

# Idaho Alpine Club Bulletin

Volume 43 - Issue Number 3 - March 2003

P.O. Box 2885, Idaho Falls, Idaho 83403-2885

web site: [www.idahoalpineclub.org](http://www.idahoalpineclub.org)

e-mail: [info@idahoalpineclub.org](mailto:info@idahoalpineclub.org)

## 2002 Executive Council

President  
Tim Adkison 542-0786  
Vice-president  
Michelle Fox Benson 525-3238  
Secretary  
Jeff Coward 522-8135  
Treasurer  
Bob Kroupa 524-6273  
Members-at-Large  
Betsy Adkison 542-0786  
John Bissett  
Barbara Brown 522-8977  
George Cole 522-4074

Bulletin Editor  
Rene Miller 542-5126  
Bulletin Assistant  
Donna Whitham 524-6119

Publicity & Community Liaison  
Donna Whitham 524-6119

Historian/Librarian  
Barbara Brown 522-8977

Please mail completed common  
adventure forms to the secretary.

## Coordinators

Program  
Donna Whitham 524-6119  
Backpacking  
George Cole 522-4084  
Mark Whitham 524-6119  
Caving  
Dean Killian 357-7354  
Climbing/mountaineering  
Eric Peterson 529-9538  
Kurt Myers 522-5279  
Conservation  
Tim Adkison 542-0786  
X-Country Skiing  
Mark/Donna Whitham 524-6119  
Bicycling  
Michelle Fox Benson 525-3238  
Jeff Coward 522-8135  
Kayaking  
Rob Mullin 524-3594  
Canoeing  
John Page 356-6486  
Sue Page 356-5118  
Rafting  
Greg Hulet 523-6199  
Trail Maintenance  
Open  
Day Hiking  
Mark/Donna Whitham 524-6119

## General Club Meeting

Held at 8:00 p.m. on the first Wednesday of each month, normally in the large meeting room of the Idaho Falls Public Library. NO GENERAL MEETING IN JULY.

## Membership Fees

Full Year	July 1 - October 1
Individuals: \$20	\$15
Family: \$25	\$20

After October 1, the payment of full year fee applies to the following year. Full-time students (18 or older) and seniors (65 or older): \$5 off the above fee schedule.

## Council Meetings and Bulletin Deadline

Any interested member is invited to attend.

Materials for the bulletin are due by the weekend before the council meetings. Please send material to the bulletin editor at [rener@srv.net](mailto:rener@srv.net)

## Up Coming Programs

April - Backpacking Alaska  
May - Nature Conservancy

## **PROPOSED BOULDER WHITE CLOUDS WILDERNESS AREA**

**March 5, 2003 at 8 PM**

**Idaho Falls Public Library - Large Meeting Room**

The Boulder White Clouds remain one of the greatest examples of what makes Idaho so very different than the rest of America. After decades of talk this proposed wilderness area still has not been permanently protected. The Idaho Conservation League will present a slide show of this wonderful area and mountains, then will discuss the threats to the area, plus update us on proposed legislation and the Boulder-White Clouds Wilderness Initiative letter writing campaign. The presentation is open to the public and all outdoor enthusiasts are invited to attend.

## President Speaks

With the end of winter nearing, it's time to think about getting your hiking and camping gear ready for use again. If you need new gear be sure to visit one of the local shops that offer IAC members a discounted price. This benefit makes your IAC membership that much more valuable. Spring and summer club events are in the planning stages and will be listed in the bulletin soon. But in the meantime, enjoy the rest of the available snow. No council meeting minutes. Quorum not achieved.

Happy trails,  
Tim

## Cross Country Ski / Snowshoe Schedule for 2002 ~ 2003

### March 7 - 9 - Yellowstone Rendezvous Marathon Race:

Five club members are signed up for the race and we have been practicing very hard despite the tremendous lack of snow this year. Test what a winter of XC-Skiing has done for your fitness level by joining us at the races. Freestyle or Classic 50k, 25k, or 10k XC-ski races can be entered by accessing the website at:

<http://www.rendezvouskitrails.com> Entry fees are now \$80 for the 25 or 50k races and \$40 for the 10k race. You can still register all the way until March 7. You get a great long sleeve t-shirt just for entering and there are 3 yummy food stations along the race course. For an additional \$10 you can attend the awards banquet (more yummy food and drawings for great prizes), in the evening after the race. If you don't want to race you can still just go up, cheer the racers on, ski on the course after the races have started, and attend the banquet for \$10. We plan to go stay in West Yellowstone, at the Stagecoach Inn 406.646.7381, on Friday night (everyone will have to make their own lodging arrangements). Contact Mark or Donna for more information at [xcski@idahoalpineclub.org](mailto:xcski@idahoalpineclub.org) or 524.6119.

### March 15 -16 - Huckleberry Hotsprings XC-Ski - Snowshoe Winter Campout:

East of Idaho Falls near Flagg Ranch. Easy 2 mile ski or snowshoe in over mildly rolling terrain. Depending on the trip participants, we may continue on the additional mile to Polecat Hotsprings to camp and soak there. This is great snowshoeing terrain. This is also the annual celebration of Mark's birthday. Contact Mark or Donna to sign up and for the meeting place and time, [xcski@idahoalpineclub.org](mailto:xcski@idahoalpineclub.org) or 524.6119.

## Bicycling

### April 26 - Teton Park Bicycle Ride

This is a great time of the year to ride in the park without the Winnebago's on the road. The scenery is breathtaking along the 32 mile round trip ride from the Bradley Taggart Lake parking lot to the Jackson Dam. For more information and to sign up contact the Whithams at [xcski@idahoalpineclub.org](mailto:xcski@idahoalpineclub.org) or 524.6119.

### Highway Clean-up - April 27:

Spring is coming and it will be that time to don the stylish bright orange vests that the Idaho highway department provides, to fill matching bright orange bags with all the trash accumulated over the winter on the IAC section of Highway 31 between mile posts 6 & 8. Sturdy work boots and work gloves are required. Afterward, we are planning a potluck picnic. For more details and to sign up contact the Whithams at [programs@idahoalpineclub.org](mailto:programs@idahoalpineclub.org) or 524.6119.

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FOR SALE: North Face Expedition 25 1995 model, with attached footprint. In good condition. Packed weight 11#. \$499 new, \$250 FIRM. Mark or Donna for more information. 524.6119 or [programs@idahoalpineclub.org](mailto:programs@idahoalpineclub.org)

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## **Wilderness First Aid / Wilderness First Responder Refresher May 3 - 4**

Mark your calendars for this intense hands on, two day, First Aid course like no other first aid course you have ever taken. Lance Taysom will be teaching the course for Wilderness Medicine Institute this time around. His hands on scenarios are fantastic. Watch the bulletin for more details on cost and location. To sign up contact the Whithams at [programs@idahoalpineclub.org](mailto:programs@idahoalpineclub.org) or call 524-6119.

## **National Trails Day - June 7:**

Mark your calendars so you won't miss out on doing another fun trail work project with your IAC friends. Last year a dozen of us constructed nearly 200 feet of trail to replace a badly eroded trail near the Twin Sisters at the City of Rocks. We hand moved approximately 10 cubic yards of gravel (uphill) in the process but had loads of fun in the process working together and even getting in a little climbing in too. To keep posted on work details and to volunteer to help with this years project, contact the Whithams at [programs@idahoalpineclub.org](mailto:programs@idahoalpineclub.org) or call 524.6119.

## **Web Site News**

If you haven't noticed, the IAC web site ([www.IdahoAlpineClub.org](http://www.IdahoAlpineClub.org)) has recently been redesigned. For your convenience, the most recent club bulletins are included as well as all the posted club activities. Additionally, you can:

- Download membership applications and Common Adventure Release forms
- Look up contact information for club officers and activity coordinators
- Read the club By-Laws
- Search the club classified ads or post you own ad
- View pictures from recent club activities
- Find out what the 10 E's are anyway?)
- Get a blank IAC Common Adventure Release Form by sending an email to [CommonReleaseForm@IdahoAlpineClub.org](mailto:CommonReleaseForm@IdahoAlpineClub.org)"

- Check out club members' Restaurant Reviews or submit your own review
- and . . . . find lot's of other stuff of interest to IAC members!

The web site currently receives over 60 visitors on any given day with most visitors viewing the club activity listings (trip and meeting announcements), demonstrating that the web is a great way for activity coordinators to publicize their upcoming trips. More people than ever before are turning to the web for their information and are relying less and less on other more traditional forms of communication. Activity coordinators and officers wishing to publish information on the web site can contact the IAC Webmaster (George Cole) at 522-4084 or [Webmaster@IdahoAlpineClub.org](mailto:Webmaster@IdahoAlpineClub.org). If you so desire, George will set up an account which will allow you easily publish and manage club-related information on the web through a easy-to-use browser interface. Account holders will also be able to track hits and viewers of their information. Club email addresses can be provided for club-related purposes. Email accounts are accessible through your normal mail reader or your browser.

Any and all suggestions and comments regarding the club website are always greatly appreciated. Compliments and criticisms are also welcomed (although the former are welcomed more than the latter).

George Cole - IAC Webmaster

## **Club Member Benefits**

10 % discount on (non sale) outdoor equipment at the following stores:

**Idaho Mountain Trading - Shoup & B**  
Idaho Falls - 523-6679

**K & R Adventure Gear - 522-5279**  
or 877-369-7407

[www.knradventuregear.com](http://www.knradventuregear.com)

**Canyon Whitewater Supply**  
450 S Yellowstone Idaho Falls  
522-3932

**Free Heel and Wheel,**  
40 Yellowstone Ave. West Yellowstone, Montana,  
406-646-7744.

Discounts on Jerry Painter's Hiking and Biking guide books

Alpine Club Rental Gear: Gear is available to paid-up members. Call the appropriate coordinator for more information.

North Face VE-24 tent--George Cole

Climbing helmets-- Kurt Myers

Ice axes-- Kurt Myers

Caving helmets-- Dean K.

Carbide lamps-- Dean K.

Clinometer & compass for cave mapping

--Dean K.

Rafting equipment --Greg Hulet

### Stone Walls Rock Gym

Hours are 3:30 p.m.-9:00p.m. Mon-Fri

1:00 a.m. -9:00 p.m. Saturdays

1:00 p.m. - 5:00 p.m. Sundays.

The gym offers a \$1 discount to Alpine Club members. *[Note: these hours may be out of date--please call to check.]*

### Newsletter Advertising

Members: Free space is usually available for members' ads for used or needed equipment. Free space (up to half pages depending on space) is also available to businesses that offer discounts to members.

Nonmembers: Half page ad - \$25

12 half-page ads, purchased at the same time - \$20 each for a total of \$240

Full-page ad - \$40

12 full-page ads purchased at the same time \$33.34 each for a total of \$400.

### IAC Logo T-Shirts!!

Short sleeves or long sleeves, crew neck, heather grey Dri Release material with embroidered club logo! Short sleeve \$12 each. Long sleeve \$21 each. Sizes Small, Medium, Large, and X-Large. The shirts are available at the monthly meetings, but if you just can't wait until the next meeting, contact Tim Adkison 542.0786 to get yours sooner.

### Winter Wolf-watching Trip Report

The three of us, John Bissett, Betsy Adkison, and Tim Adkison met in Gardiner, MT on February 14, 2003, at the Super 8 motel for a weekend of wolf watching in Yellowstone National Park. We arrived in the Lamar valley at about 6:30 am on 2/15 to start our vigil for wolves. As we waited in a parking lot we heard a voice on the scanner confirm the sighting of a wolf. We arrived at the area that we had heard about the sighting and scanned the valley floor and hillsides with our binoculars. Also in the area was an elk carcass that was about 100 feet from the road. But, we felt that it was much too close to the road for the wolves to feel comfortable to be eating on. Then, on a distant ridgeline we could make out the shapes of two black and two grey wolves. We watched them through our binoculars and spotting scope for quite a while but they were too distant to photograph effectively. Then, off in the distance, we heard the wolves start a long, low howling chorus. Fantastic! What more could we ask for?! By about 9:00 am we decided to head back to Gardiner, MT for breakfast and to get our skis for some cross-country action on the Mammoth Hot Spring terraces. By noon the three of us were skiing around the upper terraces, trying to avoid the bare asphalt areas. The temps were in the 40's with light winds and plenty of sunshine. That afternoon, John and me headed back out to Lamar for some afternoon viewing and we weren't disappointed. The wolves were still very visible and active and serenaded us again that afternoon. What a great day.

The morning of the 16<sup>th</sup> we all headed back out to the Lamar valley with a plan. We would arrive at the site of the elk carcass to see if it had been fed on during the night. As we arrived at the site, we could barely make out the silhouette of a lone coyote approaching the kill. He hurriedly ate several bites and then suddenly ran towards our car. Behind him we noticed a black shape moving towards the carcass. It was a lone black wolf only about 100 feet away and he was coming for breakfast. This was too good to be true! He ate on the carcass for 15-20 minutes and then joined several of his pack-mates for a post-prandial howling session. It was simply an awesome trip with the best wolf viewing I have ever observed of all the trips I have made over the years, winter or summer.

Tim Adkison

## MEMBER'S RELEASE AND WAIVER OF CLAIMS

**NOTICE; THIS DOCUMENT IS A LEGALLY BINDING CONTRACT LIMITING YOUR RIGHTS TO RECOVER FOR INJURY AND LOSS!**

By signing this document, you waive rights to bring any legal claim to recover compensation or obtain any other remedy for injury to or death of yourself, your spouse, your children or others and for loss of or damage to property however caused, arising out of the tortious acts of the officers or agents of Idaho Alpine Club (hereinafter IAC), now or any time in the future, whether caused by negligence or otherwise.

- 1. Definitions.** Herein IAC means Idaho Alpine Club, its officers, agents, activity coordinators and trip coordinators. "I" means the undersigned member, all my heirs and the members of my family, including any minors whether or not accompanying me and my personal representative, executors and administrators.
- 2. Acknowledgment of Risk.** I hereby acknowledge and agree that the activities of the IAC are frequently inherently dangerous and have a high degree of risk. I acknowledge that by execution hereof, **I am waiving and releasing all claims against the IAC for any injury whatsoever.** I agree to participate as a common adventurer, sharing the expenses for the activity and being personally responsible for my own safety and not looking to any others to protect me from harm.
- 3. Release and Waiver of All Claims and Covenant Not to Sue.** In consideration of participation in the activities of the Idaho Alpine Club by me, by my spouse, children or other dependents, I irrevocably waive and release the IAC and the owners of all equipment used in the IAC's common adventures from, and **WAIVE MY SUBSTANTIAL RIGHT TO ASSERT ANY CAUSE OF ACTION, CLAIM OR DEMANDS OF ANY NATURE WHATSOEVER,** including but not limited to, any claim of negligence, which I may have or acquire in the future against the IAC on account of personal injury, property damage, death, or accident of any kind, arising out of my involvement in the Idaho Alpine Club activities, however the injury or damage is caused, including, but not limited to, the negligence of the IAC. I contractually release the IAC and agree to hold the IAC harmless from any and all liability for any claims demands damages, actions, causes of action or suits of any kind or nature whatsoever, which result or may result in the future from activities sponsored by the IAC or coordinated by the Idaho Alpine Club members. This release applies to all club activities in the future in which I may participate. This release shall be effective and apply to all my heirs and the members of my family, including any minors whether or not accompanying me and my personal representative, executors and administrators. .
- 4. Statement of Capacity and Understanding.** I will not undertake any activity of the Idaho Alpine Club without becoming fully aware of the nature and extent of the risks inherent therein. By participation, I am voluntarily assuming the risks. I will not engage in the activities unless I am in good health and I have no physical limitations which would preclude my safe participation. I understand I am responsible for my own instruction in safety and providing for my own safety. I am of lawful age (18 years or older) and otherwise legally competent to sign this agreement. I understand that the terms of this agreement are legally binding, and I am signing this agreement, after having carefully read it, having full time to carefully consider it, of my own free will.

Member's Signature x \_\_\_\_\_

Print Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Home Telephone: \_\_\_\_\_

Work Telephone: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Would you like your newsletter sent via e-mail to you if that capability is available in the future? Yes\_\_\_ or No\_\_\_

(RELEASE BACK--02/96)

If the above-named member is under 18 years old: Parent/Guardian Consent: I, as parent or guardian of the above minor under 18 years of age, hereby consent to the terms and conditions set forth in this Release Form.	
I authorize his or her signing it, and covenant not to sue.	
<u>x</u>	Parent/Guardian Signature
Print Parent/Guardian Name	
<u>x</u>	Date
	Telephone

IN EMERGENCY NOTIFY:

## Enjoy the outdoors with the IAC -- Join today

For more information or free newsletter write to the address below.

**Idaho Alpine Club**  
**P.O. Box 2885**  
**Idaho Falls, Idaho 83403-2885**  
[WWW.IdahoAlpineClub.Org](http://WWW.IdahoAlpineClub.Org)

\_\_\_\_\_ **Single membership--\$20 per year** \_\_\_\_\_ **Household family--\$25 per year**  
**(\$15 after July 1)** **(\$20 from July 1 to September 30)**

[Students (full time and 18 or older) and seniors (65 or older): \$5 off above rates. After October 1, full fees apply to the following year.]

**NOTE:** Please read and fill out the release form on the reverse of this application - membership is not valid unless the release form is completed.

Names(s): \_\_\_\_\_

Interests (Check those that apply!):

A	<input type="checkbox"/>	Backpacking
B	<input type="checkbox"/>	Bicycling
C	<input type="checkbox"/>	Caving
D	<input type="checkbox"/>	Climbing, Ice
E	<input type="checkbox"/>	Climbing, Rock
F	<input type="checkbox"/>	Conservation

G	<input type="checkbox"/>	Cross-Country Skiing
H	<input type="checkbox"/>	Hot Potting
I	<input type="checkbox"/>	Kayaking
J	<input type="checkbox"/>	Mountaineering
K	<input type="checkbox"/>	Rafting
L	<input type="checkbox"/>	Trail Maintenance

M	<input type="checkbox"/>	Winter Camping
N	<input type="checkbox"/>	Canoeing
O	<input type="checkbox"/>	Day Hiking
P	<input type="checkbox"/>	Scuba Diving
	<input type="checkbox"/>	
	<input type="checkbox"/>	

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