

# Idaho Alpine Club Bulletin

Volume 51 - Issue Number 5 - May 2011

CLIMBING•MOUNTAINEERING•BACKPACKING•DAYHIKING•BICYCLING•XCSKIING•SNOWSHOEING•RAFTING

web site: [www.idahoalpineclub.org](http://www.idahoalpineclub.org)e-mail: [info@idahoalpineclub.org](mailto:info@idahoalpineclub.org)

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## 2011 Council

President	Sam Pole	523-4970
Vice-president	Al Jantz	525-8510
Secretary	Susan McKinley	529-4583
Treasurer	Donna Whitham	520-1728

## Members-at-Large

Colleen Bohan		529-0151
Karl Bohan		529-0151
Jesi Sweetser	850-819-4231	
Mark Whitham		520-7232

## Council Meetings:

Council Meetings are generally held on the second Thursday of each month at 7:00 PM

Upcoming Council Meetings:

May: Pole's Home	1710 Del Mar Dr.
June: Bohan's Home	748 Adell

## Activity Coordinators:

Backpacking	Sam Pole	523-4970
Bicycling	Jeff Coward	522-8135
Climbing/Mountaineering	Kevin Coble	201-1840
Conservation	Open	
Cross-Country Skiing / Snowshoeing	Whithams	520-1728
Day Hiking	Sam Pole	523-4970
Rafting	Greg Hulet	523-6199
Trail Maintenance	Alan Crockett	529-5188
Bulletin Editor	Donna Whitham	520-1728
Bulletin Assistant	Mark Whitham	520-7232
Publicity	Open	
Historian/Librarian	Barbara Brown	522-8977
WebMaster	George Cole	716-0024
Program	Bob Tyler	787-2601

## General Club Meeting

Held at **7:00 P.M.** on the first WEDNESDAY of each month, normally in the large meeting room of the Idaho Falls Public Library.

NO GENERAL MEETING IN JULY.

JUNE Bulletin Deadline is:

**5 PM on May 5**

Trip descriptions, reports, and material for inclusion in the next bulletin are due by the 5<sup>TH</sup> of the month due to bulk mailer deadlines.

Please send electronically to the bulletin editor at [editor@idahoalpineclub.org](mailto:editor@idahoalpineclub.org)

Note: Hand written or hard copy material will be included in the bulletin, time permitting.

## IDAHO ALPINE CLUB GENERAL MEETING

### "Brazilian River Adventure"

**WEDNESDAY, MAY 4, 2011 @ 7:00 P.M.**

**IDAHO FALLS PUBLIC LIBRARY**

This month's program features Lorie Cahn showing slides of her two-week adventure last August exploring the Rio Negro and Rio Solimoes in Brazil. These two rivers form the headwaters of the Amazon River and contain an amazingly high density of wildlife and plant species. Lorie traveled in a group of 24 people expertly guided by Fiona Reid, a Departmental Associate in Mammalogy at the Royal Ontario Museum in Toronto. Ms. Reid has authored and illustrated Oxford University Press's Field Guide to the Mammals of Central America and Southwest Mexico and the Peterson Field Guide to Mammals of North America. Lorie's group traveled and slept on a 12-cabin boat but used 10-person canoes to explore smaller river tributaries and flooded forest land. In addition to allowing the group to get closer to wildlife such as pink river dolphins and three-toed sloths, using canoes also allowed the group to get closer to the forest canopy because, in late summer during the time of the group's visit, the forests are flooded with 40 vertical feet of water. In all, Lorie's group managed to see 253 species of wildlife, all but 2 of which were new to Lorie, including a new species of opossum never recorded before. Come and enjoy learning about the natural history of these special Brazilian forests.

Prior to the evening program, there will be a short Teton River Pack Rafting video and also a presentation by the American Red Cross about its new Wilderness First Aid class.

The meeting is open to the public and all outdoor enthusiasts are invited to attend. For more information contact [programs@idahoalpineclub.org](mailto:programs@idahoalpineclub.org) or log onto the club website at [www.idahoalpineclub.org](http://www.idahoalpineclub.org).

## President Speaks

The club is now moving into its warmer weather activities. These activities are more frequent and more varied which means that more club members participate and more travel is involved. With that in mind and with the rise in fuel costs, please remember to share those fuel costs when car pooling. Also please be aware of the need to be aware of the special needs for whatever activity you may participate in. For instance, the weather can be unpredictable so be prepared for changes that could make you miserable and have a poor experience. Also if you are on medication make sure that you have a supply in the event of delays on the river or an accident on the trail. It is also advised, but not required, to notify the trip/activity leader of any health issues that could be made worse if the wrong kind of aid is supplied during an accident or need.

Sam Pole

## Highway Clean-Up May 14, 2011

It is that time of year to contribute to the community and have a great time with friends while helping to clean up our little 2 mile section of Highway 31. The section is located between milemarker 6 & 8 near the old Pine Basin Ski area. Benefits include getting out in the fresh air, exercise, spotting early spring flowers blooming as soon as the snow melts, the feeling of pride in your efforts every time you drive thru that section of highway. There will be a potluck afterwards. Matching bright orange safety vests and trash sacks are provided for our use. Work gloves are required. Leather boots & safety glasses recommended.

For more information and to sign up for this easy fun trip, call the Whithams at 520.1728 by May 10.

## Participation on Club Activities

### Common Adventures / Trips:

With the exception of rafting trips or trips limited to club members: Non-members may attend a maximum of two club trips or activities, then must be members in good standing to continue participating.

Participants on rafting or limited to club member trips or rafting rentals must be members in good standing. Participants on a club trip must pay any established trip fee, abide by club rules and activity guidelines, and must follow instructions of the activity coordinator.

An individual may not participate in any common adventure/trip of the club unless that individual has read and signed the common adventure form for that specific activity prior to embarking on that adventure / trip / activity.

### Caribou-Targhee Maps on Line

From the Caribou-Targhee NF home page, click on Maps & Publications. This will take you to: "Motorized Vehicle Use Maps" (which don't show non-motorized trails), new official "Forest Maps" covering the whole forest (without topography), and "Other Maps". The "Other Maps" are full color printable maps with topography and are available for the Palisades, Teton Basin, Dubois and Westside ranger districts at a scale of 1:112,500. Hiking scale (1:50,000) maps of popular areas are also available. Other detailed forest and non-forest maps of popular hiking and mountain biking areas (new) are available on the Idaho Alpine Club website under Local Maps.

### Day Hiking / Backpacking

It looks to be a cool spring and late summer so snow will be in the mountains for a while. Consequently, hiking will be in the desert for May and June.

Unless otherwise indicated in the trip descriptions contact Sam Pole: Home-523-4970, cell-520-3630, or email sbpole@cableone.net for trip information and to sign up to go on a scheduled trip.

## All Trips Bring Your Own:

1. Water
2. Food/snacks
3. Dress in layers. Bring adequate extra appropriate protective clothing - no cotton. Hat and gloves or mittens.
4. Minor first aid items including sun screen, personal medications, as needed during the day.
5. Headlamp (& Batteries)
6. Map & Compass
7. Sunglasses
8. Lightweight shelter/space blanket.
9. Appropriate equipment- depending on activity or terrain.
10. Repair kit for your own equipment including duct tape.
11. Mat to sit on
12. Other personal items of interest

**May 21: Day Hike / Arco Arch** - Hike approx.  $\frac{3}{4}$  mile to see the arch via an established trail with some stairs. This time we may try to get up and under the arch. Please contact Sam Pole at 523-4970 prior to the hike. Meet at the west-side Wal-Mart in front of the garden center. Depart 8:30 a.m.

**June 4: Day Hike / Crescent & Echo Crater** - Approximately a 9 mile round-trip hike over level ground at Craters of the Moon National Monument west of Arco, Idaho. We can enter little visited Crescent Crater on our way to Echo Crater. We can climb to the top of ho crater and then circle around into it. Please contact Sam pole at 523-4970 prior to the hike. Bring water, a snack, and a jacket for quick changing weather. Meet at the west-side Wal-Mart in front of the garden center area. Depart 8:00 a.m.

**June 18: Day Hike / Big Southern Butte** - Approximately 6 mile round-trip hike up an east facing ridge. The climb is steep over a partial trail and gains about 1500+ feet. Views from the top are of the surrounding Snake River plain and Craters of the Moon to the west. Please contact Sam Pole at 523-4970 prior to the hike. Bring water, a snack, and a jacket for quick changing weather and wind. Meet at the west side Wal-Mart in front of the garden center. Depart 8:30 a.m.

## Bicycling

For late spring bicycling information, evening club rides, or weekend club rides. contact Jeff Coward at 208.522.8135 or by email: [bicycling@idahocalpineclub.org](mailto:bicycling@idahocalpineclub.org). Jeff has provided information on the club website, with dates and entry links, for some of the bicycle tours or races in the west. Look for the listing Bicycling 2011.

### The Idaho Coupon Nana

For all your coupon needs  
IAC Member: Denise Miller  
208.709.2809

[idahocouponnana@gmail.com](mailto:idahocouponnana@gmail.com)  
[www.IdahoCouponNana.com](http://www.IdahoCouponNana.com)

## Rafting

For information on renting club rafting gear (IAC club members only) contact Greg Hulet at 523-6199 or [rafting@idahoalpineclub.org](mailto:rafting@idahoalpineclub.org).

For trip information contact the trip leader indicated in the trip description. You MUST be an IAC member to participate in IAC raft trips or to rent IAC gear.

### Club Gear available:

Rafts can be checked out by those who have demonstrated ability to handle a boat on the type of water to be run. Life jackets are included with each boat. Boats must be returned dry and clean. Damage to boat must be repaired and if extensive, paid for. Checkout fees are for days on the water. All fees go to the rafting fund to buy new equipment:

16-ft Ryken self-bailer - \$60/day

15-ft Aire self-bailer - \$60/day

13.5-ft Maravia self-bailer - \$60/day

14-ft Ryken conventional floor - \$20/day

14-ft Udisco conventional floor - \$20/day

2 - Inflatable kayaks - \$20/day each

**May 27-30: Rafting /Main Salmon Memorial Day Weekend** – The annual trek to Shoup will be repeated this year for 2-3 days of day trips, rafting from the Spring Creek boat ramp down to the new ramp below Panther Creek. Depending on the participants preferences, we will do two runs of the ~12 mile stretch each day and have a potluck in the evening, Saturday and Sunday. We will camp at the Spring Creek Campground on the Salmon about a mile above Shoup. Those interested can go soak well-worked paddling muscles in the hot spring up Panther Creek. Those who participate must help in getting gear to Spring Creek and back, help set up and take down the rafts, and help with the shuttles. Contact Greg Hulet (523-6199) by May 22 if you plan to go. If you leave a message, indicate how many are coming in your group and whether they have life jackets. Wet suits are strongly recommended.

**May & June: Training /Practice Runs for Lake Powell Trip:** Contact Greg Hulet (523-6199) with your email address, if interested in participating on these evening paddles, even if you are not planning to go to Lake Powell. He plans to go out several evenings a week, depending on his schedule, and will let those who are interested know by email when he is going. You will need your own canoe or sea kayak and paddles.

**June 24-July 4: Canoe/Kayak Lake Powell Trip -** This a flat water trip on the lake, so no downstream current to help. Page (Wahweep) to Bullfrog is approximately 100 miles. We will paddle about 10 miles per day. This is probably not a beginner trip, unless the beginner can paddle that far daily and is appropriately equipped. We are looking at ways to resupply along the way. We will try to put together some practice runs in the spring. Contact Greg Hulet if interested - 523-6199.

## Happening Hounds Pet Services

IAC Member: Liz Downing (208) 757-0108

[happeninghounds@gmail.com](mailto:happeninghounds@gmail.com)

Areas covered: Greater Idaho Falls Area

Services: Home visits (minimum half hour), overnights, pet transport, exercise & social interaction for pets, general grooming (no clipping, etc). As a member of a professional pet sitters network, Liz offers reasonably priced, reputable, and insured pet services. For those of us with backyard bird feeders, Liz is a bird watcher too, she will keep them full for you if needed.

Call for rates.

**June: Rafting/Fall River** Water Dependent(Class III+), 8 miles through canyon near Ashton. Day trip. Could run twice in a day if people are ambitious. Contact Greg Hulet (523-6199) early if you are interested in running the river when he goes.

## Climbing

For information on club climbing trips contact Kevin Coble at 201-1840. Otherwise to find out about climbing locations or impromptu weekend trips you will need to subscribe to the IAC climbing mailing list by visiting:

[http://www.macrobotics.com/mailman/listinfo/iac\\_climbing](http://www.macrobotics.com/mailman/listinfo/iac_climbing) or, via email, send a message with subject or body 'help' to: [iac\\_climbing-request@macrobotics.com](mailto:iac_climbing-request@macrobotics.com)

The weekly climbing location for the winter is generally Stone Walls Climbing Gym on Monday or Wednesday night depending on what is going on at the gym. Subscribe to the IAC climbing mailing list for the day and time each week.

The summer Wednesday night climbing schedule will be in the June Bulletin.

## Stone Walls Rock Gym

Call 528.8610 for information.

Winter hours are:

4-9 PM Monday - Friday

12-9 PM Saturday

Idaho Alpine Club members may show their membership card to receive \$1 off of the daily admission price.

## 50th Anniversary IAC Logo T-Shirts Retro IAC Patches!

Short sleeves or long sleeves, crew neck, heather grey, some black and some white. Dri Release material with embroidered 50<sup>th</sup> Anniversary IAC Logo! Short sleeve \$20 each. Long sleeve \$25 each. Sizes Small, Medium, Large, and X-Large.

A women's style short sleeve shirt is available for \$20 on a prepaid special order basis. It is fitted with shorter sleeves in a wicking material.

A limited number of embroidered Color IAC Logo Patches are available for \$10 each.

The shirts and patches are available at the monthly meetings or contact the club Treasurer to get yours sooner.

Dates to Remember:

May 4: IAC General Meeting:  
BRAZILIAN RIVER  
ADVENTURE

May 14: Highway Clean-up & Potluck

May 21: Day Hike / Arco Arch

June 8: Day Hike/ Crescent & Echo Crater

June 18: Day Hike / Big Southern Butte

May & June: Canoe /Sea Kayak  
Evening Practices TBS

May 27-30: Rafting/Main Salmon  
Memorial Day Weekend

June 24-July 4: Canoe or Sea Kayak /  
Lake Powell

Climbing: Subscribe to find out updates  
to the weekly climbing plans.  
See page 2 for information on  
how to subscribe.

**Become a Fan**

Find us on Facebook. Last minute trips  
can be shared or posted on the wall.  
Additionally, photos from club trips you  
have gone on can be shared or posted on  
the wall singly or as an album.

**Enjoy the outdoors with the  
IAC**

Join today

For more information write to the  
address below or visit our web site to  
download a free newsletter and  
application:

**Idaho Alpine Club**  
**P.O. Box 2883**  
**Idaho Falls, Idaho 83403-**  
**2883**  
[www.IdahoAlpineClub.org](http://www.IdahoAlpineClub.org)

Membership Fees

Full Year

10/1 7/1-12/31

Individuals: \$20 \$15  
Family: \$25 \$20

After October 1, the payment of full  
year fee applies to the following year.  
Full-time students (18 or older) and  
seniors (65 or older): \$5 off the above  
fee schedule.

IAC Council Meeting Monthly  
minutes are available on line.

**Support the Merchants who  
Support the IAC**

Show your membership card for 10%  
discounts on regularly priced  
merchandise:

- ★ Happening Hounds Pet Services  
Liz Downing (208) 757-0108  
happeninghounds@yahoo.com
- ★ Idaho Mountain Trading 523-6679  
Shoup & B (Non-Sale Items Only)
- ★ Alpine Schwinn 523-1226  
1352 S. Holmes Ave. (Excludes  
bicycles)
- ★ Bill's Bike Shop 522-3341  
805 S. Holmes Ave. (Excludes  
bicycles)
- ★ Canyon Whitewater Supply  
522-3932 (Accessories Only)  
450 S Yellowstone, Idaho Falls
- ★ 3 Peaks 523-PEAK  
910 E. Lincoln Rd. (Non-Sale Items  
Only)
- ★ Lynna and Leland Howard offer a  
10% discount on all of their  
published books. 357-1917 or  
357-3166; [lynna.howard@mac.com](mailto:lynna.howard@mac.com)  
[leland@wildernessbooks.com](mailto:leland@wildernessbooks.com)
- ★ Discounts on Jerry Painter's Hiking  
&  
Biking guide books

*Idaho Alpine Club*  
*P.O. Box 2883*  
*Idaho Falls, Idaho 83403-2883*