

Idaho Alpine Club Bulletin

Volume 53 - Issue Number 11 - November 2013

CLIMBING•MOUNTAINEERING•BACKPACKING•DAYHIKING•BICYCLING•XCSKIING•SNOWSHOEING•RAFTING

web site: www.idahoalpineclub.org

e-mail: info@idahoalpineclub.org

Become a Fan on FaceBook

2013 Council

President	Sam Pole	520-3630
Vice-president	Sue Braastad	881-4354
Secretary	Susan McKinley	529-4583
Treasurer	Donna Whitham	520-1728

Members-at-Large

Colleen Bohan	529-0151
Karl Bohan	529-0151
Ken Durstine	524-3505
Sheila Kappel	528.8788
Joyce Storey	521-2572
Mark Whitham	520-7232

Council Meetings:

Council Meetings are generally held on the second Thursday of each month at 7:00 PM. IAC Council Meeting Monthly minutes are available on line.

Upcoming Council Meetings:

Sept 11: McKinley's Home 425 Pevero Dr.

Oct 8 (TBD): Kappel's Home

Activity Coordinators:

Backpacking	Sam Pole	520-3630
Bicycling	Ken Durstine	524-3505
Climbing/Mountaineering	Kevin Coble	201-1840
Conservation	Open	
Cross-Country Skiing / Snowshoeing	Whithams	520-1728
Day Hiking	Sam Pole	520-3630
Rafting	Greg Hulet	523-6199
Trail Maintenance	Alan Crockett	529-5188
Bulletin Editor	Donna Whitham	520-1728
Publicity	Open	
Historian/Librarian	Barbara Brown	522-8977
WebMaster	George Cole	716-0024
Program	Bob Tyler	787-2601

General Club Meeting

Held at **7:00 P.M.** on the first WEDNESDAY of each month, in the meeting location indicated in the program description.

NO GENERAL MEETING IN JULY.

DECEMBER Bulletin Deadline is:

5 PM on NOVEMBER 5

Trip descriptions, reports, and material for inclusion in the next bulletin are due by the **5TH** of the month due to bulk mailer deadlines.

Please send electronically to the bulletin editor at editor@idahoalpineclub.org

NOTE: Hand written or hard copy material will be included in the bulletin, time permitting.

IDAHO ALPINE CLUB GENERAL MEETING 53rd Annual Membership Party & Elections Wednesday, NOVEMBER 13, 2013, 7:00 PM LUCY'S PIZZA

2489 South 25th East, Idaho Falls

It is that time of year again for the IAC annual membership party and to renew your IAC membership for 2014.

Come to the membership party to join and enjoy pizza with us. The pizza will be provided. Drinks will be available for purchase at Lucy's.

Everyone is encouraged to bring pictures and stories to tell of their year's activities. There will be a digital slide projector available. Bring your pictures on a thumb drive, your camera with the USB cord for it, or your laptop with a VGA port.

Come meet new friends and renew acquaintances.

The easiest way to renew your membership is to come to the party. If you prefer, mail your dues to the club treasurer at PO Box 2883, Idaho Falls, ID 83403. Indicate if you prefer to receive your bulletin via FaceBook or via snailmail. If you do not indicate your choice we will assume FaceBook is your choice. If your address, phone number or e-mail address have changed, please be sure to include the updated information.

Dues are as follows:

Single membership-\$25 per year & Household family-\$30 annually.

If you are new to the club, please complete a membership application which can be downloaded from the club website to mail or bring with you to the meeting.

Come and enjoy yourselves. The party is open to the public and all outdoor enthusiasts are invited to attend.

2014 Idaho Alpine Club Council:

It's time to elect new council members for two-year terms beginning in 2014. We will hold the election of new council members at our Membership party meeting on NOVEMBER 13. You must be a member to vote.

One club member has volunteered to run for the five positions available on the Idaho Alpine Club Council: Richard Sheerer. If you are a current member of the Idaho Alpine Club and have decided you would like to run for council, please contact one of the club officers to nominate you from the floor.

President Speaks

It's late October or early November, otherwise known as schitzo season. There are so many options, it can drive you nuts trying to make a rational decision. Should you grab the mountain bike and get one last pedal pounder up in the mountains before snow closes the trails down? Or maybe grab the boards and hike up three thousand feet in search of enough snow for the elusive first ten turns of the season? Or round up a climbing buddy and spend some time on a mellow sun warmed rock face? Or take a camera and go critter watching? Or road trip down south back into summer around Moab and southern Utah?

Heck, its spring in New Zealand.

You could do just about all of these things. So don't spend the season mentally paralyzed, just moping around house watching football as an excuse to put off the honeydoos. The great outdoors is great because you can find something fun to do just about any time of year. So get with it! You're wasting the season.

Participation on Club Activities Common Adventures / Trips:

With the exception of rafting trips, trips which require the use of any club equipment, or trips limited to club members: non-members may attend a maximum of ONE club trip or activity, then must be members in good standing to continue participating.

Participants must be members in good standing to go on rafting trips, trips which require the use of any club equipment, or trips limited to club members only, or needing rafting rentals. Participants on a club trip must pay any established trip fee, abide by club rules and activity guidelines, and must follow instructions of the activity coordinator.

An individual may not participate in any common adventure/trip of the club unless that individual has read and signed the common adventure form for that specific activity prior to embarking on that adventure / trip / activity.

XCSkiing / Snowshoeing

Contact the Whithams 520.1728 or, xcski@idahoalpineclub.org 24 hours prior to a trip, for trip information, meeting location, and to sign up to go on a scheduled trip, unless otherwise indicated in the trip descriptions. Inclement weather, exposure, traveling on snow can change an "easy" trip to a "difficult" trip in a matter of minutes. These trips are not guided.

These are self-supported, group adventure outings. Each trip has a leader who serves as a resource to the group and provides some basic trip structure. Participants are expected to evaluate their own physical and mental abilities prior to participating, assist with transportation, cooperate with others, participate in decision-making, identify and reduce risk to themselves and the group, and be self-reliant in preparations. The IAC has no Snowshoeing or XC-Ski gear to loan. For all outings, participants are expected to bring the appropriate gear (and be knowledgeable and experienced in its use). Trip lengths are indicated for an approximate round trip distance. Contact leaders with questions if you are new to Snowshoeing, XC-Skiing, or new to the area. Watch the FaceBook page for early season trips, depending on conditions. If the roads are closed, or the weather too severe, the location of a trip may change or the trip may be canceled at the last minute.

Carry or Bring Your Own:

1. Water
 2. Food/snacks
 3. Dress in layers. Bring adequate extra Winter appropriate protective clothing-no cotton. Hat and gloves or mittens.
 4. Minor first aid items including sun screen, personal medications, as needed during the day.
 5. Headlamp (& Batteries)
 6. Map & Compass
 7. Sunglasses
 8. Lightweight shelter / space blanket.
 9. Appropriate equipment-skis or snowshoes, boots, poles, skins, shovel and avalanche transceiver depending on activity or terrain.
 - 10 Repair kit for your own equipment including duct tape and wax kit or glide liquid.
 - 11 Mat to sit on
- Other personal items of interest.

November 26 - 30 Yellowstone Ski Fest Thanksgiving Weekend:

Whether you are a beginning skier or an experienced racer, West Yellowstone is THE place to start your ski season! The event's highlights include a series of Nordic skiing clinics, SuperTour races, Biathlon races, the On Snow Gear Demo, an Indoor Ski Show, and a variety of presentations, clinics, and classes.

For more information contact:

<http://www.yellowstoneskifestival.com/>

Climbing

For information on club climbing trips contact Kevin Coble at 201-1840. To find out about Fall weekly climbing locations or impromptu weekend trips, subscribe to the IAC climbing mailing list by visiting:

http://www.macrobotics.com/mailman/listinfo.cgi/iac_climbing or, via email, send a message with subject or body 'help' to: iac_climbing-request@macrobotics.com.

YMCA Rock Climbing Gym

Call 528.8610 for information.

SUMMER HOURS (June 1-September 30):

TUESDAY 4PM - 9PM SATURDAY NOON - 9PM

WINTER HOURS (Effective October 1):

MONDAY - FRIDAY 4PM - 9PM

SATURDAY NOON - 9PM SUNDAY CLOSED

Idaho Alpine Club members may show their membership card to receive 10% off daily rates or 10 punch card.

Bicycling

Watch our FaceBook page for postings of late season bike rides.

IAC bike rides are self-supported, group adventure outings. Each trip will have a coordinator who serves as a resource to the group and provides some basic trip structure. However participants are expected to evaluate their own physical and mental abilities prior to participating, assist with transportation, cooperate with others, participate in decision-making, identify and reduce risk to themselves and the group, and be self-reliant in preparations. The IAC has no biking gear to loan. For all outings, participants are expected to bring their own water; food, clothing, and appropriate bike maintenance gear (and to be knowledgeable and experienced in its use).

Contact leaders with questions if you are new to biking or new to the area. Trips may be cancelled or rescheduled at the last minute due to weather or conditions outside of the leader's control.

Idaho road biking laws are at:

http://itd.idaho.gov/bike_ped/Idaho%20Code%20Related%20to%20Bicyclists.pdf.

Mountain Bike Rides Depending on the technical riding skills and physical conditioning of those interested, there will be some beginner rides and the rest intermediate or better rides. For those new to mountain bike riding in the woods, be aware that you need how and when to

shift gears and use your brakes on a unpaved surface such as a dirt road or level field before you come on the ride. Email me, kdurstine@gmail.com, if you want to be on the riding list or watch the IAC facebook page for dates and times. You will need to provide your own bike and transportation to participate.

TRIP REPORTS



Sept. 14 / Mountain Bike Ride - FS trail 125 to Warm Springs Campground: Five riders risked grey skies for the mountain ride down FS trail 125 to Warm Springs and the milk run on down the old rail bed

to the campground. While the brush was wet in spots, the trail was just damp in most places and dry under the trees. We had only a few sprinkles and moderate temperatures. I think wildlife have adopted the trail, the trail was noticeably easier to follow than in trips past. The leaves are just barely showing some color, I'm thinking maybe ten days to peak color. Didn't spot any varmints, other than a squirrel or two.



IAC Logo T-Shirts & Patches!

Dri Release material with embroidered IAC Logo! Small, Medium, Large, and X-Large Short sleeve \$20 each. Long sleeve \$25 each. A women's style short sleeve shirt is available for \$20 on a prepaid special order basis. It is fitted with shorter sleeves in a wicking material.

A limited number of embroidered Color IAC Logo Patches are available for \$10 each.

MEMBERSHIP RENEWALS

It is October and time to start renewing memberships. Memberships are for one year only. They are not life memberships. If you intend to participate or continue participating in club activities, please join or rejoin for 2014. Membership is required to participate in activities using club gear, i.e.; climbing and rafting (or water) activities or after participating in one of any other activities.

Idaho Alpine Club
P.O. Box 2883
Idaho Falls, Idaho 83403-2883

Dates to Remember:

Nov 13: IAC ANNUAL MEETING & MEMBER PARTY
Bring a friend to the Annual Membership Party

Nov 26-30: Yellowstone Ski Fest
Thanksgiving Weekend

Climbing: Subscribe to find out updates to the weekly winter climbing plans. See page 2 for information on how to subscribe.

Become a Fan

Find us on Facebook. Last minute trips can be posted on the wall. Additionally, photos from club trips you have gone on can be easily posted on the wall singly or as an album if you took a lot of photos.

"Autumn is a second spring when every leaf is a flower." - Albert Camus

**Enjoy the outdoors with the IAC
Join today**

For more information write to the address below or visit our web site to download a free newsletter and application:

Idaho Alpine Club
P.O. Box 2883
Idaho Falls, Idaho 83403-2883
www.IdahoAlpineClub.org

Membership Fees

	Full Year	
	10/1	7/1-12/31
Individuals:	\$25	\$20
Family:	\$30	\$25

After October 1, the payment of full year fee applies to the following year. Full-time students (18 or older) and seniors (65 or older): \$5 off the above fee schedule.

IAC Council Meeting Monthly minutes are available on line.

**Support the Merchants who
Support the IAC**

Show your membership card for 10% discounts on regularly priced merchandise:

- Idaho Mountain Trading 523-6679
Shoup & B (Non-Sale Items Only)
- Bill's Bike Shop 522-3341
Snake River Crossing (Excludes bicycles)
- Canyon Whitewater Supply
522-3932 (Accessories Only)
450 S Yellowstone, Idaho Falls
- The Preparedness Store & Bosch
Kitchen Center 120 Northgate Mile
Idaho Falls, ID 524-8300
10% off backpacking, dehydrated & freeze-dried foods 10% off any outdoor accessories
- YMCA Climbing Gym 528-8610
755 South Capital Avenue
- Lynna and Leland Howard offer a 10% discount on all of their published books. 357-1917 or 357-3166; lynna.howard@mac.com
leland@wildernessbooks.com
- Discounts on Jerry Painter's Hiking & Biking guide books