

# Idaho Alpine Club Bulletin

Volume 51 - Issue Number 3 - March 2011

CLIMBING•MOUNTAINEERING•BACKPACKING•DAYHIKING•BICYCLING•XCSKIING•SNOWSHOEING•RAFTING

web site: [www.idahoalpineclub.org](http://www.idahoalpineclub.org)

e-mail: [info@idahoalpineclub.org](mailto:info@idahoalpineclub.org)

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## 2011 Council

President	Sam Pole	523-4970
Vice-president	Al Jantz	525-8510
Secretary	Susan McKinley	529-4583
Treasurer	Donna Whitham	520-1728

## Members-at-Large

Colleen Bohan		529-0151
Karl Bohan		529-0151
Jesi Sweetser	850-819-4231	
Mark Whitham		520-7232

## Council Meetings:

Council Meetings are held on the second Thursday of each month at 7:00 PM

Upcoming Council Meetings:

March: McKinley's Home	425 Pevero
April: Whitham's Home	706 Laurelwood Ave.

## Activity Coordinators:

Backpacking	Sam Pole	523-4970
Bicycling	Jeff Coward	522-8135
Climbing/Mountaineering	Kevin Coble	201-1840
Conservation	Open	
Cross-Country Skiing / Snowshoeing	Whithams	520-1728
Day Hiking	Sam Pole	523-4970
Rafting	Greg Hulet	523-6199
Trail Maintenance	Alan Crockett	529-5188
Bulletin Editor	Donna Whitham	520-1728
Bulletin Assistant	Mark Whitham	520-7232
Publicity	Open	
Historian/Librarian	Barbara Brown	522-8977
WebMaster	George Cole	716-0024
Program	Bob Tyler	787-2601

## General Club Meeting

Held at **7:00 P.M.** on the first WEDNESDAY of each month, normally in the large meeting room of the Idaho Falls Public Library.

NO GENERAL MEETING IN JULY.

## APRIL Bulletin Deadline is:

**5 PM on MARCH 5**

Trip descriptions, reports, and material for inclusion in the next bulletin are due by the **5<sup>TH</sup>** of the month due to bulk mailer deadlines.

Please send electronically to the bulletin editor at [editor@idahoalpineclub.org](mailto:editor@idahoalpineclub.org)

Note: Hand written or hard copy material will be included in the bulletin, time permitting.

## IDAHO ALPINE CLUB GENERAL MEETING

### "CLIMBING SHISHAPANGMA"

**WEDNESDAY, MARCH 2, 2011 @ 7:00 P.M.**

### IDAHO FALLS PUBLIC LIBRARY

This past fall Teton Valley resident Mark Fisher attempted to climb and then ski down 26,289 foot Shishapangma in the Tibetan Himalaya. Accompanying Mark was an eminently qualified team of friends consisting of: Kim Havell (ski descents of the Grand and Mt. Moran), Todd Passey (professional guide with 14 ascents of Mt. Vinson in Antarctica), and fellow Teton Valley resident and Exum guide Andy Tankersly. Shishapangma is the same peak that tragically claimed the lives of Alex Lowe and Dave Bridges in an avalanche in 1999.

After landing in Kathmandu, Mark's team had to surmount their own challenges which included landslides blocking their approach road, a camp cook who went missing for five days and a team member who suffered a blood clot that ended in pneumonia. After deteriorating weather drove all other teams off the mountain, Mark's team was the only team left on the mountain waiting for a break in the weather. When the break came, they headed for the summit but unfortunately had to turn around a tantalizing 1200 feet shy of the summit.

Mark will show slides of this exciting climb as well as some additional slides of some first ski descents in the mountains near Petersburg Alaska at our March meeting. Mark is a former Fulbright scholar and currently guides for Jackson Hole Mountain Guides. He is also a professional photographer whose clients include the major outdoor equipment manufacturers and outdoor magazines like Powder and Outside. On January 6th of this year, he lectured to a sold out audience at the Annenberg Space for Photography in Los Angeles where he showed some of the same slides we will have an opportunity to view. Be sure not to miss this exciting program.

The meeting is open to the public and all outdoor enthusiasts are invited to attend. For more information contact [programs@idahoalpineclub.org](mailto:programs@idahoalpineclub.org) or log onto the club website at [www.idahoalpineclub.org](http://www.idahoalpineclub.org).

## President (Treasurer) Speaks

Remember this bulletin is the last one that you'll receive if you haven't renewed your membership. Renew now so you don't miss out on the fun trips, discounts, interesting monthly programs, meeting new people, and the winter & summer parties.

Check your address label if it indicates "last issue", mail your dues to the club treasurer. If you already mailed or paid your dues, please contact the club treasurer to verify receipt or let the club treasurer know what your 2011 membership number is on your 2011 card. In the rush of things at the end of a meeting, some numbers may not have been noted on the cash renewals.

We have had a great schedule of cross country ski and snowshoe trips lined up this winter, with several more planned. Participation on the trips this winter has been great. You've heard it said we live in God's country and, indeed, we have been blessed with some wonderful winter recreational opportunities nearby. So take advantage of our beautiful winter trails to get out and ski or snowshoe this winter. There is still plenty of winter left around here before it is time for the 3 months of road construction and summer activities.

Hope for your support of the club with your renewal or by joining us!! :D

## Participation on Club Activities

### Common Adventures / Trips:

With the exception of rafting trips or trips limited to club members: Non-members may attend a maximum of two club trips or activities, then must be members in good standing to continue participating.

Participants on rafting or limited to club member trips or rafting rentals must be members in good standing. Participants on a club trip must pay any established trip fee, abide by club rules and activity guidelines, and must follow instructions of the activity coordinator.

An individual may not participate in any common adventure/trip of the club unless that individual has read and signed the common adventure form for that specific activity prior to embarking on that adventure / trip / activity.

### XCSkiing / Snowshoeing

Contact the Whithams 520.1728 or, [xcski@idahopalpineclub.org](mailto:xcski@idahopalpineclub.org) for trip information, meeting location, and to sign up to go on a scheduled trip, unless otherwise indicated in the trip descriptions. If the roads are closed, or the weather too severe, the location of a trip may change or the trip may be canceled at the last minute.

Check with us on weekends that are not scheduled in advance. Even on domestic weekends we usually will go over to one of the parks to skate or classic ski or snowshoe with the dogs.

### All Trips Carry or Bring Your Own:

1. Water
  2. Food/snacks
  3. Dress in layers. Hat and gloves or mittens. Do NOT show up in cotton clothing to XC-ski or Snowshoe. Wear wool or synthetics with the final layer being a wind and or a waterproof barrier. Bring adequate extra Winter appropriate protective clothing--no cotton.
  4. Minor first aid items including sun screen, personal medications, as needed during the day.
  5. Headlamp (& Batteries)
  6. Map & Compass
  7. Sunglasses
  8. Lightweight shelter / space blanket.
  9. Appropriate equipment--skis or snowshoes, boots, poles, skins, shovel and avalanche transceiver depending on activity or terrain.
  - 10 Repair kit for your own equipment including duct tape and wax kit or glide liquid.
  - 11 Mat to sit on
- Other personal items of interest.

**March 12 XCSki Ricks Basin:** Depending on conditions we will skate or XC ski on the groomed Nordic trails at Grand Targhee Resort. There are 10 miles of groomed trails that range from beginner to advanced. Last year day passes were \$10 for adults and \$5 for seniors or children.

### March 20 Hot Potting Goldbug Hot Springs:

Celebrate the vernal equinox soaking in this scenic hot springs on Goldbug Ridge 23 miles south of Salmon. Two mile hike to where steamy hot spring pools and cascades await. Be forewarned: The springs are clothing optional.

### March 26 Snowshoe Teton Park:

Snowshoeing in Teton Park is an excellent time to see wildlife and/or signs of wildlife in the snow. Join us on a early spring trip in to Phillips Lake or Bradley Taggart Lakes. Park entrance fees or a Park pass will be necessary.

### Weekday Nordic Trips

For those of you that can recreate during the week, there are a couple of non-club activities you might be interested in. The Tuesday Group goes on a cross country ski trip every Tuesday to places such as Harriman, Fall River Ridge, Teton Valley, Kelly Canyon, etc. The organizer, Ken Katsma for this year, sends an email out every Sunday announcing the coming Tuesday's destination, time of departure and meeting location for car pooling. This is a group going skiing--not a led outing. You are responsible for yourself. To get on the Tuesday ski list, send your email address to: [krkatsma@cableone.net](mailto:krkatsma@cableone.net).

Later in the week, Alan Crockett frequently announces via email, a group snowshoe trip, usually to Kelly Canyon. Participants need to be in good shape--the Kelly Canyon snowshoe trails are steep. This is a great way to learn about the 17 miles of snowshoe trails at Kelly. To get on the snowshoe trip list, send your email address to [abcrock.fu73573@msn.com](mailto:abcrock.fu73573@msn.com).

### AVALANCHE INTERNET SITES

**Cyberspace Snow & Avalanche Center** This one stop site provides links to just about everywhere, plus tons of information about avalanche safety in the back-country: <http://www.csac.org/>

**North America:** <http://www.avalanche.org/>

**Jackson Area:** <http://jhavalanche.org/>

**Avalanche Safety Instruction:**

<http://www.avalanchecourse.com/>

[http://www.exumguides.com/?page\\_id=6&progId=15&subProgId=42](http://www.exumguides.com/?page_id=6&progId=15&subProgId=42)

### Caribou-Targhee Maps on Line

From the Caribou-Targhee NF home page, click on Maps & Publications. This will take you to: "Motorized Vehicle Use Maps" (which don't show non-motorized trails), new official "Forest Maps" covering the whole forest (without topography), and "Other Maps". The "Other Maps" are full color printable maps with topography and are available for the Palisades, Teton Basin, Dubois and Westside ranger districts at a scale of 1:112,500. Hiking scale (1:50,000) maps of popular areas are also available. Other detailed forest and non-forest maps of popular hiking and mountain biking areas (new) are available on the Idaho Alpine Club website under Local Maps.

## Rafting

**June 24 - July 4, 2011 (Tentative) Canoe/Kayak Lake Powell Trip.** This a flat water trip on the lake, so no downstream current to help. Page (Wahweep) to Bullfrog is approximately 100 miles. We will paddle about 10 miles per day. This is probably not a beginner trip, unless the beginner can paddle that far daily and is appropriately equipped. We are looking at ways to resupply along the way. We will try to put together some practice runs in the spring. Contact Greg Hulet if interested - 523-6199.

## Climbing

For information on club climbing trips contact Kevin Coble at 201-1840. Otherwise to find out about climbing locations or impromptu weekend trips you will need to subscribe to the IAC climbing mailing list by visiting:

[http://www.macrobotics.com/mailman/listinfo/iac\\_climbing](http://www.macrobotics.com/mailman/listinfo/iac_climbing) or, via email, send a message with subject or body 'help' to: [iac\\_climbing-request@macrobotics.com](mailto:iac_climbing-request@macrobotics.com)

The weekly climbing location for the winter is generally Stone Walls Climbing Gym on Monday or Wednesday night depending on what is going on at the gym. Subscribe to the IAC climbing mailing list for the day and time each week.

### Stone Walls Rock Gym

Call 528.8610 for information.

Winter hours are:

4-9 PM Monday - Friday

12-9 PM Saturday

Idaho Alpine Club members may show their membership card to receive \$1 off of the daily admission price.

## Bicycling

For early spring bicycling information, evening club rides, or weekend club rides (Teton and Yellowstone parks will start plowing roads at the end of March), contact Jeff Coward at 208.522.8135 or by email: [bicycling@idahoalpineclub.org](mailto:bicycling@idahoalpineclub.org). Jeff has provided information on the club website, with dates and entry links, for some of the bicycle tours or races in the west. Look for the listing Bicycling 2011.

## Trip Reports

**January 22-XCSki Rick's Basin:** Susan McKinley, Lisa Hamilton, and the Whithams braved the wind and snow to cross country ski the trails at Targhee. The snow was soft and slow and with the wind, hot chocolate at the end of the day was very welcome. (Photos on FB page).

## Happening Hounds Pet Services

IAC Member: Liz Downing (208) 757-0108  
[happeninghounds@gmail.com](mailto:happeninghounds@gmail.com)

Areas covered: Greater Idaho Falls Area  
Services: Home visits (minimum half hour), overnights, pet transport, exercise & social interaction for pets, general grooming (no clipping, etc). As a member of a professional pet sitters network, Liz offers reasonably priced, reputable, and insured pet services. For those of us with backyard bird feeders, Liz is a bird watcher too, she will keep them full for you if needed.

**January 29 Snowshoe Kelly Canyon:** Roger Couch, Alan and Alice Crockett, Lisa and Jonathan Hamilton, Mike Cole, Evelyn Rossi, Janet Wirkus, Behrooz Jalalahmadi, Ken Durstine, Ken Krivanek, Jerry Painter, and the Whithams celebrated Donna's retirement by shoeing up the Slot route and back out at Little Kelly Canyon. It was a foggy day down in the valley but blue skies, warm sunshine, and no wind for a day of fun shoeing, a little bit of trail maintenance, and some hiking up and sliding down the slopes along the trail side. Jerry Painter highlighted this trip in the Post Register Outdoor section on February 3. (Photos on FB page).

**February 12 XC Ski Craters of the Moon:** What a wonderful day it was out at Craters for Ken Krivanek, Lisa and Jonathan Hamilton, and the Whithams. The Loop trail was actually 6.3 miles of mostly rolling terrain with a few exhilarating down hills. In the morning the snow was perfect for skating, even on waxable skis. With no wind and temps around 35 degrees, it was quite comfortable skiing for the five of us. The sun sparkled on the snow around each of the trees making for some stunning pictures. And Jonathan proved to us that it is possible to ski, practice balance poses, and text all at once. (Photos on FB page).

### 50th Anniversary IAC Logo T-Shirts Retro IAC Patches!

Short sleeves or long sleeves, crew neck, heather grey, some black and some white. Dri Release material with embroidered 50<sup>th</sup> Anniversary IAC Logo! Short sleeve \$20 each. Long sleeve \$25 each. Sizes Small, Medium, Large, and X-Large. A women's style short sleeve shirt is available for \$20 on a prepaid special order basis. It is fitted with shorter sleeves in a wicking material. A limited number of embroidered Color IAC Logo Patches are available for \$10 each. The shirts and patches are available at the monthly meetings or contact the club Treasurer to get yours sooner.

Dates to Remember:

Mar 2: IAC General Meeting:  
CLIMBING SHISHAPANGMA

Mar 12: XCSki / Rick's Basin

Mar 20: Hot Potting / Goldbug

Mar 26: Snowshoe / Teton Park

Climbing: Subscribe to find out updates to the weekly climbing plans. See page 2 for information on how to subscribe.

**Become a Fan**

Find us on Facebook. Last minute trips can be shared or posted on the wall. Additionally, photos from club trips you have gone on can be shared or posted on the wall singly or as an album.

RENEW YOUR MEMBERSHIP NOW IF  
YOU HAVEN'T ALREADY

**Enjoy the outdoors with the IAC**

Join today

*For more information write to the address below or visit our web site to download a free newsletter and application:*

**Idaho Alpine Club**  
**P.O. Box 2883**  
**Idaho Falls, Idaho 83403-2883**  
[www.IdahoAlpineClub.org](http://www.IdahoAlpineClub.org)

Membership Fees

	Full Year	7/1 - 10/1
Individuals:	\$20	\$15
Family:	\$25	\$20

After October 1, the payment of full year fee applies to the following year.

Full-time students (18 or older) and seniors (65 or older): \$5 off the above fee schedule.

IAC Council Meeting Monthly minutes are available on line.

**Support the Merchants who Support the IAC**

Show your membership card for 10% discounts on regularly priced merchandise:

- ★ Happening Hounds Pet Services  
Liz Downing (208) 757-0108  
[happeninghounds@yahoo.com](mailto:happeninghounds@yahoo.com)
- ★ Idaho Mountain Trading 523-6679  
Shoup & B (Non-Sale Items Only)
- ★ Alpine Schwinn 523-1226  
1352 S. Holmes Ave. (Excludes bicycles)
- ★ Bill's Bike Shop 522-3341  
805 S. Holmes Ave. (Excludes bicycles)
- ★ Canyon Whitewater Supply  
522-3932 (Accessories Only)  
450 S Yellowstone, Idaho Falls
- ★ 3 Peaks 523-PEAK  
910 E. Lincoln Rd. (Non-Sale Items Only)
- ★ Lynna and Leland Howard offer a 10% discount on all of their published books. 357-1917 or 357-3166; [lynna.howard@mac.com](mailto:lynna.howard@mac.com)  
[leland@wildernessbooks.com](mailto:leland@wildernessbooks.com)
- ★ Discounts on Jerry Painter's Hiking & Biking guide books

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