

Idaho Alpine Club Bulletin

Volume 53 - Issue Number 10 - October 2013

CLIMBING•MOUNTAINEERING•BACKPACKING•DAYHIKING•BICYCLING•XCSKIING•SNOWSHOEING•RAFTING

web site: www.idahoalpineclub.org

e-mail: info@idahoalpineclub.org

Become a Fan on FaceBook

2013 Council

President	Sam Pole	520-3630
Vice-president	Sue Braastad	881-4354
Secretary	Susan McKinley	529-4583
Treasurer	Donna Whitham	520-1728

Members-at-Large

Colleen Bohan	529-0151
Karl Bohan	529-0151
Ken Durstine	524-3505
Sheila Kappel	528.8788
Joyce Storey	521-2572
Mark Whitham	520-7232

Council Meetings:

Council Meetings are generally held on the second Thursday of each month at 7:00 PM. IAC Council Meeting Monthly minutes are available on line.

Upcoming Council Meetings:

Oct 8 (TBD): Kappel's Home	3776 Marlene St
Nov (TBD): Pole's Home	1710 Del Mar Dr

Activity Coordinators:

Backpacking	Sam Pole	520-3630
Bicycling	Ken Durstine	524-3505
Climbing/Mountaineering	Kevin Coble	201-1840
Conservation	Open	
Cross-Country Skiing / Snowshoeing	Whithams	520-1728
Day Hiking	Sam Pole	520-3630
Rafting	Greg Hulet	523-6199
Trail Maintenance	Alan Crockett	529-5188
Bulletin Editor	Donna Whitham	520-1728
Publicity	Open	
Historian/Librarian	Barbara Brown	522-8977
WebMaster	George Cole	716-0024
Program	Bob Tyler	787-2601

General Club Meeting

Held at **7:00 P.M.** on the first WEDNESDAY of each month, in the meeting location indicated in the program description.

NO GENERAL MEETING IN JULY.

NOVEMBER Bulletin Deadline is:

5 PM on October 5

Trip descriptions, reports, and material for inclusion in the next bulletin are due by the **5TH** of the month due to bulk mailer deadlines.

Please send electronically to the bulletin editor at editor@idahoalpineclub.org

NOTE: Hand written or hard copy material will be included in the bulletin, time permitting.

IDAHO ALPINE CLUB GENERAL MEETING

WEDNESDAY, OCTOBER 2, 2013 @ 7:00 PM

"KAYAK TONGA

**AN ENCOUNTER WITH A REMOTE CULTURE IN
THE SOUTH PACIFIC"**

DEVELOPMENT WORKSHOP

555 WEST 25TH ST

From 17th Street & Rollendet, go south to 25th Street. Turn right (west). IDW is on the left side of street. Park in the parking lot to the east of the building. Enter via front door, then follow hallway around to the right to the meeting room.

Not your average sea kayaking destination, Tonga is a group of 176 islands, 52 of which are inhabited, spread out in a swath north of New Zealand. Franci Tryka first visited the islands as a college student and, being an avid kayaker, she renewed her acquaintance with the islands two years ago on a sea kayak tour. For half of the time, Franci was accompanied only by her Tongan guide, Ofa. For the remainder of the tour, they were joined by one other client as they paddled 4 to 12 miles a day from island to island camping along the way. Ofa caught fish to eat and they obtained drinking water from villages they encountered. Having studied marine biology as an undergraduate, Franci loved spending afternoons after setting up camp snorkeling and observing the varied marine wildlife. Tonga is the only major Pacific island group that was never colonized by a Western power and its people still lead a fairly traditional lifestyle. Come and enjoy Franci's slides of her relaxing South Pacific idyll and her discussion of Tongan customs and culture.

The meeting is open to the public and all outdoor enthusiasts are invited to attend. For more information contact programs@idahoalpineclub.org, log onto the club website at www.idahoalpineclub.org

President Speaks

Hey everyone, did you make it to the summer party? It was a great time with good food and great friends. If you missed it, try to make it next year. We need to thank a few people that helped make this event a success. Sue and John Braastad for organizing everything and supplying the yard and the barbeque, Sam Pole for a great job of cooking and all the businesses that donated door prizes. Have you noticed the chill in the evening air? Summer is fading fast so it's time to get those last few trips in before the snow flies.

Fall is also the time that the club starts looking for people to run for council positions. If you are interested in making a contribution to the club by serving on the council, contact one of the current council members or show up at the next regular meeting and let us know. We are looking for four members to run for council positions and elections will be in November. Don't wait, get your name on the ballot now.

Run For A Position on the IAC Council

As we begin to close 2013, the IAC council members have begun to contact the membership regarding replacement of council members whose service time is ending. Please, if you are interested in serving as a council member/club officer, consider doing so and contact a council member or say yes when called. The club has existed for 53 years because members have made the effort to serve. Being on the council is easy to do, a lot of fun and a great experience. You do need to be a current member of the Idaho Alpine Club in good standing to run. Interested? Please contact one of the council members to find out what is entailed or take a look at the club bylaws on the website for more information about the council positions.

Participation on Club Activities Common Adventures / Trips:

With the exception of rafting trips, trips which require the use of any club equipment, or trips limited to club members: non-members may attend a maximum of ONE club trip or activity, then must be members in good standing to continue participating.

Participants must be members in good standing to go on rafting trips, trips which require the use of any club equipment, or trips limited to club members only, or needing rafting rentals. Participants on a club trip must pay any established trip fee, abide by club rules and activity guidelines, and must follow instructions of the activity coordinator.

An individual may not participate in any common adventure/trip of the club unless that individual has read and signed the common adventure form for that specific activity prior to embarking on that adventure / trip / activity.

All Trips Bring Your Own:

1. Water
2. Food/snacks
3. Dress in layers. Bring adequate extra appropriate protective clothing - no cotton. Hat and gloves or mittens.
4. Minor first aid items including sun screen, personal medications, as needed during the day.
5. Headlamp (& Batteries)
6. Map & Compass
7. Sunglasses
8. Lightweight shelter/space blanket.
9. Appropriate equipment- depending on activity or terrain.
10. Repair kit for your own equipment including duct tape.
11. Mat to sit on
12. Other personal items of interest

Non-technical Hiking / Mountaineering

Unless otherwise indicated in the trip descriptions contact Sam Pole: 520-3630, or email sbpole@cableone.net for trip information and to sign up to go on a scheduled trip, 24 hours prior to any trip.

Hiking and non-technical mountaineering is serious business..even "small" mountains. Inclement weather, exposure, traveling on snow can change an "easy" trip to a "difficult" trip in a matter of minutes. These alpine trips are not guided. These are self-supported, group adventure outings. Each trip has a leader who serves as a resource to the group and provides some basic trip structure. Participants are expected to evaluate their own physical and mental abilities prior to participating, assist with transportation, cooperate with others, participate in decision-making, identify and reduce risk to themselves and the group, and be self-reliant in preparations. The IAC has no mountaineering gear to loan. For all outings, participants are expected to bring water (few hikes or climbs have access to water); food, clothing, and appropriate mountaineering gear (and be knowledgeable and experienced in its use). Trip lengths are indicated for an approximate round trip distance. Contact leaders with questions if you are new to mountaineering or new to the area. Trips may be cancelled at the last minute due to weather or conditions outside of the leader's control.

Sept. 21 / Day Hike - Warm River Rail Road Route to the Tunnel. This is an easier hike for a wider range of ages. The hike will follow the old rail bed, that went to West Yellowstone, and turn around at the tunnel. Afterward, for those interested, we will go up to the Upper

Mesa Falls boardwalk for a view of the falls. Please contact Sam pole at 520-3630, 24 hours before the hike. Depart 8:30 a.m. from the Fred Meyer-McDonald parking lot.

Sept. 28 / Trail Work - West Menan Butte Trail Head
The BLM is celebrating National Public Lands Day with a trail maintenance project at West Menan Butte Trail Head. It will involve trail building and installing barriers to reduce erosion and add necessary switchbacks to the trail. Any help is welcome. Those who help out will receive a free t-shirt and a coupon for a one day fee-free entry to a national park or other federal fee site that charges an entry fee. Contact Amy Forsgren for more information: (208)524-7527 or aforsgren@blm.gov

Oct. 5 / Day Hike - Pass Creek Lake: This is a moderate hike of approximately 5.5 miles round trip on the east side of the Lemhi Mountains. The hike in will be by way of Eightmile Canyon; climb approximately 1200 feet ; then descend to Pass Creek Lake; and then return. Please contact Sam Pole at 520-3630, 24 hours before the hike. Depart from the west side Wal-Mart parking lot in front of the garden center at 8:30 am.

Oct. 19 / Day Hike - Red Butte in the Big Holes: This hike is being led by council member, Joyce Storey. It is a moderate hike of approximately 5.5 to 10+ miles round trip depending on what the group may want to do. The shorter route is out and back to Red Butte which is the highest point in Madison County at 8112 ft. The longer route includes an alternate return trail. The hike starts at the trailhead for Castle Lake from forest road 651. Please contact Sam Pole, 520-3630, 24 hours before the hike. Depart from the Fred Meyers-McDonald parking lot at 8:30 am.

Climbing

For information on club climbing trips contact Kevin Coble at 201-1840. To find out about Fall weekly climbing locations or impromptu weekend trips, subscribe to the IAC climbing mailing list by visiting:

http://www.macrobotics.com/mailman/listinfo.cgi/iac_climbing
or, via email, send a message with subject or body 'help' to: iac_climbing-request@macrobotics.com.

YMCA Rock Climbing Gym

Call 528.8610 for information.

SUMMER HOURS (June 1-September 30):
TUESDAY 4PM - 9PM SATURDAY NOON - 9PM

WINTER HOURS (Effective October 1):

MONDAY - FRIDAY 4PM - 9PM

SATURDAY NOON - 9PM SUNDAY CLOSED

Idaho Alpine Club members may show their membership card to receive 10% off daily rates or 10 punch card.

October 26: IAC Highway Clean-Up

It is that time of year to contribute to the community and have a great time with friends while helping to clean up our short 2 mile section of Highway 31. The section is located between mile marker 6 & 8 near the old Pine Basin Ski area.

Benefits include getting out in the fresh air, exercise, the feeling of pride in your efforts every time you drive thru that section of highway. Matching bright orange safety vests and trash sacks are provided for our use. Work gloves are required. Leather boots & safety glasses recommended.

Remember the more who show up, the faster the work is done. Then we can take advantage of the fall weather for some additional fun at a potluck at the Tyler's home in Victor. For more information and to sign up for this easy fun day, call the Whithams by October 23 at 520.1728 or 520.7232.

Bicycling

Local Bicycling Maps: Mapman Alan Crockett has revised the set of 29 (and growing) local road biking routes. The latest maps are available on the IAC website under club archives, road biking maps.

IAC bike rides are self-supported, group adventure outings. Each trip will have a coordinator who serves as a resource to the group and provides some basic trip structure. However participants are expected to evaluate their own physical and mental abilities prior to participating, assist with transportation, cooperate with others, participate in decision-making, identify and reduce risk to themselves and the group, and be self-reliant in preparations. The IAC has no biking gear to loan. For all outings, participants are expected to bring their own water; food, clothing, and appropriate bike maintenance gear (and to be knowledgeable and experienced in its use).

Contact leaders with questions if you are new to biking or new to the area. Trips may be cancelled or rescheduled at the last minute due to weather or conditions outside of the leader's control.

Idaho road biking laws are at:

http://itd.idaho.gov/bike_ped/Idaho%20Code%20Related%20to%20Bicyclists.pdf.

Mountain Bike Rides Depending on the technical riding skills and physical conditioning of those interested, there will be some beginner rides and the rest intermediate or better rides. For those new to mountain bike riding in the woods, be aware that you need how and when to shift gears and use your brakes on a unpaved surface such as a dirt road or level field before you come on the ride. Email me, kdurstine@gmail.com, if you want to be on the riding list or watch the IAC facebook page for dates and times. You will need to provide your own bike and transportation to participate.

Sept. 14 / Mountain Bike Ride - FS trail 125 to Warm Springs Campground:

Back country mountain bike ride northeast of Ashton down FS trail 125 to Warm Springs, then down the old railroad grade to the Warm Springs campground. 18 miles of mostly trending down hill trail with 2100 foot elevation drop. We will shuttle up from the parking spot near the campground to the start of the ride. There is only one "steep" climb and that is the climb on the road up from Warm Springs to the old railroad grade trail. The FS trail 125 is very lightly traveled, in some cases the ground track is completely gone and we will navigate by trail markers, a faint ground track in places, and a GPS track I recently made. This will be non dusty riding on the single track. Portions of the railroad grade are shared with ATV and the story may be different although on the recent ride it was pretty good. This ride is not highly technical, but because the trail is faint and overgrown in places, the possibility of hidden pedal bangers and logs is pretty high, and it is not a ride for beginners. I estimate a 3 hour ride, bring food and water, and bear spray if you got it. Meet on Saturday September 14, 8 AM at the Starbucks counter in Fred Meyers.



Contact Ken Durstine, 208-524-3505, kdurstine@gmail.com

TRIP REPORTS



August 24 / Day Hike -Garn's Mt. Great weather, beautiful views, enjoyable hike. After notifying the group that I miscalculated the mileage (7+ became 16+ miles), our intrepid group said, lead on. Hikers (Left-right) were: Abbey Zaladonis, Susan McKinley, Joyce Storey, Sue Braastad and Nancy

Kirk. Sam Pole took the picture and, as trip leader, struggled to keep up. There was some discussion as to why no male hikers, other than me of course. It was a long day and Abbey, Joyce and Nancy topped-out on Garn's.



Sept 7. / Day Hike - Bell Mt. Canyon Loop: Bell Mtn Canyon loop hike in the Lemhi Mts. We had beautiful weather and I finally found the trail. Left-right: Abby Zaladonis, Joyce Pole, Garney Hardy, Jody Caruso, Richard Scheere, and Paul Worth. Picture taker – Sam Pole.



In the second picture are Jody, Joyce, Paul, Richard, Abby, and Bell Mtn on the horizon.

IAC Logo T-Shirts & Patches!

Dri Release material with embroidered IAC Logo! Small, Medium, Large, and X-Large Short sleeve \$20 each. Long sleeve \$25 each.

A women's style short sleeve shirt is available for \$20 on a prepaid special order basis. It is fitted with shorter sleeves in a wicking material.

A limited number of embroidered Color IAC Logo Patches are available for \$10 each.

MEMBERSHIP RENEWALS

It is October and time to start renewing memberships. Over the last 5+ years club membership numbers have been fairly consistent (Approximately 100 single/family memberships). This is a good record but the council has noted that there are some folks who participate in club activities, yet have not become members or renewed their memberships. Memberships are for one year only. They are not life memberships. So, if you intend to continue participating in club activities, please join or rejoin for 2014. Membership is required to participate in the climbing and rafting (or water) activities or after participating in one of any other activities.

"As I walked in the woods I felt what I often feel that nothing can befall me in life, no calamity, no disgrace (leaving me my eyes) to which Nature will not offer a sweet consolation. Standing on the bare ground with my head bathed by the blithe air, & uplifted into the infinite space, I become happy in my universal relations. The name of the nearest friend sounds then foreign & accidental. I am the heir of uncontained beauty and power." ~ Ralph Waldo Emerson

Dates to Remember:

Oct 2: IAC General Meeting "KAYAK TONGA: AN ENCOUNTER WITH A REMOTE CULTURE IN THE SOUTH PACIFIC"

Sept 14: Mountain Bike Ride - FS trail 125
Sept 21: Day Hike - Warm River Rail Trail
Sept 28: Trail Work - West Menan Butte Trail Head

Oct 5: Day Hike - Pass Lake
Oct 19: Day Hike - Red Butte in the Big Holes

Climbing: Subscribe to find out updates to the weekly climbing plans. See page 2 for information on how to subscribe.

Become a Fan

Find us on Facebook. Last minute trips can be posted on the wall. Additionally, photos from club trips you have gone on can be easily posted on the wall singly or as an album if you took a lot of photos. To do this, the photos do need to be your photos & shared with the public.

**Enjoy the outdoors with the IAC
Join today**

For more information write to the address below or visit our web site to download a free newsletter and application:

**Idaho Alpine Club
P.O. Box 2883
Idaho Falls, Idaho 83403-2883
www.IdahoAlpineClub.org**

Membership Fees

	Full Year	
	10/1	7/1-12/31
Individuals:	\$25	\$20
Family:	\$30	\$25

After October 1, the payment of full year fee applies to the following year. Full-time students (18 or older) and seniors (65 or older): \$5 off the above fee schedule.

IAC Council Meeting Monthly minutes are available on line.

**Support the Merchants who
Support the IAC**

Show your membership card for 10% discounts on regularly priced merchandise:

- Idaho Mountain Trading 523-6679 Shoup & B (Non-Sale Items Only)
- Bill's Bike Shop 522-3341 Snake River Crossing (Excludes bicycles)
- Canyon Whitewater Supply 522-3932 (Accessories Only) 450 S Yellowstone, Idaho Falls
- The Preparedness Store & Bosch Kitchen Center 120 Northgate Mile Idaho Falls, ID 524-8300 10% off backpacking, dehydrated & freeze-dried foods 10% off any outdoor accessories
- YMCA Climbing Gym 528-8610 755 South Capital Avenue
- Lynna and Leland Howard offer a 10% discount on all of their published books. 357-1917 or 357-3166; lyna.howard@mac.com leland@wildernessbooks.com
- Discounts on Jerry Painter's Hiking & Biking guide books