

Idaho Alpine Club Bulletin

Volume 50 - Issue Number 5 - May 2010

FIFTY YEARS 1960 - 2010 ©

CLIMBING•MOUNTAINEERING•BACKPACKING•DAYHIKING•BICYCLING•XCSKIING•SNOWSHOEING•RAFTING

web site: www.idahoalpineclub.orge-mail: info@idahoalpineclub.org

2010 Council

President	Sam Pole	523-4970
Vice-president	Al Jantz	525-8510
Secretary	Susan McKinley	529-4583
Treasurer	Donna Whitham	520-1728

Members-at-Large

Colleen Bohan	529-0151
Jeff Coward	522-8135
Matt Sweetser	569-9857
Mark Whitham	520-7232

Council Meetings:

Council Meetings are held on the second Thursday of each month at 7:00 PM

Upcoming Council Meetings:

May: McKinley's Home	425 Pervero
June: Whitham's Home	706 Laurelwood

Activity Coordinators:

Backpacking	Sam Pole	523-4970
Bicycling	Jeff Coward	522-8135
Climbing/Mountaineering	Kevin Coble	201-1840
Conservation	Open	
Cross-Country Skiing / Snowshoeing	Whithams	520-1728
Day Hiking	Sam Pole	523-4970
Rafting	Greg Hulet	523-6199
Trail Maintenance	Alan Crockett	529-5188
Bulletin Editor	Donna Whitham	520-1728
Bulletin Assistant	Mark Whitham	520-7232
Publicity	Open	
Historian/Librarian	Barbara Brown	522-8977
WebMaster	George Cole	716-0024
Program	Bob Tyler	787-2601

General Club Meeting

Held at **7:00 P.M.** on the first WEDNESDAY of each month, normally in the large meeting room of the Idaho Falls Public Library.

NO GENERAL MEETING IN JULY.

JUNE Bulletin Deadline is:

5 PM on MAY 10

Trip descriptions, reports, and material for inclusion in the next bulletin are due by the 10th of the month due to bulk mailer deadlines.

Please send electronically to the bulletin editor at editor@idahoalpineclub.org

Note: Hand written or hard copy material will be included in the bulletin, time permitting.

IDAHO ALPINE CLUB GENERAL MEETING

**"THE TETON RIVER:
BEFORE AND AFTER THE DAM"**

WEDNESDAY, May 5, 2010 @ 7:00 PM

IDAHO FALLS LIBRARY

In the early 1970's, in anticipation of the construction of the Teton River Dam, Frank Craighead and his son Charlie teamed up with Yvon and Malinda Chouinard to float the Teton River canyon and document its scenic beauty before the canyon became permanently inundated by the reservoir of water behind the dam. Although the river canyon did eventually become submerged as the reservoir filled, the dam broke on June 5, 1976 emptying the reservoir of water in eight hours resulting in the deaths of 11 people. This past summer Charlie Craighead and the Chouinard's decided to revisit the river canyon and see what kind of permanent changes the temporary submersion under water and the sudden release of the water behind the dam have wrought on the canyon.

Accompanying Craighead and the Chouinard's were professional photographer Gabe Rogel and Anna Lindstedt from Friends of the Teton River. Anna will combine Charlie's slides of 36 years ago with Gabe's new slides in a program comparing the river as it once was with how it is today. Anna will discuss the permanent ecological changes that the dam and reservoir effected and the status of current plans to study the feasibility of re-building the dam. She'll also cover the floating opportunities that exist on the river today. Come and learn about the history of the river's dramatic evolution from pristine stream to impoundment to a different, but hopefully, natural river again.

The meeting is open to the public and all outdoor enthusiasts are invited to attend.

For more information contact programs@idahoalpineclub.org, log onto the club website at www.idahoalpineclub.org, or contact Bob Tyler at 787-2601.

President Speaks

Skill, technique, and practice trump strength. The exercise of these three qualities in outdoor activities are also a lot of fun. As an update, I previously mentioned that as president of the IAC for 2010 I planned to participate in all of the club activities rather than stay in my comfort zone. So, rock climbing! Jerry and Sam Painter's spring climbing class was a start of my club plans. I thought I had reasonable hand and arm strength, but after a few minutes of clinging with my fingers to exceedingly small hand/finger holds and not using my legs enough to support my weight, I quickly realized that I was in a no win situation if I wished to continue rock climbing, and enjoy it. Thus practice, learning good technique and developing skills was essential. And so it is with any outdoor activity. One may think he/she knows what they are doing or that they can make up for any deficiencies using their strength, speed, etc., but skill, technique and practice are the better way to go. And the better means of enjoying club activities. So get out there and try something new. Also do not hesitate to ask questions. Sam Pole

Highway Clean-Up May 15, 2010

It is that time of year to contribute to the community and have a great time with friends while helping to clean up our little 2 mile section of Highway 31. The section is located between milemarker 6 & 8 near the old Pine Basin Ski area. Benefits include getting out in the fresh air, exercise, spotting early spring flowers blooming as soon as the snow melts, the feeling of pride in your efforts every time you drive thru that section of highway. There will be a potluck afterwards. Matching bright orange safety vests and trash sacks are provided for our use. Work gloves are required. Leather boots & safety glasses recommended.

For more information and to sign up for this easy fun trip, call the Whithams at 520.1728.

Participation on Club Activities Common Adventure

/ Trips: With the exception of rafting, Non-members may attend a maximum of two club trips or activities, then must be members in good standing to continue participating.

Participants on rafting trips or rafting rentals must be members in good standing.

Participants on a club trip must pay any established trip fee, abide by club rules and activity guidelines, and must follow instructions of the activity coordinator.

An individual may not participate in any common adventure/trip of the club unless that individual has read and signed the common adventure form for that specific activity prior to embarking on that adventure / trip / activity.

Day Hiking / Backpacking

Unless otherwise indicated in the trip descriptions contact Sam Pole: Home-523-4970, cell-520-3630, or email sbpole@cableone.net for trip information and to sign up to go on a scheduled trip.

All Trips Bring Your Own:

1. Water
2. Food/snacks
3. Dress in layers. Bring adequate extra appropriate protective clothing - no cotton. Hat and gloves or mittens.
4. Minor first aid items including sun screen, personal medications, as needed during the day.
5. Headlamp (& Batteries)
6. Map & Compass
7. Sunglasses
8. Lightweight shelter/space blanket.
9. Appropriate equipment- depending on activity or terrain.
10. Repair kit for your own equipment including duct tape.
11. Mat to sit on
12. Other personal items of interest

May 1, 2010, Day Hike / North Menan Butte: The Menan Buttes are two of the world's largest tuff cones—volcanoes formed when basaltic magma boils up through ground water. The trail to the summit of the North Butte offers wonderful opportunities to explore the unique geology and natural history of this area. North Menan Butte is designated as a National Natural Landmark (NNL), Research Natural Area (RNA) and an Area of Critical Environmental Concern (ACEC) because of the unique geologic features. These designations help preserve the butte so people can enjoy and study this unique geologic

area in its healthy, natural condition. (re: BLM website) http://www.blm.gov/id/st/en/fo/upper_snake/recreation_sites/_north_menan_butte.html

The Whitham's will be leading this hike for the Native Plant Society, IAC members are welcome to attend. Leashed dogs are welcome also. Be sure to wear sturdy hiking boots as there is lava rock and cactus on the trail. Additionally, please carry the items listed above for all trips. We will be meeting at Starbucks at Fred Meyers, Idaho Falls at 8:30 AM. If you wish to attend, please notify the Whithams by April 30, 208.520.1728. No walk ons please.

May 15, 2010, Day Hike / Echo Crater:

Approximately a 7 mile round-trip hike over level ground at Craters of the Moon National Monument west of Arco, Idaho. We can climb to the top of the crater/cone and then circle around into it. Please contact Sam pole via telephone at 523-4970 prior to the trip. Bring water, a snack, and a jacket for quick changing weather. Meet at the west-side Wal-Mart in front of the garden center area at 8:00 a.m.

Climbing

For information on club climbing trips contact Kevin Coble at 201-1840. Otherwise to find out about climbing locations or impromptu weekend trips you will need to subscribe to the IAC climbing mailing list by visiting:

http://www.macrobotics.com/mailman/listinfo/iac_climbing or,

via email, send a message with subject or body 'help' to: iac_climbing-request@macrobotics.com

2010 Wednesday Night Climbing Schedule:

June 2	Ririe
June 9	Blackfoot
June 16	Pocatello
June 23	Heise
June 30	Paramount
July 7	Pocatello
July 14	Heise
July 21	Blackfoot
July 28	Pocatello
Aug. 4	Paramount
Aug. 11	Heise
Aug. 18	Pocatello
Aug. 25	Paramount
Sep. 1	Blackfoot

On Wednesday night I (Kevin Coble, and anyone who wants to help) will head out early to set ropes at the specified location at about 4:30 p.m.

The rest of the group usually leaves at 5:45 from the north side McDonalds parking lot (if climbing at Ririe, Heise, or Paramount), or the climbing gym (if climbing at Blackfoot or Pocatello). If anyone can't make the meeting times and needs directions to get to the climbing location on their own, give me a call and I'll be happy to provide them.

May 22 or 23 - Middle Teton Glacier Route. It is rated 5.7 AI3, but this should be early enough to make it a little easier. This climb combines alpine snow and traditional rock climbing into a long but satisfying day in the Tetons. Alpine experience or snow-school required. At least every-other person going must be able to trad-lead a Teton 5.6.

Stone Walls Rock Gym

Call 528.8610 for information.

Winter hours are:

4-9 PM Monday - Friday

12-9 PM Saturday

Idaho Alpine Club members may show their membership card to receive \$1 off of the daily admission price.

(Tentative) July 3rd-4th - Mt. Shasta - Avalanche Gulch Route. Mt. Shasta is a 14162 footer on the border between California and Oregon. The Avalanche Gulch route is the easiest route up the mountain, but still requires 2 days for most, because of an almost 8000 ft. elevation gain from the parking lot. Snow climbing experience required. Possibility of sport climbing in California afterwards (Yosemite, Tuolumne meadows, etc.)

Bicycling

For spring bicycling information and trips, contact Jeff Coward at 208.522.8135 or by email: bicycling@idahoalpineclub.org

Please check the IAC website for a calendar of organized rides and races throughout the northwest, including links to the websites to register or download applications. Check with Jeff to coordinate ride sharing in case he or other club members are planning to attend any or all of the events.

Benefit for the Art Museum of Eastern Idaho:

August 21 - HeArt of Idaho Century Ride, Idaho Falls, ID, 25, 62, and 100 mile options. Entry fees are \$40.00 and \$65.00 that will cover entry, t-shirts, fully stocked rest stops, and post ride BBQ. \$5 early bird discounts. Route is flat to rolling, easy to moderate difficulty. Miyai Griggs, 208-529-6666 mabe@theartmuseum.org, www.theartmuseum.com

Rafting

For information on renting club rafting gear (IAC club members only) contact Greg Hulet at 523-6199 or rafting@idahoalpineclub.org.

For trip information contact the trip leader indicated in the trip description. You MUST be an IAC member to participate in IAC raft trips.

May 29-31: Rafting/Main Salmon Memorial Day Weekend

– The annual trek to Shoup will be repeated this year for 2-3 days of day trips, rafting from the Spring Creek boat ramp down to the new ramp below Panther Creek. Depending on the participants preferences, we will do two runs of the ~12 mile stretch each day and have a potluck in the evening, Saturday and Sunday. We will camp at the Spring Creek Campground on the Salmon about a mile above Shoup. Those interested can go soak well-worked paddling muscles in the hot spring up Panther Creek. Those who participate must help in getting gear to Spring Creek and back, help set up and take down the rafts, and help with the shuttles. Contact Greg Hulet (523-6199) by May 28 if you plan to go. If you leave a message, indicate how many are coming in your group and whether they have life jackets. Wet suits are strongly recommended.

Happening Hounds Pet Services

IAC Member: Liz Downing (208) 757-0108

happeninghounds@gmail.com

Areas covered: Greater Idaho Falls Area

Services: Home visits (minimum half hour), overnights, pet transport, exercise & social interaction for pets, general grooming (no clipping, etc). As a member of a professional pet sitters network, Liz offers reasonably priced, reputable, and insured pet services. For those of us with backyard bird feeders, Liz is a bird watcher too, she will keep them full for you if needed.

June 5: Rafting/Fall River Water Dependent(Class III+), 8 miles through canyon near Ashton. Day trip. Could run twice in a day if people are ambitious. May not have enough water to run this year or runoff may hit earlier, so contact Greg Hulet (523-6199) early if you are interested in running the river.

Rafting/ Alpine Canyon Multiple trips over summer (class II-III) 8 mile float. (Jim Lee 208 569-5573)

Main Salmon (Corn Creek) TBD - No permits were drawn. Those interested in a late August trip contact Greg Hulet to help in a call-in campaign to get a turned back permit. Greg Hulet, 523-6199

Gear available:

Rafts can be checked out by those who have demonstrated ability to handle a boat on the type of water to be run. Life jackets are included with each boat. Boats must be returned dry and clean. Damage to boat must be repaired and if extensive, paid for. Checkout fees are for days on the water. All fees go to the rafting fund to buy new equipment:

16-ft Ryken self-bailer - \$60/day

15-ft Aire self-bailer - \$60/day

13.5-ft Maravia self-bailer - \$60/day

14-ft Ryken conventional floor - \$20/day

14-ft Udisco conventional floor - \$20/day

2 - Inflatable kayaks - \$20/day each

50th Anniversary IAC Logo T-Shirts

Retro IAC Patches!

Short sleeves or long sleeves, crew neck, heather grey Dri Release material with embroidered 50th Anniversary IAC Logo! Short sleeve \$20 each. Long sleeve \$25 each.

Sizes Small, Medium, Large, and X-Large.

A limited number of embroidered Color IAC Logo Patches are available for \$10 each.

The shirts and patches are available at the monthly meetings or contact the club Treasurer to get yours sooner.

East Idaho Maps

Maps of the entire Westside Ranger District of the Caribou-Targhee National forest should be on the forest web site now or very soon. The Westside covers the national forest area around Pocatello and Malad. Two more detailed maps covering the Gibson & Slate Mtn area and Scout Mtn will also be posted. Another two new maps on the Alpine Club web site cover the Targhee Creek Trail area near Targhee Pass and another covers the Warm River Springs area trails.

Dates to Remember:

- May 5: IAC GENERAL MEETING
"THE TETON RIVER: BEFORE
& AFTER THE DAM"
- May 1: Day Hike / North Menan Butte
- May 15: Highway Clean-up & Potluck
- May 15: Day Hike / Echo Crater
- May 22 or 23: Climbing/Middle Teton
Glacier Route
- May 29-31: Rafting/Main Salmon
Memorial Day Weekend
- June to Sept: Rafting/ Alpine Canyon
Multiple trips over summer
- June 2: Climbing / Ririe Reservoir
Subscribe to find out any
updates on the weekly
climbing plans. See page 2 for
information on how to
subscribe.
- June 5: Rafting/Fall River

Enjoy the outdoors with the IAC

Join today

*For more information write to the
address below or visit our web site to
download a free newsletter and
application:*

Idaho Alpine Club

P.O. Box 2883

Idaho Falls, Idaho 83403-2883

www.IdahoAlpineClub.org

Membership Fees

	Full Year	7/1 - 10/1
Individuals:	\$20	\$15
Family:	\$25	\$20

After October 1, the payment of full
year fee applies to the following year.

Full-time students (18 or older) and
seniors (65 or older): \$5 off the above
fee schedule.

IAC Council Meeting Monthly minutes
are available on line.

**Support the Merchants who
Support the IAC**

Show your membership card for 10%
discounts on regularly priced
merchandise:

- ★ Happening Hounds Pet Services
Liz Downing (208) 757-0108
happeninghounds@yahoo.com
- ★ Idaho Mountain Trading 523-6679
Shoup & B (Non-Sale Items Only)
- ★ Alpine Schwinn 523-1226
1352 S. Holmes Ave. (Excludes
bicycles)
- ★ Bill's Bike Shop 522-3341
805 S. Holmes Ave. (Excludes
bicycles)
- ★ Canyon Whitewater Supply
522-3932 (Accessories Only)
450 S Yellowstone, Idaho Falls
- ★ Lynna and Leland Howard offer
members of IAC a 10% discount
on all of their published books.
357-1917 or 357-3166;
lynna.howard@mac.com
leland@wildernessbooks.com
- ★ Discounts on Jerry Painter's
Hiking
& Biking guide books

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