

# Idaho Alpine Club Bulletin

Volume 53 - Issue Number 6 - June 2013

CLIMBING•MOUNTAINEERING•BACKPACKING•DAYHIKING•BICYCLING•XCSKIING•SNOWSHOEING•RAFTING

web site: [www.idahoalpineclub.org](http://www.idahoalpineclub.org)

e-mail: [info@idahoalpineclub.org](mailto:info@idahoalpineclub.org)

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## **2013 Council**

President	Sam Pole	523-4970
Vice-president	Sue Braastad	881-4354
Secretary	Susan McKinley	529-4583
Treasurer	Donna Whitham	520-1728

## **Members-at-Large**

Colleen Bohan	529-0151
Karl Bohan	529-0151
Ken Durstine	524-3505
Sheila Kappel	528.8788
Joyce Storey	521-2572
Mark Whitham	520-7232

## **Council Meetings:**

Council Meetings are generally held on the second Thursday of each month at 7:00 PM. IAC Council Meeting Monthly minutes are available on line.

Upcoming Council Meetings:

June 12 @6:30: Pole's Home 1710 Del Mar Dr.

## **Activity Coordinators:**

Backpacking	Sam Pole	520-3620
Bicycling	Jeff Coward	522-8135
Climbing/Mountaineering	Kevin Coble	201-1840
Conservation	Open	
Cross-Country Skiing / Snowshoeing	Whithams	520-1728
Day Hiking	Sam Pole	523-4970
Rafting	Greg Hulet	523-6199
Trail Maintenance	Alan Crockett	529-5188
Bulletin Editor	Donna Whitham	520-1728
Publicity	Open	
Historian/Librarian	Barbara Brown	522-8977
WebMaster	George Cole	716-0024
Program	Bob Tyler	787-2601

## **General Club Meeting**

Held at **7:00 P.M.** on the first WEDNESDAY of each month, normally in the Beaverhead meeting room at the Idaho Fish and Game office.

NO GENERAL MEETING IN JULY.

JULY Bulletin Deadline is:

**5 PM on JUNE 5**

Trip descriptions, reports, and material for inclusion in the next bulletin are due by the 5<sup>TH</sup> of the month due to bulk mailer deadlines.

Please send electronically to the bulletin editor at [editor@idahoalpineclub.org](mailto:editor@idahoalpineclub.org)

NOTE: Hand written or hard copy material will be included in the bulletin, time permitting.

## **IDAHO ALPINE CLUB GENERAL MEETING**

**WEDNESDAY, JUNE 5, 2013 @ 7:00 PM**

**"EL CAPITAN: THE NOSE"**

## **DEVELOPMENT WORKSHOP**

**555 WEST 25TH ST**

From 17<sup>th</sup> Street & Rollendet, go south to 25<sup>th</sup> Street. Turn right (west). IDW is on the left side of street. Park in the parking lot to the east of the building.

Enter via front door, then follow hallway around to the right to the meeting room.

Firefighter and climber Dan Janus will share his slides of his 2011 solo climb of El Capitan's The Nose, at our June meeting. While climbing The Nose solo was not Dan's original intention, his inability to find a partner among his climbing friends forced him to do the route alone. Dan didn't set any speed records climbing the 2,900 foot, 31 pitch face rated 5.13+, but he did exhibit a mental and physical toughness that attracted the attention of photographer Tom Evans who followed the progress of Dan's 11-day climb with a camera from the valley floor. Initially, Evans didn't give Dan much of a chance to complete the climb because Dan's progress was slow as he struggled to drag his 245 lb haul sack up the face, but Evans eventually came around and began rooting for Dan as it became apparent that Dan had enough grit and determination to surmount all his difficulties. The Nose is one of the climbs included in the climbing text Fifty Classic Climbs of North America and Dan's program will document his exploit with a combination of his own photos and those taken by Tom Evans from the valley floor.

For more information contact [programs@idahoalpineclub.org](mailto:programs@idahoalpineclub.org), log onto the club website at [www.idahoalpineclub.org](http://www.idahoalpineclub.org).

## **President Speaks**

Hopefully spring has sprung by this time, and we've already been out on the trails getting back into our hiking, biking and rafting "groove"! Though none of us expect things to go wrong while enjoying our outdoor activities, the old Boy Scout motto always comes to mind: "Be Prepared". So remember as you're heading out the door, to double check that you have all you need for the day, or days, that you'll be out. Even something as simple as moleskin can really help make or break a fun day. There is a basic list in the newsletter to refer to for some items needed. It's always better to have something and not need it, than to need something and not have it. This will help us to stay safe and have a more enjoyable time.....So, we wish everyone a safe and fun summer of outdoor activities!  
~Sheila K

## Participation on Club Activities

### Common Adventures / Trips:

With the exception of rafting trips, trips which require the use of any club equipment, or trips limited to club members: non-members may attend a maximum of ONE club trip or activity, then must be members in good standing to continue participating.

Participants must be members in good standing to go on rafting trips, trips which require the use of any club equipment, or trips limited to club members only, or needing rafting rentals. Participants on a club trip must pay any established trip fee, abide by club rules and activity guidelines, and must follow instructions of the activity coordinator.

An individual may not participate in any common adventure/trip of the club unless that individual has read and signed the common adventure form for that specific activity prior to embarking on that adventure / trip / activity.

### All Trips Bring Your Own:

1. Water
2. Food/snacks
3. Dress in layers. Bring adequate extra appropriate protective clothing - no cotton. Hat and gloves or mittens.
4. Minor first aid items including sun screen, personal medications, as needed during the day.
5. Headlamp (& Batteries)
6. Map & Compass
7. Sunglasses
8. Lightweight shelter/space blanket.
9. Appropriate equipment- depending on activity or terrain.
10. Repair kit for your own equipment including duct tape.
11. Mat to sit on
12. Other personal items of interest

### Non-technical Hiking / Mountaineering

Unless otherwise indicated in the trip descriptions contact Sam Pole: 520-3630, or email sbpole@cableone.net for trip information and to sign up to go on a scheduled trip, 24 hours prior to any trip.

Hiking and non-technical mountaineering is serious business...even "small" mountains. Inclement weather, exposure, traveling on snow can change an "easy" trip to a "difficult" trip in a matter of minutes. These alpine trips are not guided. These are self-supported, group adventure outings. Each trip has a leader who serves as a resource to the group and provides some basic trip structure. Participants are expected to evaluate their own physical and mental abilities prior to participating, assist with transportation, cooperate with others, participate in decision-making, identify and reduce risk to themselves and the group, and be self-reliant in preparations. The IAC has no mountaineering gear to loan. For all outings, participants are expected to bring water (few hikes or

climbs have access to water); food, clothing, and appropriate mountaineering gear (and be knowledgeable and experienced in its use). Trip lengths are indicated for an approximate round trip distance. Contact leaders with questions if you are new to mountaineering or new to the area. Trips may be cancelled at the last minute due to weather or conditions outside of the leader's control.

**May 25 Saturday / Day Hike: Bell Mountain Canyon Loop:** This hike is on the east side of the Lemhi Mountains and will include a visit to the charcoal kilns that produced charcoal for lead mines during the early part of the 1900's. Round trip is approximately 6 miles. This is mostly a big canyon hike through meadows and spruce-fir forests. Please contact Sam Pole at 520-3630, 24 hours before the hike. Depart 8:30 a.m. from the west-side Wal-Mart garden center.

**June 8 / Day Hike: Big Southern Butte:** This is a steady uphill (following an access road) hike with a round-trip of about 7 miles. The road has several steep sections but should not present a problem to anyone comfortable hiking. There is no water available. The view from the top is well worth the hike. Contact Sam Pole, trip leader, at 520-3630 prior to the hike. Depart from the west side Wal-Mart garden center area at 8:30 a.m.

**June 22 / Day Hike: Cress Creek Nature Trail Plus:** This hike is to the upper portion of the popular Cress Creek Nature trail and then off trail to the top of the cliffs above. From there the hike will proceed along the cliff edge and eventually back down to the Heise river road and return to the parking area. Round-trip of 4-5 miles. The hike is not strenuous. There is no water. Contact Sam Pole, trip leader, at 520-3630 prior to the hike. Depart from Fred Meyers/McDonalds parking lot area at 8:30 a.m.

### Climbing

For information on club climbing trips contact Kevin Coble at 201-1840. To find out about Spring weekly climbing locations or impromptu weekend trips, subscribe to the IAC climbing mailing list by visiting:

[http://www.macrobotics.com/mailman/listinfo.cgi/iac\\_climbing](http://www.macrobotics.com/mailman/listinfo.cgi/iac_climbing)

or, via email, send a message with subject or body 'help' to: [iac\\_climbing-request@macrobotics.com](mailto:iac_climbing-request@macrobotics.com).

#### YMCA Rock Climbing Gym

Call 528.8610 for information.

SUMMER HOURS:

TUESDAY 4PM - 9PM & SATURDAY NOON - 9PM

WINTER HOURS

(Effective October 1):

MONDAY - FRIDAY 4PM - 9PM

SATURDAY NOON - 9PM SUNDAY CLOSED

Idaho Alpine Club members may show their membership card to receive 10% off of daily rates or the 10 punch card.

### Local Bicycling Maps

Mapman Alan Crockett has revised the set of 29 (and growing) local road biking routes used by the Tuesday morning geezer bike group (not IAC affiliated). The latest maps are available on the IAC website under club archives, road biking maps.

## Bicycling

As information on tours or races of interest is emailed to the bulletin editor, it will be included, unless submitted too late for applying for the ride.

If anyone would like to coordinate some local bike rides this year please submit them in the format shown below to be included in the bulletin by the submittal date indicated on the front page.

IAC bike rides are self-supported, group adventure outings. Each trip will have a coordinator who serves as a resource to the group and provides some basic trip structure. However participants are expected to evaluate their own physical and mental abilities prior to participating, assist with transportation, cooperate with others, participate in decision-making, identify and reduce risk to themselves and the group, and be self-reliant in preparations. The IAC has no biking gear to loan. For all outings, participants are expected to bring their own water; food, clothing, and appropriate bike maintenance gear (and to be knowledgeable and experienced in its use).

Contact leaders with questions if you are new to biking or new to the area. Trips may be cancelled or rescheduled at the last minute due to weather or conditions outside of the leader's control.

### **Idaho road biking laws are at:**

[http://itd.idaho.gov/bike\\_ped/Idaho%20Code%20Related%20to%20Bicyclists.pdf](http://itd.idaho.gov/bike_ped/Idaho%20Code%20Related%20to%20Bicyclists.pdf).

**June TBD / Mountain Bike Rides** I am attempting to do one IAC cross country mountain bike ride each month during the summer and early fall. Maybe some beginner rides and the rest intermediate or better rides, depending on the technical riding skills and physical conditioning of those interested.

For those new to mountain bike riding in the woods, be aware that you need how and when to shift gears and use your brakes on a unpaved surface such as a dirt road or level field before you come on the ride. If needful, I can conduct a intro level session on a date prior to the ride.

Email me, [kdurstine@gmail.com](mailto:kdurstine@gmail.com), if you want to be on the riding list or watch the IAC facebook page for dates and times. You will need to provide your own bike and transportation to participate.

## Rafting

For information on renting club rafting gear (IAC club members only) contact Greg Hulet at 523-6199 or [rafting@idahoalpineclub.org](mailto:rafting@idahoalpineclub.org).

For trip information contact the trip leader indicated in the trip description. You MUST be an IAC member to participate in IAC raft trips or to rent IAC gear.

### **Trips:**

**June 1 (or June 8) Rafting / Fall River:** Run twice if enough boats want to run. 8 miles of class 3+ water. Water level dependent. Contact Greg Hulet – 523-6199.

**July 27 Rafting / Alpine Canyon** Run twice if group desires. 8 miles of class 3+ water. 15 person limit. Contact Greg Hulet – 523-6199.

### **Club Gear available:**

Rafts can be checked out by those who have demonstrated ability to handle a boat on the type of water to be run. Life jackets are included with each boat. Boats must be returned dry and clean. Damage to boat must be repaired and if extensive, paid for. Checkout fees are for days on the water. All fees go to the rafting fund to buy new equipment:

- 16-ft Ryken self-bailer - \$60/day
- 15-ft Aire self-bailer - \$60/day
- 13.5-ft Maravia self-bailer - \$60/day
- 14-ft Ryken conventional floor - \$20/day
- 14-ft Udisco conventional floor - \$20/day
- 2 - Inflatable kayaks - \$20/day each

**Note:** For those planning to take a group to Alpine Canyon the following rules apply. You will be ticketed if you are caught breaking them:

1. Maximum party size with no permit is 15. If your party is 15 people or less, no other limits apply, including the four boat limit.
2. Organizational trips only apply to groups with a paid leader (Some outdoor programs, Youth Minister, etc.).

## TRIP REPORTS

**April 28 Bicycle Ride / Teton Park:** The weather was mostly cloudy but fairly warm for this 30 mile ride. We began the ride at the north end to have the afternoon wind at our backs on the ride back to the cars. We enjoyed brief glimpses of the Tetons, shared our fruit with a Gray Jay, watched Mountain Bluebirds, Red Naped Sapsuckers, Townsend's Solitaires, amongst other birds, and afterwards, a scrumptious dinner at Thai Me Up in Jackson. Attendees: Sue & John Braastad and the Whithams.

**May 11 Highway Cleanup and Potluck:** We filled up 8 bags of trash while enjoying the warm weather along our two miles of highway. Afterwards, was another fabulous potluck hosted by the Tylers. All too soon, it was time to return to Idaho Falls for other obligations. Attendees: Sue Braastad, Sue McKinley, Alan Maskal, Abbie Zaladonis, Sam Pole, Judy Williams, Marie & Bob Tyler, the Whithams, and Sheila Kappel in spirit (she sent some yummy PB Power Balls for everyone to enjoy). Many special thanks to the Tylers for hosting the potluck.

## IAC Logo T-Shirts & Patches!

Dri Release material with embroidered IAC Logo! Small, Medium, Large, and X-Large Short sleeve \$20 each. Long sleeve \$25 each. A women's style short sleeve shirt is available for \$20 on a prepaid special order basis. It is fitted with shorter sleeves in a wicking material.

A limited number of embroidered Color IAC Logo Patches are available for \$10 each.

Idaho Alpine Club  
P.O. Box 2883  
Idaho Falls, Idaho 83403-2883

Dates to Remember:

June 5: IAC GENERAL MEETING  
EL CAPITAN: THE NOSE

May 25: Day Hike / Bell Mountain Canyon  
Loop

June TBD: Mountain Bike

June 1: (or June 8) Rafting / Fall River

June 8: Day Hike / Big Southern Butte

June 22: Day Hike / Cress Creek

July 27: Rafting / Alpine Canyon

Climbing: Subscribe to find out updates to the weekly winter climbing plans. See page 2 for information on how to subscribe.

**Become a Fan**

Find us on Facebook. Last minute trips can be posted on the wall. Additionally, photos from club trips you have gone on can be easily posted on the wall singly or as an album if you took a lot of photos. To do this, the photos do need to be your photos & shared with the public.

**Enjoy the outdoors with the IAC**

**Join today**

For more information write to the address below or visit our web site to download a free newsletter and application:

**Idaho Alpine Club**  
**P.O. Box 2883**  
**Idaho Falls, Idaho 83403-2883**  
[www.IdahoAlpineClub.org](http://www.IdahoAlpineClub.org)

Membership Fees

	Full Year	
	10/1	7/1-12/31
Individuals:	\$25	\$20
Family:	\$30	\$25

After October 1, the payment of full year fee applies to the following year. Full-time students (18 or older) and seniors (65 or older): \$5 off the above fee schedule.

IAC Council Meeting Monthly minutes are available on line.

**Support the Merchants who Support the IAC**

Show your membership card for 10% discounts on regularly priced merchandise:

- Idaho Mountain Trading 523-6679 Shoup & B (Non-Sale Items Only)
- Bill's Bike Shop 522-3341 805 S. Holmes Ave. (Excludes bicycles)
- Canyon Whitewater Supply 522-3932 (Accessories Only) 450 S Yellowstone, Idaho Falls
- The Preparedness Store & Bosch Kitchen Center 120 Northgate Mile Idaho Falls, ID 524-8300 10% off backpacking, dehydrated & freeze-dried foods 10% off any outdoor accessories
- YMCA Climbing Gym 528-8610 755 South Capital Avenue
- Lynna and Leland Howard offer a 10% discount on all of their published books. 357-1917 or 357-3166; [lynna.howard@mac.com](mailto:lynna.howard@mac.com) [leland@wildernessbooks.com](mailto:leland@wildernessbooks.com)
- Discounts on Jerry Painter's Hiking & Biking guide books