

# Idaho Alpine Club Bulletin

Volume 54 - Issue Number 5 - May 2014

CLIMBING•MOUNTAINEERING•BACKPACKING•DAYHIKING•BICYCLING•XCSKIING•SNOWSHOEING•RAFTING

web site: [www.idahoalpineclub.org](http://www.idahoalpineclub.org)

e-mail: [info@idahoalpineclub.org](mailto:info@idahoalpineclub.org)

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## 2014 Council

President	Sue Braastad	881-4354
Vice-president	Karl Bohan	529-0151
Secretary	Susan McKinley	529-4583
Treasurer	Donna Whitham	520-1728

## Members-at-Large

Colleen Bohan	529-0151
Ken Durstine	524-3505
Sheila Kappel	528.8788
Sam Pole	520-3630
Richard Scheerer	881-6331
Mark Whitham	520-7232

## Council Meetings:

Council Meetings are generally held on the second Thursday of each month at 7:00 PM. IAC Council Meeting Monthly minutes are available on line.

Upcoming Council Meetings:

May 13: Kappel's Home	3776 Marlene St
Jun 9: Pole's Home	1710 Del Mar Dr

## Activity Coordinators:

Backpacking	Sam Pole	520-3630
Bicycling	Ken Durstine	524-3505
Climbing/Mountaineering	Kevin Coble	201-1840
Conservation	Open	
Cross-Country Skiing / Snowshoeing	Whithams	520-1728
Day Hiking	Sam Pole	520-3630
Rafting	Greg Hulet	523-6199
Trail Maintenance	Alan Crockett	529-5188
Bulletin Editor	Donna Whitham	520-1728
Publicity	Open	
Historian/Librarian	Barbara Brown	522-8977
WebMaster	George Cole	716-0024
Program	Bob Tyler	787-2601

## General Club Meeting

Held at **7:00 P.M.** on the first WEDNESDAY of each month, in the meeting location indicated in the program description.

NO GENERAL MEETING IN JULY.

## **JUNE Bulletin Deadline is:**

**5 PM on May 5**

Trip descriptions, reports, and material for inclusion in the next bulletin are due by the **5<sup>TH</sup>** of the month due to bulk mailer deadlines.

Please send electronically to the bulletin editor at [editor@idahoalpineclub.org](mailto:editor@idahoalpineclub.org)

NOTE: Hand written or hard copy material will be included in the bulletin, time permitting.

## **IDAHO ALPINE CLUB GENERAL MEETING**

### **'GPS and Geocaching'**

**WEDNESDAY, May 7, 2014 @ 7:00 PM**

### **DEVELOPMENT WORKSHOP**

### **555 WEST 25TH ST**

From 17<sup>th</sup> Street & Rollendet, go south to 25<sup>th</sup> Street. Turn right (west). IDW is on the left side of street. Park in the parking lot to the east of the building. Enter via front door, then follow hallway around to the right to the meeting room.

Tracking by satellites was developed by the military, with the first satellite going up in 1964. It took 15 minutes to get a reading on a position. GPS (Global Positioning System) satellites were deployed in 1978 and were much improved. In 1984, President Reagan announced that the technology would be made available to citizens. The rest is history with a booming industry for phones, automobiles, adventurers, surveyors and many other applications. The Department of Defense still maintains the system with 24 satellites, 6 – 8 are usually within an area for exact positioning.

Whether a high tech craze, a fad, or just plain fun, Geocaching is becoming very popular. It is also an excellent way to get used to using your GPS for the real reason you bought it; i.e., finding your way in the outdoors. This class will explore and practice the basics of Geocaching. You get out for a walk and breathe fresh air, too. What is Geocaching? Simply put, a quote from Doug Earl says it all: "I use multi-billion dollar military satellites to find Tupperware hidden in the woods."

Bring your GPS and a rain coat if the weather is inclement.

Let's play "hide and seek" after a presentation at the meeting, by John Braastad and Alan Crockett.

The meeting is open to the public and all outdoor enthusiasts are invited to attend. For more information contact [programs@idahoalpineclub.org](mailto:programs@idahoalpineclub.org), log onto the club website at [www.idahoalpineclub.org](http://www.idahoalpineclub.org)

## **President Speaks**

It's May and we are all anxious to get outside to explore the great outdoors. But we aren't alone in the woods. We share the great outdoors with those creatures who call the outdoors home. Those include bear, so I thought I would share a few safety tips. 1. Avoid bear encounters in the first place. Make noise, sing, talk, etc. – especially in thick brush or near streams where they may not hear you coming. 2. If you see a bear: Do not panic and run and/or scream. This could trigger a predator-prey response from the bear and he may chase you. It is better to let him know you are there with noise, avoid eye contact, leave the area. 3. If a bear charges. Use bear spray and shoot toward the ground in front of the bear. The gas will rise and the bear will run into it. Of course, that is easy for me to say, there isn't a bear charging me right now. General rules for hiking in bear country: Everyone in the group should carry bear spray in case you get separated. Don't test your bear spray, it is only good for one or two good shots. Don't use outdated bear spray, it may not work. Keep the spray handy on your belt for shooting from the hip, a can in your backpack may as well be at home. This not meant to scare anyone from going into the woods, but just go informed and prepared. Be safe out there! ~Sue Braastad

## Participation on Club Activities Common Adventures / Trips:

With the exception of rafting trips, trips which require the use of any club equipment, or trips limited to club members: non-members may attend a maximum of ONE club trip or activity, then *must be members in good standing to continue participating*.

Participants must be members in good standing to go on rafting trips, trips which require the use of any club equipment, or trips limited to club members only, or needing rafting rentals. Participants on a club trip must pay any established trip fee, abide by club rules and activity guidelines, and must follow instructions of the activity coordinator.

An individual may not participate in any common adventure/trip of the club unless that individual has read and signed the common adventure form for that specific activity prior to embarking on that adventure / trip / activity.

## Climbing

For information on club climbing trips contact Kevin Coble at 201-1840. To find out about weekly climbing locations or impromptu weekend trips, subscribe to the IAC climbing mailing list by visiting:

[http://www.macrobotics.com/mailman/listinfo.cgi/iac\\_climbing](http://www.macrobotics.com/mailman/listinfo.cgi/iac_climbing) or, via email, send a message with subject or body 'help' to: [iac\\_climbing-request@macrobotics.com](mailto:iac_climbing-request@macrobotics.com).

### YMCA Rock Climbing Gym

Call 528.8610 for information.

SUMMER HOURS (June 1-September 30):

TUESDAY 4PM - 9PM SATURDAY NOON - 9PM

WINTER HOURS (Effective October 1):

MONDAY - FRIDAY 4PM - 9PM

SATURDAY NOON - 9PM SUNDAY CLOSED

Idaho Alpine Club members may show their membership card to receive 10% off daily rates or 10 punch card.

## Non-technical Hiking / Mountaineering

Unless otherwise indicated in the trip descriptions contact Sam Pole: 520-3630, or email [sbpole@cablone.net](mailto:sbpole@cablone.net) for trip information and to sign up to go on a scheduled trip, 24 hours prior to any trip.

Hiking and non-technical mountaineering is serious business...even "small" mountains. Inclement weather, exposure, traveling on snow can change an "easy" trip to a "difficult" trip in a matter of minutes. These alpine trips are not guided. These are self-supported, group adventure outings. Each trip has a leader who serves as a resource to the group and provides some basic trip structure. Participants are expected to evaluate their own physical and mental abilities prior to participating, assist with transportation, cooperate with others, participate in decision-making, identify and reduce risk to themselves and the group, and be self-reliant in preparations. The IAC has no mountaineering gear to loan. For all outings, participants are expected to bring water (few hikes or climbs have access to water); food, clothing, and appropriate mountaineering gear (and be knowledgeable and experienced in its use). Trip lengths

are indicated for an approximate round trip distance. Contact leaders with questions if you are new to mountaineering or new to the area. Trips may be cancelled at the last minute due to weather or conditions outside of the leader's control.

## May 3 - Day Hike / Craters of the Moon Ice Caves:

This will be a fun trip into the Craters of the Moon ice caves. Please bring two sources of light, a hat of some sort (Hard hats are not required by the monument), gloves, and appropriate clothing (These are ice caves). We will first have to check in with the rangers who will verify that no one has been in cave or has clothing that has been in a cave in the past year. This is precaution against the spread/introduction of white nose (A bat fungus decimating bat populations). Also bring water and snacks or whatever refreshes you. Please call Sam Pole, 520-3630 at least 24 hours prior to departure, to sign up and for any additional details. Depart West side WalMart in front of the garden center at 8:30 am.

## July 5 - Hike / Scott Peak:

Scott Peak is the highest peak in the Bitterroot Mountains. My plan is to meet along Highway 28 at the Nicholia Road exit at 8 AM. From there, we will carpool to the trailhead. We will use the southwest ridge route as shown in the attached link from summitpost. This route is Class 2, with 10 miles roundtrip distance & 4,000' of gain. Call John Hamann at 575-437-6303, or e-mail me at [john.hamann@holloman.af.mil](mailto:john.hamann@holloman.af.mil). Please contact me by mid-June if you want to come. Summitpost link: <http://www.summitpost.org/sw-ridge-approach/166330>

## July 6 - Hike / Caribou Mountain:

Caribou Mountain is the second highest peak in SE Idaho at 9,803'. My plan is to meet at an appropriate location in Idaho Falls at 7:30 AM. From there, we will drive about 60 miles southeast to reach the mountain. I have found a route on the northwest side of the mountain that utilizes a road and a trail not shown on any maps. The entire hiking route will be mostly, if not all, on a trail or road. The round trip distance is about 4 miles, with 1,600' of gain, assuming we can drive all the way in. Call John Hamann at 575-437-6303, or e-mail me at [john.hamann@holloman.af.mil](mailto:john.hamann@holloman.af.mil). Please contact me by mid-June if you want to come. Summitpost link: <http://www.summitpost.org/caribou-mountain-id/658557>.

## Highway Clean-Up May 10

It is that time of year to contribute to the community and have a great time with friends while helping to clean up our little 2 mile section of Highway 31. The section is located between milemarker 6 & 8 near the old Pine Basin Ski area. Benefits include getting out in the fresh air, exercise, the feeling of pride in your efforts every time you drive thru that section of highway. Matching bright orange safety vests and trash sacks are provided. Work gloves are required. Leather boots & safety glasses recommended. Plan on a no host lunch at Saddle Sore Saloon across from the commissary store in Swan Valley.

For more information on time and place to meet, plus to sign up for this fun event, call the Whithams at 520.1728 by May 5.

## Bicycling

The IAC bike rides are self-supported, group adventure outings. Each trip will have a leader who serves as a resource to the group and provides some basic trip structure. However participants are expected to evaluate their own physical and mental abilities prior to participating, assist with transportation, cooperate with others, participate in decision-making, identify and reduce risk to themselves and the group, and be self-reliant in preparations. The IAC has no biking gear to loan. For all outings, participants are expected to bring their own water; food, clothing, and appropriate bike maintenance gear (and to be knowledgeable and experienced in its use).

Trip lengths are indicated for a round trip distance. Contact leaders with questions if you are new to biking or new to the area. Trips may be cancelled or rescheduled at the last minute due to weather or conditions outside of the leader's control.

### May TBD / Bicycle Ride Ashton -Tetonia Trail:

The Ashton-Tetonia Trail is Idaho's newest State Park. This is a fairly easy 31 mile mountain bike route on an old railroad bed. We will either ride the entire distance or ride out and back with the length determined by who goes and how far they want to ride. Contact me at [kdurstine@gmail.com](mailto:kdurstine@gmail.com) or 208-524-3505 prior to the ride. Link to map of the trail on the IDP&R website: <http://parksandrecreation.idaho.gov/sites/default/files/uploads/documents/AshtontoTetonia/AshtonTetoniaTrail%20Map.pdf>



The following are some Safe Riding Tips paraphrased from an article written by Bill Harris for cycling [utah.com](http://utah.com), the freebie that appears monthly at the downtown Great Harvest bakery.

1. The lead rider has the responsibility of pointing out obstacles in the road such as potholes, glass, and debris. As the leader approaches the hazard, take one hand off the bars and point out the obstacle. Those behind continue to signal to those behind, kind of like a wave at a football game.
2. On narrow roads the lead riders should yell out "car up" to warn those behind of approaching traffic. Those at the back of the group should yell "car back" to warn those of traffic wanting to pass from behind.
3. When turning a corner, the lead rider should signal by pointing the direction of the turn. Those behind should continue—wave theory again.
4. Maintain a constant pace and avoid quick accelerations and sudden braking.
5. Do not overlap wheels...any turn will result in a crash.
6. Stay relaxed. Do not put death grip on handlebars and keep arms bent and relaxed. Then if another rider bumps you, your body absorbs the contact force and your steering is less likely to be affected.
7. Practice looking several riders ahead and recognizing when changes in pace will occur.

8. On descents, spread out to allow more reaction time (and a better view).

Idaho road biking laws are at:

[http://itd.idaho.gov/bike\\_ped/Idaho%20Code%20Related%20to%20Bicyclists.pdf](http://itd.idaho.gov/bike_ped/Idaho%20Code%20Related%20to%20Bicyclists.pdf).

## Rafting

For information on renting club rafting gear (IAC club members only) contact Greg Hulet at 523-6199 or [rafting@idahoalpineclub.org](mailto:rafting@idahoalpineclub.org).

For trip information contact the trip leader indicated in the trip description. You MUST be an IAC member to participate in IAC raft trips or to rent IAC gear.

### Club Gear available:

Rafts can be checked out by those who have demonstrated ability to handle a boat on the type of water to be run. Life jackets are included with each boat. Boats must be returned dry and clean. Damage to boat must be repaired and if extensive, paid for. Checkout fees are for days on the water. All fees go to the rafting fund to buy new equipment:

16-ft Ryken self-bailer - \$60/day

15-ft Aire self-bailer - \$60/day

13.5-ft Maravia self-bailer - \$60/day

14-ft Ryken conventional floor - \$20/day

14-ft Udisco conventional floor - \$20/day

2 - Inflatable kayaks - \$20/day each

### May 23-27/Rafting - Main Salmon-Shoup stretch:

11-miles of class 3+ whitewater. One or 2 runs per day. Camp at Spring Creek Campground. Pot luck Saturday and Sunday nights. Everyone going needs to plan to help haul gear to Spring Creek and back to Idaho Falls. Participants should also plan to help with the shuttle for the runs or come prepared to pay gas money to those driving. Wet or dry suits are highly recommended. Contact Greg Hulet (523-6199) by May 18 if you plan to come so that gear hauling assignments can be made. You are welcome to come for the hot-potting (Panther Creek, Cove Creek), hiking, and pot-lucking even if you aren't into the rafting. Anyone who has been to the Cove Creek hot spring please call Greg.

**May 31 / Rafting - Fall River:** Eight miles of class 3+-4 water. One or two runs depending on the group's preferences. Contact Greg Hulet several days in advance to make sure enough will be coming to have the trip happen. At least two boats are needed. Contact Greg Hulet (523-6199)

**August 9 / Rafting - Alpine Canyon:** Eight miles of class 3+ water. Contact Greg Hulet (523-6199)

### IAC Logo T-Shirts & Patches!

Dri Release material with embroidered IAC Logo! Small, Medium, Large, and X-Large Short sleeve \$20 each. Long sleeve \$25 each. A women's style short sleeve shirt is available for \$20 on a prepaid special order basis. It is fitted with shorter sleeves in a wicking material. A limited number of embroidered Color IAC Logo Patches are available for \$10 each.

Dates to Remember:

May 7: IAC GENERAL MEETING "GPS and Geocaching"

May 3: Day Hike / Craters of the Moon Ice Caves

May 10: Highway Clean-up

May TBD: Bicycle Ride/Ashton-Tetonia Trail

May 23-27: Rafting/Main Salmon-Shoup stretch

May 31: Rafting / Fall River

Jul 5: Hike / Scott Peak

Jul 6: Hike / Caribou Mtn.

Aug 9: Rafting / Alpine Canyon

Climbing: Subscribe to find out updates to the weekly winter climbing plans. See page 3 for information on how to subscribe.

**Become a Fan**

Find us on Facebook. Last minute trips can be posted on the wall. Additionally, photos from club trips you have gone on can be easily posted on the wall singly or as an album if you took a lot of photos.

**Enjoy the outdoors with the IAC  
Join today**

*For more information write to the address below or visit our web site to download a free newsletter and application:*

**Idaho Alpine Club  
P.O. Box 2883  
Idaho Falls, Idaho 83403-2883  
[www.IdahoAlpineClub.org](http://www.IdahoAlpineClub.org)**

**Membership Fees**

	Full Year	
	10/1	7/1-12/31
Individuals:	\$25	\$20
Family:	\$30	\$25

After October 1, the payment of full year fee applies to the following year.

Full-time students (18 or older) and seniors (65 or older): \$5 off the above fee schedule.

IAC Council Meeting Monthly minutes are available on line.

**Support the Merchants who Support the IAC**

Show your membership card for 10% discounts on regularly priced merchandise:

- Idaho Mountain Trading 523-6679 Shoup & B (Non-Sale Items Only)
- Bill's Bike Shop 522-3341 Snake River Crossing (Excludes bicycles)
- Canyon Whitewater Supply 522-3932 (Accessories Only) 450 S Yellowstone, Idaho Falls
- The Preparedness Store & Bosch Kitchen Center 120 Northgate Mile Idaho Falls, ID 524-8300 10% off backpacking, dehydrated & freeze-dried foods 10% off any outdoor accessories
- YMCA Climbing Gym 528-8610 755 South Capital Avenue
- Lynna and Leland Howard offer a 10% discount on all of their published books. 357-1917 or 357-3166; [lynna.howard@mac.com](mailto:lynna.howard@mac.com) [leland@wildernessbooks.com](http://leland@wildernessbooks.com)
- Discounts on Jerry Painter's Hiking & Biking guide books