

Idaho Alpine Club Bulletin

Volume 52 - Issue Number 6 - June 2012

CLIMBING•MOUNTAINEERING•BACKPACKING•DAYHIKING•BICYCLING•XCSKIING•SNOWSHOEING•RAFTING

web site: www.idahoalpineclub.org

e-mail: info@idahoalpineclub.org

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2012 Council

President	Sam Pole	523-4970
Vice-president	Lisa Hamilton	251-4893
Secretary	Susan McKinley	529-4583
Treasurer	Donna Whitham	520-1728

Members-at-Large

Colleen Bohan		529-0151
Karl Bohan		529-0151
Sue Braastad		881-4354
Mark Whitham		520-7232

Council Meetings:

Council Meetings are generally held on the second Tuesday of each month at 7:00 PM. IAC Council Meeting Monthly minutes are available on line.

Upcoming Council Meetings:

June 13: Hamilton's home 3863 East 390 North

Activity Coordinators:

Backpacking	Sam Pole	523-4970
Bicycling	Jeff Coward	522-8135
Climbing/Mountaineering	Kevin Coble	201-1840
Conservation	Open	
Cross-Country Skiing / Snowshoeing	Whithams	520-1728
Day Hiking	Sam Pole	523-4970
Rafting	Greg Hulet	523-6199
Trail Maintenance	Alan Crockett	529-5188
Bulletin Editor	Donna Whitham	520-1728
Bulletin Assistant	Mark Whitham	520-7232
Publicity	Open	
Historian/Librarian	Barbara Brown	522-8977
WebMaster	George Cole	716-0024
Program	Bob Tyler	787-2601

General Club Meeting

Held at **7:00 P.M.** on the first WEDNESDAY of each month, normally in the large meeting room of the Idaho Falls Public Library.

NO GENERAL MEETING IN JULY.

AUGUST Bulletin Deadline is:

5 PM on July 5

Trip descriptions, reports, and material for inclusion in the next bulletin are due by the 5TH of the month due to bulk mailer deadlines.

Please send electronically to the bulletin editor at editor@idahoalpineclub.org

Note: Hand written or hard copy material will be included in the bulletin, time permitting.

KEEP THIS COPY

BULLETIN WILL NOT BE ISSUED IN JULY

IDAHO ALPINE CLUB GENERAL MEETING

"GREENLAND KAYAK ADVENTURE"

Presented by Ron Mizia

WEDNESDAY, JUNE 6, 2012 @ 7:00 P.M.

SKYLINE ACTIVITY CENTER

near the Idaho Falls Airport and 1575 N Skyline Dr

This month's program features a presentation by club member Ron Mizia about a sea kayaking trip he made to the western coast in Greenland in July of 2007. World Wide Paddling Adventures of Ely, Minnesota, arranged this guided trip, which consisted of five guests and two guides. The trip began on the remote island of Uummannaq at a Danish/Inuit village after a laborious, weather affected, access trip that departed from Baltimore and involved changing planes at Kangerlussuaq, Ilulissat, and Qaarsut before embarking on the final leg, a boat trip at midnight in the fog. Uummannaq, which is 367 miles north of the Arctic Circle, has 1,299 inhabitants which makes it the eleventh-largest town in Greenland. After arriving at Uummannaq, Ron's group still had a 32 mile boat shuttle in front of them in order to get to the starting point of their kayak trip which, over the next ten days, would tour the upper reaches of the Uummannaq Fjord. Daytime temperatures never got out of the fifties and the sun never really set in this part of Greenland in July so the group could paddle through the icebergs late into the cool evenings within sight of the world's second largest ice cap before finally setting up camp. Some days were sunny with calm seas: other days involved avoiding fog-enshrouded icebergs and some days, alas, were spent shore bound because of high winds.

Come and enjoy Ron's slides of this unique paddling experience amid the huge icebergs and breathtaking cliffs of this seldom-visited remote environment.

The meeting is open to the public and all outdoor enthusiasts are invited to attend. For more information contact programs@idahoalpineclub.org, log onto the club website at www.idahoalpineclub.org.

President Speaks

April 21 was a spectacular day. Club members Eric and Kevin conducted snow school. Approximately 20 folks (mostly Idaho Alpine Club members) gathered at Teton Pass to learn about safety and fun hiking/climbing in snow. We learned about the use of an ice ax; how to self-arrest from a head-up or head-down slip/fall; and how to rope-up and hike as a team. The weather was perfect – sunny and clear with moderate temps. Eric and Kevin deserve applause for their clear and patient instruction. Their climbing knowledge was obvious and their enthusiasm catching. If you were not thinking about climbing into the snow zone before snow school, you certainly were afterward. Everyone had a wonderful and exciting time. Sam Pole

Participation on Club Activities / Trips: With the exception of rafting trips, trips which require the use of any club equipment, or trips limited to club members: non-members may attend a maximum of ONE club trip or activity, then must be members in good standing to continue participating. Participants must be members in good standing to go on rafting trips, trips which require the use of any club equipment, or trips limited to club members only, or needing rafting rentals. Participants on a club trip must pay any established trip fee, abide by club rules and activity guidelines, be 18 or older or accompanied by a parent or guardian, and must follow instructions of the activity coordinator. An individual may not participate in any common adventure/trip of the club unless that individual has read and signed the common adventure form for that specific activity prior to embarking on that adventure / trip / activity.

Climbing

For information on club climbing trips contact Kevin Coble at 201-1840. Wednesday Night rock climbing at local climbing areas, will begin the first Tuesday after Memorial Day. The schedule will be posted beginning in the June bulletin. To find out about spring weekly climbing locations or impromptu weekend trips, subscribe to the IAC climbing mailing list by visiting:

http://www.macrobotics.com/mailman/listinfo.cgi/iac_climbing or, via email, send a message with subject or body 'help' to: iac_climbing-request@macrobotics.com.

Wednesday night climbing schedule for 2012:

May 30 Ririe
 June 6 Blackfoot
 June 13 Heise (or Pointless Wall)
 June 20 Pocatello
 June 27 Paramount
 July 4 (no climbing – holiday)
 July 11 Blackfoot
 July 18 Heise
 July 25 Pocatello
 Aug. 2 Paramount (Thursday - Wed is picnic)
 Aug. 8 Pocatello
 Aug. 15 Heise
 Aug. 22 Blackfoot
 Aug. 29 Paramount

YMCA Rock Climbing Gym

Call 528.8610 for information. Hours currently are:
 4-9 PM Monday - Friday & 12-9 PM Saturday
 Idaho Alpine Club members may show their membership card to receive 10% off of daily rates or the 10 punch card.

Non-technical Mountaineering

For information and to sign up to go, as noted in the trip descriptions, please contact the trip coordinator listed, 24 hours prior to any trip. The American climbing class definitions are posted at www.idahoalpineclub.org. For more information on mountaineering the book *Mountaineering: Freedom of the Hills* by the Mountaineers, has long been the American "Bible" of climbing.

Climbing mountains is serious business...even "small" mountains. Inclement weather, exposure, traveling on snow can change an "easy" mountain to a "difficult" mountain in a matter of minutes. These alpine trips are not guided climbs. These are self-supported, group adventure outings. Each trip has a leader who serves as a resource to the group and

provides some basic trip structure. However participants are expected to evaluate their physical and mental abilities prior to participating, assist with transportation, cooperate with others, participate in decision-making, identify and reduce risk to themselves and the group, and be self-reliant in preparations. The IAC has no mountaineering gear to loan. For all outings, participants are expected to bring water (few climbs have access to water); food, clothing, and appropriate mountaineering gear (and be knowledgeable and experienced in its use). Trip lengths are indicated for an approximate round trip distance. Contact leaders with questions if you are new to mountaineering or new to the area. Trips may be cancelled at the last minute due to weather or conditions outside of the leader's control.

June 16: Day Hike / Little Elk Creek to Mt Baird (Class 2: 10,026 ft, 9 miles). Located above Palisades Reservoir in the Snake River Mountains, this hike is relatively steep and strenuous with an elevation gain of 4,105 feet in 4.5 miles. The scenery from the summit is impressive to say the least. The Little Elk Creek trailhead can be accessed by passenger vehicle. Depart from McDonalds on Yellowstone Highway at 7:00 AM. Please call Sam Pole at 520-3630 24 hours prior to the trip.

June 23: Backpack / 1-2 nights Wind Cave Valley This is the first overnighter of the season for those of you who are eager to pack their camp in and spend a night or two in the high-up cold mountain air. We will hike in Friday afternoon, June 15 and setup camp. Sat. We will day-hike and explore the Fossil Mountain pass area and most likely climb/scramble up Fossil Mountain. Depending on interest, we can spend Sat. night in camp and then after visiting Wind Cave return Sun. to our vehicle(s). Round-trip to camp and back is approx. 8 miles. Meet at Fred Meyer/ McDonald's parking lot 1 PM. Please call Sam Pole at 520-3630 24 hours prior to the trip.

June 30: Day Hike / Sheep Creek Peak (Class 2: 9,843 ft, 11 miles). Sheep Creek is in the Snake River Range near Palisades Reservoir dam. This steep climbs gains 1000 ft per mile. The trailhead can be accessed by passenger vehicle. Since we are doing this hike early in the year we could easily encounter snow on the route. Depart from McDonalds on Yellowstone Highway at 7:00 AM. Please call Sam Pole at 520-3630 24 hours prior to the trip.

July 21: Day Hike / Amphitheater and Surprise Lakes (Class 1: 9,698 ft, 9.6 miles). Located in Teton National Park, the trail to this high alpine cirque gains nearly 3000 feet. Entrance fee or National Park pass required for park entrance. For meeting place & time, call the Whithams at 520.1728, 24 hours prior to the trip.

Bicycling

The latest road bike maps will be available on the IAC website under club archives, road biking maps.

Tours or Races

For information call Jeff Coward at 208.522.8135.

Ride the Rockies: June 10-16, 2012, 6 days, about 65 miles per day. This is a 6 day (for 2012) tour through the Colorado Rockies sponsored by the Denver Post. Support is excellent, and includes busses to transport you in the overnight towns and a daily cycling seminar. The route will be announced February 5, 2012 at: <http://ridetherockies.com/>

Local Biking

For information and to sign up to go, as noted in the trip descriptions, please contact the coordinator indicated, 24 hours prior to any trip. Bicycling protocol / safety tips, and a link to Idaho bicycling laws are posted at www.idahoalpineclub.org. These bike rides are self-supported, group adventure outings. The goal will be to ride enough during the summer to be able to ride in the Heart of Idaho Bike Ride in Idaho Falls. Each trip will have a leader who serves as a resource to the group and provides some basic trip structure. However participants are expected to evaluate their physical and mental abilities prior to participating, assist with transportation, cooperate with others, participate in decision-making, identify and reduce risk to themselves and the group, and be self-reliant in preparations. The IAC has no biking gear to loan. For all outings, participants are expected to bring water; food, clothing, and appropriate bike maintenance gear (and to be knowledgeable and experienced in its use).

Trip lengths are indicated for a round trip distance. Contact leaders with questions if you are new to biking or new to the area. Trips may be cancelled at the last minute due to weather or conditions outside of the leader's control.

June 03 (Sunday): Day Ride / Fish Creek (40-60 miles).

Various ride length options are available on this road bike ride that starts from the Warm River campground area. Shorter options are available – you can turn around at any point and return to the start. The Fish Creek road is paved for over 20 miles and ascends above the Island Park area for an elevation gain of about 2,700 feet. The pavement is in reasonably good shape and there is almost no traffic. Near the end of the pavement, there is a descent on the Baker Draw road that is also paved for about 10 miles. Both roads have unpaved sections. The Fish Creek road eventually connects with the road to Big Springs, while the Baker Draw road leads to Eccles. Mosquito repellent might be worth carrying in addition to your sun screen. Please contact Sandy Krivanek at 589-2366 24 hours prior to the trip. Depart from McDonalds on Yellowstone Highway at 7:00 AM.

June 9: Day Ride / Ashton to Tetonia Trail: We will be riding from the Ashton trailhead. The Ashton-Tetonia Trail is a fairly easy mountain bike route on an old railroad bed. We will ride out and back, with the length determined by who goes & how far we want to ride. Be sure to carry bug repellent. For meeting place & time, call the Whithams at 520.1728, 24 hours prior to the trip.

June 10 (Sunday): Day Ride/Henry's Lake, Quake Lake, Hebggen Lake Loop (65 miles): We will use Highways 87, 287, 191, and 20 to complete this ride. Snowmobiling season will be over, and the tourist season will not yet be in full swing, so traffic is usually light. Please contact Sandy Krivanek at 589-2366 24 hours prior to the trip. Depart from McDonalds on Yellowstone Highway at 6:00 AM.

June 16: Day Ride / Cycling/Tour of Marsh Creek Valley (26, 60, & 100 miles): We will start and finish at the Pocatello Charter School at the intersection of Arthur and Bannock Highway in Pocatello. You will need to pre-register for the tour <http://www.idahocycling.com>! You will all be ready for the 60 mile version of this ride. Please contact Sandy Krivanek at 589-2366 24 hours prior to the trip. Meet at Dads Truck Stop on I-15 exit 113 for a 6:00 AM departure.

June 24 (Sunday): Day Ride / Wolverine Creek (50 Miles): This ride will be an out and back. The route will be selected prior to the ride to give us some hills to climb and some open roads to challenge us. Please contact Sandy Krivanek at 589-2366 24 hours prior to the trip. Depart from Tauphus Park at 8:00 AM.

July 01 (Sunday): Day Ride / Roberts Idaho (50 miles).

This ride will be an out and back. The route will be selected prior to the ride to give us some hills and great scenery. Please contact Sandy Krivanek at 589-2366 24 hours prior to the trip. Depart from the parking lot across from Reed's Dairy at 8 AM.

July 15 & 29 : Day Ride / On your own (30-50 Miles).

It is suggested that you each pick a ride you like, try to do a 30 to 50 mile bike ride on each of these days.

August 11 : Day Ride / Benefit for the Art Museum of Eastern Idaho (25, 63, and 100 miles).

This flat to gently rolling ride is through verdant farmland with Grand Teton views and striking desert landscapes with fully stocked rest stops and ride support. The ride starts & ends at Snake River Landing in Idaho Falls where riders celebrate at a post-ride barbecue with live music, a beer garden, massage therapists and prize drawings. Pre-ride registration is required. Please contact Sandy Krivanek at 589-2366 prior to the ride for any questions. We will meet at the ride at 7AM for an 8AM departure. More information can be found at www.theartmuseum.com.

Rafting / Kayaking / Canoeing

For information on renting club rafting gear (IAC club members only) contact Greg Hulet at 523-6199 or rafting@idahoalpineclub.org.

For trip information contact the trip leader indicated in the trip description. You MUST be an IAC member to participate in IAC raft trips or to rent IAC gear.

Club Gear available:

Rafts can be checked out by those who have demonstrated ability to handle a boat on the type of water to be run. Life jackets are included with each boat. Boats must be returned dry and clean. Damage to boat must be repaired and if extensive, paid for. Checkout fees are for days on the water. All fees go to the rafting fund to buy new equipment:

16-ft Ryken self-bailer - \$60/day

15-ft Aire self-bailer - \$60/day

13.5-ft Maravia self-bailer - \$60/day

14-ft Ryken conventional floor - \$20/day

14-ft Udisco conventional floor - \$20/day

2 - Inflatable kayaks - \$20/day each

June 2 or 9: Rafting /Fall River: Class 3+ to 4 - Depending on water level, run Fall River 1 or 2 times. Wetsuits highly recommended. Contact Greg Hulet for more information 523-6199

July 14: Canoe or Kayak / Big Springs Water Trail: Class 1 - 3.7 miles / 2-3 hours to the take out at Mack's Inn. The water is slow and in windy conditions can take longer. The river passes through lodgepole forest and then opens up as the river meanders through meadows. For meeting place & time, call the Whithams at 520.1728, 24 hours prior to the trip.

July 21: Canoe/Kayak Teton River We'll do a four-hour float from Bates Road west of Driggs to the Packsaddle Road. This is a leisurely float on flat water but the river has many bends in it so basic canoe/kayak turning and steering skills are required. Participants must also wear life jackets. For meeting place & time, call the Whithams at 520.1728, 24 hours prior to the trip.

Invasive Species Prevention - All craft..motorized and non-motorized (except inflatable non-motorized craft under 10 feet) is required to have a sticker. The sticker is \$7.00 per boat plus \$1.30 for online purchase. The money will go to the Idaho Invasive Species Fund. The stickers can be purchased at the East Idaho Visitor Center, IDPR East Region HQ on Commerce Dr.(by IDF&G), and Sportsman's Warehouse.

Dates to Remember:

- June 6: **IAC GENERAL MEETING
GREENLAND KAYAK
ADVENTURE
Bring a friend to the Meeting**
- May 30: Climbing/Ririe
June 2 or 9: Rafting /Fall River
June 3: Dayride/Fish Creek
June 6: Climbing/Blackfoot
June 9: Dayride/Ashton to Tetonia Trail
June 10: Day Ride/Henry's-Hebgen Loop
June 13: Climbing/Heise (or Pointless Wall)
June 16: Dayhike/Little Elk Creek to Mt Baird
June 16: Dayride/Tour of Marsh Creek Valley
June 20: Climbing/Pocatello
June 23: Backpack/1-2 nights by Wind Cave
June 24: Day Ride / Wolverine Creek
June 27: Climbing/Paramount
June 30: Dayhike / Sheep Creek Peak
July 11: Climbing/ Blackfoot
July 14: Canoe/Kayak/Big Springs Water Trl
July 18: Climbing/Heise
July 21: Dayhike/Amphitheater Lake
July 25: Climbing/Pocatello
July 28: Canoe/Kayak Teton River

Climbing: Subscribe for updates to the weekly climbing plans. See page 2 for information on how to subscribe.

Become a Fan

Find us on Facebook. Last minute trips can be posted on the wall. Additionally, photos from club trips you have gone on can be easily posted on the wall singly or as an album if you took a lot of photos.

Enjoy the outdoors with the IAC
Join today

For more information write to the address below or visit our web site to download a free newsletter and application:

Idaho Alpine Club
P.O. Box 2883
Idaho Falls, Idaho 83403-2883
www.IdahoAlpineClub.org

Membership Fees

Full Year

10/1 7/1-12/31

Individuals: \$25 \$20

Family: \$30 \$25

After October 1, the payment of full year fee applies to the following year.

Full-time students (18 or older) and seniors (65 or older): \$5 off the above fee schedule.

IAC Logo T-Shirts & Patches!

Dri Release material with embroidered IAC Logo! Small, Medium, Large, and X-Large Short sleeve \$20 each. Long sleeve \$25 each. Sizes.

A women's style short sleeve shirt is available for \$20 on a prepaid special order basis. It is fitted with shorter sleeves in a wicking material.

A limited number of embroidered Color IAC Logo Patches are available for \$10 each.

Support the Merchants who Support the IAC

Show your membership card for 10% discounts on regularly priced merchandise:

- ★ Idaho Mountain Trading 523-6679
Shoup & B (Non-Sale Items Only)
- ★ Bill's Bike Shop 522-3341
805 S. Holmes Ave. (Excludes bicycles)
- ★ Canyon Whitewater Supply
522-3932 (Accessories Only)
450 S Yellowstone, Idaho Falls
- ★ YMCA Climbing Gym 528-8610
755 South Capital Avenue
- ★ 3 Peaks 523-PEAK
910 E. Lincoln Rd. (Non-Sale Items Only)
- ★ Lynna and Leland Howard offer a 10% discount on all of their published books. 357-1917 or 357-3166;
lynna.howard@mac.com
leland@wildernessbooks.com
- ★ Discounts on Jerry Painter's Hiking & Biking guide books

Idaho Alpine Club

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