

# Idaho Alpine Club Bulletin

Volume 50 - Issue Number 11 - November 2010

FIFTY YEARS 1960 - 2010 ☺

CLIMBING•MOUNTAINEERING•BACKPACKING•DAYHIKING•BICYCLING•XCSKIING•SNOWSHOEING•RAFTING

web site: [www.idahoalpineclub.org](http://www.idahoalpineclub.org)e-mail: [info@idahoalpineclub.org](mailto:info@idahoalpineclub.org)

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## 2010 Council

President	Sam Pole	523-4970
Vice-president	Al Jantz	525-8510
Secretary	Susan McKinley	529-4583
Treasurer	Donna Whitham	520-1728

## Members-at-Large

Colleen Bohan		529-0151
Jeff Coward		522-8135
Matt Sweetser		569-9857
Mark Whitham		520-7232

## Council Meetings:

Council Meetings are held on the second Thursday of each month at 7:00 PM

Upcoming Council Meetings:

November: McKinley's Home	425 Pevero Dr.
December: Pole's Home	1710 Del Mar Dr.

## Activity Coordinators:

Backpacking	Sam Pole	523-4970
Bicycling	Jeff Coward	522-8135
Climbing/Mountaineering	Kevin Coble	201-1840
Conservation	Open	
Cross-Country Skiing / Snowshoeing	Whithams	520-1728
Day Hiking	Sam Pole	523-4970
Rafting	Greg Hulet	523-6199
Trail Maintenance	Alan Crockett	529-5188
Bulletin Editor	Donna Whitham	520-1728
Bulletin Assistant	Mark Whitham	520-7232
Publicity	Open	
Historian/Librarian	Barbara Brown	522-8977
WebMaster	George Cole	716-0024
Program	Bob Tyler	787-2601

## General Club Meeting

Held at **7:00 P.M.** on the first WEDNESDAY of each month, normally in the large meeting room of the Idaho Falls Public Library.

NO GENERAL MEETING IN JULY.

## DECEMBER Bulletin Deadline is:

**5 PM on NOVEMBER 5**

Trip descriptions, reports, and material for inclusion in the next bulletin are due by the 10th of the month due to bulk mailer deadlines.

Please send electronically to the bulletin editor at [editor@idahoalpineclub.org](mailto:editor@idahoalpineclub.org)

Note: Hand written or hard copy material will be included in the bulletin, time permitting.

## IDAHO ALPINE CLUB GENERAL MEETING

### 50TH Annual Membership Party & Elections

**TUESDAY, NOVEMBER 2, 2010, 7:00 PM**

### ST. LUKE'S EPISCOPAL CHURCH

### 270 NORTH PLACER AVE (ACROSS FROM THE YMCA)

>>>PLEASE NOTE THIS IS A TUESDAY<<<

It is that time of year again for the IAC annual membership party and to renew your membership for 2011 in the IAC.

Come to the membership party to join and enjoy some food and drink with us. Drinks will be provided. Everyone is encouraged to bring a dessert or finger food to share, as well as pictures and stories of their year's activities. There will be a digital slide projector available. Bring your pictures on a thumb drive, your camera with the USB cord for it, or your laptop with a VGA port.

New, renewed, and charter memberships will be eligible for drawings to win merchandise or gift cards from local merchants. Remember, memberships in the IAC make GREAT Christmas gifts.

Come to meet new friends and renew acquaintances.

The easiest way to renew your membership is to come to the party or, if you prefer, mail your dues to the club treasurer at PO Box 2883, Idaho Falls, ID 83403. If your address, phone number or e-mail address have changed, please be sure to include the updated information. If you are new to the club, please complete a membership application which can be downloaded from the club website to mail. Come and enjoy yourselves. The party is open to the public and all outdoor enthusiasts are invited to attend.

For more information contact [programs@idahoalpineclub.org](mailto:programs@idahoalpineclub.org), log onto the club website at [www.idahoalpineclub.org](http://www.idahoalpineclub.org).

## 2011 Idaho Alpine Club Council Nominees:

It's time to elect new council members for two-year terms beginning in 2011. We will hold the election of new council members at our Membership party meeting on NOVEMBER 2. You must be a member to vote.

Six club members have volunteered to run for the four positions available on the 2011 Idaho Alpine Club Council:

Karl Bohan, Sue Braastad, Roger Couch, Liz Downing, Susan McKinley, & Sam Pole

The council members' whose terms are expiring at the end of this year are Colleen Bohan, Jeff Coward, Susan McKinley, & Sam Pole.

If you are a current member of the Idaho Alpine Club and have decided you would like to run for council, please contact one of the club officers. Note: If you can not attend the meeting please forward your choices, prior to the NOVEMBER 2 party, to the Secretary or any of the club officers or mail them to P.O. Box 2883 Idaho Falls, ID 83403

[President@IdahoAlpineClub.org](mailto:President@IdahoAlpineClub.org) [VicePres@IdahoAlpineClub.org](mailto:VicePres@IdahoAlpineClub.org)  
[Secretary@IdahoAlpineClub.org](mailto:Secretary@IdahoAlpineClub.org) [Treasurer@IdahoAlpineClub.org](mailto:Treasurer@IdahoAlpineClub.org)

## President Speaks

No negative comments this time about the strange weather we have had this season. September and October were great. This must have been the view of others too since we have had hikes into the Tetons and Big Holes consisting of 8, 12, and 15 hikers. However, good things do come to an end, thus the last hike of the season is scheduled for Nov. 6, weather permitting. Then of course we wait on the snow so winter fun can begin. Follow the newsletter for notices of winter activities.

We are also approaching the time of year when club members consider new officers and council members for the coming year, 2011. If any member is interested in participating as an officer or council member please contact one of the current club officers, see newsletter for phone numbers. It is not too late to run for council. The club has survived 50 years because of club members willing to help oversee its activities and organize its outings. The club can only continue with the help of active members so we look forward to continuing participation of a wide range of members as officers and/or council members.

### Participation on Club Activities

#### Common Adventures / Trips:

With the exception of rafting or limited to club member trips; Non-members may attend a maximum of two club trips or activities, then must be members in good standing to continue participating.

Participants on rafting or limited to club member trips or rafting rentals must be members in good standing. Participants on a club trip must pay any established trip fee, abide by club rules and activity guidelines, and must follow instructions of the activity coordinator.

An individual may not participate in any common adventure/trip of the club unless that individual has read and signed the common adventure form for that specific activity prior to embarking on that adventure / trip / activity.

### Day Hiking / Backpacking

Unless otherwise indicated in the trip descriptions contact Sam Pole: Home-523-4970, cell-520-3630, or email sbpole@cableone.net for trip information and to sign up to go on a scheduled trip.

#### All Trips Bring Your Own:

1. Water
2. Food/snacks
3. Dress in layers. Bring adequate extra appropriate protective clothing - no cotton. Hat and gloves or mittens.
4. Minor first aid items including sun screen, personal medications, as needed during the day.
5. Headlamp (& Batteries)
6. Map & Compass

7. Sunglasses
8. Lightweight shelter/space blanket.
9. Appropriate equipment- depending on activity or terrain.
10. Repair kit for your own equipment including duct tape.
11. Mat to sit on
12. Other personal items of interest

### November 6, 2010: Day Hike / Big Elk Creek

This hike is 10-12 miles round-trip, depending on how far hikers wish to go. We will go at least as far as the Idaho-Wyoming state line. The hike is considered moderate by all hiking book writers. The trail is over level to rolling terrain along Big Elk Creek which enters Palisades Lake about midway on its east side. This is the last scheduled hike of 2010 and will be dependent on weather. So please contact the trip leader, Sam Pole at 523-4970 prior to November 6. Needless to say, but bring clothing for changeable weather. Meet at the Ammon Wal-Mart in front of the garden center at 8:30 am.

### Hiking 101: The joys of fall hiking

Now that autumn is well in progress throughout the country, we all have several things to look forward to: family holiday gatherings and fall hiking!

When planning an autumn hike, keep these things in mind:

- ✓ Obtain schedules of local hunting seasons and always pack appropriate blaze orange garments.
  - ✓ Be aware that days are getting shorter. In some areas the sun is setting close to 5 PM now, so when planning that little "shortcut," make sure the batteries in your headlamp are fresh.
  - ✓ Days are also getting colder and even a little drizzle can leave you dangerously chilled. Have appropriate waterproof and insulating garments available (avoiding cotton) and try to incorporate a few more calories into your trailside snacks.
  - ✓ In the colder regions, fall is a great time to see wildlife stocking up for winter hibernation. Most of these critters will be active around dawn or dusk - sitting still during these times can increase your chances of seeing some great wildlife!
- Enjoy the crisp autumn air and the changing color of the leaves.

~Reprinted by permission of American Hiking Society!

### Climbing

For information on club climbing trips contact Kevin Coble at 201-1840. Otherwise to find out about climbing locations or impromptu weekend trips you will need to subscribe to the IAC climbing mailing list by visiting: [http://www.macrobotics.com/mailman/listinfo/iac\\_climbing](http://www.macrobotics.com/mailman/listinfo/iac_climbing) or, via email, send a message with subject or body 'help' to: [iac\\_climbing-request@macrobotics.com](mailto:iac_climbing-request@macrobotics.com)

The weekly climbing location for the winter is generally Stone Walls Climbing Gym on Monday or Wednesday night depending on what is going on at the gym. Subscribe to the IAC climbing mailing list for the day and time each week.

## 50th Anniversary IAC Logo T-Shirts Retro IAC Patches!

Short sleeves or long sleeves, crew neck, heather grey, some black and some white. Dri Release material with embroidered 50<sup>th</sup> Anniversary IAC Logo! Short sleeve \$20 each. Long sleeve \$25 each. Sizes Small, Medium, Large, and X-Large.

A women's style short sleeve shirt is available for \$20 on a prepaid special order basis. It is fitted with shorter sleeves in a wicking material.

A limited number of embroidered Color IAC Logo Patches are available for \$10 each.

The shirts and patches are available at the monthly meetings or contact the club Treasurer to get yours sooner.

### Caribou-Targhee Maps on Line

Most of the Palisades and Teton Ranger District color topographic maps on the Caribou-Targhee National Forest web site have been revised to reflect trail number, trail route and trail use changes. Many of the Palisades district trails have been recently GPSed and so the maps are now considerably more accurate. There are 11 maps at a scale of 1:112,500 covering both ranger districts and 13 more detailed maps (hiking scale, 1:50,000) covering popular trails. All maps are Acrobat format and can be printed at home.

### XCSkiing / Snowshoeing

Contact the Whithams 520.1728 or, [xcski@idahoalpineclub.org](mailto:xcski@idahoalpineclub.org) for trip information, meeting location, and to sign up to go on a scheduled trip, unless otherwise indicated in the trip descriptions. If the roads are closed, or the weather too severe, the location of a trip may change or the trip may be canceled at the last minute.

**December 4 Snowshoe/XCSki/ Annual Christmas Tree Hunt:** We plan to search for the perfect tree in the Big Holes. Tree hunting tag required. Tags may be obtained at the Eastern Idaho Visitors Center or the Forest Service or if they have any left, at the Swan Valley Commissary. Last year the tags were \$10 for up to a 12 foot tree.

**December 11 Snowshoe / Kelly Canyon:** Explore the snowshoe trails in Kelly Canyon. If there isn't enough snow, we'll hike. Plan to soak at Heise afterwards and be back to town in time for the Idaho Falls Symphony, or season parties.

#### Carry or Bring Your Own:

1. Water
2. Food/snacks
3. Dress in layers. Bring adequate extra Winter appropriate protective clothing-no cotton. Hat and gloves or mittens.
4. Minor first aid items including sun screen, personal medications, as needed during the day.
5. Headlamp (& Batteries)

### Happening Hounds Pet Services

IAC Member: Liz Downing (208) 757-0108  
[happeninghounds@gmail.com](mailto:happeninghounds@gmail.com)

Areas covered: Greater Idaho Falls Area

Services: Home visits (minimum half hour), overnights, pet transport, exercise & social interaction for pets, general grooming (no clipping, etc). As a member of a professional pet sitters network, Liz offers reasonably priced, reputable, and insured pet services. For those of us with backyard bird feeders, Liz is a bird watcher too, she will keep them full for you if needed.

6. Map & Compass
  7. Sunglasses
  8. Lightweight shelter / space blanket.
  9. Appropriate equipment-skis or snowshoes, boots, poles, skins, shovel and avalanche transceiver depending on activity or terrain.
  - 10 Repair kit for your own equipment including duct tape and wax kit or glide liquid.
  - 11 Mat to sit on
- Other personal items of interest.

### November 23 - 27 Yellowstone Ski Fest Thanksgiving Weekend:

Whether you are a beginning skier or an experienced racer, West Yellowstone is THE place to start your ski season! The event's highlights include a series of Nordic skiing clinics, the Super Tour and Biathlon races, the Try It and Buy It Gear Demo (the largest public gear demo of its type) and an Indoor Ski Show. For more information contact:

Sara Hoovler 406-599-4465

Yellowstone Ski Festival Coordinator, West Yellowstone Chamber, PO Box 458, West Yellowstone, MT 59758, or <http://www.yellowstoneskifestival.com/>

### E. Idaho XC-Ski Guides & Maps

Black and white Kelly Canyon Nordic area map brochure will be available locally and at the trailhead. A full color version of the current map can be downloaded from the IF Ski Club's web site, [www.ifskiclub.com](http://www.ifskiclub.com).

These and additional area maps are available on the Idaho Falls Ski Club Website:

<http://ifskiclub.com>

[www.Delorme.com](http://www.Delorme.com) kindly allows the ski club to use these maps.

The IFSC Nordic Ski Schedule is also available at the same web site.

### Club Discounts

Be sure to check out the merchants offering discounts to club members, to see who is now offering a discount to IAC members.

Dates to Remember:

Nov. 2: IAC Membership Pre-Winter Party & Elections At St. Luke's Episcopal Church  
270 North Placer Ave  
PLEASE NOTE: THIS IS A TUESDAY

Nov. 6: Day Hike / Big Elk Creek

Dec. 4: Snowshoe / XCSki /Annual Christmas Tree Hunt

Dec 11: Snowshoe / Kelly Canyon

Climbing: Subscribe to find out updates to the weekly climbing plans. See page 2 for information on how to subscribe.

Who does not thank for little will not thank for much.  
~Estonian proverb

**Enjoy the outdoors with the IAC**

Join today

*For more information write to the address below or visit our web site to download a free newsletter and application:*

**Idaho Alpine Club**  
**P.O. Box 2883**  
**Idaho Falls, Idaho 83403-2883**  
[www.IdahoAlpineClub.org](http://www.IdahoAlpineClub.org)

Membership Fees

	Full Year	7/1 - 10/1
Individuals:	\$20	\$15
Family:	\$25	\$20

After October 1, the payment of full year fee applies to the following year.

Full-time students (18 or older) and seniors (65 or older): \$5 off the above fee schedule.

IAC Council Meeting Monthly minutes are available on line.

**Support the Merchants who Support the IAC**

Show your membership card for 10% discounts on regularly priced merchandise:

- ★ Happening Hounds Pet Services  
Liz Downing (208) 757-0108  
[happeninghounds@yahoo.com](mailto:happeninghounds@yahoo.com)
- ★ Idaho Mountain Trading 523-6679  
Shoup & B (Non-Sale Items Only)
- ★ Alpine Schwinn 523-1226  
1352 S. Holmes Ave. (Excludes bicycles)
- ★ Bill's Bike Shop 522-3341  
805 S. Holmes Ave. (Excludes bicycles)
- ★ Canyon Whitewater Supply  
522-3932 (Accessories Only)  
450 S Yellowstone, Idaho Falls
- ★ 3 Peaks 523-PEAK  
910 E. Lincoln Rd. (Non-Sale Items Only)
- ★ Lynna and Leland Howard offer a 10% discount on all of their published books. 357-1917 or 357-3166; [lynna.howard@mac.com](mailto:lynna.howard@mac.com)  
[leland@wildernessbooks.com](mailto:leland@wildernessbooks.com)
- ★ Discounts on Jerry Painter's Hiking & Biking guide books

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