

Idaho Alpine Club Bulletin

Volume 55 - Issue Number 10 - October 2015

CLIMBING•MOUNTAINEERING•BACKPACKING•DAYHIKING•BICYCLING•XCSKIING•SNOWSHOEING•RAFTING

web site: www.idahoalpineclub.org

e-mail: info@idahoalpineclub.org

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2015 Council

President	Sue Braastad	881-4354
Vice-president	Karl Bohan	529-0151
Secretary	Susan McKinley	529-4583
Treasurer	Donna Whitham	520-1728

Members-at-Large

Bill Beach	520-4905
Colleen Bohan	529-0151
Sheila Kappel	528-8788
Sam Pole	520-3630
Richard Scheerer	881-6331
Mark Whitham	520-7232

Council Meetings:

Council Meetings are generally held on the second Thursday of each month at 7:00 PM. IAC Council Meeting Monthly minutes are available on line.

Upcoming Council Meetings:

Oct 14: Whitham's Home 706 Laurelwood Ave

Activity Coordinators:

Backpacking	Sam Pole	520-3630
Bicycling	Ken Durstine	524-3505
Climbing/Mountaineering	Kevin Coble	201-1840
Conservation	Open	
Cross-Country Skiing / Snowshoeing	Whithams	520-1728
Day Hiking	Sam Pole	520-3630
Rafting	Greg Hulet	523-6199
Trail Maintenance	Bill Beach	520-4905
Bulletin Editor	Donna Whitham	520-1728
Publicity	Open	
Historian/Librarian	Barbara Brown	522-8977
WebMaster	George Cole	716-0024
Program	Bob Tyler	787-2601

General Club Meeting

Held at **7:00 P.M.** on the first WEDNESDAY of each month, in the meeting location indicated in the program description.

NO GENERAL MEETING IN JULY.

NOVEMBER Bulletin Deadline is:

5 PM on October 5

Trip descriptions, reports, and material for inclusion in the next bulletin are due by the **5TH** of the month due to bulk mailer deadlines.

Please send electronically to the bulletin editor at editor@idahoalpineclub.org

NOTE: Hand written or hard copy material will be included in the bulletin, time permitting.

Idaho Alpine Club

WEDNESDAY, OCTOBER 7, 2015 @ 7:00 PM

"MEMBER SLIDE NIGHT"

DEVELOPMENT WORKSHOP

555 WEST 25TH ST

From 17th Street & Rollendet, go south to 25th Street. Turn right (west). IDW is on the left side of street. Park in the parking lot to the east of the building. Enter via front door, then follow hallway around to the right to the meeting room.

It is time to share those memories of club or personal trips we have enjoyed this past year. We all have had some fabulous trips, that will be fun to share.

Please bring your digital photos on a flash / thumb drive and be prepared to talk a little about them. The Whithams will make their LED projector and laptop available at the meeting. If you don't have digital photos, be sure to bring your snapshots or scrapbooks to the meeting. This will be a great excuse to sort and organize your photos from the years activities.

The meeting is open to the public and all outdoor enthusiasts are invited to attend. For more information contact programs@idahoalpineclub.org, log onto the club website at www.idahoalpineclub.org

2016 Council Members Needed

As we begin to close 2015, we need at least 5 members to volunteer to be on the 2016 IAC council, to replace council members whose service time is ending. Please, if you are interested in serving as a council member/club officer, consider doing so and contact a council member or say yes if you are called. None of the positions take a lot of time or are all that hard. The club has existed for 55 years because members have made the effort to serve.

President Speaks

The leaves on the trees have started turning and we are enjoying shorter days that start out a little chilly, but warm up nicely. The chill reminds us that soon we will be dusting off the snowshoes and scraping the storage wax off of our skis in anticipation of winter visiting us once again. First, however, we must wait through that shoulder season of unpredictable weather and the times when it is too muddy or wet or not enough snow to do much. Watch the Facebook page for last minute announcements of a fall trip or two, during the week or on a weekend.

Those who missed our September meeting, missed out on a super informative clinic that was mainly geared toward those of us who have waxless skis. Yes, even waxless skis need their bases cleaned and an application of glide wax on the tips and tails once in a while. Jack Hart, a rep for Swix wax, Madshus skis and Atlas snowshoes gave us a great waxing clinic, including pointers on what type of waxes are best for this part of the country, to keep us sliding instead of sticking.

Participation on Club Activities Common Adventures / Trips:

With the exception of rafting trips, or activities which require the use of any club equipment, or trips limited to club members: non-members may attend a maximum of ONE club trip or activity, then must be members in good standing to continue participating.

Participants must be members in good standing to go on rafting trips, trips which require the use of any club equipment, or trips limited to club members only, or needing rafting rentals. Participants on a club trip must pay any established trip fee, abide by club rules and activity guidelines, and must follow instructions of the activity coordinator.

An individual may not participate in any common adventure/trip of the club unless that individual has read and signed the common adventure form for that specific activity prior to embarking on that adventure / trip / activity.

Additionally, be sure to ask the trip leader if your dog is welcome on a trip. Most times they are welcome if on leash. Some locations prohibit our best friend or require they be leashed.

The following list of items is a general list that applies to many activities. If you are not sure if there is a specific item that is needed on a trip, be sure to ask the trip leader when signing up for the trip:

All Trips Bring Your Own (aka The 10 Essentials +):

1. Water
 2. Food/snacks
 3. Dress in layers. Bring adequate extra appropriate protective clothing - no cotton. Puffy jackets take up little room these days. Hat and gloves or mittens.
 4. Minor first aid items including sun screen, bug repellent, personal medications, as needed during the day.
 5. Headlamp (& Batteries)
 6. Map & Compass
 7. Sunglasses
 8. Lightweight shelter/space blanket.
 9. Appropriate equipment- depending on activity or terrain.
 10. Repair kit for your own equipment including duct tape.
- + . Mat to sit on
+ . Other personal items of interest (Bear Spray etc.)

Climbing

For information on club climbing trips contact Kevin Coble at 201-1840. To find out about weekly climbing locations or impromptu weekend trips, subscribe to the IAC climbing mailing list by visiting:

http://www.macrobotics.com/mailman/listinfo.cgi/iac_climbing OR, via email, send a message with subject or body 'help' to: iac_climbing-request@macrobotics.com.

YMCA Rock Climbing Gym

Call 528.8610 for information.

OR FOR CURRENT HOURS AND RATES:

WWW.IFYMCA.ORG/PROGRAMS/YMCA-CLIMBING-GYM/
Idaho Alpine Club members may show their membership card to receive 10% off daily rates or 10 punch card.

Wednesday night climbing outdoors will continue into the fall, if weather allows. Otherwise we will climb at the YMCA gym.

Non-technical Hiking / Mountaineering

Unless otherwise indicated in the trip descriptions contact Sam Pole: 520-3630, or email sbpole@cableone.net for trip information and to sign up to go on a scheduled trip, 24 hours prior to any trip.

Hiking and non-technical mountaineering is serious business...even "small" mountains. Inclement weather, exposure, traveling on snow can change an "easy" trip to a "difficult" trip in a matter of minutes. These alpine trips are not guided. These are self-supported, group adventure outings. Each trip has a leader who serves as a resource to the group and provides some basic trip structure. Participants are expected to evaluate their own physical and mental abilities prior to participating, assist with transportation, cooperate with others, participate in decision-making, identify and reduce risk to themselves and the group, and be self-reliant in preparations. The IAC has no mountaineering gear to loan. For all outings, participants are expected to bring water (few hikes or climbs have access to water); food, clothing, and appropriate mountaineering gear (and be knowledgeable and experienced in its use). Trip lengths are indicated for an approximate round trip distance. Contact leaders with questions if you are new to mountaineering or new to the area.

Trips may be cancelled at the last minute due to weather or conditions outside of the leader's control.

REMINDER: As a precaution, any time we hike east of I-15 and north of the Snake River/Palispades Reservoir, bear spray is necessary.

Sept 25-27 -Backpack 2 nights / Fish Pole Lake: This is a rescheduled outing and is tentative depending on how well I do on several preceding hikes. It is 1.8 miles to Iron Bog Lake and another mile to Fish Pole Lake where camp will be. Should anyone wish to camp at Iron Bog Lake, that will be ok. Overnight gear is required (cooking essentials, food, tent, sleeping bag, air mattress, etc.). Fishing and exploring will be the focus of this outing. Or if you wish to simply relax and read a book in a beautiful setting, do so. Please contact **Sam Pole at 520-3630** prior to the trip. We will leave from the west Wal-Mart parking lot in front of the garden center Friday, Sept 25 at 8 am. We will return late Sunday, Sept 27.

MEMBERSHIP RENEWALS

It is October and time to start renewing memberships. Over the last 5+ years club membership numbers have been fairly consistent (Approximately 100 single/family memberships). This is a good record but the council has noted that there are some folks who participate in club activities, yet have not become members or renewed their memberships. Memberships are for one year only. They are not life memberships. So, if you intend to continue participating in club activities, please join or rejoin for 2015. Membership is required to participate in the climbing and rafting (or water) activities or after participating in one of any other activities.

October 17: IAC Highway Clean-Up

It is that time of year to contribute to the community and have a great time with friends while helping to clean up our short 2 mile section of Highway 31. The section is located between mile marker 6 & 8 near the old Pine Basin Ski area.

Benefits include getting out in the fresh air, exercise, the feeling of pride in your efforts every time you drive thru that section of highway. Matching bright orange safety vests and trash sacks are provided for our use. Work gloves are required. Leather boots & safety glasses recommended.

If it snows, it will just make it more of a challenge to find the cans and bottles on the sides of the road.

Remember the more who show up, the faster the work is done. For more information and to sign up for this easy fun day, call the Whithams by October 12 at 520.1728 or 520.7232. Note: This may change to the 24th. We will know by the 12th.

Bicycling

It's still biking season, unpredictable weather, chilly mornings, and all. I'm working on the some mountain bike rides, but they will be scheduled ad hoc, on pretty short notice. If you want to be notified of upcoming rides, send contact information, preferably an email address, and a 1st choice of weekend day, to kdurstine@gmail.com, or a txt to 208-534-3505. These are planned to be day rides, but if enough interest is shown, we might do an evening or even a night ride. In general, these are not beginner rides and require some physical conditioning with strong intermediate riding skills.

The IAC bike rides are self-supported, group adventure outings. Each trip will have a leader who serves as a resource to the group and provides some basic trip structure. However participants are expected to evaluate their own physical and mental abilities prior to participating, assist with transportation, cooperate with others, participate in decision-making, identify and reduce risk to themselves and the group, and be self-reliant in preparations. The IAC has no biking gear to loan. For all outings, participants are expected to bring their own water; food, clothing, and appropriate bike maintenance gear (and to be knowledgeable and experienced in its use). Trip lengths are indicated for a round trip distance. Contact leaders with questions if you are new to biking or new to the area. Trips may be cancelled or rescheduled at the last minute due to weather or conditions outside of the leader's control.

For Sale: Bontrager Racelight Wheelset, used, 700C, clincher rims, flat-bladed spokes, 9 cog Shimano cassette. Comes with tires-\$115.00. Bob Tyler, 787-2601

From Hikers to Heroes: Citizen Scientists Are Saving the World (an excerpt from *American Society Paperless Trail September 2015*) By: Sam Hodder, President & CEO, Save the Redwoods League

For many of us, time on the trail is a treasured respite from the constant connectedness of our day-to-day lives; a chance to get away from technology and be unreachable for a while. But there are many who see that there is a place for technology in how we experience wild places, and that in some cases, staying "connected" while in nature can be a terrific part of engaging with the outdoors. As a father of teenagers, I'm beginning to come around.

To be clear, I'm not talking about answering phone calls, texts or emails while on the trail. I'm talking about those elements of staying connected that relate directly to the outdoor experience: technology that can enhance your understanding of the place you are exploring, add interpretive content to your adventure, and even allow you to contribute to the science of conservation and the effort to protect special places.

All of us, armed with just a smartphone and our powers of observation, can make a tangible difference on our next hike. We can help scientists monitor and understand the condition of our beloved natural places and track how they are responding to a changing climate. We can provide real, valuable data that gives a solid boost to how much scientists can learn, and how quickly.

Many of us are already helping out, and that data is contributing heavily to research. ...a quick internet search for citizen science programs will turn up lots of options. Contact your favorite local conservation organization or land trust for suggestions. Universities, nonprofits, parks departments and other agencies have long been calling on all of us who love the outdoors to engage in the scientific process and provide our input, and now it's both easier, and more important than ever.

Citizen science programs are great for both kids and adults. They make the outdoors, and science, even more fun and accessible, and help open up a whole new world of observation in nature. So the next time you are recharging your own battery on your favorite trail, try seeing how a little technology can enhance that experience and engage you even more deeply in the conservation process.

IAC Logo T-Shirts & Patches!

Dri Release material with embroidered IAC Logo! Small, Medium, Large, and X-Large Short sleeve \$20 each. Long sleeve \$25 each. A women's style short sleeve shirt is available for \$20 on a prepaid special order basis. It is fitted with shorter sleeves in a wicking material.

A limited number of embroidered Color IAC Logo Patches are available for \$10 each.



We now have 3.5" X 2.45" vinyl IAC stickers available. Renewing members will receive 1 per single or 2 per family upon renewal. Additional stickers are 50 cents each.

Idaho Alpine Club
P.O. Box 2883
Idaho Falls, Idaho 83403-2883

Dates to Remember:

- Oct 7 IAC General Meeting "Member Slide Night"
- Sep 25-27 Backpack 2 nights / Fish Pole Lake
- Oct 17 Highway Cleanup

Climbing: Subscribe to find out updates to the weekly climbing schedule. See page 2 for information on how to subscribe.

Become a Fan

Find us on Facebook. Last minute trips can be posted on the wall. Additionally, photos from club trips you have gone on can be easily posted on the wall singly or as an album if you took a lot of photos.

**Enjoy the outdoors with the IAC
Join today**

For more information write to the address below or visit our web site to download a free newsletter and application:

Idaho Alpine Club
P.O. Box 2883
Idaho Falls, Idaho 83403-2883
www.IdahoAlpineClub.org

Membership Fees

	Full Year	Part Year 7/1 - 9/30
Individuals:	\$25	\$20
Families:	\$30	\$25

After October 1, the payment of full year fee applies to the following year. Otherwise the normal Membership year is January 1- December 1.

Full-time students (18 or older) and seniors (65 or older): \$5 off the above fee schedule.

IAC Council Meeting Monthly minutes are available on line.

Support the Merchants who Support the IAC

Show your membership card for 10% discounts on regularly priced merchandise:

- Idaho Mountain Trading 523-6679
Shoup & B (Non-Sale Items Only)
- Bill's Bike Shop 522-3341
Snake River Crossing (Excludes bicycles)
- The Preparedness Store & Bosch Kitchen Center 120 Northgate Mile Idaho Falls, ID 524-8300
10% off backpacking, dehydrated & freeze-dried foods 10% off any outdoor accessories
- YMCA Climbing Gym 528-8610
755 South Capital Avenue
- Lynna and Leland Howard offer a 10% discount on their published books. 357-1917 or 357-3166; lynna.howard@mac.com leland@wildernessbooks.com
- Discounts on Jerry Painter's Hiking & Biking guide books.
- <http://www.tetonhikingtrails.com> offers detailed hiking information for Grand Teton National Park & has a link to IAC's website.