

# Idaho Alpine Club Bulletin

Volume 52 - Issue Number 10 - October 2012

CLIMBING•MOUNTAINEERING•BACKPACKING•DAYHIKING•BICYCLING•XCSKIING•SNOWSHOEING•RAFTING

web site: [www.idahoalpineclub.org](http://www.idahoalpineclub.org)e-mail: [info@idahoalpineclub.org](mailto:info@idahoalpineclub.org)

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## 2012 Council

President	Sam Pole	523-4970
Vice-president	Lisa Hamilton	251-4893
Secretary	Susan McKinley	529-4583
Treasurer	Donna Whitham	520-1728

## Members-at-Large

Colleen Bohan		529-0151
Karl Bohan		529-0151
Sue Braastad		881-4354
Mark Whitham		520-7232

## Council Meetings:

Council Meetings are generally held on the second Tuesday of each month at 7:00 PM. IAC Council Meeting Monthly minutes are available on line.

Upcoming Council Meetings:

Oct 11: TBD

## Activity Coordinators:

Backpacking	Sam Pole	523-4970
Bicycling	Jeff Coward	522-8135
Climbing/Mountaineering	Kevin Coble	201-1840
Conservation	Open	
Cross-Country Skiing / Snowshoeing	Whithams	520-1728
Day Hiking	Sam Pole	523-4970
Rafting	Greg Hulet	523-6199
Trail Maintenance	Alan Crockett	529-5188
Bulletin Editor	Donna Whitham	520-1728
Bulletin Assistant	Mark Whitham	520-7232
Publicity	Open	
Historian/Librarian	Barbara Brown	522-8977
WebMaster	George Cole	716-0024
Program	Bob Tyler	787-2601

## General Club Meeting

Held at **7:00 P.M.** on the first WEDNESDAY of each month, normally in the large meeting room of the Idaho Falls Public Library.

NO GENERAL MEETING IN JULY.

November Bulletin Deadline is:

**5 PM on October 5**

Trip descriptions, reports, and material for inclusion in the next bulletin are due by the 5<sup>TH</sup> of the month due to bulk mailer deadlines.

Please send electronically to the bulletin editor at [editor@idahoalpineclub.org](mailto:editor@idahoalpineclub.org)

Note: Hand written or hard copy material will be included in the bulletin, time permitting.

## Idaho Alpine Club

### "Tanzania Safari"

**Wednesday, October 3, 2012 @ 7:00 P.M.**

**>>>NOTE: NEW MEETING LOCATION<<<**

**IDAHO DEPARTMENT OF FISH AND GAME**

**4279 COMMERCE CIRCLE, IDAHO FALLS**

**THE BEAVERHEAD ROOM (UPSTAIRS)**

From Highway 20 and St Leon road, go south to Commerce Cir. Turn right (west) and follow around to IDF&G / IDPR building. Door is on South side of building.

From March 21-April 3, 2012 twenty folks from Idaho Falls, including Idaho Alpine Club President Sam Pole, went on safari in Tanzania, Africa. The group was composed of individuals who either worked at the Idaho Falls zoo, including its director; volunteers; and friends/spouses of both. The trip was arranged by Adventure Seekers of Chicago who have been arranging safaris in Africa for 30+ years. The excitement of the trip allowed them to overlook the 18 hours of travel (Idaho Falls, Salt Lake, Newark, Amsterdam, Kilimanjaro International Airport – Tanzania) until they were over the Atlantic and realized they were only half way. All-in-all, not a bad flight. The return flight was longer by about 6 hours. Once arriving at Kilimanjaro International Airport they immediately knew this was not the US or Europe. However, the natural and cultural differences were thrilling and worth the trip. They had 3 guides while on safari who were not only extremely knowledgeable about the animals they would see, but also history, politics and the Tanzanian economy. Also, each guide spoke 4-5 native languages (There are 122 dialects in Tanzania), as well as excellent English, and reasonable Spanish, French, German, and some Italian. Their group visited four national parks: Lake Manyara National Park, Ngorongoro Conservation Area (Including Ngorongoro Crater), Serengeti National Park, and Tarangire National Park. There was no lack of animals in any or the parks and they had a wonderful experience. Come and enjoy Sam's slides of this fascinating adventure.

The meeting is open to the public and all outdoor enthusiasts are invited to attend. For more information contact [programs@idahoalpineclub.org](mailto:programs@idahoalpineclub.org), log onto the club website at [www.idahoalpineclub.org](http://www.idahoalpineclub.org).

## President Speaks

Being an eighth-ninth grade teacher, my summers are a major joy in my life. Cramming every day with fun activities and trips is my goal. Fortunately, the Idaho Alpine Club provides many activities for outdoors people to be involved in. I have met many good friends with similar interests on our snow-shoeing, Nordic skiing, hiking, biking, rafting, and backpacking trips. It was so cool watching Sandee Krivanek excel in her hiking and biking adventures this year. Kirk and I also enjoyed hosting the 2012 IAC picnic this year, including playing "Olympic" style volleyball. (Ha-ha).

Our summer family trips, including biking with the granddaughters on the "Trail of the Coeur d'alenes", superseded many scheduled hiking trips with the club. Nevertheless, I thoroughly enjoyed the hikes I was able to attend, including the early Gibson Jack loop, the Sheep Creek Peak, and of course, the highway clean-up outing with barbecue and hot tub soak at the Tyler's afterwards. I am looking forward to the cool fall hiking and biking trips, the upcoming winter activities, and enjoying many more years with the Idaho Alpine Club.

~IAC Secretary, Susan McKinley

### **Participation on Club Activities / Trips:**

With the exception of rafting trips, trips which require the use of any club equipment, or trips limited to club members: non-members may attend a maximum of ONE club trip or activity, then must be members in good standing to continue participating. Participants must be members in good standing to go on rafting trips, trips which require the use of any club equipment, or trips limited to club members only, or needing rafting rentals. Participants on a club trip must pay any established trip fee, abide by club rules and activity guidelines, be 18 or older or accompanied by a parent or guardian, and must follow instructions of the activity coordinator. An individual may not participate in any common adventure/trip of the club unless that individual has read and signed the common adventure form for that specific activity prior to embarking on that adventure / trip / activity.

### **Climbing**

For information on club climbing trips contact Kevin Coble at 201-1840. To find out about Fall weekly climbing locations or impromptu weekend trips, subscribe to the IAC climbing mailing list by visiting: [http://www.macrobotics.com/mailman/listinfo.cgi/iac\\_climbing](http://www.macrobotics.com/mailman/listinfo.cgi/iac_climbing) or, via email, send a message with subject or body 'help' to: [iac\\_climbing-request@macrobotics.com](mailto:iac_climbing-request@macrobotics.com).

#### **YMCA Rock Climbing Gym**

Call 528.8610 for information.

SUMMER HOURS:

TUESDAY 4PM - 9PM & SATURDAY NOON - 9PM

WINTER HOURS

(Effective October 1):

MONDAY - FRIDAY 4PM - 9PM

SATURDAY NOON - 9PM SUNDAY CLOSED

Idaho Alpine Club members may show their membership card to receive 10% off of daily rates or the 10 punch card.

### **Non-technical Mountaineering**

For information and to sign up to go, as noted in the trip descriptions, please contact the trip coordinator listed, 24 hours prior to any trip. The American climbing class definitions are posted at [www.idahoalpineclub.org](http://www.idahoalpineclub.org). For more information on mountaineering the book *Mountaineering: Freedom of the Hills* by the Mountaineers, has long been the American "Bible" of climbing.

Climbing mountains is serious business...even "small" mountains. Inclement weather, exposure, traveling on snow can change an "easy" mountain to a "difficult" mountain in a matter of minutes. These alpine trips are not guided climbs. These are self-supported, group adventure outings. Each trip has a leader who serves as a resource to the group and provides some basic trip structure. However participants are expected to evaluate their physical and mental abilities prior to participating, assist with transportation, cooperate with others, participate in decision-making, identify and reduce risk

to themselves and the group, and be self-reliant in preparations. The IAC has no mountaineering gear to loan. For all outings, participants are expected to bring water (few climbs have access to water); food, clothing, and appropriate mountaineering gear (and be knowledgeable and experienced in its use). Trip lengths are indicated for an approximate round trip distance. Contact leaders with questions if you are new to mountaineering or new to the area. Trips may be cancelled at the last minute due to weather or conditions outside of the leader's control.

### **October 13: Day Hike/Bunting Canyon:**

This hike is on the west side of the Lemhi Mountains north of Howe, Idaho. We will follow Badger and Bunting Creeks into canyons on the west side of the Lemhi Mountains below towering Diamond Peak. The canyon is in contrast to the dry side of the Lemhi Mountains and includes several old mining efforts. Round trip is approximately 5 miles. I have not been in here before so the hike will be an adventure. Please contact Sam Pole at 520-3630, 24 hours before the hike. Depart from the west-side Wal-Mart (in front of the garden center) at 8 A.M.

### **October 27: Day Hike/Bell Mountain Canyon Loop:**

This hike is on the east side of the Lemhi Mountains and will include a visit to the charcoal kilns that produced charcoal for lead mines during the early part of the 1900's. Round trip is approximately 6 miles. This is mostly a big canyon hike through meadows and spruce-fir forests. Please contact Sam Pole at 520-3630, 24 hours before the hike. Depart from the west-side Wal-Mart (in front of the garden center) at 8 A.M.

### **October 20: IAC Highway Clean-Up**

It is that time of year to contribute to the community and have a great time with friends while helping to clean up our short 2 mile section of Highway 31. The section is located between mile marker 6 & 8 near the old Pine Basin Ski area.

Benefits include getting out in the fresh air, exercise, the feeling of pride in your efforts every time you drive thru that section of highway.

Matching bright orange safety vests and trash sacks are provided for our use. Work gloves are required. Leather boots & safety glasses recommended.

Remember the more who show up, the faster the work is done. Then we can take advantage of the fall weather for some additional fun. For more information and to sign up for this easy fun day, call the Whithams by October 17 at 520.1728 or 520.7232.

### **Bicycling**

The latest road bike maps will be available on the IAC website under club archives, road biking maps.

### **Local Biking**

Please contact Ken Krivanek at 208.390.8471 for information on weekend road bike rides this fall.

Bicycling protocol / safety tips, and a link to Idaho bicycling laws are posted at [www.idahoalpineclub.org](http://www.idahoalpineclub.org). These bike rides are self-supported, group adventure outings. Each trip will have a leader who serves as a resource to the group and provides some basic trip structure. However participants are expected to evaluate their physical and mental abilities prior to participating, assist with transportation, cooperate with others, participate in decision-making, identify and reduce risk to themselves and the group, and be self-reliant in preparations. The IAC has no biking gear to loan. For all outings, participants are expected to bring water; food, clothing, and appropriate bike maintenance gear (and to be knowledgeable and experienced in its use). Trip lengths are indicated for a round trip distance. Contact leaders with questions if you are new to biking or new to the area. Trips may be cancelled at the last minute due to weather or conditions outside of the leader's control.

### **Hiking 101: Geographic terms**

A quick glance at any map will tell you there is an abundance of terms for the various geographic forms you will encounter outdoors. After a while the definition of these terms can become confusing and a hiker doesn't always know what to expect out on the trail.

Mountains are mountains, but you will also have to hike uphill on a knob, a hill, a bald (which usually has no trees), or a butte. Bald and butte are largely regional words, indicating that geographic terms can differ from one side of the country to the other.

You'll find water at a river, obviously, but also at a brook, stream, run, creek, branch, and ford. Typically, rivers are thought to be larger than streams and brooks. However, the amount of water you find can depend on the season and whether or not the area has been affected by a drought.

Gaps, gorges, hollows, and valleys generally refer to low areas in a region, while crests and ridges are the highest points. Neither necessarily means you'll be traveling downhill or uphill, just that you've reached the top or bottom of a specific location. You could even be hiking on mostly flat ground.

A pass is simply a low area in a series of mountains or along a ridge that allows one to travel between valleys or low-lying areas without ascending and descending the mountain. Also known as a "notch."

~reprinted with permission of American Hiking Society

### **Quote of the month**

"As I walked in the woods I felt what I often feel that nothing can befall me in life, no calamity, no disgrace (leaving me my eyes) to which Nature will not offer a sweet consolation. Standing on the bare ground with my head bathed by the blithe air, & uplifted into the infinite space, I become happy in my universal relations. The name of the nearest friend sounds then foreign & accidental. I am the heir of uncontained beauty and power." ~ Ralph Waldo Emerson

### **RUN FOR COUNCIL**

As we begin to close 2012, the IAC council members have begun to contact the membership regarding replacement of council members whose service time is ending. Please, if you are interested in serving as a council member/club officer, consider doing so and contact a council member or say yes when called. The club has existed for 52 years because members have made the effort to serve. Being on the council is a lot of fun and a great experience.

### **MEMBERSHIP RENEWALS**

It is October and time to start renewing memberships. Over the last 5+ years club membership numbers have been fairly consistent (Approximately 100 single/family memberships). This is a good record but the council has noted that there are some folks who participate in club activities, yet have not become members or renewed their memberships. Memberships are for one year only. They are not life memberships. So, if you intend to continue participating in club activities, please join or rejoin for 2013. Membership is required to participate in the climbing and rafting (or water) activities or after participating in one of any other activities.

### **Idaho Department of Parks and Recreation**

#### **State & Federal Grant Program**

The Idaho Department of Parks and Recreation (IDPR) will accept applications for funds from the recreational programs listed below until January 25, 2013.

The Recreational Vehicle Program (RV)

The Waterways Improvement Fund (WIF)

The Off-Road Motor Vehicle Fund (ORMV)

The Motorbike Fund (MB)

The Recreation Trails Program (RTP)

The Recreational Road and Bridge Fund (R&B)

The Land and Water Conservation Fund (LWCF)

The Cutthroat License Plate Fund

If you are considering a project that may qualify for IDPR grant funding, it is recommended that you contact your regional Grants Specialist now. For eastern Idaho call Jennifer Park at (208) 525-7121.

### **GRANT WORKSHOPS**

The Idaho Department of Parks and Recreation (IDPR) will be conducting grant workshops on the above-listed programs, in various areas of the state. The purpose of these workshops will be to review the administrative rules and guidelines, give instruction on how to fill out an application, and explain the evaluation process. All prospective grantees are encouraged to attend these free workshops. If you plan to attend, please RSVP no later than October 5, 2012. October 18th Idaho Falls IDPR East Region Office, 1:00 pm to 4:00 pm, 1st Floor Conference Room, 4279 Commerce Circle, Idaho Falls, ID 83401. Please contact Jennifer Park at [Jennifer.Park@idpr.idaho.gov](mailto:Jennifer.Park@idpr.idaho.gov) or (208) 525-7121 for the Idaho Falls workshop.

**Dates to Remember:**

**Oct 3: Idaho Alpine Club  
General Meeting  
"Tanzania Safari"**

>>NOTE:NEW MEETING LOCATION<<  
**IDAHO DEPARTMENT OF FISH & GAME  
4279 COMMERCE CIRCLE, IDAHO FALLS  
THE BEAVERHEAD ROOM (UPSTAIRS)**

Sep 22: Day Hike / Middle Teton

Oct 13: Day Hike / Bunting Canyon

Oct 20: Highway Cleanup / Hwy 31

Oct 27: Day Hike / Bell Mt Canyon Loop

**Climbing:** Subscribe for updates to the weekly climbing plans. See page 2 for information on how to subscribe.

**Become a Fan**

Find us on Facebook. Last minute trips may be posted on the wall. Additionally, photos from club trips you have gone on can be easily posted on the wall singly or as an album if you took a lot of photos.

**Enjoy the outdoors with the  
IAC Join today**

For more information write to the address below or visit our web site to download a free newsletter and application:

**Idaho Alpine Club  
P.O. Box 2883  
Idaho Falls, Idaho 83403-2883**

[www.IdahoAlpineClub.org](http://www.IdahoAlpineClub.org)

**Membership Fees**

Full Year

10/1 7/1-12/31

Individuals: \$25 \$20

Family: \$30 \$25

After October 1, the payment of full year fee applies to the following year.

Full-time students (18 or older) and seniors (65 or older): \$5 off the above fee schedule.

**IAC Logo T-Shirts & Patches!**

Dri Release material with embroidered IAC Logo! Small, Medium, Large, and X-Large Short sleeve \$20 each. Long sleeve \$25 each. A women's style short sleeve shirt is available for \$20 on a prepaid special order basis. It is fitted with shorter sleeves in a wicking material.

A limited number of embroidered Color IAC Logo Patches are available for \$10 each.

**Support the Merchants who  
Support the IAC**

Show your membership card for 10% discounts on regularly priced merchandise:

- ★ Idaho Mountain Trading 523-6679  
Shoup & B (Non-Sale Items Only)
- ★ Bill's Bike Shop 522-3341  
805 S. Holmes Ave. (Excludes bicycles)
- ★ Canyon Whitewater Supply  
522-3932 (Accessories Only)  
450 S Yellowstone, Idaho Falls
- ★ The Preparedness Store & Bosch  
Kitchen Center 120 Northgate  
M i l e  
Idaho Falls, ID 524-8300  
10% off backpacking, dehydrated &  
freeze-dried foods 10% off any outdoor accessories
- ★ YMCA Climbing Gym 528-8610  
755 South Capital Avenue
- ★ Lynna and Leland Howard offer a 10% discount on all of their p u b l i s h e d books. 357-1917 or 357-3166; [lynnahoward@mac.com](mailto:lynnahoward@mac.com) [leland@wildernessbooks.com](mailto:leland@wildernessbooks.com)
- ★ Discounts on Jerry Painter's H i k i n g & Biking guide books

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