

Idaho Alpine Club Bulletin

Volume 53 - Issue Number 9 - September 2013

CLIMBING•MOUNTAINEERING•BACKPACKING•DAYHIKING•BICYCLING•XCSKIING•SNOWSHOEING•RAFTING

web site: www.idahoalpineclub.org

e-mail: info@idahoalpineclub.org

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2013 Council

President	Sam Pole	520-3630
Vice-president	Sue Braastad	881-4354
Secretary	Susan McKinley	529-4583
Treasurer	Donna Whitham	520-1728

Members-at-Large

Colleen Bohan	529-0151
Karl Bohan	529-0151
Ken Durstine	524-3505
Sheila Kappel	528.8788
Joyce Storey	521-2572
Mark Whitham	520-7232

Council Meetings:

Council Meetings are generally held on the second Thursday of each month at 7:00 PM. IAC Council Meeting Monthly minutes are available on line.

Upcoming Council Meetings:

Sept 11: McKinley's Home 425 Pevero Dr.

Oct 8 (TBD): Kappel's Home

Activity Coordinators:

Backpacking	Sam Pole	520-3630
Bicycling	Ken Durstine	524-3505
Climbing/Mountaineering	Kevin Coble	201-1840
Conservation	Open	
Cross-Country Skiing / Snowshoeing	Whithams	520-1728
Day Hiking	Sam Pole	520-3630
Rafting	Greg Hulet	523-6199
Trail Maintenance	Alan Crockett	529-5188
Bulletin Editor	Donna Whitham	520-1728
Publicity	Open	
Historian/Librarian	Barbara Brown	522-8977
WebMaster	George Cole	716-0024
Program	Bob Tyler	787-2601

General Club Meeting

Held at **7:00 P.M.** on the first WEDNESDAY of each month, normally in the Beaverhead meeting room at the Idaho Fish and Game office.

NO GENERAL MEETING IN JULY.

OCTOBER Bulletin Deadline is:

5 PM on September 5

Trip descriptions, reports, and material for inclusion in the next bulletin are due by the 5TH of the month due to bulk mailer deadlines.

Please send electronically to the bulletin editor at editor@idahoalpineclub.org

NOTE: Hand written or hard copy material will be included in the bulletin, time permitting.

IDAHO ALPINE CLUB GENERAL MEETING

WEDNESDAY, SEPTEMBER 4, 2013 @ 7:00 PM

"AMERICA'S FIRST ASCENT OF EVEREST"

>>>NOTE: ONE TIME CHANGE IN MEETING LOCATION<<<

EASTERN IDAHO TECHNICAL COLLEGE

1600 S 25TH E

Directions: Take Hitt Rd to Walmart traffic light. Turn west into College parking lot. Park at Bldg 5, the Alexander D Creek Facility. Use Bldg Entrance 3 to Room 558

The US and Russia were in the middle of a Cold War and the Idaho Alpine Club was only three years old when the 1963 American Mount Everest Expedition successfully placed the first American, Jim Whittaker, on Everest's summit. Broughton Coburn's new book, The Vast Unknown, marking the 50th anniversary of this event, chronicles the way the expedition's members confronted the triumph, tragedy and occasional interpersonal discord that characterized their effort. While expedition leader Norman Dyhrenfurth wanted to concentrate the group's resources on climbing the traditional South Col route that Whittaker eventually climbed, Tom Hornbein and Willi Unsoeld lobbied for climbing the risky and unclimbed West Ridge. Hornbein and Unsoeld eventually summited by their chosen route but had to descend at night enduring a harrowing bivouac at 28,000 feet. A number of Teton climbers participated in the expedition including Jake Breitenbach who tragically died in the icefall on the second day of the climb.

Broughton Coburn has lived in the Himalayas for two of the last three and a half decades overseeing development and environmental conservation efforts for the World Bank, UNESCO and World Wildlife Fund. A previous book, Everest: Mountain Without Mercy, was on the New York Times' Bestseller list. Come and enjoy Broughton's slideshow recounting this historic milestone in American mountaineering, marking only the fourth expedition to successfully summit Everest.

The meeting is open to the public and all outdoor enthusiasts are invited to attend. For more information contact programs@idahoalpineclub.org, log onto the club website at www.idahoalpineclub.org

President Speaks

There was a great turnout for the IAC picnic at the Braastad's home. The usual fare was present; burgers and hot dogs, with a number of tasty dishes brought by club members. Thanks to all who came and made it a successful and enjoyable event. The raffle gifts provided, were especially nice this year. With that in mind, the IAC officers give special thanks to Idaho Mountain Trading, The Preparedness Store, Snow Eagle Brewing, The Idaho Brewing Company, Great Harvest, Dave's Bike Shop, and Bill's Bike Shop for their continued support of the IAC. Please support them.

As great as 2013 has been thus far, Club activities are not slowing down. Climbing, hiking and biking will continue as long as the weather continues to cooperate. And speaking of the weather, I detect a touch of change in that summer is already coming to a close and fall is on the way. How is it that time seems to be speeding up, especially as we get older? I always thought things slowed with age but our club members and the activities they participate in seem to prove that idea wrong. Some of it also has to do with the fact we live in a remarkable area of the country that allows us to truly enjoy the outdoors and all that it offers.

Please note that we are now including, and will continue to do so, trip/activity reports and pictures in the newsletter. These are enjoyed by all club members even if they cannot participate in a given activity. So I ask that the activity coordinators submit trip/activity summaries for everyone's enjoyment.

Participation on Club Activities Common Adventures / Trips:

With the exception of rafting trips, trips which require the use of any club equipment, or trips limited to club members: non-members may attend a maximum of ONE club trip or activity, then must be members in good standing to continue participating.

Participants must be members in good standing to go on rafting trips, trips which require the use of any club equipment, or trips limited to club members only, or needing rafting rentals. Participants on a club trip must pay any established trip fee, abide by club rules and activity guidelines, and must follow instructions of the activity coordinator.

An individual may not participate in any common adventure/trip of the club unless that individual has read and signed the common adventure form for that specific activity prior to embarking on that adventure / trip / activity.

All Trips Bring Your Own:

1. Water
2. Food/snacks
3. Dress in layers. Bring adequate extra appropriate protective clothing - no cotton. Hat and gloves or mittens.
4. Minor first aid items including sun screen, personal medications, as needed during the day.
5. Headlamp (& Batteries)
6. Map & Compass
7. Sunglasses
8. Lightweight shelter/space blanket.
9. Appropriate equipment- depending on activity or terrain.
10. Repair kit for your own equipment including duct tape.
11. Mat to sit on
12. Other personal items of interest

Non-technical Hiking / Mountaineering

Unless otherwise indicated in the trip descriptions contact Sam Pole: 520-3630, or email sbpole@cableone.net for trip information and to sign up to go on a scheduled trip, 24 hours prior to any trip.

Hiking and non-technical mountaineering is serious business...even "small" mountains. Inclement weather, exposure, traveling on snow can change an "easy" trip to a "difficult" trip in a matter of minutes. These alpine trips are not guided. These are self-supported, group adventure outings. Each trip has a leader who serves as a resource to the group and provides some basic trip structure. Participants are expected to evaluate their own physical and mental abilities prior to participating, assist with transportation, cooperate with others, participate in decision-making, identify and reduce risk to themselves and the group, and be self-reliant in preparations. The IAC has no mountaineering gear to loan. For all outings, participants are expected to bring water (few hikes or climbs have access to water); food, clothing, and appropriate mountaineering gear (and be knowledgeable and experienced in its use). Trip lengths are indicated for an approximate round trip distance. Contact leaders with questions if you are new to mountaineering or new to the area. Trips may be cancelled at the last minute due to weather or conditions outside of the leader's control.

August 24 / Day Hike - Garns Mountain: This is a moderate+ hike of approx. 7.2 miles roundtrip. The hike begins at the North Mahogany trailhead on the west side of the Big Hole Mountains (West side of Teton valley Idaho); follows a ridgeline to Elk Flat and then to Garns Mountain. Contact Sam Pole at 520-3630 prior to the hike. Depart 8 a.m. from the parking lot between Fred Meyers/McDonalds.

Sept. 7 / Day Hike - Bell Mountain Canyon Loop: This hike is a return to the scene of the crime – that is to hike the correct canyon. This hike is on the east side of the Lemhi Mountains and I am pretty sure where the trail is, so let's get-er done. Round trip is approximately 6 miles. This is mostly a big canyon hike through meadows and spruce-fir forests. Please contact Sam Pole at 520-3630, 24 hours before the hike. Depart 8:00 a.m. from the west-side Wal-Mart garden center.

Sept. 21 / Day Hike - Warm River Rail Road Route to the Tunnel. This is an easier hike for a wider range of ages. The hike will follow the old rail bed, that went to West Yellowstone, and turn around at the tunnel. Afterward, for those interested, we will go up to the Upper Mesa Falls boardwalk for a view of the falls. Please contact Sam pole at 520-3630, 24 hours before the hike. Depart 8:30 a.m. from the Fred Meyer-McDonald parking lot.

Climbing

For information on club climbing trips contact Kevin Coble at 201-1840. To find out about Fall weekly climbing locations or impromptu weekend trips, subscribe to the IAC climbing mailing list by visiting:

http://www.macrobotics.com/mailman/listinfo.cgi/iac_climbing

or, via email, send a message with subject or body 'help' to: iac_climbing-request@macrobotics.com.

Wednesday night climbing schedule for 2013:

Aug 28 Pocatello
Sept 4 Pointless

YMCA Rock Climbing Gym

Call 528.8610 for information.

SUMMER HOURS (June 1-September 30):

TUESDAY 4PM - 9PM SATURDAY NOON - 9PM

WINTER HOURS (Effective October 1):

MONDAY - FRIDAY 4PM - 9PM

SATURDAY NOON - 9PM SUNDAY CLOSED

Idaho Alpine Club members may show their membership card to receive 10% off daily rates or 10 punch card.

September 14 - 15 - Pocatello Pump

The Pocatello Pump, the oldest rock climbing competition in America (31 years), originated as a "climbers picnic" in the fall of 1981. The Pump has gained a reputation over the years as a fun, friendly rock climbing competition, each year bringing familiar and new faces alike to the basalt cliffs of Ross Park. The focus is on fun and the enjoyment of climbing. In this age of "serious climbing", we have maintained a contest which brings out the good natured side of most people involved. The locals of Pocatello really love to see other climbers "pump" themselves up on the best quarter mile of basalt anywhere.

Hosted by the Idaho State University Outdoor Adventure Center. \$5 from every entry fee goes to support the Access Fund; Access Fund Membership drive prize drawing too.

www.isu.edu/outdoor/pump.shtml

Bicycling

Local Bicycling Maps: Mapman Alan Crockett has revised the set of 29 (and growing) local road biking routes. The latest maps are available on the IAC website under club archives, road biking maps.

IAC bike rides are self-supported, group adventure outings. Each trip will have a coordinator who serves as a resource to the group and provides some basic trip structure. However participants are expected to evaluate their own physical and mental abilities prior to participating, assist with transportation, cooperate with others, participate in decision-making, identify and reduce risk to themselves and the group, and be self-reliant in preparations. The IAC has no biking gear to loan. For all outings, participants are expected to bring their own water; food, clothing, and appropriate bike maintenance gear (and to be knowledgeable and experienced in its use).

Contact leaders with questions if you are new to biking or new to the area. Trips may be cancelled or rescheduled at the last minute due to weather or conditions outside of the leader's control.

Idaho road biking laws are at:

http://itd.idaho.gov/bike_ped/Idaho%20Code%20Related%20to%20Bicyclists.pdf.

Mountain Bike Rides Depending on the technical riding skills and physical conditioning of those interested, there will be some beginner rides and the rest intermediate or better rides. For those new to mountain bike riding in the woods, be aware that you need how and when to shift gears and use your brakes on a unpaved surface such as a dirt road or level field before you come on the ride. Email me, kdurstine@gmail.com, if you want to be on the riding list or watch the IAC facebook page for dates and times. You will need to provide your own bike and transportation to participate.



Sept. 14 / Mountain Bike Ride - FS trail 125 to Warm Springs Campground:

Backcountry mountain bike ride northeast of Ashton down FS trail 125 to Warm Springs, then down the old railroad grade to the Warm Springs campground. 18

miles of mostly trending down hill trail with 2100 foot elevation drop. We will shuttle up from the parking spot near the campground to the start of the ride. There is only one "steep" climb and that is the climb on the road up from Warm Springs to the the old railroad grade trail. The FS trail 125 is very lightly traveled, in some cases the ground track is completely gone and we will navigate by trail markers, a faint ground track in places, and a GPS track I recently made. This will be non dusty riding on the single track. Portions of the railroad grade are shared with ATVs and the story may be different although on the the recent ride it was pretty good. This ride is not highly technical, but because the trail is faint and overgrown in places, the possibility of hidden pedal bangers and logs is pretty high, and it is not a ride for beginners. I estimate a 3 hour ride,

bring food and water, and bear spray if you got it. Meet on Saturday September 14, 8 AM at the Starbucks counter in Fred Meyers. Contact Ken Durstine, 208-524-3505, kdurstine@gmail.com

Rafting

For information on renting club rafting gear (IAC club members only) contact Greg Hulet at 523-6199 or rafting@idahoalpineclub.org.

For trip information contact the trip leader indicated in the trip description. You MUST be an IAC member to participate in IAC raft trips or to rent IAC gear.

Club Gear available:

Rafts can be checked out by those who have demonstrated ability to handle a boat on the type of water to be run. Life jackets are included with each boat. Boats must be returned dry and clean. Damage to boat must be repaired and if extensive, paid for. Checkout fees are for days on the water. All fees go to the rafting fund to buy new equipment:

16-ft Ryken self-bailer - \$60/day

15-ft Aire self-bailer - \$60/day

13.5-ft Maravia self-bailer - \$60/day

14-ft Ryken conventional floor - \$20/day

14-ft Udisco conventional floor - \$20/day

2 - Inflatable kayaks - \$20/day each

Note: For those planning to take a group to Alpine Canyon the following rules apply. You will be ticketed if you are caught breaking them:

1. Maximum party size with no permit is 15. If your party is 15 people or less, no other limits apply, including the four boat limit.
2. Organizational trips only apply to groups with a paid leader (Some outdoor programs, Youth Minister, etc.).

TRIP REPORTS



August 10 / Day Hike -Mount

Jefferson IAC club members Joyce Pole, Richard Scheerer and Dave Prafka on a false peak just east of Mt. Jefferson. It was a beautiful day with 100 mile views, but we fell short of Mt. Jefferson. Following the ridge line burned up time and energy. On our return

toward the trail head, we redirected a lone hiker who we saw later through binoculars made the peak.

IAC Logo T-Shirts & Patches!

Dri Release material with embroidered IAC Logo! Small, Medium, Large, and X-Large Short sleeve \$20 each. Long sleeve \$25 each. A women's style short sleeve shirt is available for \$20 on a prepaid special order basis. It is fitted with shorter sleeves in a wicking material.

A limited number of embroidered Color IAC Logo Patches are available for \$10 each.

Dates to Remember:

- Sept 4: IAC General Meeting "AMERICA'S FIRST ASCENT OF EVEREST"
- Aug 24: Day Hike -Garns Mountain
- Sept 7: Day Hike - Bell Mountain Canyon Loop
- Sept 14: Mountain Bike Ride - FS trail 125
- Sept 21: Day Hike - Warm River Rail Trail

Climbing: Subscribe to find out updates to the weekly climbing plans. See page 2 for information on how to subscribe.

- Aug 21 Paramount
- Aug 28 Pocatello
- Sept 4 Pointless

Become a Fan

Find us on Facebook. Last minute trips can be posted on the wall. Additionally, photos from club trips you have gone on can be easily posted on the wall singly or as an album if you took a lot of photos. To do this, the photos do need to be your photos & shared with the public.

"Keep close to Nature's heart, yourself; and break clear away, once in a while, and climb a mountain or spend a week in the woods. Wash your spirit clean." ~ John Muir

**Enjoy the outdoors with the IAC
Join today**

For more information write to the address below or visit our web site to download a free newsletter and application:

Idaho Alpine Club
P.O. Box 2883
Idaho Falls, Idaho 83403-2883
www.IdahoAlpineClub.org

Membership Fees

	Full Year	
	10/1	7/1-12/31
Individuals:	\$25	\$20
Family:	\$30	\$25

After October 1, the payment of full year fee applies to the following year. Full-time students (18 or older) and seniors (65 or older): \$5 off the above fee schedule.

IAC Council Meeting Monthly minutes are available on line.

**Support the Merchants who
Support the IAC**

Show your membership card for 10% discounts on regularly priced merchandise:

- Idaho Mountain Trading 523-6679 Shoup & B (Non-Sale Items Only)
- Bill's Bike Shop 522-3341 Snake River Crossing (Excludes bicycles)
- Canyon Whitewater Supply 522-3932 (Accessories Only) 450 S Yellowstone, Idaho Falls
- The Preparedness Store & Bosch Kitchen Center 120 Northgate Mile Idaho Falls, ID 524-8300 10% off backpacking, dehydrated & freeze-dried foods 10% off any outdoor accessories
- YMCA Climbing Gym 528-8610 755 South Capital Avenue
- Lynna and Leland Howard offer a 10% discount on all of their published books. 357-1917 or 357-3166; lynna.howard@mac.com leland@wildernessbooks.com
- Discounts on Jerry Painter's Hiking & Biking guide books