

Idaho Alpine Club Bulletin

Volume 53 - Issue Number 3 - March 2013

CLIMBING•MOUNTAINEERING•BACKPACKING•DAYHIKING•BICYCLING•XCSKIING•SNOWSHOEING•RAFTING

web site: www.idahoalpineclub.org

e-mail: info@idahoalpineclub.org

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2013 Council

President	Sam Pole	523-4970
Vice-president	Sue Braastad	881-4354
Secretary	Susan McKinley	529-4583
Treasurer	Donna Whitham	520-1728

Members-at-Large

Colleen Bohan	529-0151
Karl Bohan	529-0151
Ken Durstine	524.3505
Sheila Kappel	528.8788
Joyce Storey	521-2572
Mark Whitham	520-7232

Council Meetings:

Council Meetings are generally held on the second Thursday of each month at 7:00 PM. IAC Council Meeting Monthly minutes are available on line.

Upcoming Council Meetings:

Mar 21: Pole's Home 1710 Del Mar Dr.
Apr 11: Braastad's Home 1610 Blue Camas Dr.

Activity Coordinators:

Backpacking	Sam Pole	523-4970
Bicycling	Jeff Coward	522-8135
Climbing/Mountaineering	Kevin Coble	201-1840
Conservation	Open	
Cross-Country Skiing / Snowshoeing	Whithams	520-1728
Day Hiking	Sam Pole	523-4970
Rafting	Greg Hulet	523-6199
Trail Maintenance	Alan Crockett	529-5188
Bulletin Editor	Donna Whitham	520-1728
Publicity	Open	
Historian/Librarian	Barbara Brown	522-8977
WebMaster	George Cole	716-0024
Program	Bob Tyler	787-2601

General Club Meeting

Held at **7:00 P.M.** on the first WEDNESDAY of each month, normally in the Beaverhead meeting room at the Idaho Fish and Game office.

NO GENERAL MEETING IN JULY.

APRIL Bulletin Deadline is:

5 PM on MARCH 5

Trip descriptions, reports, and material for inclusion in the next bulletin are due by the 5TH of the month due to bulk mailer deadlines.

Please send electronically to the bulletin editor at editor@idahoalpineclub.org

NOTE: Hand written or hard copy material will be included in the bulletin, time permitting.

IDAHO ALPINE CLUB GENERAL MEETING

WEDNESDAY, MARCH 6, 2013 @ 7:00 PM

**RESTORING HOPE IN THE
JACKKNIFE CREEK WATERSHED**

**>>>NOTE: NEW MEETING LOCATION<<<
DEVELOPMENT WORKSHOP
555 WEST 25TH ST**

From 17th Street & Rollendet, go south to 25th Street. Turn right (west). IDW is on the left side of street. Park in the parking lot to the east of the building.

Enter via front door, then follow hallway around to the right to the meeting room.

This month video journalist Kris Millgate presents a program about this past summer's restoration of Jackknife Creek, a tributary of the Salt River near Star Valley. Jackknife Creek was in poor condition with a road slumping into the creek, a riverbed dry in places and with willow patches missing. The restoration involved cooperation among the Forest Service and the stakeholders Trout Unlimited and private landowners along the creek. The road was obliterated and restored to a natural landscape. A new pedestrian bridge replaced the old road bridge that had been choking runoff. Then the Northwest Youth Corps built a new foot trail to provide continued access to the area. The end result of the restoration was a healthier stream that will enable cutthroat trout to return and spawn in Jackknife Creek. Kris Millgate is an outdoor journalist and owner of the video production company, Tight Line Media. For the last six years, she has produced the popular feature Time Out which airs on KPVI-TV on Wednesdays and Mondays. Kris is a member of the Outdoor Writers Association of America and won the award for Best Outdoor TV story in 2012. Her program will be good opportunity to learn about a perhaps unfamiliar area close by that might reward some exploration when summer rolls around.

For more information contact programs@idahoalpineclub.org, log onto the club website at www.idahoalpineclub.org.

President Speaks

As I write this, it is early February and eastern Idaho is recovering from what some sources say is a record cold spell, coldest since the mid 1800s. Record or not, along the snake river valley, daytime highs were in the low single digits and night time lows were double digits below zero. The high pressure system that kept the cold air trapped in the valleys kept the winds out and allowed for a stable inversion to form with daytime temperature approaching the freezing mark in the mountains at elevations over 7000 feet. So it was get high to get warm.

One of the best tools I have found to get a handle on expected weather conditions up to 4 days in advance at any location is the "Hourly Weather Forecast Graph" provide by NOAA. From most NOAA web pages, just use the map controls to get a local forecast at a specific location, then click on the forecast graph to get the charts. The charts show hour by hour forecast estimates of temperature, wind, precipitation, thunder, etc. and are a lot more specific than the the local weatherman's verbal description. Still, they are only a forecast and may be only worth what you payed for it! ~ Ken Durstine

Participation on Club Activities

Common Adventures / Trips:

With the exception of rafting trips, trips which require the use of any club equipment, or trips limited to club members: non-members may attend a maximum of ONE club trip or activity, then must be members in good standing to continue participating.

Participants must be members in good standing to go on rafting trips, trips which require the use of any club equipment, or trips limited to club members only, or needing rafting rentals. Participants on a club trip must pay any established trip fee, abide by club rules and activity guidelines, and must follow instructions of the activity coordinator.

An individual may not participate in any common adventure/trip of the club unless that individual has read and signed the common adventure form for that specific activity prior to embarking on that adventure / trip / activity.

XCSkiing / Snowshoeing

Contact the Withams 520.1728 or, xcski@idahoalpineclub.org for trip information, meeting location, and to sign up to go on a scheduled trip, unless otherwise indicated in the trip descriptions. Additional trips to be added over the winter, depending on conditions. If the roads are closed, or the weather too severe, the location of a trip may change or the trip may be canceled at the last minute.

Check with us on weekends that are not scheduled in advance. Even on domestic weekends we usually will go over to one of the parks to skate or classic ski or snowshoe for a few hours.

Carry or Bring Your Own:

1. Water
 2. Food/snacks
 3. Dress in layers. Bring adequate extra Winter appropriate protective clothing-no cotton. Hat and gloves or mittens.
 4. Minor first aid items including sun screen, personal medications, as needed during the day.
 5. Headlamp (& Batteries)
 6. Map & Compass
 7. Sunglasses
 8. Lightweight shelter / space blanket.
 9. Appropriate equipment-skis or snowshoes, boots, poles, skins, shovel and avalanche transceiver depending on activity or terrain.
 - 10 Repair kit for your own equipment including duct tape and wax kit or glide liquid.
 - 11 Mat to sit on
- Plus, any other items of personal interest.

March 2 Snowshoe / Kelly Canyon: Join us on a snowshoe trip close to home. The trails are adjacent to the Kelly Canyon Ski Resort about 30 - 45 minutes NE of town.

March 16 XCSki Mesa Falls: Parking for the Bear Gulch-Mesa Falls Trail system is located at the end of the plowed section of the Mesa Falls Scenic Byway (route 47), 12 miles northeast of Ashton, Idaho, near the old Bear Gulch alpine ski area.

Idaho Park N' Ski permits are required. Skiers and snowmobiles share the trailhead and unplowed Byway for the first 0.4 miles. The trail system consists of 2 loops and a spur in the Caribou-Targhee National Forest totaling 6.8 miles. Wildlife such as bald eagles, ravens, osprey, moose, ermine and porcupine are occasionally seen along the trails. The trails provide excellent views of the Henrys Fork Canyon, and Upper and Lower Mesa Falls. Depending on conditions this may turn into a snowshoe trip.

Climbing

For information on club climbing trips contact Kevin Coble at 201-1840. To find out about Fall weekly climbing locations or impromptu weekend trips, subscribe to the IAC climbing mailing list by visiting:

http://www.macrobotics.com/mailman/listinfo.cgi/iac_climbing

or, via email, send a message with subject or body 'help' to: iac_climbing-request@macrobotics.com.

YMCA Rock Climbing Gym

Call 528.8610 for information.

SUMMER HOURS:

TUESDAY 4PM - 9PM & SATURDAY NOON - 9PM

WINTER HOURS

(Effective October 1):

MONDAY - FRIDAY 4PM - 9PM

SATURDAY NOON - 9PM SUNDAY CLOSED

Idaho Alpine Club members may show their membership card to receive 10% off of daily rates or the 10 punch card.

Bicycling

Even though winter has just begun, it is already time to start planning for the 2013 bicycling season. As with rafting permits, there are several rides that you will need to think about signing up for now, if you want to participate in them. These rides include STOKR, AMBBR (Lake Tahoe ride), and Ride the Rockies. The rides will probably fill fairly quickly, so don't count on getting in if you apply later than early March. Ride information and web sites for them are below. As information on other rides of interest is emailed to the bulletin editor, it will be included, unless submitted too late for applying for the ride.

If anyone has any questions about these or ideas for some local club rides this year, please contact the Idaho

Alpine Club Bicycling coordinator: Jeff Coward at 208.522.8135.

STOKR – Scenic Tour of the Kootenai River: May 11-12, 2013. This is an excellent spring 2 day ride with very little traffic and excellent support. The ride starts and ends in Libby, Montana each day.

Route information and dates will be available at: <http://www.libbymt.com/events/stokr.htm>

AMBBR – America's Most Beautiful Bike Ride, June 2, 2013, 1 day, 100, 65, 35 mile options. This is a very scenic ride around Lake Tahoe, starting from South Lake Tahoe. The route goes clockwise around the lake, with an out and back to Truckee for the 100 mile option, and a boat cruise to Crystal Bay for the 35 mile option. Support is excellent as are the views. <http://www.bikethewest.com/>

Ride the Rockies: June 8 -15, 2013, 6 days, about 65 miles per day, This is an 8 day (for 2013) tour through the Colorado Rockies sponsored by the Denver Post. Support is excellent, and includes busses to transport you in the overnight towns and a daily cycling seminar. The route will be announced February 2, 2013 at: <http://ridetherockies.com/>

TOSRV-West: May 18-29, 2013, 2 days, 226 miles. The route goes from Missoula, Montana to Potamac and then through Seeley Lake to Swan Lake, then to Bigfork, Polson, Ronan, St. Ignatius, Ravalli, Arlee, and back to Missoula. More details available at: <http://www.missoulabike.org/tosrvwest>

TRIP REPORTS

February 2 XCSki / Ricks Basin: The day was begun with a scrumptious breakfast at The Sun Dog Café. Then we had a super fun day enjoying the XCSki Trails at Ricks Basin. The snow was like gliding on soft velvet and the weather was not too cold or too warm. We had the trails pretty much to ourselves. You would have thought it was Super Bowl Sunday instead of Saturday. Attendees: Sue Braastad, Sheila Kappel, and the Whithams.

February 9 XCSki / 7N Ranch ended up a snow shoe up Little Kelly Canyon. The tracks at &N desperately needed some more snow. Instead we had a glorious sunshiny day, snowshoeing up that beautiful little canyon. A subadult Bald Eagle flew over head, there were snow angels to be made, snowballs to throw, and little frozen windows to look through to see the creek. We snowshoed up Little Kelly Canyon round trip about 5 miles. Afterward we stopped for a pizza at Heise Pizza and were back in Idaho Falls with time to get ready for the symphony in the evening. Attendees: Joyce Storey & son Chris, Sheila Kappel, and the Whithams.

AVALANCHE INTERNET SITES

Cyberspace Snow & Avalanche Center This one stop site provides links to just about everywhere, plus tons of information about avalanche safety in the back-country: <http://www.csac.org>

North America: <http://www.avalanche.org>

Jackson Area: <http://jhalavalanche.org>

Bozeman Area: <http://www.mtavalanche.com>

Avalanche Safety Instruction:

<http://americanavalancheinstitute.com/aai/Home.html>

XC Ski Trail Conditions

Lone Mountain Resort

http://www.lmranch.com/lmr_content/winter/ski_cond.shtml

Bohart Ski Ranch

<http://www.bohartranchxcski.com/trail-conditions/>

Chief Joseph Ski Trail Conditions

<http://bitterrootxcskiclub.net/trail%20reports.htm>

West Yellowstone

<http://www.rendezvouskitrails.com/grooming-report/>

Rick's Basin (Grand Targhee)

<http://www.grandtarghee.com/the-mountain/grooming-map.php>

Teton Valley (Driggs, Victor, Alta)

<http://tvtap.org/nordic-grooming>

Harriman State Park (sign up for their Facebook page for current conditions) or call: Phone: 208-558-7368

Mink Creek Nordic Grooming Report

<http://www.pokyxc.org/7128.html>

Island Park Ranger District for Brimstone/Buffalo

Phone: 208-558-7301

Ashton Ranger District for Bear Gulch/Mesa Falls and Fall River Ridge Phone: 208-652-7442

IAC Logo T-Shirts & Patches!

Dri Release material with embroidered IAC Logo! Small, Medium, Large, and X-Large Short sleeve \$20 each. Long sleeve \$25 each. A women's style short sleeve shirt is available for \$20 on a prepaid special order basis. It is fitted with shorter sleeves in a wicking material.

A limited number of embroidered Color IAC Logo Patches are available for \$10 each.

MEMBERSHIP RENEWALS ARE DUE NOW

Membership renewals are now due. Updated member lists will be provided to the activity coordinators. If you have renewed or joined the IAC since October 1, you should have a red membership card. Memberships are for one calendar year only. Please support the club and join or renew for 2013. Membership is required to participate in activities using club gear, i.e.; climbing and rafting (water) activities or after participating in one of any other activities.

Dates to Remember:

Mar 6: IAC GENERAL MEETING
RESTORING HOPE IN THE
JACKKNIFE CREEK
WATERSHED

Mar 2: Snowshoe / Kelly Canyon

Mar 16: XCSki or Snowshoe / Mesa
Falls

Climbing: Subscribe to find out
updates to the weekly
winter climbing plans. See
page 2 for information on
how to subscribe.

Become a Fan

Find us on Facebook. Last minute
trips can be posted on the wall.
Additionally, photos from club trips
you have gone on can be easily
posted on the wall singly or as an
album if you took a lot of photos.
To do this, the photos do need to be
your photos & shared with the public.

**Enjoy the outdoors with the
IAC Join today**

For more information write to the
address below or visit our web site to
download a free newsletter and
application:

**Idaho Alpine Club
P.O. Box 2883**

Idaho Falls, Idaho 83403-2883

www.IdahoAlpineClub.org

Membership Fees

	Full Year	
	10/1	7/1-12/31
Individuals:	\$25	\$20
Family:	\$30	\$25

After October 1, the payment of full
year fee applies to the following year.
Full-time students (18 or older) and
seniors (65 or older): \$5 off the above
fee schedule.

IAC Council Meeting Monthly minutes
are available on line.

**Support the Merchants who
Support the IAC**

Show your membership card for 10%
discounts on regularly priced
merchandise:

- Idaho Mountain Trading 523-6679
Shoup & B (Non-Sale Items Only)
- Bill's Bike Shop 522-3341
805 S. Holmes Ave. (Excludes
bicycles)
- Canyon Whitewater Supply
522-3932 (Accessories Only)
450 S Yellowstone, Idaho Falls
- The Preparedness Store & Bosch
Kitchen Center 120 Northgate
Mile Idaho Falls, ID 524-8300
10% off backpacking, dehydrated
& freeze-dried foods 10% off any
outdoor accessories
- YMCA Climbing Gym 528-8610
755 South Capital Avenue
- Lynna and Leland Howard offer a
10% discount on all of their
published books. 357-1917 or
357-3166; lynna.howard@mac.com
leland@wildernessbooks.com
- Discounts on Jerry Painter's
Hiking & Biking guide books