

# Idaho Alpine Club Bulletin

Volume 49 - Issue Number 3 - March 2009

CLIMBING MOUNTAINEERING BACKPACKING DAYHIKING BICYCLING XCSKIING SNOWSHOEING RAFTING

web site: [www.idahoalpineclub.org](http://www.idahoalpineclub.org)

e-mail: [info@idahoalpineclub.org](mailto:info@idahoalpineclub.org)

## 2009 Council

President	Mark Whitham	520-7232
Vice-president	Teak Cummings	524-5136
	Jeff Coward	522-8135
Secretary	Susan McKinley	529-4583
Treasurer	Donna Whitham	520-1728

## Members-at-Large

Jim McBride	529-0586
Sam Pole	523-4970
Colleen Bohan	529-0151

## Council Meetings:

Council Meetings are held on the second Thursday of each month at 7:00 PM

Upcoming Council Meetings:

March: McKinley's Home	425 Pevero Dr.
April: Bohan's Home	748 Adell

## Activity Coordinators:

Backpacking	Sam Pole	523-4970
Bicycling	Jeff Coward	522-8135
Climbing/Mountaineering	Kevin Coble	529-8142
	Eric Larsen	522-9354
Conservation	Open	787-2601
Cross-Country Skiing / Snowshoeing	Whithams	520-1728
Day Hiking	Sam Pole	523-4970
Rafting	Greg Hulet	523-6199
Trail Maintenance	Alan Crockett	529-5188
Bulletin Editor	Donna Whitham	520-1728
Bulletin Assistant	Mark Whitham	520-7232
Publicity	Open	787-2601
Historian/Librarian	Barbara Brown	522-8977
WebMaster	George Cole	716-0024
Program	Bob Tyler	787-2601

## General Club Meeting

Held at **7:30 P.M.** on the first WEDNESDAY of each month, normally in the large meeting room of the Idaho Falls Public Library.

NO GENERAL MEETING IN JULY.

## APRIL Bulletin Deadline is:

### 5 PM on MARCH 10

Trip descriptions, reports, and material for inclusion in the next bulletin are due by the 10th of the month due to bulk mailer deadlines.

Please send electronically to the bulletin editor at [editor@idahoalpineclub.org](mailto:editor@idahoalpineclub.org)

Note: Hand written or hard copy material will be included in the bulletin, time permitting.

## IDAHO ALPINE CLUB GENERAL MEETING

BRING A FRIEND AND ATTEND

"ART MEETS ADVENTURE"

WEDNESDAY, MARCH 4, 2009 ~ 7:30 PM

IDAHO FALLS LIBRARY

Club members Leland and Lynna Howard will share slides with us from their just published guidebook to Idaho's remote regions called "*Backcountry Roads, Idaho*" at our March meeting. Their new book includes 31 different backcountry road trips from around the state. It took Leland and Lynna two and one half years to research and travel the routes in their book and the end result is a source book of great ideas for summer camping and hiking destinations as the roads they explore are jumping off places for some of Idaho's best scenery. Their book features little known and seldom visited places like Highup and Skytop Lakes in the Beaverheads or Zeno Falls in the Owyhee canyonlands. And if you've ever wanted to check out a great wilderness road like the Magruder Corridor or the Lolo Motorway, the Howards' book gives you the maps, mileages, road ratings, and camping info you need as well as information on the geology and history of an area and what kind of wildlife you may encounter. With an eye for the kind of detailed information an outdoor person can appreciate, if you are in the Upper Pahsimeroi and find that you are in need a cowboy outhouse with a view, the GPS coordinates are there in the book! Lynna is a member of the Great Rift Writers and Women Writing the West and Leland's credits include the National Geographic Society, Audubon, the Sierra Club and Outside magazine. Come and learn about some unfamiliar and beautiful places to visit in our great state and add them to your must do list of places to go this summer. The meeting is open to the public and all outdoor enthusiasts are invited to attend.

For more information contact [programs@idahoalpineclub.org](mailto:programs@idahoalpineclub.org), log onto the club website at [www.idahoalpineclub.org](http://www.idahoalpineclub.org), or contact Bob Tyler at 787-2601.

## **President Speaks**

Remember this bulletin is the last one that you'll receive if you haven't renewed your membership. This is a great time to renew. We have a great schedule of cross country ski and snowshoe trips lined up this winter. You've heard it said we live in God's country and, indeed, we have been blessed with some wonderful winter recreational opportunities nearby. So take advantage of our beautiful winter trails and get out and ski or snowshoe this winter.

Our Bicycling, Hiking, and Rafting Coordinators are already planning their spring and summer trips. Jeff has graciously provided information with dates and entry links, for just about every bicycle tour or race in the west. Look for listings with an asterisk if you are interested in joining other club members planning to go. Note: Be sure to contact Jeff about entry into events with a lottery type entry system.

Hope for your support of the club by joining us out there. Mark Whitham

**PLEASE NOTE: IF YOUR ADDRESS LABEL INDICATES "LAST ISSUE" THIS IS YOUR LAST ISSUE.**

### **Banff Mountain Film Festival World Tour in Idaho Falls**

A trip report from behind the scenes  
Submitted by Clarke Kido

[So here I am, sitting in a Kelly Canyon evacuation chair, 30 feet above stage, behind the screen. My big fat idea: my stunt, remember that. Rigging looks secure, held by double locking carabineers, 9mm steel cable, pulleys, ropes controlled by stage hands. Red helmet is not comfortable, but provides good visual effect. Pulse is 80, respirations 12, short and rapid. Took a restroom break before climbing onto the chair. Thankful.]

[Ready to begin. Going up. Steady now. Banff film clip takes 5 minutes. I've seen it a dozen times. Don't fuss with the curtains. Don't twist in the chair. Stay alert.]

The Banff film shows a skier setting off an avalanche. The audience is thrilled, shouts, clapping, oohs and aahs. This crowd sounds younger. More families tonight. The film shows an eagle landing on a woman's arm. The announcer guy does a voice over by saying "this program is brought to you by National Geographic and New Balance." Something curious. From where I'm watching, above and behind the screen, the NG logo is still recognizable. In fact, the logo doesn't change, whether I view it from the front or back, right side up or upside down.

[The film clip is over, then darkness. The guys are pulling the movie screen up - good job. The crowd is quiet, wondering.]

[Spotlight. It's Showtime! Shout out loud. "BELAY ON?" "ON BELAY!" "BRING ME DOWN." Turn on flashlight. Shine it from side to side. Aim at the balcony. Pause halfway. Wave to the audience. 10 feet to go. Now 5. I'm down, safely. "BELAY OFF?" "OFF BELAY!" "SLACK!"]

[Unbuckle harness. Remove helmet. Walk forward to stage. Screen descends behind me. Put on patrol hat. Scan my notes. Deep breath, then begin. "Good evening and welcome..." Refer to the program with

films, intermission, concessions, displays, prize drawing, claim prizes at end of show. Thank local supporters and audience.]

[Nearly done. "...Our visitor lives in Toronto, but was raised in Skaneateles, NY near Syracuse." Remember to pronounce it as skinny - atlas. Look to stage right, where Liz gives her OK. "Will everyone please join me with a warm Idaho Falls welcome for tonight's host, Elizabeth Nutting." Handshake. Give her the mic. Walk off stage. Relax and enjoy the show.]

### **XCSkiing / Snowshoeing**

Contact the Withams 520.1728 or, [xcski@idahoalpineclub.org](mailto:xcski@idahoalpineclub.org) for trip information, meeting location, and to sign up to go on a scheduled trip, unless otherwise indicated in the trip descriptions. If the roads are closed as many times as they were last year, or the weather too severe, the location of a trip may change or the trip may be canceled altogether.

#### **All Trips Bring Your Own:**

1. Water
2. Food/snacks
3. Dress in layers. Bring adequate extra Winter appropriate protective clothing-no cotton. Hat and gloves or mittens.
4. Minor first aid items including sun screen, personal medications, as needed during the day.
5. Headlamp (& Batteries)
6. Map & Compass
7. Sunglasses
8. Lightweight shelter / space blanket.
9. Appropriate equipment-skis or snowshoes, boots, poles, skins, shovel and avalanche transceiver depending on activity or terrain.
10. Repair kit for your own equipment including duct tape and wax kit or glide liquid.
11. Mat to sit on

Other personal items of interest

### **March 7 XC Ski Ricks Basin:**

Depending on conditions we will classic or skate ski on the groomed Nordic trails at Grand Targhee Resort. There are 10 miles of groomed trails that range from beginner to advanced. Day passes are \$10 for adults and \$5 for seniors or children.

### **March 21 Snowshoe Teton Park:**

Snowshoeing in Teton Park in the winter is an excellent time to see wildlife and/or signs of wildlife in the snow. Join us on a late winter trip in to Phillips Lake or Bradley Taggart Lakes. Park entrance fees or Park pass will be necessary.

March 23-31 - The Withams will be hiking on the Appalachian Trail and to Argow Cabin with some former members in Virginia. Argow Cabin was built around 1850. The cabin is located on the west side of the Blue Ridge, adjacent to the Southern District of Shenendoah National Park. Renovations to the cabin by the Potomac Appalachian Trail Club began around 2003 and continue on a monthly basis.

### **Climbing**

For information on winter trips contact Kevin Coble at 529-8142 or Eric Larsen at 522-9354. To find out about winter climbing locations or impromptu weekend trips you will need to subscribe to the IAC climbing mailing list by visiting:

[http://www.macrobotics.com/mailman/listinfo/iac\\_climbing](http://www.macrobotics.com/mailman/listinfo/iac_climbing) or, via email, send a message with subject or body 'help' to: [iac\\_climbing-request@macrobotics.com](mailto:iac_climbing-request@macrobotics.com)

### **Bicycling**

For spring bicycling information and trips, contact Jeff Coward at 208.522.8135 or by email: [bicycling@idahoalpineclub.org](mailto:bicycling@idahoalpineclub.org) Below is an abbreviated list of available cycling (and a few other) events for 2009. Not all dates have been announced as yet, so updates will be made later. Also, some events have a lottery registration since applications exceed ride limits, so acceptance is not guaranteed.

NOTES: Dates without '2009' in them are from previous years or are not confirmed!

- \* - rides I am planning on doing
- ? - rides I may do

\* **April 1-15, 2009** - Yellowstone ride (opens for cars on April 20)  
<http://www.nps.gov/yell/planyourvisit/springbike.htm> club ride at least once

\* **April 1-30, 2009** - Grand Teton rides (opens for cars April 30) Depending on interest club rides April 18/19 or 25/26 let me know which date is preferred.

\* **April 25-26, 2009** - Cactus Hugger century, St. George, Utah  
<http://www.cactushugger.org/>

? **May 9, 2009** - W. Yellowstone Lakeside ride (Henry's, Quake, Hebgen Lake loop). Note: Idaho Alpine Club members will enter the lottery for the STOKR event. If we are not accepted for that, we will ride this instead.

Online Registration at [http://www.active.com/event\\_detail.cfm?event\\_id=1461775](http://www.active.com/event_detail.cfm?event_id=1461775)

<http://www.cycleyellowstone.com/> (both tours)

<http://www.westyellowstonechamber.com/> 406-646-7701 • PO Box 458 • West Yellowstone • MT • 59758

? **May 9-10, 2009** - **STOKR** - <http://www.libbymt.com/events/stokr.htm>

<http://www.libby.org/~gregrice/STOKR/>. Registration forms available online from February ??-??, 2009

They will be using a lottery system similar to Ride the Rockies. Up to 10 applications can be sent in one envelope. If that envelope is selected, all riders in that group are in. No duplicate entries allowed, you will NOT get in if you submit more than one application. ALL applications must be received by March ?, 2009.

\* **May 30-31, 2009** - **TOSRV-West** - <http://www.missoulabike.org>

Swan Lake again this year? Contact me about lodging recommendations.

June 6, 2009 - Little Red Riding Hood women's only century (38, 62, 100 mile options) [lrhh@bbtc.net](mailto:lrhh@bbtc.net)

<http://www.bbtc.net/Calendar/annual/lrrhinfo05.htm>

\* **June 7, 2009**(Sunday)- Lake Tahoe ride - <http://www.bikethewest.com>

\* **June 13, 2009** - West Yellowstone to Warm River (mtn bikes)

? June 13-14, 2009 - Double Divide Ride, Helena Bicycle Club

<http://www.helenabicycleclub.org/ddr.htm> Note: Idaho Alpine Club members will be doing the Double Divide Ride

Ride the Rockies is a possibility, depending on the route selected and whether or not a lottery registration was accepted in February.

\* **June 20, 2009** -Tour of Marsh Creek Valley, Pocatello, ID -

<http://www.idahocycling.com>

\* **June 27, 2009** - RATPOD - Ride Around the Pioneers in One Day - <http://www.ratpod.org>. Reserved spaces will be offered in advance for the 2009 ride to riders who raised

\$1,000 or more at RATPOD 2008.

Remaining spaces will then be made available through online registration beginning March ?, 2009 and continue until cap of 500 riders is reached.

**September 12, 2009** (Saturday) - Logan to Jackson road race, <http://www.lotojaclassic.com> LOTOJA registration opens on Tuesday, April 7, 2009. Register early that morning or you won't get in!

**July ??-??, 2009?** - North Idaho rail trail rides, boating, etc. Let me know which dates are good to go.

July 16-19, 2009 (Tues-Sun) - NORBA Nationals. Sol Vista Basin in Granby, Colorado plays host July 16-19, 2009 <http://www.usacycling.org/news/user/story.php?id=3964>

July 18-19, 2009 - Bannack Days, Bannack MT - 3rd weekend in July <http://www.bannack.org>

July 18, 2009 - One Helena Hundred <http://www.helenabicycleclub.org>

July 14, 2008 (Tuesday) 6:30 pm - Idaho Falls ICE time trial #6 Sunnyside Hill, 6 miles

July 19-25, 2009 - RAGBRAI (Iowa) - <http://www.ragbrai.org/> ? July 25, 2009 - Galena Grinder XC and Marathon July 26-31, 2009 - Washington Bicycle Ride

<http://www.oregonbicycleride.org/> July ? and/or August ? - Rigby Lake ride(s)

August 1, 2009 - Alan Butler Criterium - Idaho Falls ICE race, <http://www.idahocycling.com>

August 1-8, 2009 - CANDISC (Cycling Around North Dakota In Sacajawea Country)

<http://www.ndparks.com/recreation/activities/candisc.htm>

August 1-2, 2009 - 11th annual Pomerelle Pounder, Albion, Idaho

<http://www.wildrockies.com/>

August 9-15, 2009-Oregon Bicycle Ride <http://www.oregonbicycleride.org/>

August 8-14, 2009-Ride Idaho - <http://rideidaho.org>

August ??, 2009 - Sawtooth Century

August 22-23, 2009 - McCall (Boise) MS-150 ride

August 23, 2009 (Sunday) - 4th annual Wild Ride XTERRA Triathlon, McCall Idaho <http://www.wildrockies.com/>

August 22, 2009 (Saturday) - Cycling Association of Star Valley, 20,38,45,65,85,100 mile ride & BBQ

<http://www.casv.org/casvar.htm>

September 13, 2009 - Tour de Tahoe <http://www.bikethewest.com/>

September 19-20, 2009-Moab Century, <http://www.skinnytirefestival.com/>

September 19, 2009 - Bogus Hari-Kiri races <http://www.wildrockies.com/>

September 20, 2009 (Sunday) - 5th annual Bogus to Boise Banzai and NW Singlespeed Championship

<http://www.wildrockies.com/>

Sept/Oct ??, 2009 - Old Faithful ride - <http://www.cycleyellowstone.com/> (both tours)

Online registration available at [http://www.active.com/event\\_detail.cfm?event\\_id=1492044](http://www.active.com/event_detail.cfm?event_id=1492044)

### Support the Merchants who Support the IAC

Show your membership card for 10% discounts on regularly priced merchandise:

- ★ Idaho Mountain Trading  
523-6679  
Shoup & B, Idaho Falls
- ★ Canyon Whitewater Supply  
522-3932  
450 S Yellowstone, Idaho Falls
- ★ Alpine Schwinn 523-1226  
1352 S. Holmes Ave.
- ★ Bill's Bike Shop 522-3341  
805 S. Holmes Ave.
- ★ Lynna and Leland Howard offer members of IAC a 10% discount on all of their published books.  
357-1917 or 357-3166;  
[lyнна.howard@mac.com](mailto:lyнна.howard@mac.com)  
[leland@wildernessbooks.com](mailto:leland@wildernessbooks.com)
- ★ Stone Walls Rock Gym. \$1 off of Daily Rate. Call 528.8610 for information.  
Winter hours are:  
4-9 PM Monday - Thursday  
4-10 PM Friday  
12 - 10 PM Saturdays
- ★ Discounts on Jerry Painter's Hiking & Biking guide books

### Trip Reports

**February 7 Snowshoe Mink Creek:** Kate, Sara, Steve, Ken, Alan, Sandy, Donna N., Donna W., and Mark explored the Valve House trail on a snowshoe trip to Mink Creek near Pocatello, on a fabulous sunny day. We enjoyed lunch and the panorama after the 1500 ft climb to the top of a little 6862 ft peak. Dinner at Buddy's topped off the day. A SlideShow of photos from the trip is posted on the club website.

Dates to Remember:

- MARCH 4: IAC GENERAL MEETING  
ART MEETS ADVENTURE
- March 7: XCSki / Ricks Basin
- March 21: Snowshoe / Teton Park
- Climbing: Subscribe to find out the  
weekly climbing location.
- Bicycling: Club, local, regional  
events listed on pages  
2-3.
- MARCH 15: RENEW MEMBERSHIP
- April 1-15: Yellowstone ride
- April 1-30: Grand Teton rides
- April 17-18: Dubois Grouse Days
- April 22: Earth Day

Get out there and experience it!

**Enjoy the outdoors with the  
IAC  
Join today**

*For more information write to the  
address below or visit our web site  
to download a free newsletter and  
application:*

**Idaho Alpine Club  
P.O. Box 2883  
Idaho Falls, Idaho 83403-2883**

[www.IdahoAlpineClub.org](http://www.IdahoAlpineClub.org)

Membership Fees		
	Full Year	7/1 to 10/1
Individuals:	\$20	\$15
Family:	\$25	\$20

After October 1, the payment of full  
year fee applies to the following  
year.

Full-time students (18 or older) and  
seniors (65 or older): \$5 off the  
above fee schedule.

IAC Council Meeting Monthly  
minutes are available at  
[www.idahoalpineclub.org](http://www.idahoalpineclub.org)

**DON'T MISS THE FUN:  
TRIPS, DISCOUNTS,  
INTERESTING MONTHLY  
PROGRAMS, MEETING NEW  
PEOPLE, AND THE WINTER  
AND SUMMER PARTIES:  
CHECK YOUR ADDRESS LABEL:  
IF IT INDICATES "LAST  
ISSUE", MAIL YOUR DUES TO  
THE CLUB TREASURER. IF YOU  
ALREADY MAILED YOUR DUES,  
PLEASE CONTACT THE CLUB  
TREASURER TO VERIFY  
RECEIPT.**

**IAC Logo T-Shirts & Patches!**

Short sleeves or long sleeves, crew  
neck, heather grey Dri Release material  
with embroidered IAC Logo! Short  
sleeve \$14 each. Long sleeve \$21  
each. Sizes Small, Medium, Large, and  
X-Large.

A limited number of embroidered Color  
IAC Logo Patches are available for \$10  
each.

The shirts and patches are available at  
the monthly meetings. If you just can't  
wait until the next meeting, contact the  
club Treasurer to get yours sooner.

*Idaho Alpine Club  
P.O. Box 2883  
Idaho Falls, Idaho 83403-2883*