

# Idaho Alpine Club Bulletin

Volume 52 - Issue Number 9 - September 2012

CLIMBING•MOUNTAINEERING•BACKPACKING•DAYHIKING•BICYCLING•XCSKIING•SNOWSHOEING•RAFTING

web site: [www.idahoalpineclub.org](http://www.idahoalpineclub.org)e-mail: [info@idahoalpineclub.org](mailto:info@idahoalpineclub.org)

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## 2012 Council

President	Sam Pole	523-4970
Vice-president	Lisa Hamilton	251-4893
Secretary	Susan McKinley	529-4583
Treasurer	Donna Whitham	520-1728

## Members-at-Large

Colleen Bohan		529-0151
Karl Bohan		529-0151
Sue Braastad		881-4354
Mark Whitham		520-7232

## Council Meetings:

Council Meetings are generally held on the second Tuesday of each month at 7:00 PM. IAC Council Meeting Monthly minutes are available on line.

Upcoming Council Meetings:

Sept 12: Whitham's home 706 Laurelwood Ave.

## Activity Coordinators:

Backpacking	Sam Pole	523-4970
Bicycling	Jeff Coward	522-8135
Climbing/Mountaineering	Kevin Coble	201-1840
Conservation	Open	
Cross-Country Skiing / Snowshoeing	Whithams	520-1728
Day Hiking	Sam Pole	523-4970
Rafting	Greg Hulet	523-6199
Trail Maintenance	Alan Crockett	529-5188
Bulletin Editor	Donna Whitham	520-1728
Bulletin Assistant	Mark Whitham	520-7232
Publicity	Open	
Historian/Librarian	Barbara Brown	522-8977
WebMaster	George Cole	716-0024
Program	Bob Tyler	787-2601

## General Club Meeting

Held at **7:00 P.M.** on the first WEDNESDAY of each month, normally in the large meeting room of the Idaho Falls Public Library.

NO GENERAL MEETING IN JULY.

## SEPTEMBER Bulletin Deadline is:

**5 PM on August 5**

Trip descriptions, reports, and material for inclusion in the next bulletin are due by the **5<sup>TH</sup>** of the month due to bulk mailer deadlines.

Please send electronically to the bulletin editor at [editor@idahoalpineclub.org](mailto:editor@idahoalpineclub.org)

Note: Hand written or hard copy material will be included in the bulletin, time permitting.

## Idaho Alpine Club

### "AWAKENING THE SKEENA"

**WEDNESDAY, SEPTEMBER 5, 2012 @ 7:00 P.M.**

>>>NOTE: NEW MEETING LOCATION<<<

**IDAHO DEPARTMENT OF FISH AND GAME**

**4279 COMMERCE CIRCLE, IDAHO FALLS**

**THE BEAVERHEAD ROOM (UPSTAIRS)**

Just when it seems a grass roots activist can't make a difference when confronted by entrenched economic entities that have deep pockets and the political influence that goes along with lots of money, someone comes along to disprove the conventional wisdom. When Shell Oil Co. decided it wanted to frack coalbed methane gas from an area in British Columbia near the Skeena, Nass and Stikine Rivers termed the "Sacred Headwaters", a 33-year old chef made opposition to the project a cause celebre in Canada by swimming the 378 mile length of the Skeena River from it's headwaters to the Pacific Ocean over a 26 day period in the summer of 2009. As Ali Howard's swim progressed downriver, First Nations communities began coming out to meet her and her story became national news in Canada and raised awareness of the environmental threat to the river's salmon fishery and the threat of industrialization to the river's watershed which provides habitat for moose, caribou and bears. Ali swam four to eight hours each day accompanied by a support crew and wore a dry suit, flotation device and helmet for personal safety.

This Canadian documentary of Ali's swim has an awesome soundtrack and won the award for Best Environmental Film at the Reel Paddling Film Festival. We will also show an award-winning short called "Fall" which follows kayaker Kate Wagner as she enjoys the contemplative pleasure of paddling on the White Salmon River in Washington during autumn.

The meeting is open to the public and all outdoor enthusiasts are invited to attend. For more information contact [programs@idahoalpineclub.org](mailto:programs@idahoalpineclub.org), log onto the club website at [www.idahoalpineclub.org](http://www.idahoalpineclub.org).

## President Speaks

When is a Road Not a Road? North Central Idaho's Magruder Corridor What do you get when you mix a science teacher/wildlife major, a forester, a fisheries expert, and a school superintendent with the great outdoors? Therapy! This year's annual backcountry trek with friends and former roommates from 34 years ago took us to the northern boundary of the Frank Church Wilderness and a "road" that connects Darby, Montana to Elk City, Idaho.

If you are looking for something other than SE Idaho's lodgepole pine forest, this is the place to be. Ponderosa pine, western larch, western red cedar, and even mountain and western hemlocks put down roots in this area. While we did not see or hear any wolves (one partial track was spotted near Cold Springs campground), we spotted a fine looking herd of elk near Westfork, MT, with some of the cows tending triplets! (Continued on Pg 2)

(Continued from pg 1)

Following in the footsteps of Pete Fromm, author of "Indian Creek Chronicles", we checked out an historic hatchery channel at Indian Creek, Magruder Ranger Station, and a hunting camp called Paradise. Then came Magruder crossing... the point where the term "road" became little more than a euphemism and top speed dropped to less than 10 mph. The route narrowed to a single lane, with downed trees and rocks trying hard to, but not successful in, blocking our passage. Finally, we came to an opening in the trees. We stopped, looked, and wondered. The last mile up to Dry Saddle appeared to be more of a rock strewn ledge than a road...no room for anyone traveling the opposite direction to pass, no place to change a tire (we had one flat the previous day), and steep!

After taking in the view and having some lunch, we chugged on... one boulder, one big bump at a time. If the steering wheel were a neck, our truck would have quickly been strangled. It was easy to see how Lloyd Magruder "disappeared" after being murdered in this area in 1863 while carrying gold he had earned from supplying miners at a camp near Virginia City, MT back to Lewiston, ID.

The road down the west side of Dry Saddle was in better condition. A Barred Owl spoke to us from the darkness while we were camped at Cold Springs that night. While approaching Elk City the following day, a couple members of our party were convinced they could hear banjos playing the theme from the movie "Deliverance". Unlike in Deliverance, however, the natives were friendly and the trip was a huge success.

~ Contributed by Karl Bohan

**Participation on Club Activities / Trips:** With the exception of rafting trips, trips which require the use of any club equipment, or trips limited to club members: non-members may attend a maximum of ONE club trip or activity, then must be members in good standing to continue participating. Participants must be members in good standing to go on rafting trips, trips which require the use of any club equipment, or trips limited to club members only, or needing rafting rentals. Participants on a club trip must pay any established trip fee, abide by club rules and activity guidelines, be 18 or older or accompanied by a parent or guardian, and must follow instructions of the activity coordinator. An individual may not participate in any common adventure/trip of the club unless that individual has read and signed the common adventure form for that specific activity prior to embarking on that adventure / trip / activity.

### Climbing

For information on club climbing trips contact Kevin Coble at 201-1840. Wednesday Night rock climbing at local climbing areas, will begin the first Tuesday after Memorial Day. To find out about Fall weekly climbing locations or impromptu weekend trips, subscribe to the IAC climbing mailing list by visiting:

[http://www.macrobotics.com/mailman/listinfo.cgi/iac\\_climbing](http://www.macrobotics.com/mailman/listinfo.cgi/iac_climbing) or, via email, send a message with subject or body 'help' to: [iac\\_climbing-request@macrobotics.com](mailto:iac_climbing-request@macrobotics.com).

### Wednesday night climbing schedule for 2012:

Aug. 29 Paramount

Climbing after August 29, will be decided from week to week via the climbing chat group.

#### YMCA Rock Climbing Gym

Call 528.8610 for information. SUMMER HOURS:

TUESDAY 4PM - 9PM & SATURDAY NOON - 9PM

Idaho Alpine Club members may show their membership card to receive 10% off of daily rates or the 10 punch card.

### September 15 - Pocatello Pump

The Pocatello Pump, the oldest rock climbing competition in America (31 years), originated as a "climbers picnic" in the fall of 1981. The Pump has gained a reputation over the years as a fun, friendly rock climbing competition, each year bringing familiar and new faces alike to the basalt cliffs of Ross Park. The focus is on fun and the enjoyment of climbing. In this age of "serious climbing", we have maintained a contest which brings out the good natured side of most people involved. The locals of Pocatello really love to see other climbers "pump" themselves up on the best quarter mile of basalt anywhere.

Hosted by the Idaho State University Outdoor Adventure Center. \$5 from every entry fee goes to support the Access Fund; Access Fund Membership drive prize drawing too.

### Non-technical Mountaineering

For information and to sign up to go, as noted in the trip descriptions, please contact the trip coordinator listed, 24 hours prior to any trip. The American climbing class definitions are posted at [www.idahoalpineclub.org](http://www.idahoalpineclub.org). For more information on mountaineering the book *Mountaineering: Freedom of the Hills* by the Mountaineers, has long been the American "Bible" of climbing.

Climbing mountains is serious business...even "small" mountains. Inclement weather, exposure, traveling on snow can change an "easy" mountain to a "difficult" mountain in a matter of minutes. These alpine trips are not guided climbs. These are self-supported, group adventure outings. Each trip has a leader who serves as a resource to the group and provides some basic trip structure. However participants are expected to evaluate their physical and mental abilities prior to participating, assist with transportation, cooperate with others, participate in decision-making, identify and reduce risk to themselves and the group, and be self-reliant in preparations. The IAC has no mountaineering gear to loan. For all outings, participants are expected to bring water (few climbs have access to water); food, clothing, and appropriate mountaineering gear (and be knowledgeable and experienced in its use). Trip lengths

are indicated for an approximate round trip distance. Contact leaders with questions if you are new to mountaineering or new to the area. Trips may be cancelled at the last minute due to weather or conditions outside of the leader's control.

**September 15: Day Hike / Snake River Canyon:**

This hike is for those who have not been able to do the previously more strenuous and high elevation hikes thus far. This is an easy day hike along a scenic shelf above the Snake River up river from Heise. We will begin the hike from Black Canyon and hike approximately 4+miles and then return along the same trail for our drive back to Idaho Falls. Please contact Sam Pole at 520-3630 24 hours prior to the trip.

**September 22: Day Hike / Middle Teton:**

This is a strenuous hike with an early morning departure from the trailhead. Ken Krivanek proposed an active hiking schedule for this summer with the goal to climb the Middle Teton. Ken had to abandon his basic plans due to out of state work, but his hiking plan has remained somewhat in place with a few changes to fit Sam Pole's availability to schedule hikes. A Middle Teton climb date was proposed for an earlier time but September 22 is now the target date to climb the Middle Teton with Ken.

**Bicycling**

The latest road bike maps will be available on the IAC website under club archives, road biking maps.

**Local Biking**

Please contact Sandy Krivanek at 589-2366 for information on weekend road bike rides thru the remainder of the summer. For information and to sign up to go on specific rides, as noted in the trip descriptions, please contact the coordinator indicated, 24 hours prior to any trip. Bicycling protocol / safety tips, and a link to Idaho bicycling laws are posted at [www.idahoalpineclub.org](http://www.idahoalpineclub.org)

These bike rides are self-supported, group adventure outings. Each trip will have a leader who serves as a resource to the group and provides some basic trip structure. However participants are expected to evaluate their physical and mental abilities prior to participating, assist with transportation, cooperate with others, participate in decision-making, identify and reduce risk to themselves and the group, and be self-reliant in preparations. The IAC has no biking gear to loan. For all outings, participants are expected to bring water; food, clothing, and appropriate bike maintenance gear (and to be knowledgeable and experienced in its use).

Trip lengths are indicated for a round trip distance. Contact leaders with questions if you are new to biking or new to the area. Trips may be cancelled at the last minute due to weather or conditions outside of the leader's control.

**Rafting / Kayaking / Canoeing**

For information on renting club rafting gear (IAC club members only) contact Greg Hulet at 523-6199 or [rafting@idahoalpineclub.org](mailto:rafting@idahoalpineclub.org).

For trip information contact the trip leader indicated in the trip description. You MUST be an IAC member to participate in IAC raft trips or to rent IAC gear.

**Club Gear available:**

Rafts can be checked out by those who have demonstrated ability to handle a boat on the type of water to be run. Life jackets are included with each boat. Boats must be returned dry and clean. Damage to boat must be repaired and if extensive, paid for. Checkout fees are for days on the water. All fees go to the rafting fund to buy new equipment:

- 16-ft Ryken self-bailer - \$60/day
- 15-ft Aire self-bailer - \$60/day
- 13.5-ft Maravia self-bailer - \$60/day
- 14-ft Ryken conventional floor - \$20/day
- 14-ft Udisco conventional floor - \$20/day
- 2 - Inflatable kayaks - \$20/day each

**Invasive Species Prevention** - All craft..motorized and non-motorized (except inflatable non-motorized craft under 10 feet) is required to have a sticker. The sticker is \$7.00 per boat plus \$1.30 for online purchase. The money will go to the Idaho Invasive Species Fund. The stickers can be purchased at the East Idaho Visitor Center, IDPR East Region HQ on Commerce Dr.(by IDF&G), and Sportsman's Warehouse.

**Unique Survival Tips from American Alpine Club by Jeff Wise**

Don't let your expedition go south. The American Alpine Club offers some survival tips so you don't have to call in the big guns. Whether you love hiking, climbing, mountain biking, or kayaking, you probably know a lot about outdoor safety. But if your expedition goes sour, first aid training and compass skills might not be enough to pull you from a life-threatening morass.

1.Fire Starters: You Didn't Know You Had. Cleaning wounds is not a high priority when you're lost or close to hypothermic. Bust out the first-aid kit anyway! You'll find a few staples—alcohol swabs and cotton balls—that serve double duty as fire starters in an emergency. For extra spark, coat the cotton in petroleum jelly. Duct tape is also flammable, which demonstrates yet again that it is, without question, the most versatile tool in the universe. Or is it?

2.Fishing Line: The New Duct Tape. Duct tape is good, but fishing line might be even better. Not only is fishing line super lightweight, but it also has dozens of backcountry uses when you're in trouble. Catch your food. Tie up a tarp for your shelter, repair clothes and shoes, or stitch up your wounds.

3.The Sun: Nature's Iodine. For safe drinking water in the backcountry, filters and tablets are best, of course. But there's another crafty way to do away with dangerous bacteria in your water. Pack a plastic bottle of soda and drink it the first night of your trip. Save the bottle because the thin layer of polyethylene terephthalate (PET) allows the sun's ultraviolet radiation to perform a bit of magic. Just fill the bottle most of the way with your questionable water, shake it up, top it off, cap it, and put it in direct sunlight.

**Dates to Remember:**

**Sep 5: Idaho Alpine Club  
General Meeting  
"AWAKENING THE SKEENA"**

**>>NOTE:NEW MEETING LOCATION<<  
IDAHO DEPARTMENT OF FISH & GAME  
4279 COMMERCE CIRCLE, IDAHO FALLS  
THE BEAVERHEAD ROOM (UPSTAIRS)**

Aug 25: Day Hike / Table Mountain

Aug 29: Climbing/Paramount

Sep 15: Day Hike / Snake River Canyon

Sep 15: Climbing / Pocatello Pump

Sep 22: Day Hike / Middle Teton

**Climbing:** Subscribe for updates to the weekly climbing plans. See page 2 for information on how to subscribe.

**Become a Fan**

Find us on Facebook. Last minute trips may be posted on the wall. Additionally, photos from club trips you have gone on can be easily posted on the wall singly or as an album if you took a lot of photos.

**Enjoy the outdoors with the IAC  
Join today**

*For more information write to the address below or visit our web site to download a free newsletter and application:*

**Idaho Alpine Club  
P.O. Box 2883  
Idaho Falls, Idaho 83403-2883**

[www.IdahoAlpineClub.org](http://www.IdahoAlpineClub.org)

**Membership Fees**

Full Year		
10/1	7/1-12/31	

Individuals:	\$25	\$20
Family:	\$30	\$25

After October 1, the payment of full year fee applies to the following year.

Full-time students (18 or older) and seniors (65 or older): \$5 off the above fee schedule.

**IAC Logo T-Shirts & Patches!**

Dri Release material with embroidered IAC Logo! Small, Medium, Large, and X-Large Short sleeve \$20 each. Long sleeve \$25 each. A women's style short sleeve shirt is available for \$20 on a prepaid special order basis. It is fitted with shorter sleeves in a wicking material.

A limited number of embroidered Color IAC Logo Patches are available for \$10 each.

**Support the Merchants who  
Support the IAC**

Show your membership card for 10% discounts on regularly priced merchandise:

- ★ Idaho Mountain Trading 523-6679 Shoup & B (Non-Sale Items Only)
- ★ Bill's Bike Shop 522-3341 805 S. Holmes Ave. (Excludes bicycles)
- ★ Canyon Whitewater Supply 522-3932 (Accessories Only) 450 S Yellowstone, Idaho Falls
- ★ The Preparedness Store & Bosch Kitchen Center 120 Northgate Mile Idaho Falls, ID 524-8300 10% off backpacking, dehydrated & freeze-dried foods 10% off any outdoor accessories
- ★ YMCA Climbing Gym 528-8610 755 South Capital Avenue
- ★ Lynna and Leland Howard offer a 10% discount on all of their published books. 357-1917 or 357-3166; [lynna.howard@mac.com](mailto:lynna.howard@mac.com) [leland@wildernessbooks.com](http://leland@wildernessbooks.com)
- ★ Discounts on Jerry Painter's Hiking & Biking guide books

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