

Idaho Alpine Club Bulletin

Volume 54 - Issue Number 7 - July 2014

CLIMBING•MOUNTAINEERING•BACKPACKING•DAYHIKING•BICYCLING•XCSKIING•SNOWSHOEING•RAFTING

web site: www.idahoalpineclub.org

e-mail: info@idahoalpineclub.org

Become a Fan on FaceBook

2014 Council

President	Sue Braastad	881-4354
Vice-president	Karl Bohan	529-0151
Secretary	Susan McKinley	529-4583
Treasurer	Donna Whitham	520-1728

Members-at-Large

Colleen Bohan	529-0151
Ken Durstine	524-3505
Sheila Kappel	528.8788
Sam Pole	520-3630
Richard Scheerer	881-6331
Mark Whitham	520-7232

Council Meetings:

Council Meetings are generally held on the second Thursday of each month at 7:00 PM. IAC Council Meeting Monthly minutes are available on line.

Upcoming Council Meetings:

July 9: Whitham's Home	706 Laurelwood Ave
Aug 13: Braastad's Home	1610 Blue Camas Ct

Activity Coordinators:

Backpacking	Sam Pole	520-3630
Bicycling	Ken Durstine	524-3505
Climbing/Mountaineering	Kevin Coble	201-1840
Conservation	Open	
Cross-Country Skiing / Snowshoeing	Whithams	520-1728
Day Hiking	Sam Pole	520-3630
Rafting	Greg Hulet	523-6199
Trail Maintenance	Open	
Bulletin Editor	Donna Whitham	520-1728
Publicity	Open	
Historian/Librarian	Barbara Brown	522-8977
WebMaster	George Cole	716-0024
Program	Bob Tyler	787-2601

General Club Meeting

Held at **7:00 P.M.** on the first WEDNESDAY of each month, in the meeting location indicated in the program description.

NO GENERAL MEETING IN JULY.

AUGUST Bulletin Deadline is:

5 PM on July 5

Trip descriptions, reports, and material for inclusion in the next bulletin are due by the **5TH** of the month due to bulk mailer deadlines.

Please send electronically to the bulletin editor at editor@idahoalpineclub.org

NOTE: Hand written or hard copy material will be included in the bulletin, time permitting.

Idaho Alpine Club

No Regular Meeting in July

"Get Out and Have Fun"

See You in August

MARK YOUR CALENDARS FOR THE

Annual Summer Potluck

Wednesday, August 6th, 2014 - 6:30 pm
Braastad's Home

Plan to attend the picnic to meet other club members, for a chance to win prizes and to generally eat, drink, and be merry. Watch for details in the August bulletin and on line via FaceBook and the website at www.idahoalpineclub.org.

President Speaks

For those members who didn't attend the May meeting on GPS and geocaching, you missed a valuable lesson. I've used a GPS mainly for generating track files and following a map I've made. But use a GPS to find an exact point on the planet, maybe the spot in the rocks where your buddy buried your gear or food stash? A whole different game, even out in the wide open where your GPS can see a bunch of satellites. Go test yourself, grab your GPS, set a way point on a crack in the driveway or a dandelion in the yard. Walk 50 feet away and try to find that exact spot again. Are you within 10 feet? 20 feet? Hmmm.

The lesson here, is know your gear before you need it. Nothing like trying to pitch a new tent in the wind and rain, and find out you don't have the right tent stakes or something to pound them in. Maybe missing the leash from your kayak paddle or not carrying a spare master link on a mountain bike ride could lead to something worse than a long walk back to the vehicle. It's your gear, know it, take care of it, so it takes care of you.

~Ken Durstine~

Participation on Club Activities Common Adventures / Trips:

With the exception of rafting trips, or activities which require the use of any club equipment, or trips limited to club members: non-members may attend a maximum of ONE club trip or activity, then *must be members in good standing to continue participating.*

Participants must be members in good standing to go on rafting trips, trips which require the use of any club equipment, or trips limited to club members only, or needing rafting rentals. Participants on a club trip must pay any established trip fee, abide by club rules and activity guidelines, and must follow instructions of the activity coordinator.

An individual may not participate in any common adventure/trip of the club unless that individual has read and signed the common adventure form for that specific activity prior to embarking on that adventure / trip / activity.

Climbing

For information on club climbing trips contact Kevin Coble at 201-1840. To find out about weekly climbing locations or impromptu weekend trips, subscribe to the IAC climbing mailing list by visiting:

http://www.macrobotics.com/mailman/listinfo.cgi/iac_climbing or, via email, send a message with subject or body 'help' to: iac_climbing-request@macrobotics.com.

YMCA Rock Climbing Gym

Call 528.8610 for information.

SUMMER HOURS (June 1-September 30):

TUESDAY 4PM - 9PM SATURDAY NOON - 9PM

WINTER HOURS (Effective October 1):

MONDAY - FRIDAY 4PM - 9PM

SATURDAY NOON - 9PM SUNDAY CLOSED

Idaho Alpine Club members may show their membership card to receive 10% off daily rates or 10 punch card.

2014 Wednesday night climbing schedule:

Jun 25	Paramount
Jul 2	Pocatello
Jul 9	Pointless
Jul 16	Blackfoot
Jul 23	Paramount
Jul 30	Pocatello
Aug 7 (Thurs)	Pointless
Aug 13	Blackfoot
Aug 20	Paramount
Aug 27	Pocatello

On Wednesday night I (Kevin Coble, and anyone who wants to help) will head out of town early, to set ropes at the specified location at about 4:30 p.m.

The rest of the group usually leaves at 5:45 from the north side McDonalds parking lot (if climbing at Ririe, Heise, or Paramount), or the climbing gym (if climbing at Blackfoot or Pocatello). If anyone can't make the meeting times and needs directions to get to the climbing location on their own, give me a call and I'll be happy to provide them.

Climbs will continue through September if weather allows.

Non-technical Hiking / Mountaineering

Unless otherwise indicated in the trip descriptions contact Sam Pole: 520-3630, or email sbpole@cableone.net for trip information and to sign up to go on a scheduled trip, 24 hours prior to any trip.

Hiking and non-technical mountaineering is serious business...even "small" mountains. Inclement weather, exposure, traveling on snow can change an "easy" trip to a "difficult" trip in a matter of minutes. These alpine trips are not guided. These are self-supported, group adventure outings. Each trip has a leader who serves as a resource to the group and provides some basic trip structure. Participants are expected to evaluate their own physical and mental abilities prior to participating, assist with transportation, cooperate with others, participate in decision-making, identify and reduce risk to themselves and the group, and be self-reliant in preparations. The IAC has no mountaineering gear to loan. For all outings, participants are expected to bring water (few hikes or climbs have access to water); food, clothing, and appropriate mountaineering gear (and be knowledgeable and experienced in its use). Trip lengths are indicated for an approximate round trip distance. Contact leaders with questions if you are new to mountaineering or new to the area. Trips may be cancelled at the last minute due to weather or conditions outside of the leader's control.

June 21: Day Hike / Pass Creek Lake. This is a moderate hike of approximately 5.5 miles round trip on the east side of the Lemhi Mountains. We scheduled this hike last Oct. but other weekend activities prevented the hike. The hike in will be along a primarily 4-wheel track beginning in Eightmile Canyon west of Birch Creek; climb approximately 1200 feet; then descend to Pass Creek Lake; and return. Please contact Sam Pole at 520-3630, 24 hours before the hike. Depart from the west side Wal-Mart parking lot in front of the garden center at 8:30 am.

July 5: Day Hike / Scott Peak: Scott Peak is the highest peak in the Bitterroot Mountains. My plan is to meet along Highway 28 at the Nicholia Road exit at 8 AM. From there, we will carpool to the trailhead. We will use the southwest ridge route as shown in the attached link from summitpost. This route is Class 2, with 10 miles roundtrip distance & 4,000' of gain.

Call John Hamann at 575-437-6303, or e-mail me at john.hamann@holloman.af.mil. Please contact me by mid-June if you want to come. Summitpost link: <http://www.summitpost.org/sw-ridge-approach/166330>

July 6: Day Hike / Caribou Mountain: Caribou Mountain is the second highest peak in SE Idaho at 9,803'. My plan is to meet at an appropriate location in Idaho Falls at 7:30 AM. From there, we will drive about 60 miles southeast to reach the mountain. I have found a route on the northwest side of the mountain that utilizes a road and a trail not shown on any maps. The entire hiking route will be mostly, if not all, on a trail or road. The round trip distance is about 4 miles, with 1,600' of gain, assuming we can drive all the way in. Call John Hamann at 575-437-6303, or e-mail me at john.hamann@holloman.af.mil. Please contact me by mid-June if you want to come. Summitpost link: <http://www.summitpost.org/caribou-mountain-id/658557>.

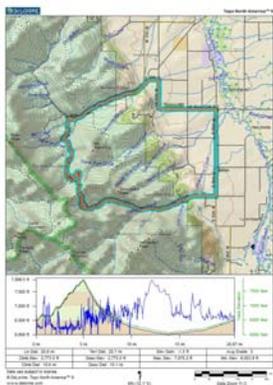
July 25-27: Backpack Trip / Fishpole Lake (2 nights). It is 1.8 miles to Iron Bog Lake and another mile to Fishpole Lake where camp will be. Should anyone wish to camp at Iron Bog Lake, that will be ok. Overnight gear is required (cooking essentials, food, tent, sleeping bag, air mattress, etc.). Fishing and exploring will be the focus of this outing. Or if you wish to simply relax and read a book in a beautiful setting, do so. Please contact Sam Pole at 520-3630 to the trip. We will leave from the west Wal-Mart parking lot in front of the garden center at noon Friday the 25th. We will return late Sunday the 27.

Bicycling

The IAC bike rides are self-supported, group adventure outings. Each trip will have a leader who serves as a resource to the group and provides some basic trip structure. However participants are expected to evaluate their own physical and mental abilities prior to participating, assist with transportation, cooperate with others, participate in decision-making, identify and reduce risk to themselves and the group, and be self-reliant in preparations. The IAC has no biking gear to loan. For all outings, participants are expected to bring their own water; food, clothing, and appropriate bike maintenance gear (and to be knowledgeable and experienced in its use).

Trip lengths are indicated for a round trip distance. Contact leaders with questions if you are new to biking or new to the area. Trips may be cancelled or rescheduled at the last minute due to weather or conditions outside of the leader's control.

July 12: Mountain bike / Horseshoe - Mahogany Loop. This is a mountain bike ride up the south side of Horseshoe canyon around Mt. Manning and Prospect Peak, then down Mahogany creek to the Teton Valley floor. Climb from 6500 feet up to about 7900 feet on a recently maintained single track, then back down to the valley floor on a single track luge run. As a loop with a scenic ride along the east side of the Teton Valley on mostly paved roads, it's about 21 miles, about 10 miles if we car shuttle the return loop. Although this ride is intended to be rode at a casual touring pace, it still requires some physical conditioning to for the climb and solid intermediate riding skills for the single track descent. Contact Kenny Durstine, 524-3505, kdurstine@gmail.com for ride arrangements etc. FB and Website will include the map of the trail.



The weathered out May 31 Ashton to Tetonia rail trail ride will be rescheduled for sometime this fall when the leaves are turning, late September, early October.

Rafting

For information on renting club rafting gear (IAC club members only) contact Greg Hulet at 523-6199 or

rafting@idahoalpineclub.org.

For trip information contact the trip leader indicated in the trip description. You MUST be an IAC member to participate in IAC raft trips or to rent IAC gear.

Club Gear available:

Rafts can be checked out by those who have demonstrated ability to handle a boat on the type of water to be run. Life jackets are included with each boat. Boats must be returned dry and clean. Damage to boat must be repaired and if extensive, paid for. Checkout fees are for days on the water. All fees go to the rafting fund to buy new equipment:

- 16-ft Ryken self-bailer - \$60/day
- 15-ft Aire self-bailer - \$60/day
- 13.5-ft Maravia self-bailer - \$60/day
- 14-ft Ryken conventional floor - \$20/day
- 14-ft Udisco conventional floor - \$20/day
- 2 - Inflatable kayaks - \$20/day each

Call Greg Hulet (523-6199) several days in advance to make arrangements to rent IAC rafting gear or it may not be available.

August 9 / Rafting - Alpine Canyon: Eight miles of class 3+ water. Contact Greg Hulet (523-6199)

Trip Reports

Arco Arch Hike: Paul Worth, Garney Hardy and Sam Pole hiked to the Arco Arch June 7, 2014 and then stopped by the Lost River Box Canyon on their return. The weather was beautiful and allowed Paul (In the picture) and Sam to scramble up and under the arch.



National Trails Day June 7 Project:

The Wind Cave Trail was cleared of almost all the downfall, brush trimmed, and waterbars cleaned out by the Whithams and the Braastads. One log was too big for the saw we had and was outside the wilderness boundary. We left it for the Forest Service to cut out. Another huge log resulted in recruiting a nice young man named Cole to help us with it. Five hands were not enough as one of our party now has a torn bicep tendon which fortunately will not require surgery, as a result of that huge log trying to get away from us, as we rolled it off the trail.



IAC Logo T-Shirts & Patches!

Dri Release material with embroidered IAC Logo! Small, Medium, Large, and X-Large Short sleeve \$20 each. Long sleeve \$25 each. A women's style short sleeve shirt is available for \$20 on a prepaid special order basis. It is fitted with shorter sleeves in a wicking material. A limited number of embroidered Color IAC Logo Patches are available for \$10 each.

Dates to Remember:

- July: No Regular Meeting in July
"Get Out and Have Fun"
- June 21: Day Hike / Pass Creek Lake
- Jun 25 Climbing/Paramount
- July 5: Hike / Scott Peak
- July 6: Hike / Caribou Mtn.
- July 12: Mountain bike / Horseshoe -
Mahogany Loop
- July 25-7: Backpack Trip / Fishpole Lake
(2 nights)
- Jul 2 Climbing/Pocatello
- Jul 9 Climbing/Pointless
- Jul 16 Climbing/Blackfoot
- Jul 23 Climbing/Paramount
- Jul 30 Climbing/Pocatello
- Aug 7 Climbing/(Thurs)Pointless
- Aug 9: Rafting / Alpine Canyon
- Aug 13 Climbing/lackfoot
- Aug 20 Climbing/Paramount
- Aug 27 Climbing/Pocatello

Climbing: Subscribe to find out updates to the weekly climbing plans. See page 2 for information on how to subscribe.

Become a Fan

Find us on Facebook. Last minute trips can be posted on the wall. Additionally, photos from club trips you have gone on can be easily posted on the wall singly or as an album if you took a lot of photos.

Enjoy the outdoors with the IAC

Join today

For more information write to the address below or visit our web site to download a free newsletter and application:

Idaho Alpine Club
P.O. Box 2883
Idaho Falls, Idaho 83403-2883
www.IdahoAlpineClub.org

Membership Fees

	Full Year	
	10/1	7/1-12/31
Individuals:	\$25	\$20
Family:	\$30	\$25

After October 1, the payment of full year fee applies to the following year.

Full-time students (18 or older) and seniors (65 or older): \$5 off the above fee schedule.

IAC Council Meeting Monthly minutes are available on line.

Support the Merchants who Support the IAC

Show your membership card for 10% discounts on regularly priced merchandise:

- Idaho Mountain Trading 523-6679
Shoup & B (Non-Sale Items Only)
- Bill's Bike Shop 522-3341
Snake River Crossing (Excludes bicycles)
- Canyon Whitewater Supply
522-3932 (Accessories Only)
450 S Yellowstone, Idaho Falls
- The Preparedness Store & Bosch
Kitchen Center 120 Northgate Mile
Idaho Falls, ID 524-8300
10% off backpacking, dehydrated & freeze-dried foods 10% off any outdoor accessories
- YMCA Climbing Gym 528-8610
755 South Capital Avenue
- Lynna and Leland Howard offer a 10% discount on all of their published books. 357-1917 or 3 5 7 - 3 1 6 6 ; lynna.howard@mac.com
leland@wildernessbooks.com
- Discounts on Jerry Painter's Hiking & Biking guide books