

Idaho Alpine Club Bulletin

Volume 54 - Issue Number 9 - September 2014

CLIMBING•MOUNTAINEERING•BACKPACKING•DAYHIKING•BICYCLING•XCSKIING•SNOWSHOEING•RAFTING

web site: www.idahoalpineclub.org

e-mail: info@idahoalpineclub.org

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2014 Council

President	Sue Braastad	881-4354
Vice-president	Karl Bohan	529-0151
Secretary	Susan McKinley	529-4583
Treasurer	Donna Whitham	520-1728

Members-at-Large

Colleen Bohan	529-0151
Ken Durstine	524-3505
Sheila Kappel	528.8788
Sam Pole	520-3630
Richard Scheerer	881-6331
Mark Whitham	520-7232

Council Meetings:

Council Meetings are generally held on the second Thursday of each month at 7:00 PM. IAC Council Meeting Monthly minutes are available on line.

Upcoming Council Meetings:

Sep 9 (TBD): McKinley's home	425 Pevero Dr.
Oct 8: Bohan's Home	748 Adell

Activity Coordinators:

Backpacking	Sam Pole	520-3630
Bicycling	Ken Durstine	524-3505
Climbing/Mountaineering	Kevin Coble	201-1840
Conservation	Open	
Cross-Country Skiing / Snowshoeing	Whithams	520-1728
Day Hiking	Sam Pole	520-3630
Rafting	Greg Hulet	523-6199
Trail Maintenance	Open	
Bulletin Editor	Donna Whitham	520-1728
Publicity	Open	
Historian/Librarian	Barbara Brown	522-8977
WebMaster	George Cole	716-0024
Program	Bob Tyler	787-2601

General Club Meeting

Held at **7:00 P.M.** on the first WEDNESDAY of each month, in the meeting location indicated in the program description.

NO GENERAL MEETING IN JULY.

OCTOBER Bulletin Deadline is:

5 PM on September 5

Trip descriptions, reports, and material for inclusion in the next bulletin are due by the **5TH** of the month due to bulk mailer deadlines.

Please send electronically to the bulletin editor at editor@idahoalpineclub.org

NOTE: Hand written or hard copy material will be included in the bulletin, time permitting.

Idaho Alpine Club

WEDNESDAY, SEPTEMBER 3, 2014 @ 7:00 PM

"KAYAK TONGA

AN ENCOUNTER WITH A REMOTE CULTURE IN THE SOUTH PACIFIC"

DEVELOPMENT WORKSHOP

555 WEST 25TH ST

From 17th Street & Rollendet, go south to 25th Street. Turn right (west). IDW is on the left side of street. Park in the parking lot to the east of the building. Enter via front door, then follow hallway around to the right to the meeting room.

Not your average sea kayaking destination, Tonga is a group of 176 islands, 52 of which are inhabited, spread out in a swath north of New Zealand. Franci Tryka first visited the islands as a college student and, being an avid kayaker, she renewed her acquaintance with the islands two years ago on a sea kayak tour. For half of the time, Franci was accompanied only by her Tongan guide, Ofa. For the remainder of the tour, they were joined by one other client as they paddled 4 to 12 miles a day from island to island camping along the way. Ofa caught fish to eat and they obtained drinking water from villages they encountered. Having studied marine biology as an undergraduate, Franci loved spending afternoons after setting up camp snorkeling and observing the varied marine wildlife. Tonga is the only major Pacific island group that was never colonized by a Western power and its people still lead a fairly traditional lifestyle. Come and enjoy Franci's slides of her relaxing South Pacific idyll and her discussion of Tongan customs and culture.

The meeting is open to the public and all outdoor enthusiasts are invited to attend. For more information contact programs@idahoalpineclub.org, log onto the club website at www.idahoalpineclub.org



President Speaks

It is difficult and surprising to know that summer is somewhere behind us already. Where did it go? But worry not for I think the best of any year/season is before us. September, October and early November are, I believe, the best months of the year for enjoying our area of the state. The days are sunny with mild high Temps and cool nights. Conditions are perfect for getting out to hike, climb, bike and float. So I encourage all Idaho Alpine Club members to make the best of this time of year to enjoy activities that you may not have done during the summer months.

Remember, membership in the IAC is not the point – participation in outdoor activities is the point. With that in mind, if anyone has an interest in a trip/outing, please do not hesitate to bring it to the attention of the respective club activity coordinator. And a final note, Alan Crockett is moving to Boise leaving the Trail Maintenance coordinator position open.

If anyone as an interest in filling the position, please contact our president, Sue Braastad. Enjoy the fall! ~Sam Pole~

Participation on Club Activities Common Adventures / Trips:

With the exception of rafting trips, or activities which require the use of any club equipment, or trips limited to club members: non-members may attend a maximum of ONE club trip or activity, then *must be members in good standing to continue participating.*

Participants must be members in good standing to go on rafting trips, trips which require the use of any club equipment, or trips limited to club members only, or needing rafting rentals. Participants on a club trip must pay any established trip fee, abide by club rules and activity guidelines, and must follow instructions of the activity coordinator.

An individual may not participate in any common adventure/trip of the club unless that individual has read and signed the common adventure form for that specific activity prior to embarking on that adventure / trip / activity.

All Trips Bring Your Own:

1. Water
2. Food/snacks
3. Dress in layers. Bring adequate extra appropriate protective clothing - no cotton. Hat and gloves or mittens.
4. Minor first aid items including sun screen, bug repellent, personal medications, as needed during the day.
5. Headlamp (& Batteries)
6. Map & Compass
7. Sunglasses
8. Lightweight shelter/space blanket.
9. Appropriate equipment- depending on activity or terrain.
10. Repair kit for your own equipment including duct tape.
11. Mat to sit on
12. Other personal items of interest (Bear Spray comes to mind)

Climbing

For information on club climbing trips contact Kevin Coble at 201-1840. To find out about weekly climbing locations or impromptu weekend trips, subscribe to the IAC climbing mailing list by visiting:

http://www.macrobotics.com/mailman/listinfo.cgi/iac_climbing or, via email, send a message with subject or body 'help' to:
iac_climbing-request@macrobotics.com.

2014 Wednesday night climbing schedule:

Aug 20 Paramount
Aug 27 Pocatello

On Wednesday night I (Kevin Coble, and anyone who wants to help) will head out of town early, to set ropes at the specified location at about 4:30 p.m.

The rest of the group usually leaves at 5:45 from the north side McDonalds parking lot (if climbing at Ririe, Heise, or Paramount), or the climbing gym (if climbing at Blackfoot or Pocatello). If anyone can't make the meeting times and needs directions to get to the

climbing location on their own, give me a call and I'll be happy to provide them.

Climbs will continue through September if weather allows.

YMCA Rock Climbing Gym

Call 528.8610 for information.

SUMMER HOURS (June 1-September 30):

TUESDAY 4PM - 9PM SATURDAY NOON - 9PM

WINTER HOURS (Effective October 1):

MONDAY - FRIDAY 4PM - 9PM

SATURDAY NOON - 9PM SUNDAY CLOSED

Idaho Alpine Club members may show their membership card to receive 10% off daily rates or 10 punch card.

September 13 & 14 - Pocatello Pump

The Pocatello Pump, the oldest rock climbing competition in America (33 years), originated as a "climbers picnic" in the fall of 1981. The Pump has gained a reputation over the years as a fun, friendly rock climbing competition, each year bringing familiar and new faces alike to the basalt cliffs of Ross Park. The focus is on fun and the enjoyment of climbing. In this age of "serious climbing", we have maintained a contest which brings out the good natured side of most people involved. The locals of Pocatello really love to see other climbers "pump" themselves up on the best quarter mile of basalt anywhere.

Hosted by the Idaho State University Outdoor Adventure Center. \$5 from every entry fee goes to support the Access Fund; Access Fund Membership drive prize drawing too.

www.isu.edu/outdoor/pump.shtml

Non-technical Hiking / Mountaineering

Unless otherwise indicated in the trip descriptions contact Sam Pole: 520-3630, or email sbpole@cableone.net for trip information and to sign up to go on a scheduled trip, 24 hours prior to any trip.

Hiking and non-technical mountaineering is serious business...even "small" mountains. Inclement weather, exposure, traveling on snow can change an "easy" trip to a "difficult" trip in a matter of minutes. These alpine trips are not guided. These are self-supported, group adventure outings. Each trip has a leader who serves as a resource to the group and provides some basic trip structure. Participants are expected to evaluate their own physical and mental abilities prior to participating, assist with transportation, cooperate with others, participate in decision-making, identify and reduce risk to themselves and the group, and be self-reliant in preparations. The IAC has no mountaineering gear to loan. For all outings, participants are expected to bring water (few hikes or climbs have access to water); food, clothing, and appropriate mountaineering gear (and be knowledgeable and experienced in its use). Contact leaders with questions if you are new to mountaineering or new to the area. Trips may be cancelled at the last minute due to weather or conditions outside of the leader's control.

August 23: Day hike/ Hurricane Pass in the Tetons.

This is a strenuous hike of 16 plus miles roundtrip into the heart of the Tetons and overlooking Cascade Canyon in Grand Teton National Park. The elevation gain is about 3,400 feet. Contact Sam Pole at 520-3630 prior to the hike. Depart 7:30 am from the Fred Meyer/McDonald's parking lot.

October 3-5: Backpack Trip / Fishpole Lake (2 nights). This is a reschedule of an earlier outing which no one called to go on. It is 1.8 miles to Iron Bog Lake and another mile to Fish Pole Lake where camp will be. Should anyone wish to camp at Iron Bog Lake, that will be ok. Overnight gear is required (cooking essentials, food, tent, sleeping bag, air mattress, etc.). Fishing and exploring will be the focus of this outing. Or if you wish to simply relax and read a book in a beautiful setting, do so. Please contact Sam Pole at 520-3630 24 hours prior to the trip. We will leave from the west Wal-Mart parking lot in front of the garden center at noon Friday the 19th. We will return late Sunday the 21. This is the only scheduled hike for Sept. due to Sam having other commitments.

Bicycling

The IAC bike rides are self-supported, group adventure outings. Each trip will have a leader who serves as a resource to the group and provides some basic trip structure. However participants are expected to evaluate their own physical and mental abilities prior to participating, assist with transportation, cooperate with others, participate in decision-making, identify and reduce risk to themselves and the group, and be self-reliant in preparations. The IAC has no biking gear to loan. For all outings, participants are expected to bring their own water; food, clothing, and appropriate bike maintenance gear (and to be knowledgeable and experienced in its use).

Trip lengths are indicated for a round trip distance. Contact leaders with questions if you are new to biking or new to the area. Trips may be cancelled or rescheduled at the last minute due to weather or conditions outside of the leader's control.



September 27: Mountain bike / The Ashton-Tetonia Trail. Weather permitting, may slide into early October otherwise. The trail is Idaho's newest State Park and is a fairly easy 31 mile mountain bike route on an old railroad bed. We will either ride the entire distance or ride out and back with the length determined by who goes and how far they want to ride. Contact me at kdurstine@gmail.com or 208-524-3505 prior to the ride. Link to map of the trail on the IDP&R website:

<http://parksandrecreation.idaho.gov/sites/default/files/uploads/documents/AshtontoTetonia/AshtonTetoniaTrail%20Map.pdf>

Rafting

For information on renting club rafting gear (IAC club members only) contact Greg Hulet at 523-6199 or rafting@idahoalpineclub.org.

For trip information contact the trip leader indicated in the trip description. You MUST be an IAC member to participate in IAC raft trips or to rent IAC gear.

Club Gear available:

Rafts can be checked out by those who have demonstrated ability to handle a boat on the type of water to be run. Life jackets are included with each boat. Boats must be returned dry and clean. Damage to boat must be repaired and if extensive, paid for. Checkout fees are for days on the water. All fees go to the rafting fund to buy new equipment:

- 16-ft Ryken self-bailer - \$60/day
- 15-ft Aire self-bailer - \$60/day
- 13.5-ft Maravia self-bailer - \$60/day
- 14-ft Ryken conventional floor - \$20/day
- 14-ft Udisco conventional floor - \$20/day
- 2 - Inflatable kayaks - \$20/day each

Call Greg Hulet (523-6199) several days in advance to make arrangements to rent IAC rafting gear or it may not be available.

Trip Reports

Summer Picnic August 6:

The weather held out for another a great IAC picnic at the Braastad's home. The usual fare was present; burgers and hot dogs, with a number of tasty dishes brought by club members. Thanks to all who came and made it a successful and enjoyable event.

Did we mention the awesome raffle gifts? The IAC council members, Karl Bohan in particular, rounded up some especially nice prizes this year. Numerous gift certificates for eats around town, an outdoor guide to Sun Valley, a gift basket of tasty breads, a gift bag of coffee delights, a first aid kit, a bicycle tuneup, and a sweet Osprey day pack. With that in mind, the IAC officers give special thanks to Idaho Mountain Trading, The Preparedness Store, Starbucks, Snow Eagle Brewing, Great Harvest, Canyon Whitewater Sports, Dave's Bike Shop, Bill's Bike Shop, Reeds Dairy, The Outback, the Bohan's, the Olive Garden, Subway, Villa Coffee, Bubbas BBQ, the Sandpiper, Jaliscos, the IAC, Rusios, the Snake Bite, Lucy's Pizza, Jakers, Applebees, Pachangas, and Carinos for their continued support of the IAC. Please support these local businesses.



IAC Logo T-Shirts & Patches!

Dri Release material with embroidered IAC Logo! Small, Medium, Large, and X-Large Short sleeve \$20 each. Long sleeve \$25 each. A women's style short sleeve shirt is available for \$20 on a prepaid special order basis. It is fitted with shorter sleeves in a wicking material.

A limited number of embroidered Color IAC Logo Patches are available for \$10 each.

Idaho Alpine Club
P.O. Box 2883
Idaho Falls, Idaho 83403-2883

Dates to Remember:

Sept 3: IAC Summer Picnic
Aug 20 Climbing/Paramount
Aug 23: Day Hike/Hurricane Pass
Aug 27: Climbing/Pocatello

Sept 13-14 Pocatello Pump
Sept 19-21 Backpack Trip / Fishpole Lake (2 nights)
Sept 27: Mountain Bike Ride/ The Ashton-Tetonia Trail

Climbing: Subscribe to find out updates to the weekly climbing plans. See page 2 for information on how to subscribe.

Become a Fan

Find us on Facebook. Last minute trips can be posted on the wall. Additionally, photos from club trips you have gone on can be easily posted on the wall singly or as an album if you took a lot of photos.

"Keep close to Nature's heart, yourself; and break clear away, once in a while, and climb a mountain or spend a week in the woods. Wash your spirit clean." ~ John Muir

**Enjoy the outdoors with the IAC
Join today**

For more information write to the address below or visit our web site to download a free newsletter and application:

Idaho Alpine Club
P.O. Box 2883
Idaho Falls, Idaho 83403-2883
www.IdahoAlpineClub.org

Membership Fees

	Full Year	Part Year 7/1 - 9/30
Individuals:	\$25	\$20
Families:	\$30	\$25

After October 1, the payment of full year fee applies to the following year. Otherwise the normal Membership year is January 1-December 1.

Full-time students (18 or older) and seniors (65 or older): \$5 off the above fee schedule.

IAC Council Meeting Monthly minutes are available on line.

**Support the Merchants who
Support the IAC**

Show your membership card for 10% discounts on regularly priced merchandise:

- Idaho Mountain Trading 523-6679 Shoup & B (Non-Sale Items Only)
- Bill's Bike Shop 522-3341 Snake River Crossing (Excludes bicycles)
- Canyon Whitewater Supply 522-3932 (Accessories Only) 450 S Yellowstone, Idaho Falls
- The Preparedness Store & Bosch Kitchen Center 120 Northgate Mile Idaho Falls, ID 524-8300 10% off backpacking, dehydrated & freeze-dried foods 10% off any outdoor accessories
- YMCA Climbing Gym 528-8610 755 South Capital Avenue
- Lynna and Leland Howard offer a 10% discount on their published books. 357-1917 or 357-3166; lynnahoward@mac.com leland@wildernessbooks.com
- Discounts on Jerry Painter's Hiking & Biking guide books