

# Idaho Alpine Club Bulletin

Volume 54 - Issue Number 10 - October 2014

CLIMBING•MOUNTAINEERING•BACKPACKING•DAYHIKING•BICYCLING•XCSKIING•SNOWSHOEING•RAFTING

web site: [www.idahoalpineclub.org](http://www.idahoalpineclub.org)

e-mail: [info@idahoalpineclub.org](mailto:info@idahoalpineclub.org)

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## 2014 Council

President	Sue Braastad	881-4354
Vice-president	Karl Bohan	529-0151
Secretary	Susan McKinley	529-4583
Treasurer	Donna Whitham	520-1728

## Members-at-Large

Colleen Bohan	529-0151
Ken Durstine	524-3505
Sheila Kappel	528.8788
Sam Pole	520-3630
Richard Scheerer	881-6331
Mark Whitham	520-7232

## Council Meetings:

Council Meetings are generally held on the second Thursday of each month at 7:00 PM. IAC Council Meeting Monthly minutes are available on line.

Upcoming Council Meetings:

Oct 8: Bohan's Home	748 Adell
Nov 19: Scheerer's Home	3575 Springfield Circle

## Activity Coordinators:

Backpacking	Sam Pole	520-3630
Bicycling	Ken Durstine	524-3505
Climbing/Mountaineering	Kevin Coble	201-1840
Conservation	Open	
Cross-Country Skiing / Snowshoeing	Whithams	520-1728
Day Hiking	Sam Pole	520-3630
Rafting	Greg Hulet	523-6199
Trail Maintenance	Bill Beach	520-4905
Bulletin Editor	Donna Whitham	520-1728
Publicity	Open	
Historian/Librarian	Barbara Brown	522-8977
WebMaster	George Cole	716-0024
Program	Bob Tyler	787-2601

## General Club Meeting

Held at **7:00 P.M.** on the first WEDNESDAY of each month, in the meeting location indicated in the program description.

NO GENERAL MEETING IN JULY.

## **NOVEMBER Bulletin Deadline is:**

### **5 PM on October 5**

Trip descriptions, reports, and material for inclusion in the next bulletin are due by the **5<sup>TH</sup>** of the month due to bulk mailer deadlines.

Please send electronically to the bulletin editor at [editor@idahoalpineclub.org](mailto:editor@idahoalpineclub.org)

NOTE: Hand written or hard copy material will be included in the bulletin, time permitting.

## Idaho Alpine Club

WEDNESDAY, OCTOBER 1, 2014 @ 7:00 PM

"MEMBER SLIDE NIGHT"

DEVELOPMENT WORKSHOP

555 WEST 25TH ST

From 17<sup>th</sup> Street & Rollendet, go south to 25<sup>th</sup> Street. Turn right (west). IDW is on the left side of street. Park in the parking lot to the east of the building. Enter via front door, then follow hallway around to the right to the meeting room.

It is time to share those memories of the club or personal trips we have enjoyed this past year. We all have had some fabulous trips, that will be fun to share.

Please bring your digital photos on a flash / thumb drive and be prepared to talk a little about them. The Whithams will make their LED projector and laptop available at the meeting. If you don't have digital photos, be sure to bring your snapshots or scrapbooks to the meeting. This will be a great excuse to sort and organize your photos from the years activities.

The meeting is open to the public and all outdoor enthusiasts are invited to attend. For more information contact [programs@idahoalpineclub.org](mailto:programs@idahoalpineclub.org), log onto the club website at [www.idahoalpineclub.org](http://www.idahoalpineclub.org)

## 2015 Council Members Needed

As we begin to close 2014, we need at least 4 members to volunteer to be on the 2015 IAC council, to replace council members whose service time is ending. Please, if you are interested in serving as a council member/club officer, consider doing so and contact a council member or say yes if you are called. None of the positions take a lot of time or are all that hard. The club has existed for 54 years because members have made the effort to serve.

## President Speaks

I'm a summer person, but this summer has been quite wet, forcing outdoor hikes to be delayed. I can feel autumn in the air, and it is the best weather condition for outdoor treks. Soon we will see the fabulous fall colors in the mountain maples and golden aspen trees.

The snow should be melted, and the air is comfortable for long hikes. I enjoyed the early season hike to Caribou, even though it was mosquito infested. I loved the panoramic view of Gray's Lake and the Tetons from the top. The butt slide down the snow field was refreshing, since I had to wear protective clothes which were quite warm.

Autumn is also a more convenient time for members to join in on hikes, since many of us travel during the summer. I am so anxious to hike Hurricane Pass (hope I don't pass out). Ken Durstine's mountain biking adventures have been a hit. I am getting interested in buying a decent mountain bike to join in. There are so many activities to choose from. Winter is coming soon, and I so look forward to snow-shoeing and Nordic skiing with a great group of friends in the IAC. Be sure to get out and enjoy nature.

~Susan McKinley/Secretary

## October 25: IAC Highway Clean-Up

It is that time of year to contribute to the community and have a great time with friends while helping to clean up our short 2 mile section of Highway 31. The section is located between mile marker 6 & 8 near the old Pine Basin Ski area.

Benefits include getting out in the fresh air, exercise, the feeling of pride in your efforts every time you drive thru that section of highway. Matching bright orange safety vests and trash sacks are provided for our use. Work gloves are required. Leather boots & safety glasses recommended.

If it snows, it will just make it more of a challenge to find the cans and bottles on the sides of the road.

Remember the more who show up, the faster the work is done. Afterwards we plan to stop at the Swan Valley Commissary for lunch or ice cream or both, before heading home. For more information and to sign up for this easy fun day, call the Whithams by October 22 at 520.1728 or 520.7232.

## Participation on Club Activities Common Adventures / Trips:

With the exception of rafting trips, or activities which require the use of any club equipment, or trips limited to club members: non-members may attend a maximum of ONE club trip or activity, then must be members in good standing to continue participating.

Participants must be members in good standing to go on rafting trips, trips which require the use of any club equipment, or trips limited to club members only, or needing rafting rentals. Participants on a club trip must pay any established trip fee, abide by club rules and activity guidelines, and must follow instructions of the activity coordinator.

An individual may not participate in any common adventure/trip of the club unless that individual has read and signed the common adventure form for that specific activity prior to embarking on that adventure / trip / activity.

### All Trips Bring Your Own:

1. Water
2. Food/snacks
3. Dress in layers. Bring adequate extra appropriate protective clothing - no cotton. Hat and gloves or mittens.
4. Minor first aid items including sun screen, bug repellent, personal medications, as needed during the day.
5. Headlamp (& Batteries)
6. Map & Compass
7. Sunglasses
8. Lightweight shelter/space blanket.
9. Appropriate equipment- depending on activity or terrain.
10. Repair kit for your own equipment including duct tape.
11. Mat to sit on
12. Other personal items of interest (Bear Spray comes to mind)

## Climbing

For information on club climbing trips contact Kevin Coble at 201-1840. To find out about weekly climbing locations or impromptu weekend trips, subscribe to the IAC climbing mailing list by visiting:

[http://www.macrobotics.com/mailman/listinfo.cgi/iac\\_climbing](http://www.macrobotics.com/mailman/listinfo.cgi/iac_climbing) or, via email, send a message with subject or body 'help' to: [iac\\_climbing-request@macrobotics.com](mailto:iac_climbing-request@macrobotics.com). Climbs will continue outdoors through September if weather allows.

### YMCA Rock Climbing Gym

Call 528.8610 for information.  
SUMMER HOURS (June 1-September 30):  
TUESDAY 4PM - 9PM SATURDAY NOON - 9PM  
WINTER HOURS (Effective October 1):  
MONDAY - FRIDAY 4PM - 9PM  
SATURDAY NOON - 9PM SUNDAY CLOSED  
Idaho Alpine Club members may show their membership card to receive 10% off daily rates or 10 punch card.

## Non-technical Hiking / Mountaineering

Unless otherwise indicated in the trip descriptions contact Sam Pole: 520-3630, or email [sbpole@cableone.net](mailto:sbpole@cableone.net) for trip information and to sign up to go on a scheduled trip, 24 hours prior to any trip.

Hiking and non-technical mountaineering is serious business...even "small" mountains. Inclement weather, exposure, traveling on snow can change an "easy" trip to a "difficult" trip in a matter of minutes. These alpine trips are not guided. These are self-supported, group adventure outings. Each trip has a leader who serves as a resource to the group and provides some basic trip structure. Participants are expected to evaluate their own physical and mental abilities prior to participating, assist with transportation, cooperate with others, participate in decision-making, identify and reduce risk to themselves and the group, and be self-reliant in preparations. The IAC has no mountaineering gear to loan. For all outings, participants are expected to bring water (few hikes or climbs have access to water); food, clothing, and appropriate mountaineering gear (and be knowledgeable and experienced in its use). Contact leaders with questions if you are new to mountaineering or new to the area. Trips may be cancelled at the last minute due to weather or conditions outside of the leader's control.

**October 3-5: Backpack Trip / Fishpole Lake (2 nights).** This is a reschedule of an earlier outing which no one called to go on. It is 1.8 miles to Iron Bog Lake and another mile to Fish Pole Lake where camp will be. Should anyone wish to camp at Iron Bog Lake, that will be ok. Overnight gear is required (cooking essentials, food, tent, sleeping bag, air mattress, etc.). Fishing and exploring will be the focus of this outing. Or if you wish to simply relax and read a book in a beautiful setting, do so. Please contact Sam Pole at 520-3630 24 hours prior to the trip. We will leave from the west Wal-Mart parking lot in front of the garden center at noon Friday the 19th. We will return late Sunday the 21st.

## Bicycling

The IAC bike rides are self-supported, group adventure outings. Each trip will have a leader who serves as a resource to the group and provides some basic trip structure. However participants are expected to evaluate their own physical and mental abilities prior to participating, assist with transportation, cooperate with others, participate in decision-making, identify and reduce risk to themselves and the group, and be self-reliant in preparations. The IAC has no biking gear to loan. For all outings, participants are expected to bring their own water; food, clothing, and appropriate bike maintenance gear (and to be knowledgeable and experienced in its use).

Trip lengths are indicated for a round trip distance. Contact leaders with questions if you are new to biking or new to the area. Trips may be cancelled or rescheduled at the last minute due to weather or conditions outside of the leader's control.

**September 27: Mountain bike / The Ashton-Tetonia Trail.** Weather permitting, may slide into early October otherwise. The trail is Idaho's newest State Park and is a fairly easy 31 mile mountain bike route on an old railroad bed. We will either ride the entire distance or ride out and back with the length determined by who goes and how far they want to ride. Contact me at [kdurstine@gmail.com](mailto:kdurstine@gmail.com) or 208-524-3505 prior to the ride. Link to map of the trail on the IDP&R website:

<http://parksandrecreation.idaho.gov/sites/default/files/uploads/documents/AshtontoTetonia/AshtonTetoniaTrail%20Map.pdf>

## For Sale

Women's Cannondale hybrid bicycle, \$350.  
Call 522.6128

Free, wet suit, women's size small/medium. Full length vest top suit, long sleeve zipper jacket. Call 522.6128.

1995 Volkswagen Eurovan Camper - \$17000 OBO

We have graduated to a trailer. Hate to give up the camp mobile, but really don't have room for it on our property. Call 520.1728

187,000 miles, 2.5, 5 cylinder, Audi 12v front engine, front wheel drive (excellent power and gas mileage approx 21/gal)

Manual Transmission

Cruise control

New performance tires with approximately 2k miles on them

New water pump & timing belt

New alternator

New A/C

Front heater

Full Winnebago Camper Package:

Pop-Top with bunk-bed, Lower seat converts to bed  
Sleeps 3-4

Swiveling front captains chairs

Refrigerator is a new Norcold 3 way 12v/110v/propane w/high altitude kit stays lit at high elevations

Two-burner propane stove

Light Fixtures all converted to LED

Window blinds

Furnace in living area is a 3way thermostat controlled 12v/110v/propane

On-board propane tank

Sink/rear shower hose, 13 gallon fresh water/8 gallon grey water tanks, Kitchen/closet cabinetry

Coach battery system

Alpine Stereo system with CD player auxiliary input for an iPod

Garaged, Tender Loving Care, Same owner since 2003

## IAC Logo T-Shirts & Patches!

Dri Release material with embroidered IAC Logo! Small, Medium, Large, and X-Large Short sleeve \$20 each. Long sleeve \$25 each.

A women's style short sleeve shirt is available for \$20 on a prepaid special order basis. It is fitted with shorter sleeves in a wicking material.

A limited number of embroidered Color IAC Logo Patches are available for \$10 each.

## MEMBERSHIP RENEWALS

It is October and time to start renewing memberships. Over the last 5+ years club membership numbers have been fairly consistent (Approximately 100 single/family memberships). This is a good record but the council has noted that there are some folks who participate in club activities, yet have not become members or renewed their memberships. Memberships are for one year only. They are not life memberships. So, if you intend to continue participating in club activities, please join or rejoin for 2015. Membership is required to participate in the climbing and rafting (or water) activities or after participating in one of any other activities.



Abbie Zaladonis, Joyce and Sam Pole on a Fossil Mountain Day Trip Photo by Susan McKinley

Dates to Remember:

Oct 1: Member Slide Night

Sept 27: Mountain Bike Ride/ The Ashton-Tetonia Trail

Oct 3-5: Backpack Trip / Fishpole Lake (2 nights)

Oct 25: Highway Cleanup

Climbing: Subscribe to find out updates to the weekly climbing plans. See page 2 for information on how to subscribe.

**Become a Fan**

Find us on Facebook. Last minute trips can be posted on the wall. Additionally, photos from club trips you have gone on can be easily posted on the wall singly or as an album if you took a lot of photos.

"I love it when it snows. Its like a blank sheet of paper for you to draw on. Its a wonderful world" ~Calvin

**Enjoy the outdoors with the IAC  
Join today**

*For more information write to the address below or visit our web site to download a free newsletter and application:*

**Idaho Alpine Club**  
**P.O. Box 2883**  
**Idaho Falls, Idaho 83403-2883**  
[www.IdahoAlpineClub.org](http://www.IdahoAlpineClub.org)

**Membership Fees**

	Full Year	Part Year 7/1 - 9/30
Individuals:	\$25	\$20
Families:	\$30	\$25

After October 1, the payment of full year fee applies to the following year. Otherwise the normal Membership year is January 1-December 1.

Full-time students (18 or older) and seniors (65 or older): \$5 off the above fee schedule.

IAC Council Meeting Monthly minutes are available on line.

**Support the Merchants who  
Support the IAC**

Show your membership card for 10% discounts on regularly priced merchandise:

- Idaho Mountain Trading 523-6679 Shoup & B (Non-Sale Items Only)
- Bill's Bike Shop 522-3341 Snake River Crossing (Excludes bicycles)
- Canyon Whitewater Supply 522-3932 (Accessories Only) 450 S Yellowstone, Idaho Falls
- The Preparedness Store & Bosch Kitchen Center 120 Northgate Mile Idaho Falls, ID 524-8300 10% off backpacking, dehydrated & freeze-dried foods 10% off any outdoor accessories
- YMCA Climbing Gym 528-8610 755 South Capital Avenue
- Lynna and Leland Howard offer a 10% discount on their published books. 357-1917 or 357-3166; [Lynna.howard@mac.com](mailto:Lynna.howard@mac.com) [leland@wildernessbooks.com](mailto:leland@wildernessbooks.com)
- Discounts on Jerry Painter's Hiking & Biking guide books