

# Idaho Alpine Club Bulletin

Volume 54 - Issue Number 6 - June 2014

CLIMBING•MOUNTAINEERING•BACKPACKING•DAYHIKING•BICYCLING•XCSKIING•SNOWSHOEING•RAFTING

web site: [www.idahoalpineclub.org](http://www.idahoalpineclub.org)

e-mail: [info@idahoalpineclub.org](mailto:info@idahoalpineclub.org)

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## 2014 Council

President	Sue Braastad	881-4354
Vice-president	Karl Bohan	529-0151
Secretary	Susan McKinley	529-4583
Treasurer	Donna Whitham	520-1728

## Members-at-Large

Colleen Bohan	529-0151
Ken Durstine	524-3505
Sheila Kappel	528.8788
Sam Pole	520-3630
Richard Scheerer	881-6331
Mark Whitham	520-7232

## Council Meetings:

Council Meetings are generally held on the second Thursday of each month at 7:00 PM. IAC Council Meeting Monthly minutes are available on line.

Upcoming Council Meetings:

May 13: Kappel's Home	3776 Marlene St
Jun 9: Pole's Home	1710 Del Mar Dr

## Activity Coordinators:

Backpacking	Sam Pole	520-3630
Bicycling	Ken Durstine	524-3505
Climbing/Mountaineering	Kevin Coble	201-1840
Conservation	Open	
Cross-Country Skiing / Snowshoeing	Whithams	520-1728
Day Hiking	Sam Pole	520-3630
Rafting	Greg Hulet	523-6199
Trail Maintenance	Alan Crockett	529-5188
Bulletin Editor	Donna Whitham	520-1728
Publicity	Open	
Historian/Librarian	Barbara Brown	522-8977
WebMaster	George Cole	716-0024
Program	Bob Tyler	787-2601

## General Club Meeting

Held at **7:00 P.M.** on the first WEDNESDAY of each month, in the meeting location indicated in the program description.

NO GENERAL MEETING IN JULY.

## **JUNE Bulletin Deadline is:**

**5 PM on May 5**

Trip descriptions, reports, and material for inclusion in the next bulletin are due by the **5<sup>TH</sup>** of the month due to bulk mailer deadlines.

Please send electronically to the bulletin editor at [editor@idahoalpineclub.org](mailto:editor@idahoalpineclub.org)

NOTE: Hand written or hard copy material will be included in the bulletin, time permitting.

## **IDAHO ALPINE CLUB GENERAL MEETING**

### **'EL CAPITAN: THE NOSE'**

**WEDNESDAY, June 4, 2014 @ 7:00 PM**

### **DEVELOPMENT WORKSHOP**

### **555 WEST 25TH ST**

From 17<sup>th</sup> Street & Rollendet, go south to 25<sup>th</sup> Street. Turn right (west). IDW is on the left side of street. Park in the parking lot to the east of the building. Enter via front door, then follow hallway around to the right to the meeting room.

Firefighter and climber Dan Janus will share his slides of his 2011 solo climb of El Capitan's The Nose, at our June meeting. While climbing The Nose solo was not Dan's original intention, his inability to find a partner among his climbing friends forced him to do the route alone.

Dan didn't set any speed records climbing the 2,900 foot, 31 pitch face rated 5.13+, but he did exhibit a mental and physical toughness that attracted the attention of photographer Tom Evans who followed the progress of Dan's 11-day climb with a camera from the valley floor. Initially, Evans didn't give Dan much of a chance to complete the climb because Dan's progress was slow as he struggled to drag his 245 lb haul sack up the face, but Evans eventually came around and began rooting for Dan as it became apparent that Dan had enough grit and determination to surmount all his difficulties. The Nose is one of the climbs included in the climbing text Fifty Classic Climbs of North

America and Dan's program will document his exploit with a combination of his own photos and those taken by Tom Evans from the valley floor.

The meeting is open to the public and all outdoor enthusiasts are invited to attend. For more information contact [programs@idahoalpineclub.org](mailto:programs@idahoalpineclub.org), log onto the club website at [www.idahoalpineclub.org](http://www.idahoalpineclub.org)

## **President Speaks**

Idaho outdoors can be enjoyed year round. There are four distinct seasons, each with their own unique beauty and challenges. Many believe that summer is the best of the four seasons and the number of outdoor activities planned would seem to bear this out. There are hikes planned throughout the summer and fall along with rafting trips, bicycle rides, and rock climbing trips. By participating in a number of the past club activities I have seen parts of Idaho that I would not have otherwise seen nor even known existed. There are also several general club events; including the roadside clean-up in the spring and fall, the summer picnic, and the fall membership party. Everyone is encouraged to participate in as many of the club activities as possible.

The Idaho Alpine Club does little to no advertising, except through "word of mouth", FaceBook, and the website. As a result, there are people in our community that do not know that the Idaho Alpine Club even exists. It is up to you and the rest of the club members to spread the word. Invite a friend or acquaintance to accompany you to the next club activity that you plan to participate in. Share the FaceBook event or meeting announcements on your FaceBook page. Even if you can't attend an event or meeting, you may have friends who would have liked to, if they had known about it.

~ Richard Scheerer

## Participation on Club Activities Common Adventures / Trips:

With the exception of rafting trips, trips which require the use of any club equipment, or trips limited to club members: non-members may attend a maximum of ONE club trip or activity, then *must be members in good standing to continue participating.*

Participants must be members in good standing to go on rafting trips, trips which require the use of any club equipment, or trips limited to club members only, or needing rafting rentals. Participants on a club trip must pay any established trip fee, abide by club rules and activity guidelines, and must follow instructions of the activity coordinator.

An individual may not participate in any common adventure/trip of the club unless that individual has read and signed the common adventure form for that specific activity prior to embarking on that adventure / trip / activity.

### Climbing

For information on club climbing trips contact Kevin Coble at 201-1840. To find out about weekly climbing locations or impromptu weekend trips, subscribe to the IAC climbing mailing list by visiting:

[http://www.macrobotics.com/mailman/listinfo.cgi/iac\\_climbing](http://www.macrobotics.com/mailman/listinfo.cgi/iac_climbing) or, via email, send a message with subject or body 'help' to: [iac\\_climbing-request@macrobotics.com](mailto:iac_climbing-request@macrobotics.com).

#### YMCA Rock Climbing Gym

Call 528.8610 for information.

SUMMER HOURS (June 1-September 30):

TUESDAY 4PM - 9PM SATURDAY NOON - 9PM

WINTER HOURS (Effective October 1):

MONDAY - FRIDAY 4PM - 9PM

SATURDAY NOON - 9PM SUNDAY CLOSED

Idaho Alpine Club members may show their membership card to receive 10% off daily rates or 10 punch card.

### Non-technical Hiking / Mountaineering

Unless otherwise indicated in the trip descriptions contact Sam Pole: 520-3630, or email [sbpole@cableone.net](mailto:sbpole@cableone.net) for trip information and to sign up to go on a scheduled trip, 24 hours prior to any trip.

Hiking and non-technical mountaineering is serious business...even "small" mountains. Inclement weather, exposure, traveling on snow can change an "easy" trip to a "difficult" trip in a matter of minutes. These alpine trips are not guided. These are self-supported, group adventure outings. Each trip has a leader who serves as a resource to the group and provides some basic trip structure. Participants are expected to evaluate their own physical and mental abilities prior to participating, assist with transportation, cooperate with others, participate in decision-making, identify and reduce risk to themselves and the group, and be self-reliant in preparations. The IAC has no mountaineering gear to loan. For all outings, participants are expected to bring water (few hikes or climbs have access to water); food, clothing, and appropriate mountaineering gear (and be knowledgeable and experienced in its use). Trip lengths are indicated for

an approximate round trip distance. Contact leaders with questions if you are new to mountaineering or new to the area. Trips may be cancelled at the last minute due to weather or conditions outside of the leader's control.

**June 7: Day Hike / Arco Arch (Natural Arch)** Because of plenty of snow in the mts. this year it will be late getting into the higher elevations so we will focus on the desert for our early hikes. We have done this hike in the past. It is not difficult but pleasant and this time we should be able to scramble under the arch. In addition, for those of you who have marveled at the magnificence of the Big Lost River, on our return, we will take a side trip to see the Big Lost River Gorge.(Really!). Please contact Sam Pole at 520-3630, 24 hours before the hike. Depart from the west side Wal-Mart parking lot in front of the garden Center at 8:30 am.

**June 21: Day Hike / Pass Creek Lake.** This is a moderate hike of approximately 5.5 miles round trip on the east side of the Lemhi Mountains. We scheduled this hike last Oct. but other weekend activities prevented the hike. The hike in will be along a primarily 4-wheel track beginning in Eightmile Canyon west of Birch Creek; climb approximately 1200 feet ; then descend to Pass Creek Lake; and return. Please contact Sam Pole at 520-3630, 24 hours before the hike. Depart from the west side Wal-Mart parking lot in front of the garden center at 8:30 am.

**July 5: Day Hike / Scott Peak:** Scott Peak is the highest peak in the Bitterroot Mountains. My plan is to meet along Highway 28 at the Nicholia Road exit at 8 AM. From there, we will carpool to the trailhead. We will use the southwest ridge route as shown in the attached link from summitpost. This route is Class 2, with 10 miles roundtrip distance & 4,000' of gain. Call John Hamann at 575-437-6303, or e-mail me at [john.hamann@holloman.af.mil](mailto:john.hamann@holloman.af.mil). Please contact me by mid-June if you want to come. Summitpost link: <http://www.summitpost.org/sw-ridge-approach/166330>

**July 6: Day Hike / Caribou Mountain:** Caribou Mountain is the second highest peak in SE Idaho at 9,803'. My plan is to meet at an appropriate location in Idaho Falls at 7:30 AM. From there, we will drive about 60 miles southeast to reach the mountain. I have found a route on the northwest side of the mountain that utilizes a road and a trail not shown on any maps. The entire hiking route will be mostly, if not all, on a trail or road. The round trip distance is about 4 miles, with 1,600' of gain, assuming we can drive all the way in. Call John Hamann at 575-437-6303, or e-mail me at [john.hamann@holloman.af.mil](mailto:john.hamann@holloman.af.mil). Please contact me by mid-June if you want to come. Summitpost link: <http://www.summitpost.org/caribou-mountain-id/658557>.

### National Trails Day Project - June 7

The Darby Canyon Wind Cave trail, located on the west slope of the Teton Mountain range, will be the location of this year's National Trails Day project. We will be doing trail maintenance to clear the trail of winter debris and open up the water bars to drain off standing water. Sturdy work boots and work gloves are required. Safety glasses, pulaskis, hedge trimmers, and bow saws, etc. are desired. Depending on the snow level in the canyon, we may be able to work all the way to the Wind Cave. Trail Maintenance is a great way for all ages and abilities to give back to the outdoors we all enjoy. Special skills are not required. Contact the Whithams for more details and to sign up: 208.520.1728

## Bicycling

The IAC bike rides are self-supported, group adventure outings. Each trip will have a leader who serves as a resource to the group and provides some basic trip structure. However participants are expected to evaluate their own physical and mental abilities prior to participating, assist with transportation, cooperate with others, participate in decision-making, identify and reduce risk to themselves and the group, and be self-reliant in preparations. The IAC has no biking gear to loan. For all outings, participants are expected to bring their own water; food, clothing, and appropriate bike maintenance gear (and to be knowledgeable and experienced in its use).

Trip lengths are indicated for a round trip distance. Contact leaders with questions if you are new to biking or new to the area. Trips may be cancelled or rescheduled at the last minute due to weather or conditions outside of the leader's control.

**May 31: Mtn Bicycle Ride / Ashton -Tetonia Trail:** The Ashton-Tetonia Trail is Idaho's newest State Park. This is a fairly easy 31 mile one way, mountain bike route on an old railroad bed. We will either ride the entire distance or ride out and back with the length determined by who goes and how far they want to ride. Contact me at [kdurstine@gmail.com](mailto:kdurstine@gmail.com) or 208-524-3505 prior to the ride.

Link to map of the trail on the IDP&R website: <http://parksandrecreation.idaho.gov/sites/default/files/uploads/documents/AshtontoTetonia/AshtonTetoniaTrail%20Map.pdf>

**June 14: Mtn Bicycle Ride/West Yellowstone to Warm River.** This ride is 50 miles one way, on the old railroad grade from West Yellowstone to Warm River Campground. An extra 4 miles can be added with a side trip to Warm River Springs Fish Hatchery. The ride is mostly flat with only a few short uphill sections and some longer downhill sections. A car shuttle is required. For those not wanting to do the entire 50+ miles, the first 22 mile section from Warm River to Big Springs and the last 7 mile downhill section is another option with enough shuttle vehicles. Contact Jeff Coward at 522-8135 or [jdc1100@srv.net](mailto:jdc1100@srv.net) for more information or to sign up.

The following are some Safe Riding Tips paraphrased from an article written by Bill Harris for [cycling utah.com](http://cyclingutah.com), the freebie that appears monthly at the downtown Great Harvest bakery.

1. The lead rider has the responsibility of pointing out obstacles in the road such as potholes, glass, and debris. As the leader approaches the hazard, take one hand off the bars and point out the obstacle. Those behind continue to signal to those behind, kind of like a wave at a football game.
2. On narrow roads the lead riders should yell out "car up" to warn those behind of approaching traffic. Those at the back of the group should yell "car back" to warn those of traffic wanting to pass from behind.
3. When turning a corner, the lead rider should signal by pointing the direction of the turn. Those behind should continue—wave theory again.
4. Maintain a constant pace and avoid quick accelerations and sudden braking.
5. Do not overlap wheels...any turn will result in a crash.
6. Stay relaxed. Do not put death grip on handlebars and keep arms bent and relaxed. Then if another rider bumps you, your body absorbs the contact force and your steering is less likely to be affected.

7. Practice looking several riders ahead and recognizing when changes in pace will occur.

8. On descents, spread out to allow more reaction time (and a better view).

Idaho road biking laws are at:

[http://itd.idaho.gov/bike\\_ped/Idaho%20Code%20Related%20to%20Bicyclists.pdf](http://itd.idaho.gov/bike_ped/Idaho%20Code%20Related%20to%20Bicyclists.pdf).

## Rafting

For information on renting club rafting gear (IAC club members only) contact Greg Hulet at 523-6199 or [rafting@idahoalpineclub.org](mailto:rafting@idahoalpineclub.org).

For trip information contact the trip leader indicated in the trip description. You MUST be an IAC member to participate in IAC raft trips or to rent IAC gear.

### Club Gear available:

Rafts can be checked out by those who have demonstrated ability to handle a boat on the type of water to be run. Life jackets are included with each boat. Boats must be returned dry and clean. Damage to boat must be repaired and if extensive, paid for. Checkout fees are for days on the water. All fees go to the rafting fund to buy new equipment:

16-ft Ryken self-bailer - \$60/day

15-ft Aire self-bailer - \$60/day

13.5-ft Maravia self-bailer - \$60/day

14-ft Ryken conventional floor - \$20/day

14-ft Udisco conventional floor - \$20/day

2 - Inflatable kayaks - \$20/day each

Call Greg Hulet (523-6199) several days in advance to make arrangements to rent IAC rafting gear or it may not be available.

### May 23-27/Rafting - Main Salmon-Shoup stretch:

11-miles of class 3+ whitewater. One or 2 runs per day. Camp at Spring Creek Campground. Pot luck Saturday and Sunday nights. Everyone going needs to plan to help haul gear to Spring Creek and back to Idaho Falls. Participants should also plan to help with the shuttle for the runs or come prepared to pay gas money to those driving. Wet or dry suits are highly recommended. Contact Greg Hulet (523-6199) by May 18 if you plan to come so that gear hauling assignments can be made. You are welcome to come for the hot-potting (Panther Creek, Cove Creek), hiking, and pot-lucking even if you aren't into the rafting. Anyone who has been to the Cove Creek hot spring please call Greg.

**May 31 / Rafting - Fall River:** Eight miles of class 3+-4 water. One or two runs depending on the group's preferences. Contact Greg Hulet several days in advance to make sure enough will be coming to have the trip happen. At least two boats are needed. Contact Greg Hulet (523-6199)

**August 9 / Rafting - Alpine Canyon:** Eight miles of class 3+ water. Contact Greg Hulet (523-6199)

## Trip Reports

### May 3 - Day Hike / Craters of the Moon Ice Caves:

First hike of the 2014 season. Richard Scheerer in Indian cave at Craters of the Moon National Monument. A beautiful sunny but windy day. Richard and Sam Pole pretty much had the caves to themselves.



### IAC Logo T-Shirts & Patches!

Dri Release material with embroidered IAC Logo! Small, Medium, Large, and X-Large Short sleeve \$20 each. Long sleeve \$25 each. A women's style short sleeve shirt is available for \$20 on a prepaid special order basis. It is fitted with shorter sleeves in a wicking material. A limited number of embroidered Color IAC Logo Patches are available for \$10 each.

Dates to Remember:

- June 4: IAC GENERAL MEETING "EL CAPITAN: THE NOSE"
- May 23-27 Rafting /Main Salmon to Shoup
- May 31: Bicycle Ride/ Ashton - Tetonia Trail
- May 31: Rafting / Fall River
- June 7: National Trails Day Project / Darby Canyon Wind Cave Trail
- June 7: Day Hike / Arco Arch (Natural Arch)
- June 14: Mtn Bicycle Ride/West Yellowstone to Warm River
- June 21: Day Hike / Pass Creek Lake
- July 5: Hike / Scott Peak
- July 6: Hike / Caribou Mtn.
- Aug 9: Rafting / Alpine Canyon Climbing: Weekly Summer Climbing Schedule will be coming soon! Subscribe to find out updates to the weekly climbing plans. See page 2 for information on how to subscribe.

**Become a Fan**

Find us on Facebook. Last minute trips can be posted on the wall. Additionally, photos from club trips you have gone on can be easily posted on the wall singly or as an album if you took a lot of photos.

**Enjoy the outdoors with the IAC  
Join today**

*For more information write to the address below or visit our web site to download a free newsletter and application:*

**Idaho Alpine Club  
P.O. Box 2883  
Idaho Falls, Idaho 83403-2883  
[www.IdahoAlpineClub.org](http://www.IdahoAlpineClub.org)**

**Membership Fees**

	Full Year	
	10/1	7/1-12/31
Individuals:	\$25	\$20
Family:	\$30	\$25

After October 1, the payment of full year fee applies to the following year.

Full-time students (18 or older) and seniors (65 or older): \$5 off the above fee schedule.

IAC Council Meeting Monthly minutes are available on line.

**Support the Merchants who Support the IAC**

Show your membership card for 10% discounts on regularly priced merchandise:

- Idaho Mountain Trading 523-6679 Shoup & B (Non-Sale Items Only)
- Bill's Bike Shop 522-3341 Snake River Crossing (Excludes bicycles)
- Canyon Whitewater Supply 522-3932 (Accessories Only) 450 S Yellowstone, Idaho Falls
- The Preparedness Store & Bosch Kitchen Center 120 Northgate Mile Idaho Falls, ID 524-8300 10% off backpacking, dehydrated & freeze-dried foods 10% off any outdoor accessories
- YMCA Climbing Gym 528-8610 755 South Capital Avenue
- Lynna and Leland Howard offer a 10% discount on all of their published books. 357-1917 or 357-3166; [lynna.howard@mac.com](mailto:lynna.howard@mac.com) [leland@wildernessbooks.com](mailto:leland@wildernessbooks.com)
- Discounts on Jerry Painter's Hiking & Biking guide books



