Large

Colleen Bohan	529-0151
Karl Bohan	529-0151
Sue Braastad	881-4354
Mark Whitham	520-7232

Council Meetings:

Council Meetings are generally held on the second Tuesday of each month at 7:00 PM. IAC Council Meeting Monthly minutes are available on line.

Upcoming Council Meetings:

July 25: Braastad's home	1610 Blue Camas
August 15: Pole's home	1710 Del Mar Dr.

Activity Coordinators:

Backpacking	Sam Pole	523-4970
Bicycling	Jeff Coward	522-8135
Climbing/Mountaineering	Kevin Coble	201-1840
Conservation	Open	
Cross-Country Skiing / Snowshoeing	Whithams	520-1728
Day Hiking	Sam Pole	523-4970
Rafting	Greg Hulet	523-6199
Trail Maintenance	Alan Crockett	529-5188
Bulletin Editor	Donna Whitham	520-1728
Bulletin Assistant	Mark Whitham	520-7232
Publicity	Open	
Historian/Librarian	Barbara Brown	522-8977
WebMaster	George Cole	716-0024
Program	Bob Tyler	787-2601

General Club Meeting

Held at **7:00 P.M.** on the first WEDNESDAY of each month, normally in the large meeting room of the Idaho Falls Public Library.

NO GENERAL MEETING IN JULY.

SEPTEMBER Bulletin Deadline is:

5 PM on August 5

Trip descriptions, reports, and material for inclusion in the next bulletin are due by the **5TH** of the month due to bulk mailer deadlines.

Please send electronically to the bulletin editor at editor@idahoalpineclub.org

Note: Hand written or hard copy material will be included in the bulletin, time permitting.

Idaho Alpine Club Annual Summer Potluck

Wednesday, August 1st, 2012 - 6:30 pm

**McKinley's Home - 425 Pevero
N43.53693°, W112.04171°**

Attend the picnic to meet other club members, for a chance to win prizes and to generally eat, drink, and be merry.

From Fremont and Science Center, drive north 1.6 miles. Fremont turns into East River Road after .3 miles. Turn right or east on Pevero Drive. Address is 4th house on right.

Club will provide:

Hamburgers, hot dogs, buns, beverages, plates, utensils

What to bring:

A side dish or dessert to share.

Chairs or a blanket to sit on.

President Speaks

I feel very fortunate to have something such as the Idaho Alpine Club to feed my desire to be in the great outdoors of Idaho! In the IAC, I have had the opportunity to make some wonderful friends, and to venture out to places I would never have gone to on my own. I have come to love this club, the people in it, and what it stands for. Not only do we hike, backpack, climb, bike, raft, snowshoe/ski to have fun, we also do many good things for our community - such as adopt a highway around Victor, trail maintenance, and education (I heard that this years snow school was outstanding). We also have some members that personally dedicate themselves to maintaining trails and creating new trail systems in our area - a very big THANKS goes out to all those members!

With that said, our summer barbeque is quickly approaching. It's that time of year to get together to reflect back on our summer adventures and share some food, drink and good times! This year the barbeque will be at Susan McKinley's house. Meat and drinks will be provided, please bring a dish (and stories) to share! Also, this is a great time to bring a friend that may be interested in the IAC!

Also, take note of our newest merchant to offer a discount to IAC members: The Preparedness Store & Bosch Kitchen Center. See page 4 for the details. Lisa Hamilton

Participation on Club Activities / Trips: With the exception of rafting trips, trips which require the use of any club equipment, or trips limited to club members: non-members may attend a maximum of ONE club trip or activity, then must be members in good standing to continue participating. Participants must be members in good standing to go on rafting trips, trips which require the use of any club equipment, or trips limited to club members only, or needing rafting rentals. Participants on a club trip must pay any established trip fee, abide by club rules and activity guidelines, be 18 or older or accompanied by a parent or guardian, and must follow instructions of the activity coordinator. An individual may not participate in any common adventure/trip of the club unless that individual has read and signed the common adventure form for that specific activity prior to embarking on that adventure / trip / activity.

Climbing

For information on club climbing trips contact Kevin Coble at 201-1840. Wednesday Night rock climbing at local climbing areas, will begin the first Tuesday after Memorial Day. The schedule will be posted beginning in the June bulletin. To find out about spring weekly climbing locations or impromptu weekend trips, subscribe to the IAC climbing mailing list by visiting:

http://www.macrobotics.com/mailman/listinfo.cgi/iac_climbing or, via email, send a message with subject or body 'help' to: iac_climbing-request@macrobotics.com.

Wednesday night climbing schedule for 2012:

July 25 Pocatello

Aug. 2 Paramount (Thursday - Wed is picnic)

Aug. 8 Pocatello

Aug. 15 Heise

Aug. 22 Blackfoot

Aug. 29 Paramount

YMCA Rock Climbing Gym

Call 528.8610 for information. SUMMER HOURS:

TUESDAY 4PM - 9PM & SATURDAY NOON - 9PM

Idaho Alpine Club members may show their membership card to receive 10% off of daily rates or the 10 punch card.

Non-technical Mountaineering

For information and to sign up to go, as noted in the trip descriptions, please contact the trip coordinator listed, 24 hours prior to any trip. The American climbing class definitions are posted at www.idahoalpineclub.org. For more information on mountaineering the book *Mountaineering: Freedom of the Hills* by the Mountaineers, has long been the American "Bible" of climbing.

Climbing mountains is serious business...even "small" mountains. Inclement weather, exposure, traveling on snow can change an "easy" mountain to a "difficult" mountain in a matter of minutes. These alpine trips are not guided climbs. These are self-supported, group adventure outings. Each trip has a leader who serves as

a resource to the group and provides some basic trip structure. However participants are expected to evaluate their physical and mental abilities prior to participating, assist with transportation, cooperate with others, participate in decision-making, identify and reduce risk to themselves and the group, and be self-reliant in preparations. The IAC has no mountaineering gear to loan. For all outings, participants are expected to bring water (few climbs have access to water); food, clothing, and appropriate mountaineering gear (and be knowledgeable and experienced in its use). Trip lengths are indicated for an approximate round trip distance. Contact leaders with questions if you are new to mountaineering or new to the area. Trips may be cancelled at the last minute due to weather or conditions outside of the leader's control.

July 21-22: Overnighter/Waterfall Canyon: We will hike in to the upper Palisades Lake area and camp Saturday, July 21. Sunday morning we will then day hike up to Waterfall Canyon and then return to Upper Palisades Lake to retrieve our camping gear and hike out to the Palisades trail head for our return to Idaho Falls. The hike to Upper Palisades Lake to camp will be about 6.5 miles and 1500 feet elevation gain. The hike to Waterfall Canyon is approximately 3 miles with another 1000 feet elevation gain. Depart from the Fred Meyers-McDonald's parking lot 8 AM. Please call Sam Pole at 520-3630 24 hours prior to the trip.

August 4: Day Hike/Mt. Borah: Roger Couch has agreed to lead a day hike of Mt. Borah. This is a strenuous climb with a departure time of 6 AM from the trail head. Roger notes that it is best to plan on camping at the trail head to start by 6 AM. Also the popularity of this climb can result in larger numbers of hikers than we typically see on our hikes. Please contact Roger by cell 403-1325 by Thursday, August 2 prior to the hike.

August 4: Day Hike / Amphitheater and Surprise Lakes 9.6 miles RT. (This has been rescheduled due to a death in the family and we are also being optimistic about Mark recovering from an issue with his back). Located in Teton National Park, the trail to this high alpine cirque gains nearly 3000 feet. Entrance fee or National Park pass required for park entrance. For meeting place & time, call the Whithams at 520.1728, 24 hours prior to the trip.

August 11: Day Hike / Sawtell Peak-Rock Creek Basin: This hike is approximately 8 miles round trip and is considered moderate. The hike trailhead is just below Sawtell Peak and crosses the continental divide. Depart from the Fred Meyer-McDonald's parking lot 7:30 AM. Please call Sam Pole at 520-3630 24 hours prior to the trip.

August 25: Day Hike / Table Mountain: This is a strenuous climb, but is the most hiked trail on the west side of the Tetons. Round trip is approximately 12+ miles with an elevation gain of 4151 feet. Depart from Fred Meyer-McDonald's parking lot 7 AM. Please call Sam Pole at 520-3630 24 hours prior to the trip.

September 15: Day Hike / Snake River Canyon:

This hike is for those who have not been able to do the previously more strenuous and high elevation hikes thus far. This is an easy day hike along a scenic shelf above the Snake River up river from Heise. We will begin the hike from Black Canyon and hike approximately 4+miles and then return along the same trail for our drive back to Idaho Falls. Please contact Sam Pole at 520-3630 24 hours prior to the trip.

September 22: Day Hike / Middle Teton: This is a strenuous hike with an early morning departure from the trailhead. Ken Krivanek proposed an active hiking schedule for this summer with the goal to climb the Middle Teton. Ken had to abandon his basic plans due to out of state work, but his hiking plan has remained somewhat in place with a few changes to fit Sam Pole's availability to schedule hikes. A Middle Teton climb date was proposed for an earlier time but September 22 is now the target date to climb the Middle Teton with Ken. Please review the September IAC Newsletter for specific details and contacts.

Bicycling

The latest road bike maps will be available on the IAC website under club archives, road biking maps.

Tours or Races

For information call Jeff Coward at 208.522.8135.

Local Biking

Please contact Sandy Krivanek at 589-2366 for information on weekend road bike rides thru the remainder of the summer. For information and to sign up to go on specific rides, as noted in the trip descriptions, please contact the coordinator indicated, 24 hours prior to any trip. Bicycling protocol / safety tips, and a link to Idaho bicycling laws are posted at www.idahoalpineclub.org

These bike rides are self-supported, group adventure outings. The goal will be to ride enough during the summer to be able to ride in the Heart of Idaho Bike Ride in Idaho Falls. Each trip will have a leader who serves as a resource to the group and provides some basic trip structure. However participants are expected to evaluate their physical and mental abilities prior to participating, assist with transportation, cooperate with others, participate in decision-making, identify and reduce risk to themselves and the group, and be self-reliant in preparations. The IAC has no biking gear to loan. For all outings, participants are expected to bring water; food, clothing, and appropriate bike maintenance gear (and to be knowledgeable and experienced in its use).

Trip lengths are indicated for a round trip distance. Contact leaders with questions if you are new to biking or new to the area. Trips may be cancelled at the last minute due to weather or conditions outside of the leader's control.

August 11 : Day Ride / Benefit for the Art Museum of Eastern Idaho (25, 63, and 100 miles).

This flat to gently rolling ride is through verdant farmland with Grand Teton views and striking desert landscapes with fully stocked rest stops and ride support. The ride starts & ends at Snake River Landing in Idaho Falls where riders celebrate at a post-ride barbecue with live music, a beer garden, massage therapists and prize drawings. Pre-ride registration is required. Please contact Sandy Krivanek at 589-2366 prior to the ride for any questions. We will meet at the ride at 7AM for an 8AM departure. More information can be found at www.theartmuseum.com.

Rafting / Kayaking / Canoeing

For information on renting club rafting gear (IAC club members only) contact Greg Hulet at 523-6199 or rafting@idahoalpineclub.org.

For trip information contact the trip leader indicated in the trip description. You MUST be an IAC member to participate in IAC raft trips or to rent IAC gear.

Club Gear available:

Rafts can be checked out by those who have demonstrated ability to handle a boat on the type of water to be run. Life jackets are included with each boat. Boats must be returned dry and clean. Damage to boat must be repaired and if extensive, paid for. Checkout fees are for days on the water. All fees go to the rafting fund to buy new equipment:

- 16-ft Ryken self-bailer - \$60/day
- 15-ft Aire self-bailer - \$60/day
- 13.5-ft Maravia self-bailer - \$60/day
- 14-ft Ryken conventional floor - \$20/day
- 14-ft Udisco conventional floor - \$20/day
- 2 - Inflatable kayaks - \$20/day each

July 28: Canoe/Kayak Teton River We'll do a four-hour float from Bates Road west of Driggs to the Packsaddle Road. This is a leisurely float on flat water but the river has many bends in it so basic canoe/kayak turning and steering skills are required. Participants must also wear life jackets. For meeting place & time, call the Whithams at 520.1728, 24 hours prior to the trip. We are being optimistic that Mark will recover from an issue with his back. If not, then the back up date will be August 19.

August 11: Canoe or Kayak / Big Springs Water Trail: Class 1 - 3.7 miles / 2-3 hours to the take out at Mack's Inn. The water is slow and in windy conditions can take longer. The river passes through lodgepole forest and then opens up as the river meanders through meadows. For meeting place & time, call the Whithams at 520.1728, 24 hours prior to the trip.

Invasive Species Prevention - All craft..motorized and non-motorized (except inflatable non-motorized craft under 10 feet) is required to have a sticker. The sticker is \$7.00 per boat plus \$1.30 for online purchase. The money will go to the Idaho Invasive Species Fund. The stickers can be purchased at the East Idaho Visitor Center, IDPR East Region HQ on Commerce Dr.(by IDF&G), and Sportsman's Warehouse.

Dates to Remember:

- Aug 1: **Idaho Alpine Club Annual Potluck Picnic Bring a friend to the Picnic**
- July 21: Backpack /Waterfall Canyon
- July 25: Climbing/Pocatello
- July 28: Canoe/Kayak Teton River
- Aug 2: Climbing/Paramount (Thursday - Wed is picnic)
- Aug 4: Dayhike/Mt Borah
- Aug 8: Climbing/Pocatello
- Aug 11: Day Hike /Sawtell Peak-Rock Creek Basin
- Aug 11: Canoe/Kayak Big Springs
- Aug 15: Climbing/Heise
- Aug 22: Climbing/Blackfoot
- Aug 25: Day Hike / Table Mountain
- Aug 29: Climbing/Paramount
- Sep 15: Day Hike / Snake River Canyon
- Sep 22: Day Hike / Middle Teton

Climbing: Subscribe for updates to the weekly climbing plans. See page 2 for information on how to subscribe.

Become a Fan

Find us on Facebook. Last minute trips can be posted on the wall. Additionally, photos from club trips you have gone on can be easily posted on the wall singly or as an album if you took a lot of photos.

Enjoy the outdoors with the IAC
Join today

For more information write to the address below or visit our web site to download a free newsletter and application:

**Idaho Alpine Club
P.O. Box 2883
Idaho Falls, Idaho 83403-2883
www.IdahoAlpineClub.org**

Membership Fees

	Full Year	
	10/1	7/1-12/31

Individuals:	\$25	\$20
Family:	\$30	\$25

After October 1, the payment of full year fee applies to the following year.

Full-time students (18 or older) and seniors (65 or older): \$5 off the above fee schedule.

IAC Logo T-Shirts & Patches!

Dri Release material with embroidered IAC Logo! Small, Medium, Large, and X-Large Short sleeve \$20 each. Long sleeve \$25 each. A women's style short sleeve shirt is available for \$20 on a prepaid special order basis. It is fitted with shorter sleeves in a wicking material.

A limited number of embroidered Color IAC Logo Patches are available for \$10 each.

Support the Merchants who Support the IAC

Show your membership card for 10% discounts on regularly priced merchandise:

- ★ Idaho Mountain Trading 523-6679 Shoup & B (Non-Sale Items Only)
- ★ Bill's Bike Shop 522-3341 805 S. Holmes Ave. (Excludes bicycles)
- ★ Canyon Whitewater Supply 522-3932 (Accessories Only) 450 S Yellowstone, Idaho Falls
- ★ The Preparedness Store & Bosch Kitchen Center 120 Northgate Mile Idaho Falls, ID 524-8300 10% off backpacking, dehydrated & freeze-dried foods 10% off any outdoor accessories
- ★ YMCA Climbing Gym 528-8610 755 South Capital Avenue
- ★ Lynna and Leland Howard offer a 10% discount on all of their published books. 357-1917 or 357-3166; lynnahoward@mac.com leland@wildernessbooks.com
- ★ Discounts on Jerry Painter's Hiking & Biking guide books

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