

# Idaho Alpine Club Bulletin

Volume 51 - Issue Number 10 - October 2011

CLIMBING•MOUNTAINEERING•BACKPACKING•DAYHIKING•BICYCLING•XCSKIING•SNOWSHOEING•RAFTING

web site: [www.idahoalpineclub.org](http://www.idahoalpineclub.org)

e-mail: [info@idahoalpineclub.org](mailto:info@idahoalpineclub.org)

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## 2011 Council

President	Sam Pole	523-4970
Vice-president	Al Jantz	525-8510
Secretary	Susan McKinley	529-4583
Treasurer	Donna Whitham	520-1728

## Members-at-Large

Colleen Bohan	529-0151
Karl Bohan	529-0151
Jesi Sweetser	850-819-4231
Mark Whitham	520-7232

## Council Meetings:

Council Meetings are generally held on the second Thursday of each month at 7:00 PM

Upcoming Council Meetings:

Oct 13: Jantz's Home 7:30PM	2955 West 17 No.
Nov 10: Bohan's Home	748 Adell

## Activity Coordinators:

Backpacking	Sam Pole	523-4970
Bicycling	Jeff Coward	522-8135
Climbing/Mountaineering	Kevin Coble	201-1840
Conservation	Open	
Cross-Country Skiing / Snowshoeing	Whithams	520-1728
Day Hiking	Sam Pole	523-4970
Rafting	Greg Hulet	523-6199
Trail Maintenance	Alan Crockett	529-5188
Bulletin Editor	Donna Whitham	520-1728
Bulletin Assistant	Mark Whitham	520-7232
Publicity	Open	
Historian/Librarian	Barbara Brown	522-8977
WebMaster	George Cole	716-0024
Program	Bob Tyler	787-2601

## General Club Meeting

Held at **7:00 P.M.** on the first WEDNESDAY of each month, normally in the large meeting room of the Idaho Falls Public Library.

NO GENERAL MEETING IN JULY.

NOVEMBER Bulletin Deadline is:

**5 PM on OCTOBER 5**

Trip descriptions, reports, and material for inclusion in the next bulletin are due by the 5<sup>TH</sup> of the month due to bulk mailer deadlines.

Please send electronically to the bulletin editor at [editor@idahoalpineclub.org](mailto:editor@idahoalpineclub.org)

Note: Hand written or hard copy material will be included in the bulletin, time permitting.

## IDAHO ALPINE CLUB GENERAL MEETING

### "TOO TYRED TOUR: AROUND THE WORLD BICYCLE EXPEDITION"

**WEDNESDAY, OCTOBER 5, 2011 @ 7:00 P.M.**

## IDAHO FALLS PUBLIC LIBRARY

Join Tim Young as he shares the epic story of his seven year around the world bicycle tour with two friends. Starting off from Jackson Wyoming in the 1980's, the trio traveled across six continents, through 45 countries and over 45,000 miles by bicycle. Their journey traversed the America's from Jackson to Argentina, up the length of Africa from Cape to Cairo, and from Spain to Hong Kong across Europe and Asia. The adventure included an overland crossing of the Darien Gap jungle between Panama and Colombia, a wild rail-bike crossing of the Sahara Desert, and a winter bicycle crossing of the Himalayas from Kathmandu to Lhasa.

Tim currently lives in Wilson, Wyoming and is the Executive Director of the nonprofit group Friends of Pathways. He works on Jackson Hole's pathway and trails systems, seeking to promote a complete pathway system and great trails in the greater Jackson region.

The meeting is open to the public and all outdoor enthusiasts are invited to attend. For more information contact [programs@idahoalpineclub.org](mailto:programs@idahoalpineclub.org) or log onto the club website at [www.idahoalpineclub.org](http://www.idahoalpineclub.org).

## President Speaks

As we begin to close 2011, the IAC council members have begun to contact the membership regarding replacement of council members whose service time is ending. Please, if you are interested in serving as a council member/club officer, consider doing so and contact a council member or say yes when called. The club has existed for 51 years because members have made the effort to serve.

Over the last 5+ years club membership numbers have been fairly consistent (Approximately 100 single/family memberships). This is a good record but the council has noted that there are some folks who participate in club activities but have not become members or renewed their memberships. Memberships are for one year only. They are not life memberships. So, if you intend to continue participating in club activities, please join or rejoin for 2012.

In line with the membership issue, the council has also noted that the cost of a club membership has not been increased since 1994. However, costs to the club such as the room lease for meetings, printing and mailing the newsletter, etc. have risen. With that in mind the council is considering increasing membership costs to counter increases in club costs. This is not something the council is considering lightly and no decision has yet been made, but the council has taken it under consideration. Sam Pole

## October 16: IAC Highway Clean-Up

It is that time of year to contribute to the community and have a great time with friends while helping to clean up our short 2 mile section of Highway 31. The section is located between mile marker 6 & 8 near the old Pine Basin Ski area.

Benefits include getting out in the fresh air, exercise, the feeling of pride in your efforts every time you drive thru that section of highway.

Matching bright orange safety vests and trash sacks are provided for our use. Work gloves are required. Leather boots & safety glasses recommended.

Remember the more who show up, the faster the work is done. Then we can take advantage of the fall weather for some additional fun.

For more information and to sign up for this easy fun day, call the Whithams by October 14 at 520.1728 or 520.7232.

### Participation on Club Activities

#### Common Adventures / Trips:

With the exception of rafting trips or trips limited to club members: Non-members may attend a maximum of two club trips or activities, then must be members in good standing to continue participating.

Participants on rafting or limited to club member trips or rafting rentals must be members in good standing. Participants on a club trip must pay any established trip fee, abide by club rules and activity guidelines, and must follow instructions of the activity coordinator.

An individual may not participate in any common adventure/trip of the club unless that individual has read and signed the common adventure form for that specific activity prior to embarking on that adventure / trip / activity.

#### Caribou-Targhee Maps on Line

From the Caribou-Targhee NF home page, click on Maps & Publications. This will take you to: "Motorized Vehicle Use Maps" (which don't show non-motorized trails), new official "Forest Maps" covering the whole forest (without topography), and "Other Maps". The "Other Maps" are full color printable maps with topography and are available for the Palisades, Teton Basin, Dubois and Westside ranger districts at a scale of 1:112,500. Hiking scale (1:50,000) maps of popular areas are also available. Other detailed forest and non-forest maps of popular hiking and mountain biking areas (new) are available on the Idaho Alpine Club website under Local Maps.

#### Day Hiking / Backpacking

Unless otherwise indicated in the trip descriptions contact Sam Pole: Home-523-4970, cell-520-3630, or email [sbpole@cableone.net](mailto:sbpole@cableone.net) for trip information and to sign up to go on a scheduled trip.

#### All Trips Bring Your Own:

1. Water
2. Food/snacks
3. Dress in layers. Bring adequate extra appropriate protective clothing - no cotton. Hat and gloves or mittens.
4. Minor first aid items including sun screen, personal medications, as needed during the day.
5. Headlamp (& Batteries)
6. Map & Compass
7. Sunglasses
8. Lightweight shelter/space blanket.
9. Appropriate equipment- depending on activity or terrain.
10. Repair kit for your own equipment including duct tape.
11. Mat to sit on
12. Other personal items of interest

#### October 15: Day Hike/Hurricane Pass in the Tetons

–The hike will begin at the trailhead parking to Table Mountain in Teton Canyon east of Driggs, Idaho. It will continue a short distance along the Teton Canyon trail and then follow the Roaring Creek drainage to the pass and back. The hike is moderate to strenuous due to the gain in elevation, about 3500 feet. Round trip is approximately 9 miles. Please contact Sam Pole at 520-3630 prior to the hike. We will meet in the parking lot between Fred Meyer and McDonald at 7:30 am.

#### October 29: Day Hike/Bell Mtn. Canyon Loop in the Lemhi Range

– This will probably be the last hike of the 2011 season. The hike is a moderate 5-6+ mile trip on the east side of the Lemhi Mountains northwest of Idaho Falls. The hike is into a high rangeland canyon with surrounding peaks. Glacial features are present throughout the hike. Please contact Sam Pole at 520-3630 prior to the hike. Meet at the west-side Wal-Mart in front of the garden center at 8:00 am.

#### Bicycling

For bicycling information, evening or weekend club rides. contact Jeff Coward at 208.522.8135 or by email: [bicycling@idahoalpineclub.org](mailto:bicycling@idahoalpineclub.org).

**Tuesday Cycling** - Possibly of interest to retirees, housewives or house husbands, shift workers, etc., is this year's continuation of the Tuesday morning "cycling events." These leaderless rides are usually 20-35 miles with shorter and longer variations. The rides are NOT sponsored by Alpine Club and are essentially self-supported. If you are not already on the bike e-list and would like to be, e-mail me at [barbara.bike@gmail.com](mailto:barbara.bike@gmail.com). I'll send you this year's tentative schedule and put you on the mailing list for weekly notifications.

**Thursday Night Mountain Biking** - The Snake River Mountain Bike Club wants to invite all riders, of all skill levels, to explore our areas wide range of trails. From the expert rider, to the beginner, Idaho mountains have something for everyone. Every Thursday night is group ride night. Danny Kelly has been doing this for years and has a great trail system for riders of all skill levels. Bikes must be in working condition, ready to ride. Each rider must have a helmet, water, storage and extra tubes for their bike. The location of the rides will be updated on this page and unless we have bad weather you can count on the ride taking place. Locations and meeting points vary so check in regularly to find out where and when. SRMBC updates its website on Tuesday for Thursday rides:

**ATTENTION RIDERS:** These rides are NOT sponsored by Idaho Alpine Club and are essentially self-supported. The SRMBC founders, or their sponsors are not responsible for injuries on rides or other group and private events. They are not responsible for bikes and or repairs of bikes. It is your responsibility to get to the rides and events and to come prepared for each event. (water, jells, spare tubes, hand pump, multi tool, etc.) You are responsible for yourself and those you bring.

**Kelly Canyon Area Mountain Biking** - As you hopefully know, cross-country mtn. bike riding has been prohibited in the Big Holes since 2008 which closed trails such as Buckskin Morgan Ridge and Pine Loop to biking. Biking is now only allowed on Forest Service designated trails and roads so in the Kelly area this means Hawley Gulch, Wolverine Creek and Lookout Mtn. ATV trails. To solve the lack of local biking trails, a group of retirees investigated, mapped, and cleared a whole series of trails on State lands just north of Kelly Canyon with the closest trailhead being 1 mile north of Morgan Summit. The State land is open to cross-country motorized travel but the trails don't seem heavily used, are relatively gentle in terms of grade, not rocky not sandy and more of a pleasure to ride than a challenge. However, the trails go everywhere; they are unmarked but for some flagging and it is very easy to get lost. Maps of the trails are now available on the Club web site (see Local Trail Maps) including one overview map and 3 maps showing suggested routes. Finding your way will be a challenge, even with a map and some flagging, so take a GPS or go with someone who knows the trails. Enjoy!

### **Climbing**

For information on club climbing trips contact Kevin Coble at 201-1840. Otherwise to find out about weekly climbing locations or impromptu weekend trips you will need to subscribe to the IAC climbing mailing list by visiting:

[http://www.macrobotics.com/mailman/listinfo.cgi/iac\\_climbing](http://www.macrobotics.com/mailman/listinfo.cgi/iac_climbing) or, via email, send a message with subject or body 'help' to: [iac\\_climbing-request@macrobotics.com](mailto:iac_climbing-request@macrobotics.com)

Fall climbing will be decided from week to week via the climbing chat group.

### **Climbing Product Recall Notice**

Petzl America Recalls Scorpio and Absorbica Safety Lanyards due to Fall Hazard. Hazard: Some lanyards are missing a safety stitch on the attachment loop, which can cause the lanyard to disconnect from the climbing harness, posing a fall hazard to consumers.

For full details on what to do, in case you do have either of these lanyards please follow this link:

<http://www.cpsc.gov/cpscpub/prerel/prhtml11/11276.html>

### **Stone Walls Rock Gym**

Call 528.8610 for information. Hours currently are:

4-9 PM Monday - Friday & 12-9 PM Saturday

Idaho Alpine Club members may show their membership card to receive \$1 off of the daily admission price.

### **IAC Logo T-Shirts**

#### **Retro IAC Patches!**

Short sleeves or long sleeves, crew neck, heather grey, some black and some white. Dri Release material with embroidered 50<sup>th</sup> Anniversary IAC Logo! Short sleeve \$20 each. Long sleeve \$25 each. Sizes Small, Medium, Large, and X-Large.

A women's style short sleeve shirt is available for \$20 on a prepaid special order basis. It is fitted with shorter sleeves in a wicking material.

A limited number of embroidered Color IAC Logo Patches are available for \$10 each.

The shirts and patches are available at the monthly meetings or contact the club Treasurer to get yours sooner.

### **Corn Salad from the Seals:**

The Seals brought this to the August picnic and just about everyone wanted this recipe.

2 Cans Whole Kernel Corn, drained

2 Cups Cheddar Cheese, shredded

½ Cup Hellmann's Mayo

1 Cup Green and Red Pepper, chopped

½ Cup Red Onion, chopped

1 Bag (~ 10 oz.) Fritos Chili Cheese Flavor Chips, crushed

1 tsp Adobo or Hot Sauce optional

Mix together corn, cheese, mayo, pepper, and onion.

Refrigerate at least 2 hours. Mix in crushed Fritos before serving.

### **The Idaho Coupon Nana**

For all your coupon needs

IAC Member: Denise Miller 208.709.2809

[idahocouponnana@gmail.com](mailto:idahocouponnana@gmail.com) or [www.IdahoCouponNana.com](http://www.IdahoCouponNana.com)

Dates to Remember:

Oct 5: Bring a friend to the General Meeting & Slide Show: TOO TYRED TOUR: AROUND THE WORLD BICYCLE EXPEDITION

Oct 15: Day Hike / Spring Creek

Oct 16: IAC Highway Clean-Up

Oct 29: Day Hike / Bell Mtn. Canyon Loop

Climbing: Subscribe to find out updates to the weekly climbing plans. See page 3 for information on how to subscribe.

**Become a Fan**

Find us on Facebook. Last minute trips can be posted on the wall. Additionally, photos from club trips you have gone on can be easily posted on the wall singly or as an album if you took a lot of photos.

*Idaho Alpine Club  
P.O. Box 2883  
Idaho Falls, Idaho 83403-2883*

**Enjoy the outdoors with the IAC  
Join today**

For more information write to the address below or visit our web site to download a free newsletter and application:

**Idaho Alpine Club  
P.O. Box 2883  
Idaho Falls, Idaho 83403-2883  
[www.IdahoAlpineClub.org](http://www.IdahoAlpineClub.org)**

Membership Fees

	Full Year	
	10/1	7/1-12/31
Individuals:	\$20	\$15
Family:	\$25	\$20

After October 1, the payment of full year fee applies to the following year. Full-time students (18 or older) and seniors (65 or older): \$5 off the above fee schedule.

IAC Council Meeting Monthly minutes are available on line.

**Support the Merchants who Support the IAC**

Show your membership card for 10% discounts on regularly priced merchandise:

- ★ Idaho Mountain Trading 523-6679 Shoup & B (Non-Sale Items Only)
- ★ Bill's Bike Shop 522-3341 805 S. Holmes Ave. (Excludes bicycles)
- ★ Canyon Whitewater Supply 522-3932 (Accessories Only) 450 S Yellowstone, Idaho Falls
- ★ 3 Peaks 523-PEAK 910 E. Lincoln Rd. (Non-Sale Items Only)
- ★ Lynna and Leland Howard offer a 10% discount on all of their published books. 357-1917 or 357-3166; [lynnahoward@mac.com](mailto:lynnahoward@mac.com) [leland@wildernessbooks.com](mailto:leland@wildernessbooks.com)
- ★ Discounts on Jerry Painter's Hiking & Biking guide books